



So Sew Easy

Sew A So Simple Shrug

One of the simplest and quickest things ever to sew that you can wear out in just a few minutes.

The Sew A So Simple Shrug has just the one pattern piece, 3 seams and you're done! Just enough to cover up when it gets a little cool in the evenings, but still show off your pretty dress or top underneath.

For stretch knit fabrics only.



See this project on So Sew Easy at

<http://so-sew-easy.com/free-shrug-pattern-simple/>

Skill level –Beginner.

This pattern is rated as beginner.

If you want to learn more about great techniques for sewing with knit fabrics, read the [So Sew Easy review](#) of the online Sewing with Knits Class. Follow the link through for an **exclusive So Sew Easy discount of 25% off** the class.

Read through all of these instructions before starting your project and cutting your fabric.

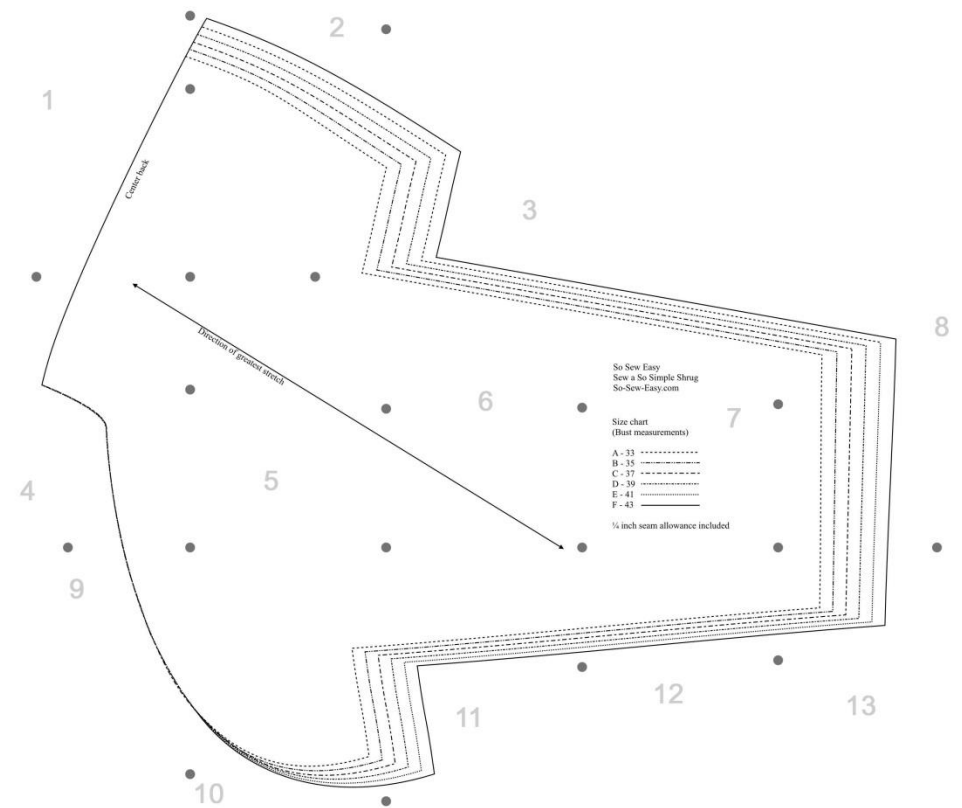
To print your PDF pattern

Your pattern and instructions come as one file to make printing easy. Please make sure you are using the latest version of Adobe for best results. You can [download the latest version here](#) if you need to.

Open the PDF file in Adobe Reader. Select File → Print . Make sure the scale is set to 100% and DO NOT select any special printing options such as center or fit to page. You can print the whole document or just the pattern pieces which come at the end of these instructions. The pattern pieces are printed in **PORTRAIT**.

Use the grey circle guides on the sheets to match up the pattern pieces, folding under or cutting off any overlaps, tape together and cut out your pieces.

Your completed pattern should look like this →



Useful tutorials

You can find a range of useful sewing tutorials and videos at So Sew Easy – [tutorials page](#).

Materials needed

Fabrics – see recommendations below

Matching thread

[Stretch or ball point needle](#) for knit fabrics

Useful – serger or [Overcasting foot](#)

Optional – [Stretch Twin Needle](#)

Fabric requirements

Stretch fabrics with moderate stretch, that allow you to take a close-fitting top on and off.

Use a cotton jersey, slinky knit, ITY knit, cotton lycra, active wear knit or your favorite stretch fabrics. Also suitable for stretch lace.

If you need to learn more about the different types of knit fabrics, how they look, feel and stretch, check out this article on So Sew Easy – [How to Successfully Shop for Knit Fabrics Online](#).

My favorite supplier for jersey and knit fabrics is [Fabric.com](#), with lots of great quality jersey solids and all the most fashionable prints and patterns at around just \$5 a yard.

Directions

Seam allowances are 1/4 inch throughout unless stated otherwise.

Abbreviations used – RST – right sides together.

Stitches to use – if using a regular sewing machine, you may have a stretch stitch – refer to your sewing machine manual.

If not, then you can use a narrow zig-zag stitch – try a stitch length of 2.5 and a width of 0.5 or 1.0. Always test your intended stitches on a scrap of fabric before starting your project and test for stretch.

Trim, neaten and finish your seams as you go. You may use a serger, or trim and overcast, or zigzag, or simply trim and leave raw. Most knit fabrics do not fray so you may also choose to leave the inside edges unfinished. Always stop your stitching coming undone at each end of your seam by backstitching 2 or 3 stitches.

Let's start to sew !

