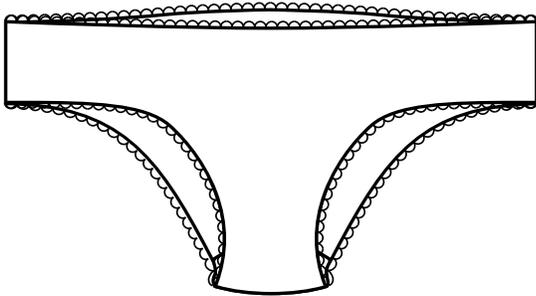




201 Hipster Undies

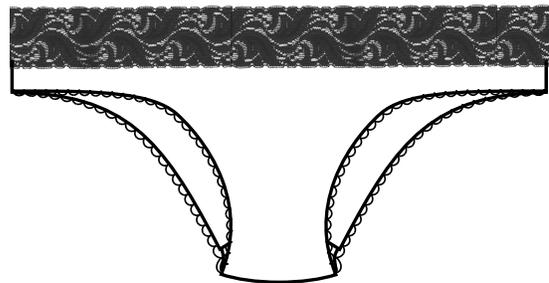
These undies are sexy, comfy, won't peek out of your favorite low-rise jeans, and just between you and me, they don't ride up! Use any two-way stretch knit fabric—make them from a super-soft silk jersey for the utmost in luxury and comfort, or upcycle a T-shirt and earn some eco-cred.

A



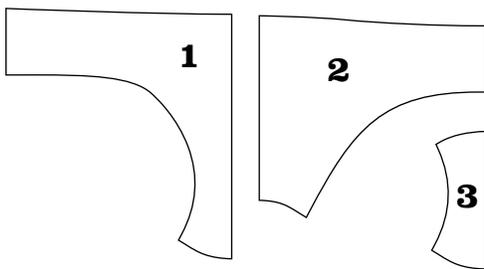
VIEW A Basic undies trimmed with lingerie or plain elastic, destined to become a wardrobe staple.

B



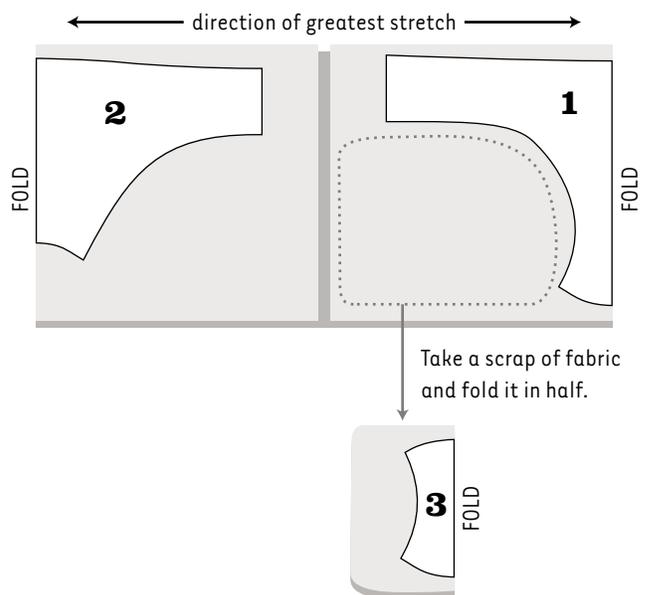
VIEW B Kick your hipsters up a notch with a lacy waist.

pieces



- 1 Front
- 2 Back
- 3 Crotch Lining

cutting layout



materials

Please allow extra yardage for fabrics with nap, matching stripes/plaids, or centering designs.

VIEW A	XS	S	M	L	XL	2X
2-Way Stretch Knit Min. 60" (150 cm) wide	0.4 yd (0.35 m)	0.4 yd (0.35 m)	0.45 yd (0.4 m)	0.45 yd (0.4 m)	0.5 yd (0.45 m)	0.5 yd (0.45 m)
Elastic 1/4" (0.6 cm) wide	1.9 yd (1.75 m)	2 yd (1.85 m)	2.25 yd (2.05 m)	2.4 yd (2.2 m)	2.6 yd (2.4 m)	2.9 yd (2.65 m)
VIEW B	XS	S	M	L	XL	2X
2-Way Stretch Knit Min. 150 cm (60") wide	0.4 yd (0.35 m)	0.4 yd (0.35 m)	0.45 yd (0.4 m)	0.45 yd (0.4 m)	0.5 yd (0.45 m)	0.5 yd (0.45 m)
Elastic 1/4" (0.6 cm) wide	1.1 yd (1 m)	1.2 yd (1.1 m)	1.3 yd (1.2 m)	1.4 yd (1.3 m)	1.5 yd (1.4 m)	1.6 yd (1.5 m)
Stretch Lace 1–2" (2.5–5 cm) wide	0.8 yd (0.75 m)	0.9 yd (0.85 m)	1 yd (0.95 m)	1.1 yd (1.05 m)	1.25 yd (1.15 m)	1.4 yd (1.25 m)

sizes

If your body measurements fall between two sizes, use the smaller size.

