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LINGERIE SEWING PATTERNS

THE CELESTE PANTIES
FREE PATTERN



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FREE Celeste Bikini Cut Panties



Suggested Fabrics:

Stretch knit fabrics, cotton lycra jersey, stretch lace, stretch mesh.

Lining: Cotton jersey, cotton interlock

Notions:

Stretch lace trim, fold over elastic

View A	Extra Small	Small	Medium	Large	X Large	XX Large
Fabric*	½ yard (0.35m)	½ yard (0.35m)	½ yard (0.35m)	½ yard (0.35m)	½ yard (0.35m)	½ yard (0.35m)
Fold Over Elastic	1 yard (0.8m)	1 yard (0.85m)	1 yard (0.9m)	1 yard (0.9m)	1 1/8 yard (1m)	1 ¼ yard (1.1m)
Stretch Lace Trim	1 3/8 yards (1.25m)	1 ½ yards (1.3m)	1 ½ yards (1.35m)	1 5/8 yard (1.4m)	1 5/8 yard (1.45m)	1 2/3 (1.5m)
Cotton Lining	7"x9" Scrap (18cmx23cm)	7"x9" Scrap (18cmx23cm)	7"x9" Scrap (18cmx23cm)	7"x9" Scrap (18cmx23cm)	7"x9" Scrap (18cmx23cm)	7"x9" Scrap (18cmx23cm)

*45"-60" (115cm-150cm) Width

	Bust	Waist	Hips
Extra Small	34-35" (86-89cm)	24-25" (61-64cm)	33-34" (84-86cm)
Small	36-37" (91-94cm)	26-27" (66-69cm)	35-36" (89-91cm)
Medium	38-39" (96-99cm)	28-29" (71-74cm)	37-38" (94-97cm)
Large	40-41" (101-104cm)	30-31" (76-79cm)	39-40" (99-102cm)
X Large	42-43" (106-109cm)	32-33" (81-84cm)	41-42" (107-107cm)
XX Large	44-45" (111-115cm)	34-35" (86-89cm)	43-44" (109-112cm)

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DESIGN NOTES

The Celeste Bikini Panties have a modern, low rise fit, and sit high on the leg – perfect for under pants and leggings. This free pattern will teach you the basics of underwear-making.



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PRINTING & ASSEMBLING YOUR PDF PATTERN

1. For best results, open and print your file using Adobe Reader (available here <https://get.adobe.com/reader/>).
2. Print Pattern on US Letter or A4 Paper (if using A4, select "US Letter" Page Size in your Print Options/Advanced Options). Before you print, make sure you have selected "no scaling" or print "Actual Size" (Fig.1).

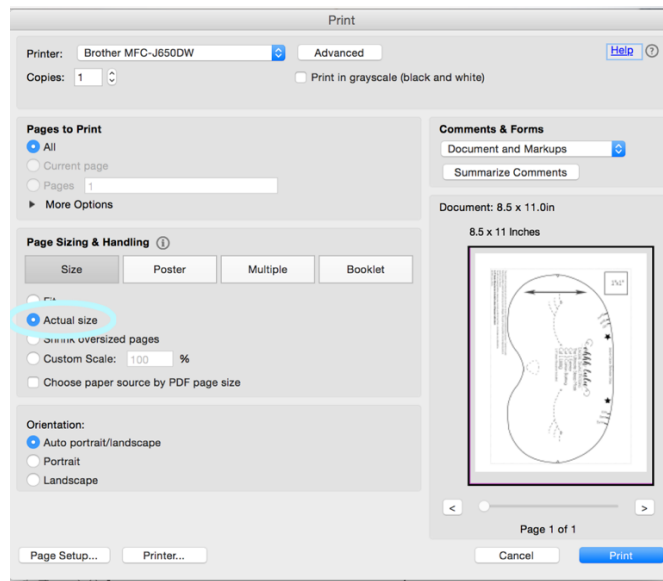


FIGURE 1

3. Trim off the margins that have the scissor symbols and tape pages together using the alphanumeric indicators as a guide (fig. 2).