Preparation

Print and assemble your pattern (pieces at the end of these instructions).
Cut out your pattern piece.

Pre-wash and iron your fabric according to fabric care instructions.

Use your pattern pieces to cut your fabric. Remember to cut the pieces with the direction of the greatest stretch in the direction of the arrow on the pattern.

Sewing the shrug

It will take me longer to write about how to sew this pattern than it will to actually sew it. There are 3 seams, and you're done.



Firstly, check out your fabric and see which way it stretches. There is a line on the pattern piece which represents the direction of the greatest stretch. If the fabric stretches equally on both directions, then it doesn't really matter, but if it stretches one way more than the other, make sure you lie out the pattern piece so that the line on the pattern follows the direction of the greatest stretch.



Cut out two pieces. Place them right sides together and match up the center back seam. Pin and stitch with a 1/4 inch seam allowance.

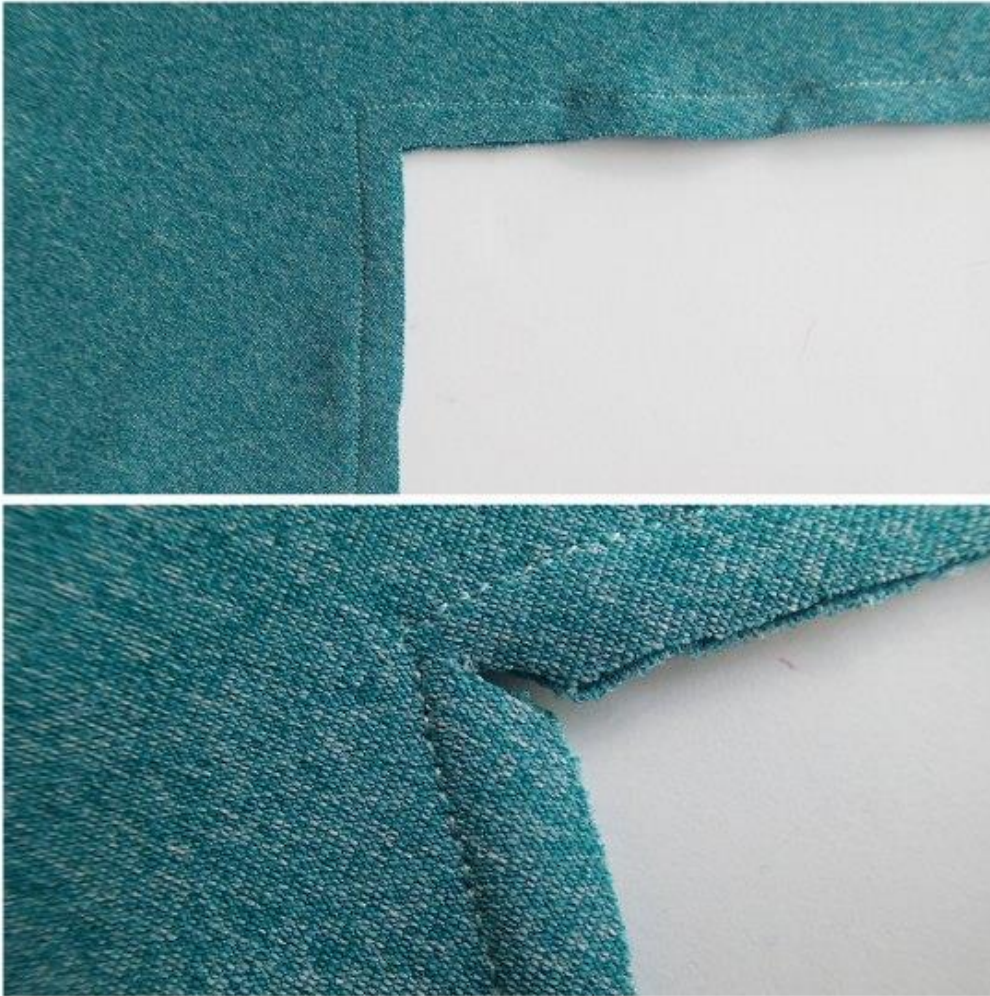
Now lie out the piece with the right sides up like this.



Take the top and fold it down to the bottom, so that you line up those side seams, the under arm point and the sleeves. Pin and then stitch with a 1/4 inch seam, pivoting at the corner under the arm.



Snip into that corner close to the stitching.



Repeat for the other side and then try on the top and check for fit. Its easy to adjust down the center back seam, or make the sleeves a little closer fitting if you like. The fit all depends on how much stretch you have in your chosen fabric.

At this point, if it fits, you are done. If you like, you can hem the sleeves and the edges of the jacket, but seeing it's a knit fabric, those edged probably won't fray anyway. If it starts to look not so great after a few washes, you can always choose to hem it then.



I left my edges unfinished around the neck and bottom, left my sleeves a little long and added a cute lettuce leaf hem to the bottom. You could also finish them with a [double needle](#).

Quick step by step checklist to follow for confident sewers

	RST, Stitch the center back seam.
	With RST, match the under arm points, pin and stitch the short side seams and the sleeve seam, pivoting at the underarm point.
	Clip into that underarm point
	Try on and check for fit, adjust if necessary
	Stitch hem on bottom of sleeve, using a stretch stitch, double needle or lettuce leaf hem
	Leave the front edges unfinished or turn in ¼ of an inch and stitch neatly
	Wear and enjoy

You are done!



Thank you for downloading this **Sew A So Simple Shrug** pattern and tutorial. I hope you enjoyed making this project and remember that I love to share your creations at So Sew Easy so drop me an email with a photo at

deby@so-sew-easy.com

or upload your completed projects to the pattern page on Craftsy.