ALL VIEWS	XS	S	M	L	XL	2X
Body Measurements Hip	28–30" (71–76 cm)	31–33" (79–84 cm)	34–36" (86–91 cm)	37–40" (94–102 cm)	41–44" (104–112 cm)	45–48" (114–122 cm)
Finished Garment Hip	27.25" (69 cm)	30.5" (77.5 cm)	33.25" (84.5 cm)	36" (91.5 cm)	40" (101.5 cm)	44" (112 cm)

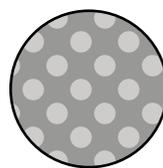
instructions

SEAM ALLOWANCE 3/8" (1 cm)

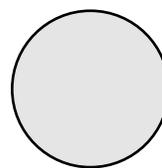
STITCH TYPE For all seams, unless otherwise noted, use a medium-width and medium-length zigzag stitch.

- 1 SEW THE FRONT, BACK, AND CROTCH LINING TOGETHER.** Layer the three pieces on the table in front of you, with notches matching, in the following order: front right side up, back wrong side up on top of front, and crotch lining wrong side up on top of back. Pin the pieces together, making sure the notches and edges match. Sew through all layers (**FIG 1**). Maintain the outward curve of the pieces as you sew, but don't stretch the fabric or else the seam will pucker. Trim the seam about 1/8" (0.5 cm) away from the stitching. Fold the crotch lining and front to one side, the back to the opposite side, and press the seam flat.

-
- 2 SECURE THE CROTCH LINING.** Zigzag stitch the sides of the crotch lining to the front, matching the notches. Leave the front edge of the crotch lining unattached and unfinished (**FIG 2**).



FABRIC, RIGHT SIDE



FABRIC, WRONG SIDE

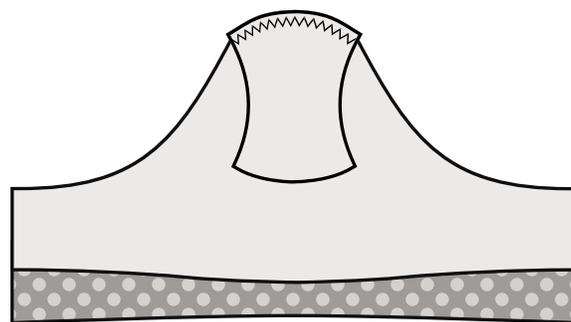


FIG. 1

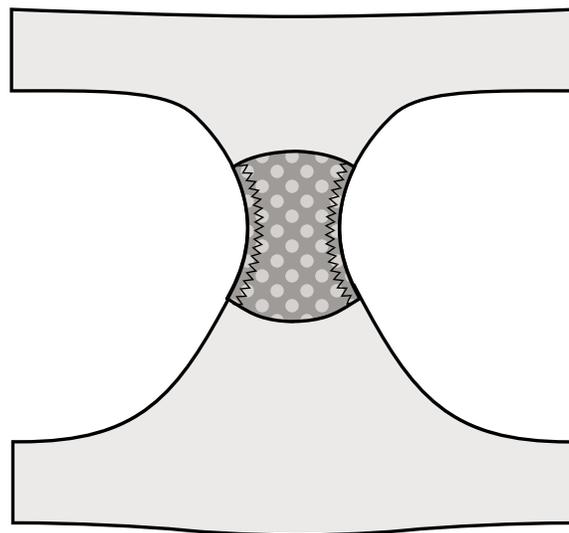


FIG. 2

VIEW B

- 3 SEW STRETCH LACE TO THE HIP.** Cut a piece of stretch lace about $\frac{3}{4}$ "–1" shorter than the width of the front (FIG. 3.1). Fold the front in half and mark the center at the hip with a pin. Fold the stretch lace in half, right sides together. Match the fold of the lace to the pin marking the center of the front. Pin the lace to the front at the center and at both sides, matching the top edge of the lace to the top edge of the fabric (FIG. 3.2).

Sew along the bottom edge of the elastic (FIG. 3.3). As you sew, stretch the lace just until the fabric is taut with the lace, but do not stretch the fabric or it will pucker. Fold back the lace and trim the fabric behind it about $\frac{1}{8}$ " away from the stitching. Repeat for the back.