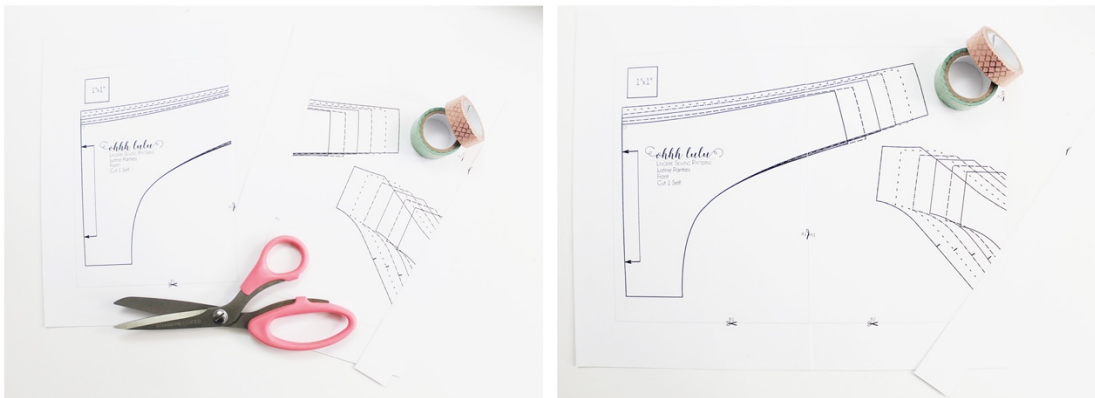


FIGURE 2

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CUTTING YOUR FABRIC

1. Cut out the size that closest correspond to your measurements. When using any sewing pattern, but especially bras and body-suits, it is important to sew a test garment in a similar weight and stretch of fabric. Close-fitting garments often require some small alterations so that you can get a customized fit. **½" seam allowance is included unless otherwise indicated.**
2. Pin your pattern pieces onto your fabric and cut out each piece according to the cut guides on the pattern piece.

PREPARING THE GUSSET

1. Finish the straight edge of the Gusset Lining with a serger or zig-zag stitch.



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SEWING THE GUSSET SEAM

1. With the right sides together, pin the panties back to the panties front along the curved gusset seam. You will need to carefully ease and pin these together. Baste in place.



2. With the right side of the lining facing the wrong side of the panties back, pin along the curved gusset seam and then stitch in place using a ½" seam allowance. You can serge this seam or use your sewing machine.



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3. Fold the lining forwards, so that it lines the gusset-portion of the Panties Front. Baste along the leg-line to keep the gusset in place. Now the gusset seam allowance is nicely encased between the lining and exterior fabric.



LACE LEG FINISHING AND SIDE SEAM

1. Using a zig-zag stitch, apply the lace trim to the right side of the panties, starting at the side seam. Gently pull on the lace as you stitch it on. Applying tension will create a snug fit along the leg-line. Stitch carefully and follow the scalloped edge of the lace. The outer edge of the lace should run along side the raw edge of the leg-line of the panties. Visit my YouTube page for a tutorial on how to sew stretch lace trim:

<https://youtu.be/mpjKQLEHyRA>



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- Optional – run a second row of zig-zag stitching alongside the first row to secure the lace.



- Carefully trim back any excess fabric that extends beyond the stitching line. Trim as close as you can to the zig-zag stitch without clipping any stitches.



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4. Repeat this process so that both legs are trimmed with lace. Be careful to apply the same amount of tension on both legs!



5. Making sure that the lower edge of the lace lines up with one another, pin ONE side seam together and stitch using a $\frac{1}{2}$ " seam allowance. Raw edges can be serged together or zig-zag stitched and pressed towards the back. **Only sew ONE side seam!**



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FOLD OVER ELASTIC WAIST AND FINAL SIDE SEAM

1. Before beginning on the waist elastic, quickly check to make sure that the length of the side seam that remains open is the same on the front and back! If needed trim back any excess fabric along the waist-edge so that the Panties Front and Back side seams are the exact same length. This is important because our finished edges need to line up perfectly.
2. Working on the wrong side of the fabric, begin applying the fold over elastic along the waistline of the panties using a zig-zag stitch. Begin at the side seam that has been left open. The fold line should run alongside the cut-edge of the waistline. Gently pull on the elastic as you stitch it on.