Or why not share on the [new sewing forum](#)! There's a Show and Tell section especially for you to upload your completed projects.

You might enjoy my other tutorials and sewing patterns at So Sew Easy, including:

Wrap Dress	Gathered Summer Skirt	Sew A Skirt beginner tutorial series
Twist Front Top	Two Become One Dress	Double Layer Chiffon/Lace Blouse
Easy Summer Dress	Nautical Mug Rug	30 Minutes Easy Skirt
Summer Drape Top	Teeny Tiny Zipper Pouch	Cheeky Panties
Custom Fit Skirt	Long arm oven mitts	Custom fit leggings
Boxy Bag	Sew Simple Leggings	Little Black Party Dress
Easy Cosmetics Bag	Easy Breezy Blouse	On a Roll T-shirt
Super Simple Wallet	Padded bottle bag	Slouchy Sweater
Classic Straight leg knit pants	Cool It Can Cozy	Gathered front top
Make it Yours Clutch Bag	Spring Mug Rug	Waterfall top
Reversible Apron	Flirty Skirty	Carry All Bag
Cowl Neck Top	Expanding Nautical Tote Bag	Wear Everywhere Dress
Fab Felt Christmas Tree	Sew Simple Leggings	Easiest ever Felt tree ornaments
Turning Japanese Bag	Flex frame glasses case	Color Block Dress
Baby changing mat	Halloween Table Runner and placemats	Insulated Baby Bottle Bag
Give me a Shrug Top	Sunshine Ribbon	The Perfect Baby Burp

The perfect maxi skirt	Baby Toy Zipper Top Tote Bag	Cloth 'It's a Wrap' Top
Cuddle Me Cardy	Fall Mug Rugs	Half-circle wrap skirt
Show Some Flare a-line skirt	Wear Everywhere Skirt	In a Twist Dress
The Ultimate Wallet	Hammerhead Shark Pillow Pet	Cosmetics Bag with Brush Roll
Double Cathedral Window Pillow Cover	Color block knit skirt	On Safari Skirt
Made in a Snap Bag	Sew a So Simple Shrug	Lucy Tote Bag
Jewelry Purse		

For the latest list of patterns available, pop on over to my [designer page at Craftsy](#).