FIG. 3.1

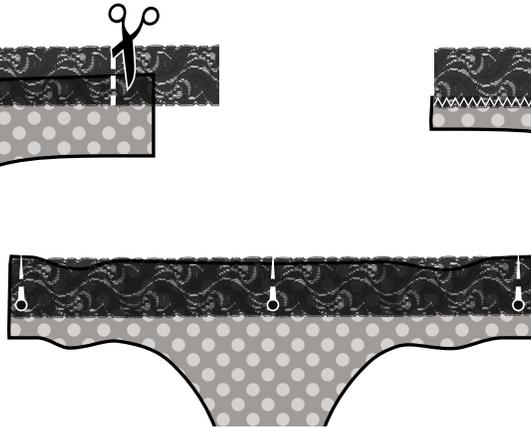


FIG. 3.2



FIG. 3.3

ALL VIEWS

- 4 SEW THE SIDES** Match the side seams and notches, right sides together (FIG. 4). For view B, be sure that the top and bottom edges of the lace match. Sew. Trim the seams about $\frac{1}{8}$ " away from the stitching, and press towards the back.



FIG. 4

VIEW A

- 5 SEW ELASTIC AROUND THE HIP.** Cut a piece of elastic for your size according to the chart below. Following the "How to Sew Elastic" instructions on the following page, sew elastic around the hip.

	XS	S	M	L	XL	2X
Elastic Length	28"	31.25"	34"	36.75"	40.75"	44.75"
Hip (cut 1)	(71 cm)	(79 cm)	(86 cm)	(93.5 cm)	(103.5 cm)	(113.5 cm)

ALL VIEWS

6 SEW ELASTIC TO THE LEG OPENINGS. Cut 2 pieces of elastic for your size according to the chart below. Following the “How to Sew Elastic” instructions below, sew elastic around both leg openings.

	XS	S	M	L	XL	2X
Elastic Length	19.75"	21.5"	23"	24.5"	26.5"	28.75"
Leg openings (cut 2)	(50 cm)	(54.5 cm)	(58.5 cm)	(62 cm)	(67 cm)	(73 cm)

how to sew elastic



ELASTIC, RIGHT SIDE

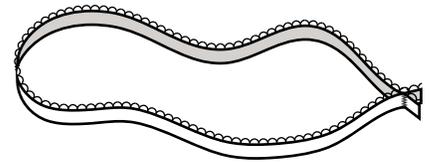


ELASTIC, WRONG SIDE

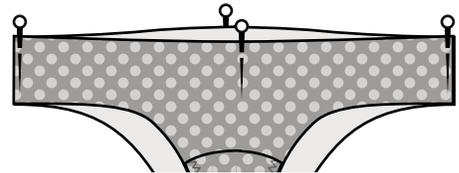
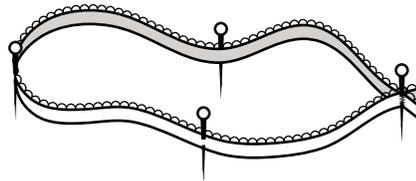
LINGERIE ELASTIC

If you're using elastic with picots, scallops, or some kind of decorative edge, follow these instructions. Your elastic may or may not have a fuzzy side. If it does, consider the fuzzy side to be the right side. Otherwise, either side can be used as the right side.

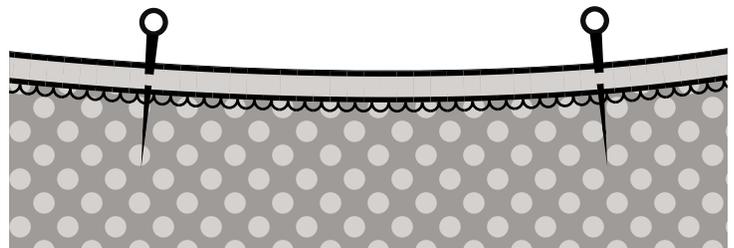
7 SEW THE ENDS TOGETHER. Fold the elastic in half with right sides together. Sew the ends with a short and narrow zigzag stitch.



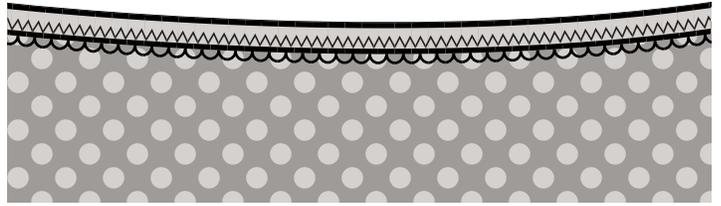
8 DIVIDE AND MARK. By folding, divide both the elastic and the opening to which it will be sewn into four sections. Mark the divisions with pins.