3. Trim back any fabric that extends beyond your stitching line.



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4. Fold the elastic along the fold-line and stitch in place using a zig-zag stitch.



5. With the right-sides together, pin the remaining side seam closed. You may want to do a few hand stitches to tack the waist edge together so that the elastic lines up evenly – we want this edge to look continuous once our seam is sewn. Stitch using a ½" seam allowance and finish with a serger or zig-zag. Press the seam allowance towards the back.

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TACKING SIDE SEAMS

1. Press the side seams towards either the back or front of the garment. Either using a straight stitch on your sewing machine, or hand-stitching using a needle and thread, tack the seam allowance down at each elasticized joint. This step helps the joints lay flat, and adds strength to the seams.



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GLOSSARY

Backstitch – anchor the beginning and end of a seam line by stitching both back and forth, before continuing on with your seam.

Baste – secure two pieces in place using a long stitch length. These stitches can later be removed.

Band Elastic – elastic that is sewn around the lower edge (band) of the bra. Usually is plush on one side, and may have a decorative edge. Band Elastic comes in varying widths. Ohhh Lulu Patterns are developed for use with ½" Band Elastic.

Bias – Cutting fabric on the bias allows woven, non-stretch fabrics to provide a small amount of stretch. The bias is 45° to the warp and weft (vertical and horizontal running) threads.

CB – Center Back

CF – Center Front

FOE – Fold over Elastic

Fold over elastic – elastic which binds raw edges, much like a traditional bias-binding, but provides resiliency and stretch.

Grade Seam Allowance – Trimming back your seam allowance in a graduated manner, to reduce bulk.

Picot Elastic – elastic with one looped, or decorative edge. Often used around necklines or panty legs.

Right Side – refers to the front side of the fabric (in the case of a print, right side refers to the printed side of fabric. In the case of a weave, like satin, right side refers to the shiny side of the fabric)

SA – Seam Allowance

Sliders – plastic or metal findings for assembling adjustable lingerie straps.

Strap Elastic – comes in a variety of sizes ¼" – 1", is usually plush on one side, and offers a small amount of stretch. Strap elastic can be substituted with sewn strips of fabric to match your garment.