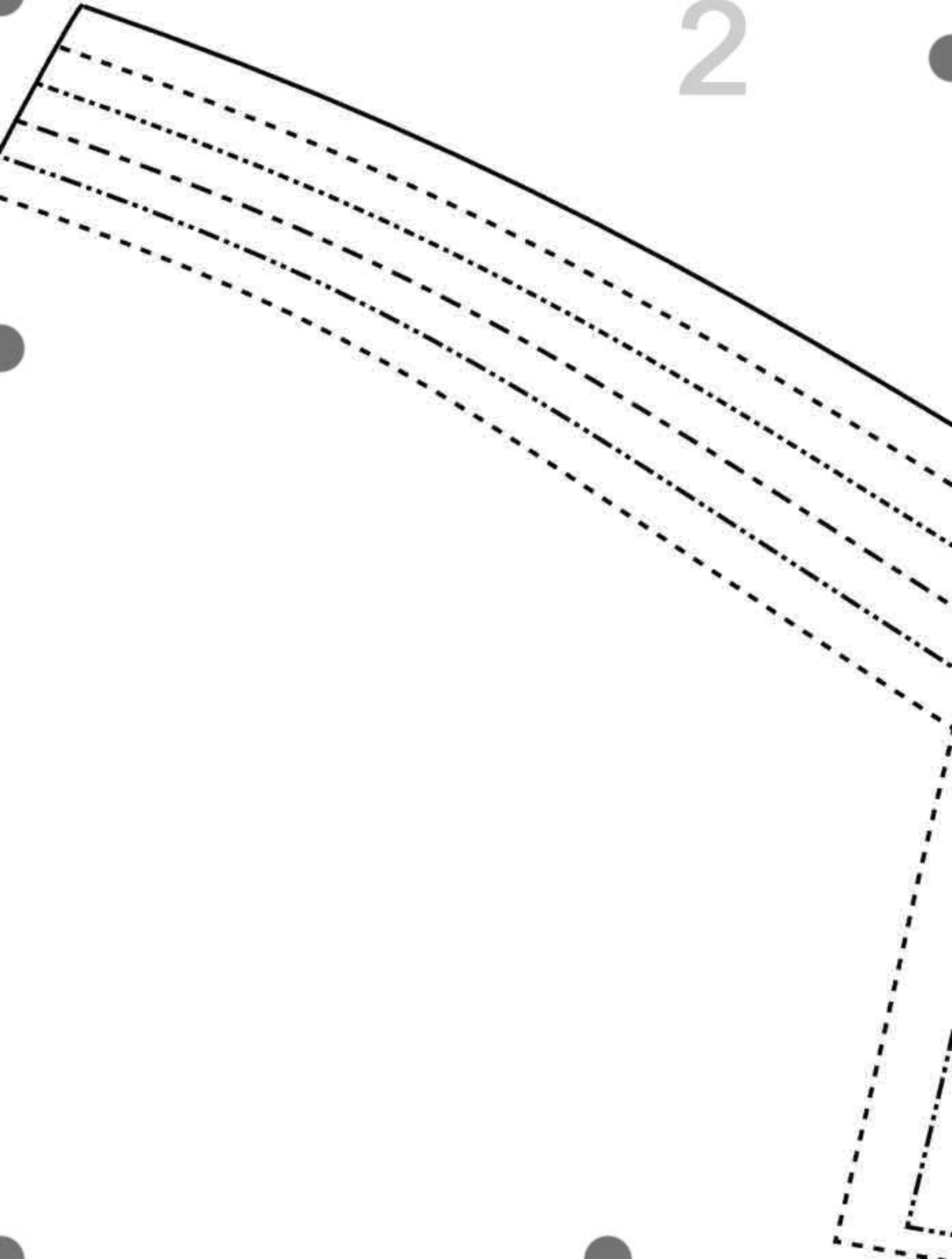
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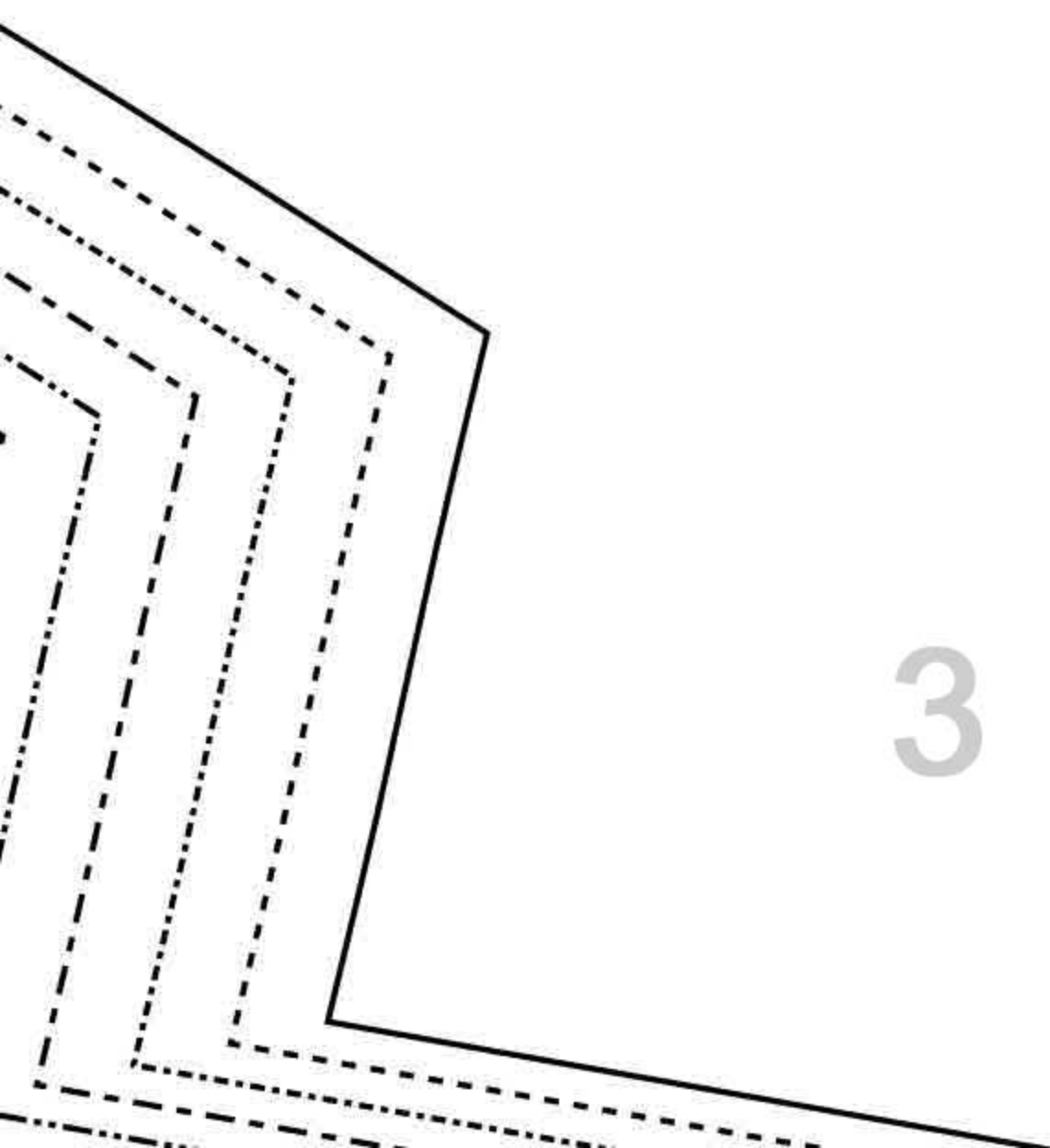
Usage – you ARE allowed to use this pattern to make things to sell on a small handmade basis, such as for craft fairs and for your Etsy shop. However it may not be used for larger scale commercial purposes without a commercial licence.

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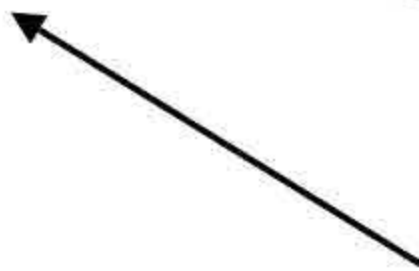
Center back