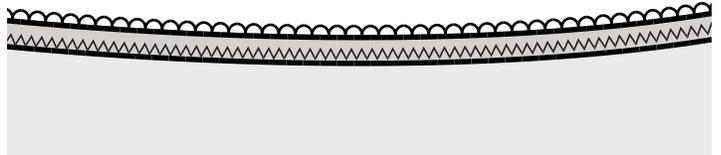
9 PIN THE ELASTIC TO THE FABRIC. Place the loop of elastic on the right side of the fabric with the right side of the elastic facing up and the decorative edge of the elastic facing away from the edge of the fabric. The non-decorative edge of the elastic should match the edge of the fabric. Open the elastic's seam allowance. Match the elastic markings to the fabric markings, and place the elastic's seam in an inconspicuous spot such as the bottom of a leg opening. Pin using the four pins used to mark the fabric in Step 2.



10 SEW THE ELASTIC. Sew all the way around with a medium-width and medium-length zigzag stitch. The left edge of the zigzag should just touch the right side of the decorative edge of the elastic. If necessary, stretch the elastic just until the fabric meets the elastic. Don't stretch the fabric or the edge will pucker. Trim any fabric that peeks above the edge of the elastic.



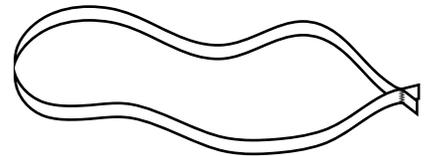
11 FOLD AND SEW AGAIN. Fold the elastic to the inside. Sew all the way around, with the left edge of the zigzag just touching the left edge of the elastic.



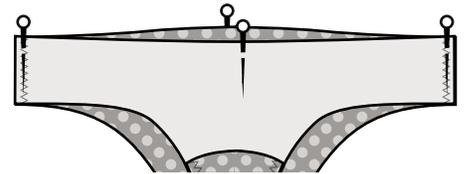
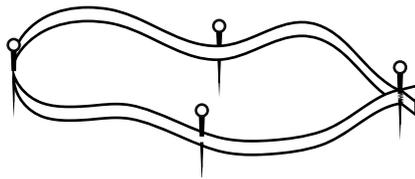
PLAIN ELASTIC

If you're using plain non-decorative elastic, follow these steps.

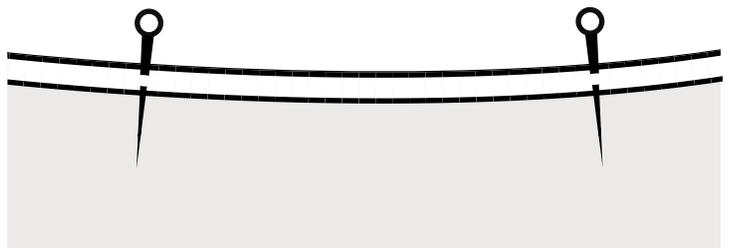
12 SEW THE ENDS TOGETHER. Fold the elastic in half. Sew the ends with a short and narrow zigzag stitch.



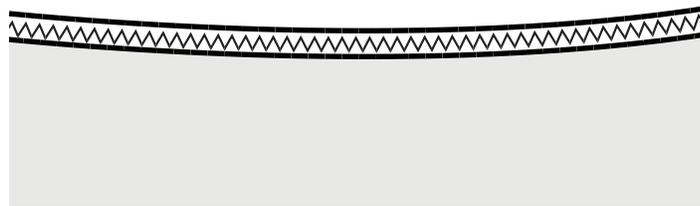
13 DIVIDE AND MARK. By folding, divide both the elastic and the opening to which it will be sewn into four sections. Mark the divisions with pins.



14 PIN THE ELASTIC TO THE FABRIC. Place the loop of elastic with the seam folded open and facing down on the wrong side of the fabric. Match the elastic markings to the fabric markings. The right edge of the elastic should match the edge of the fabric. Pin using the four pins used to mark the fabric in Step 2.



15 SEW THE ELASTIC. Sew all the way around using a medium-length zigzag stitch. The width of the stitch should be just a little narrower than the width of the elastic. The left edge of the zigzag should just touch the right side of the decorative edge of the elastic. If necessary, stretch the elastic just until the fabric meets the elastic. Don't stretch the fabric or the edge will pucker. Trim any fabric that peeks above the edge of the elastic.



16 FOLD AND SEW AGAIN. Fold the elastic to the inside. Sew all the way around, with the left edge of the zigzag just touching the left edge of the elastic.