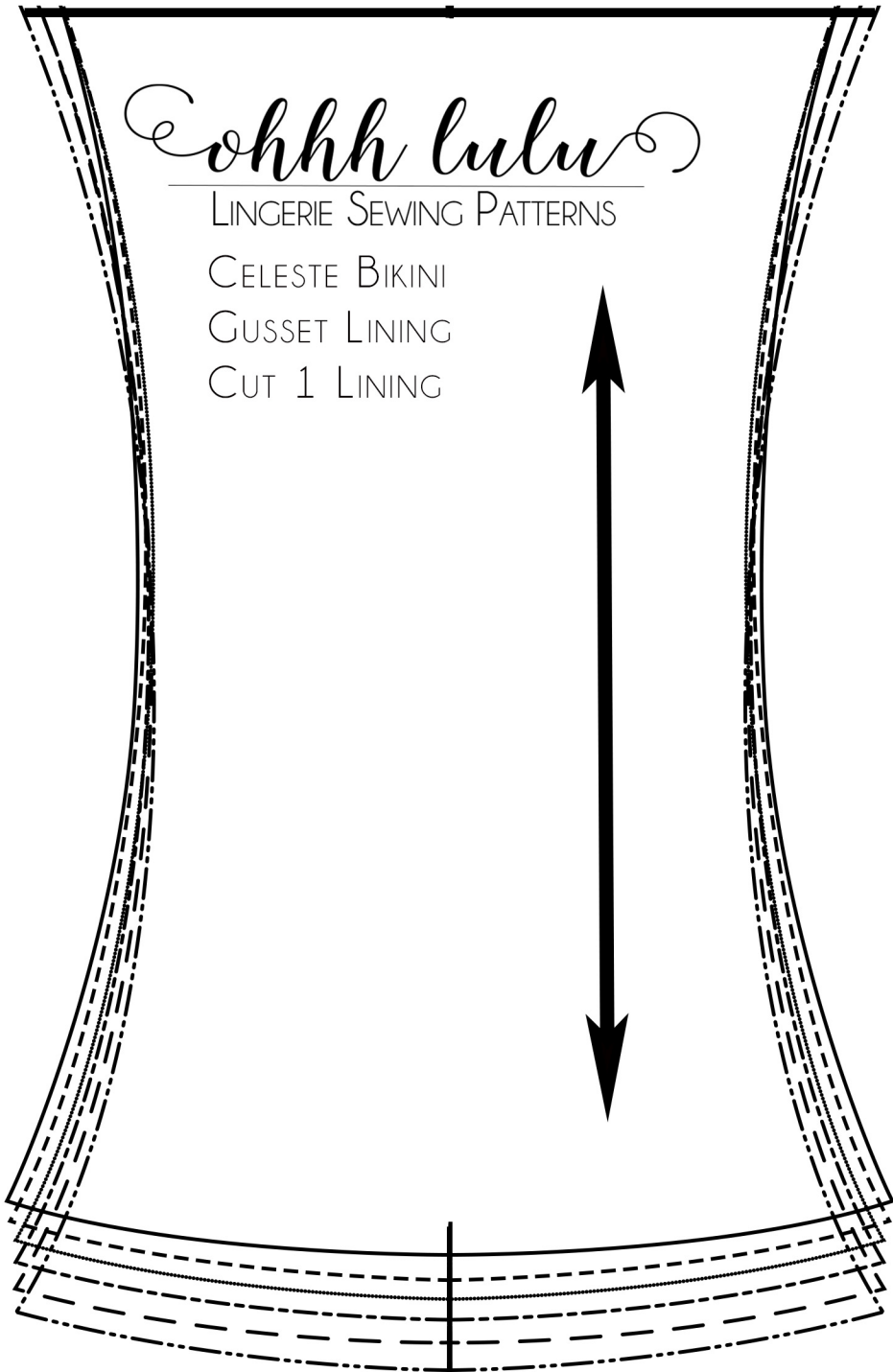
Wrong side – refers to the back side of the fabric.

Resources

How to Videos <https://www.youtube.com/c/OhhhLulu>

Pattern Hacks and Tutorials <http://www.ohhhLuluLingerie.com/pattern-hacks-tutorials/>

1"X1"