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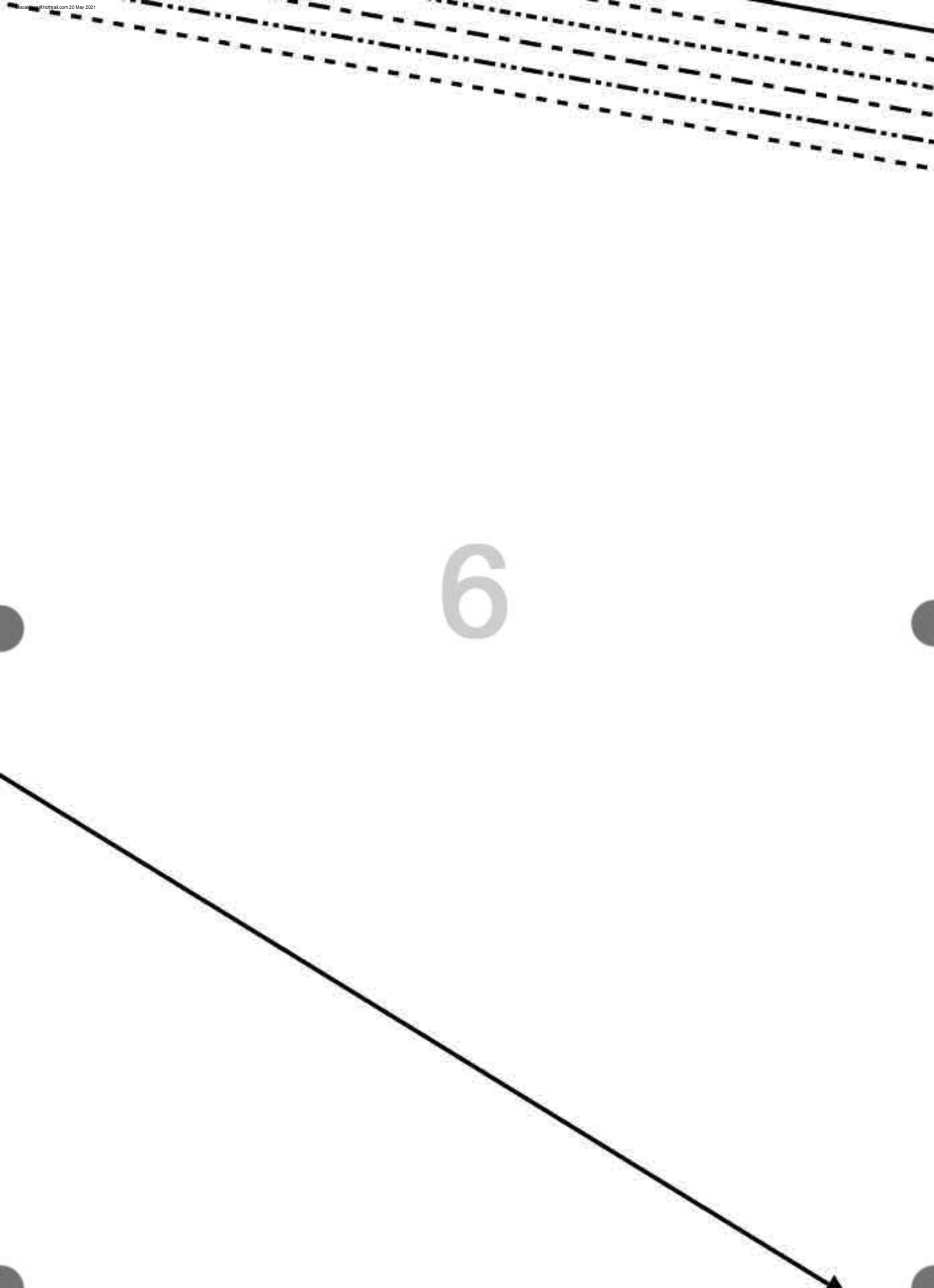
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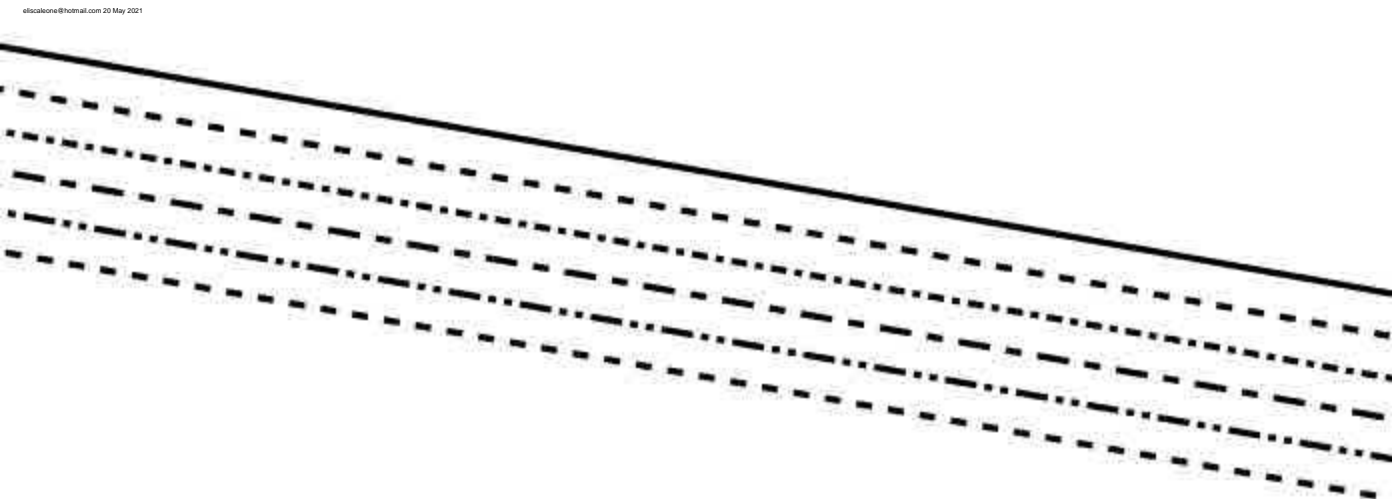
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Direction of greatest stretch

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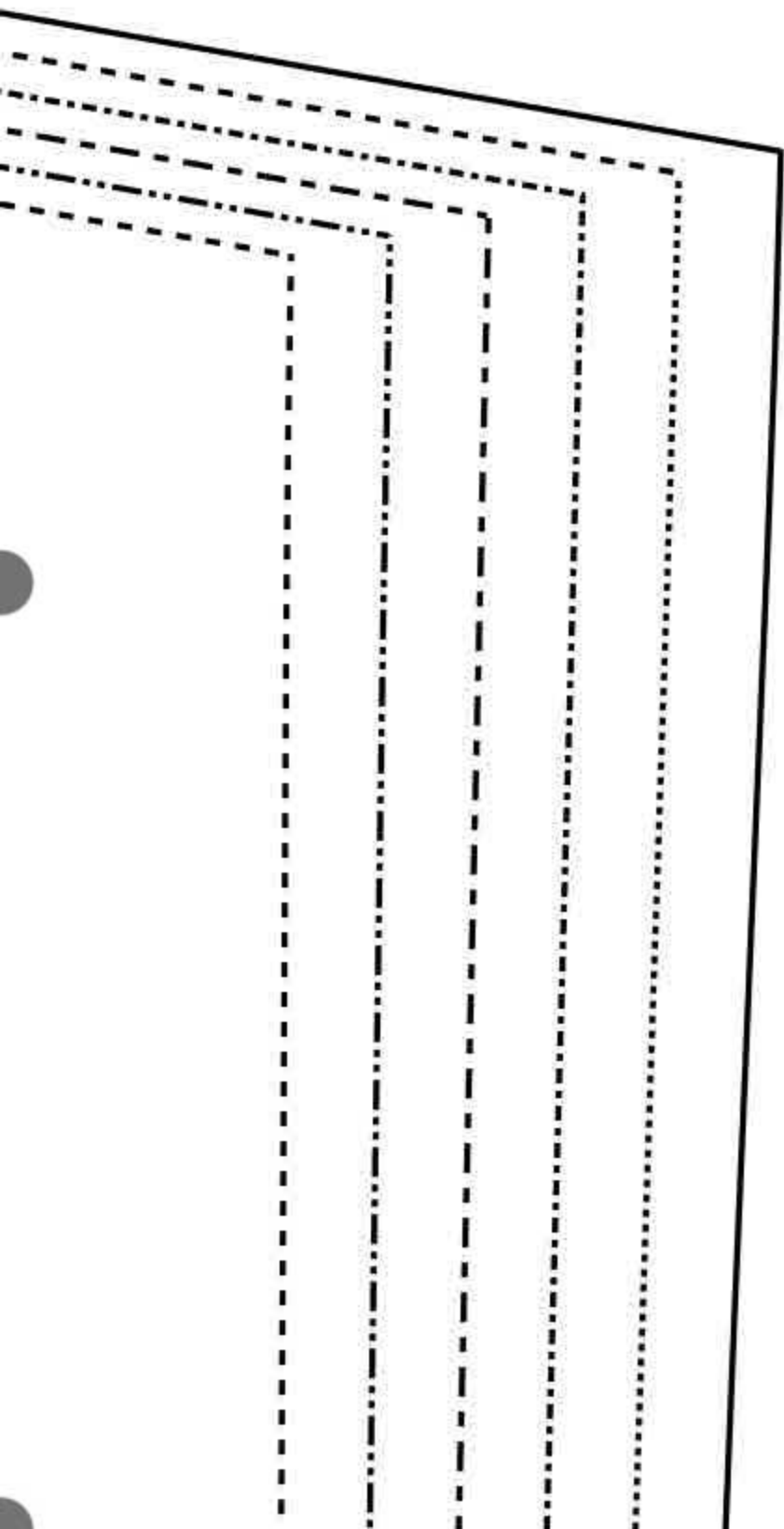
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Size chart
(Bust measurements)

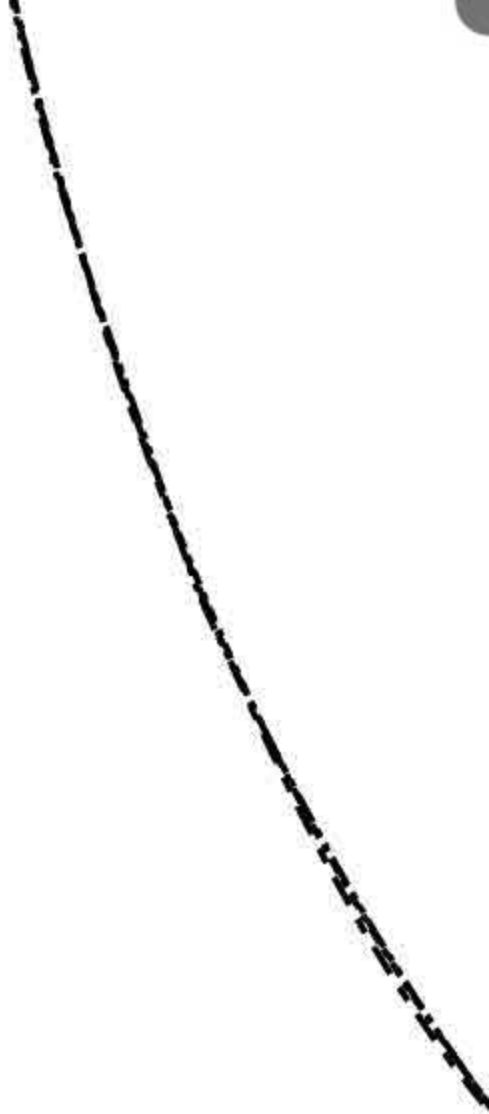
A - 33	-----
B - 35
C - 37	-----
D - 39
E - 41
F - 43	—————