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GUSSET LINING

CUT 1 LINING

C F

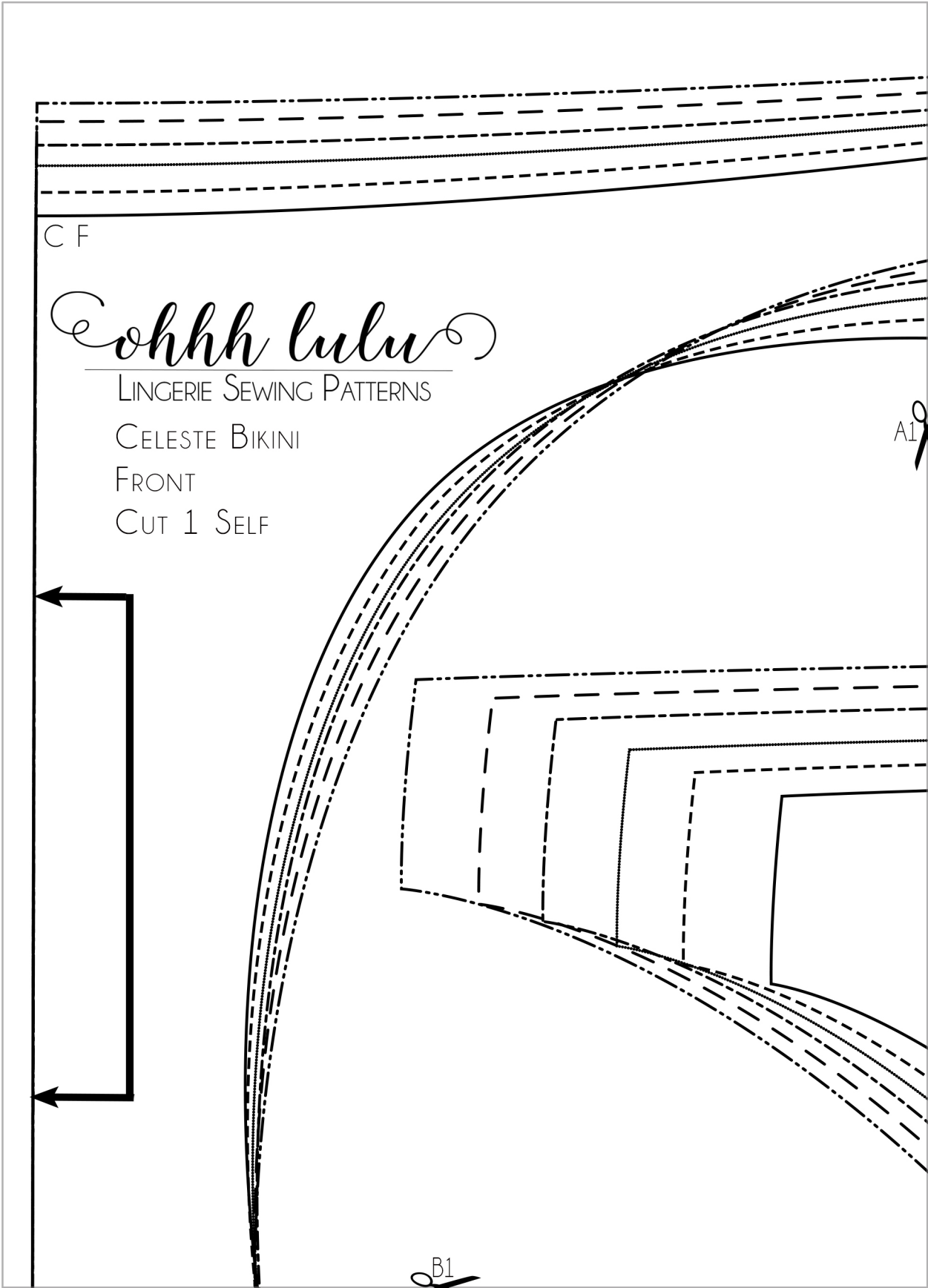
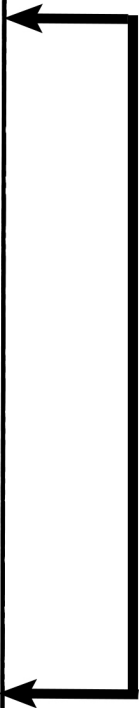
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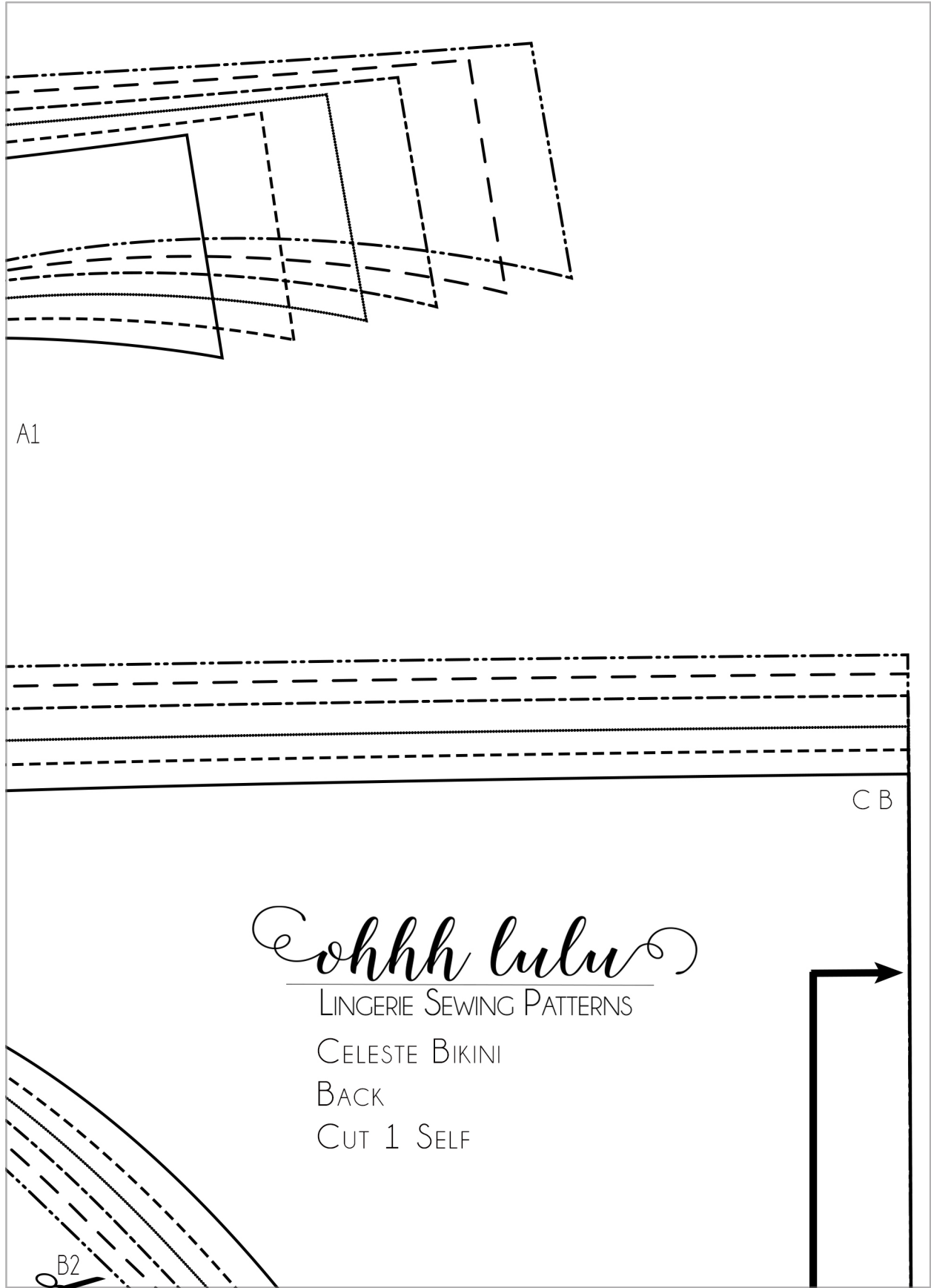
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FRONT