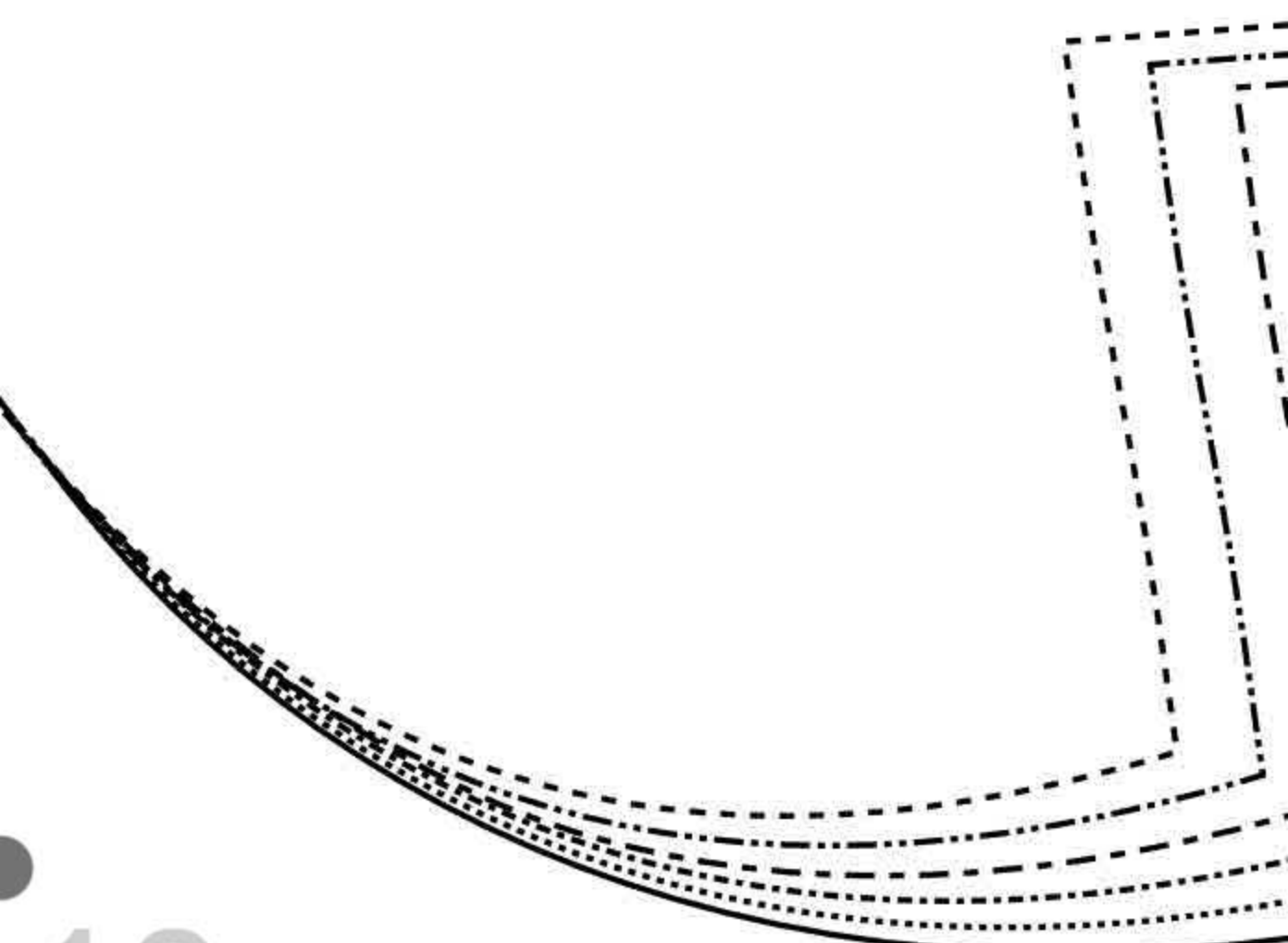
¼ inch seam allowance included



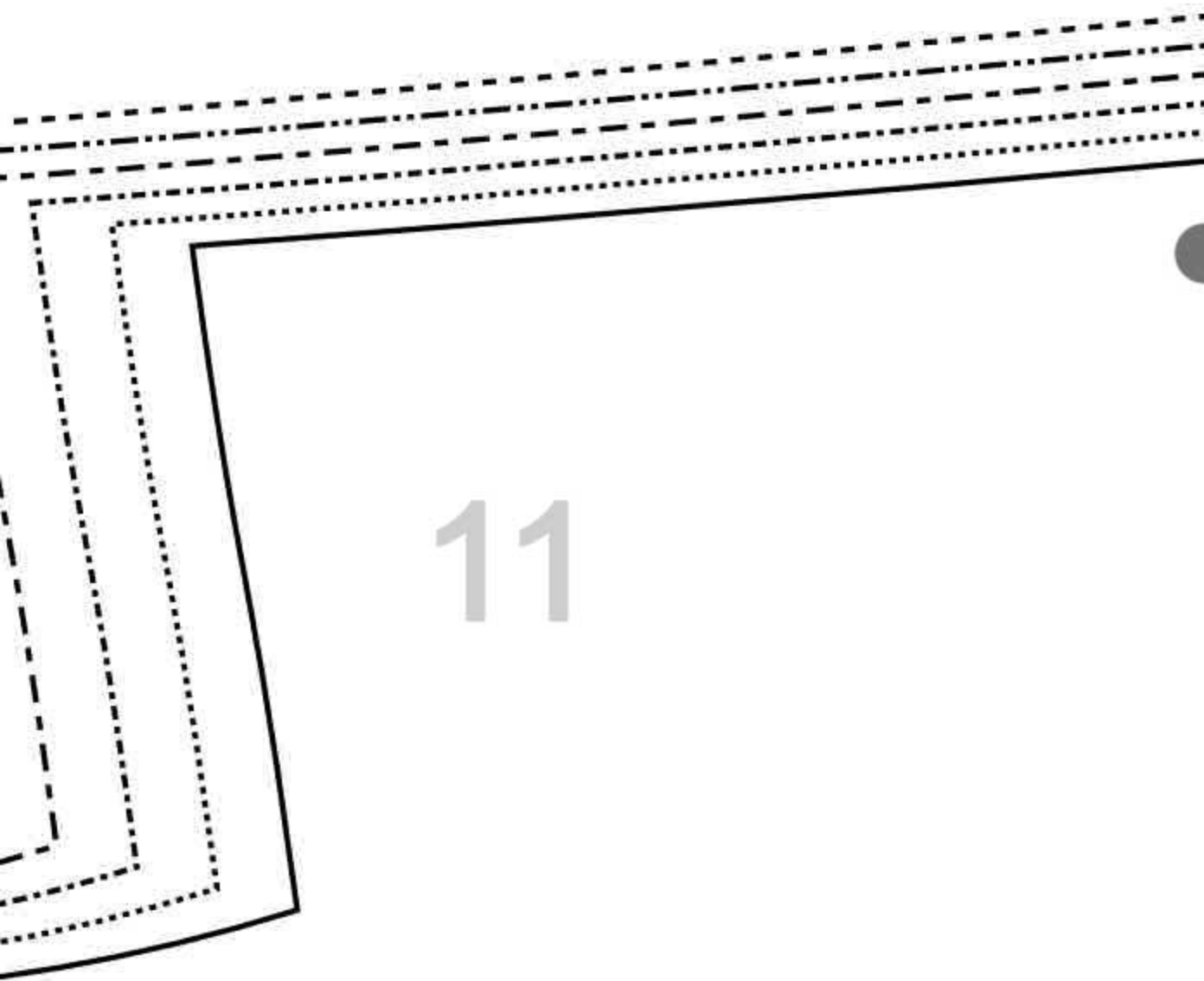
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