CUT 1 SELF





A1

CB

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CELESTE BIKINI

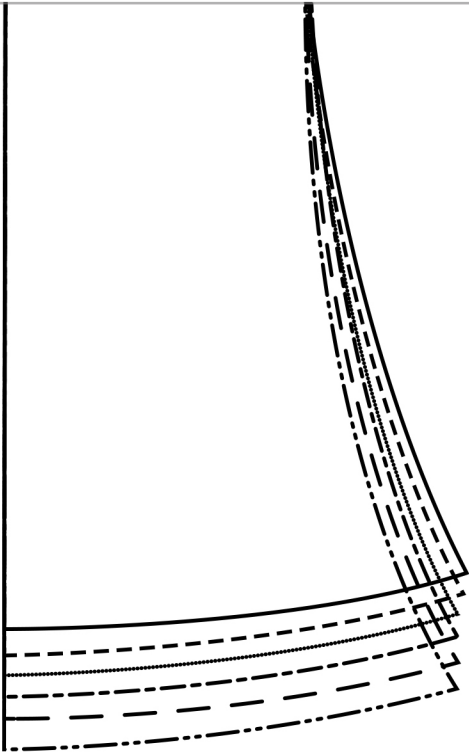
BACK

CUT 1 SELF



B2

B1



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- X Small - 34-35" Bust, 24-25" Waist, 33-34" Hips
- - - - - Small - 36-37" Bust, 26-27" Waist, 35-36" Hips
- Medium - 38-39" Bust, 28-29" Waist, 37-38" Hips
- - - - - Large - 40-41" Bust, 30-31" Waist, 39-40" Hips
- - - - - X Large - 42-43" Bust, 32-33" Waist, 41-42" Hips
- · - · - · XX Large - 44-45" Bust, 34-35" Waist, 43-44" Hips

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As with any sewing pattern, always sew a mock-up first to test the fit and make any alterations.

$\frac{1}{2}$ " Seam Allowances included unless otherwise indicated.

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