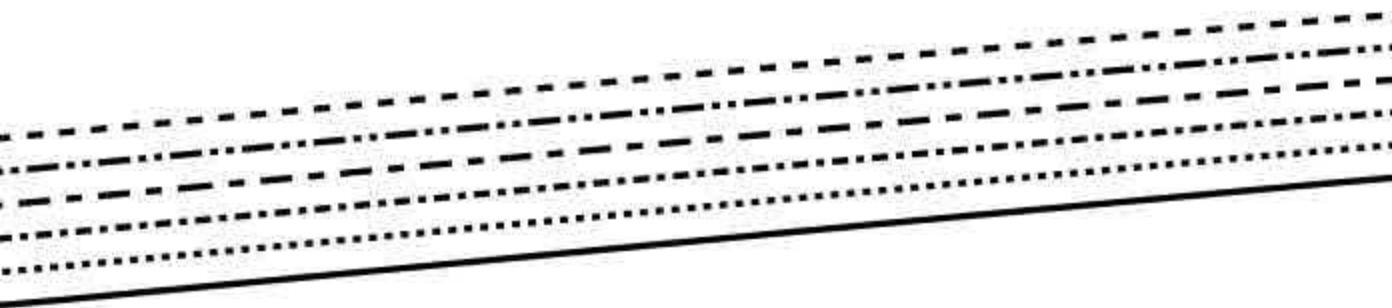




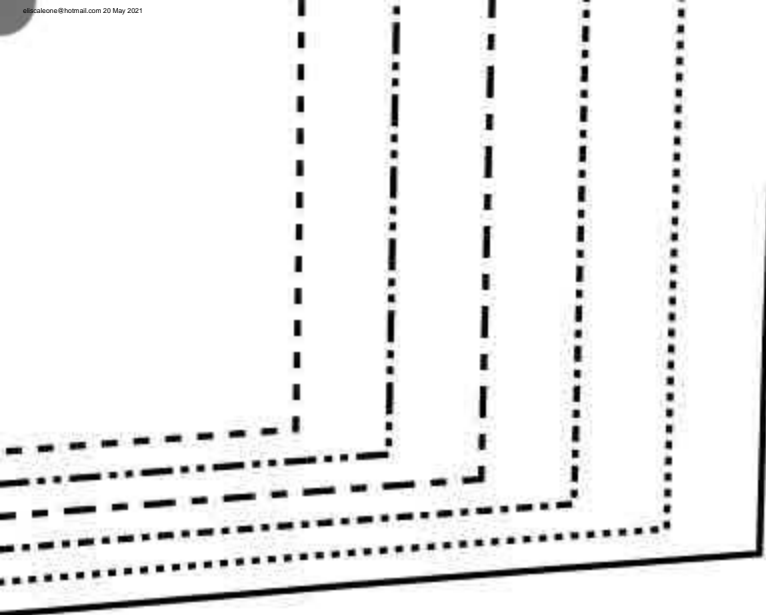
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