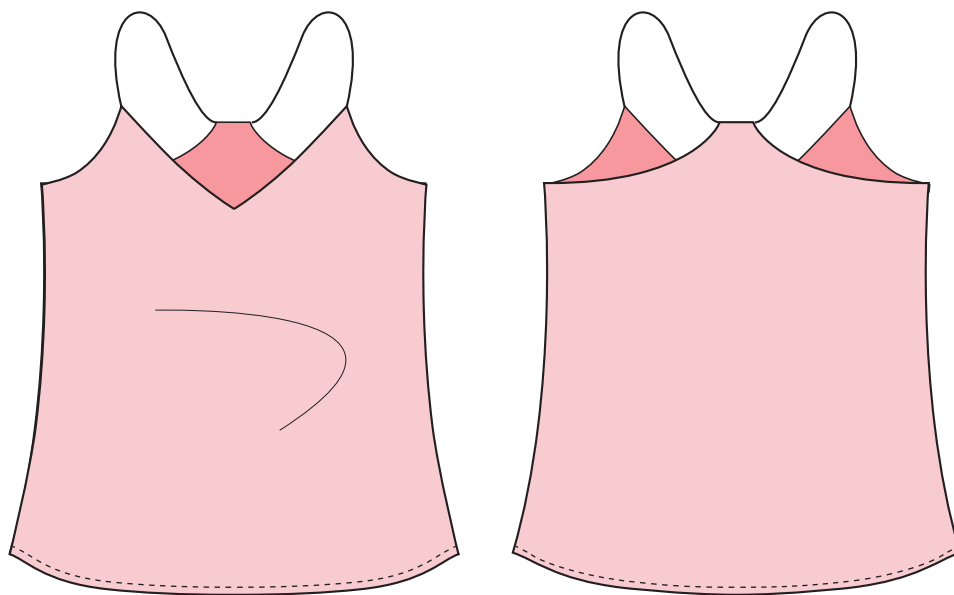


# spit up & *stilettos*



## DIANA CAMI

Level: Easy | Time: 1-2 Hour | Pages: 21

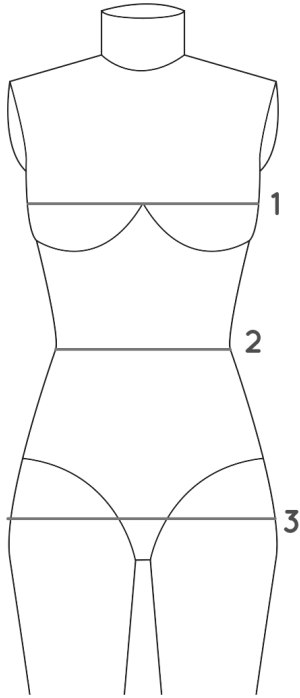
This woven cami is a breeze to make and can be dressed up or down. It features French seams, bias spaghetti straps and bias binding.

*\*Named after my best friend and mother Diane*

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## Size Chart

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Size	Numeric Size	Bust	Waist	Hips
XS	0	33"	25"	35"
XS	2	34"	26"	36"
S	4	35"	27"	37"
S	6	36"	28"	38"
M	8	37"	29"	39"
M	10	38"	30"	40"
L	12	39.5"	31.5"	41.5"
L	14	41"	33"	43"
XL	16	43"	35"	45"
XL	18	45"	37"	47"

(1) BUST: Measure around the fullest part of your bust and keep the measuring tape parallel to the floor.

(2) WAIST: Measure around the smallest part of your waist.

(3) HIP: Measure around the fullest part of your hip and keep the measuring tape parallel to the floor.

## Supplies

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- Fabric
- Polyester thread
- 2 1/4 Yards of 3/4" wide single fold bias tape

## Tools

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- Fabric scissors
- Pins
- Bodkin
- Chalk or marking pen
- Tape (for piecing pattern)
- Paper scissors (to cut pattern)

## Fabric

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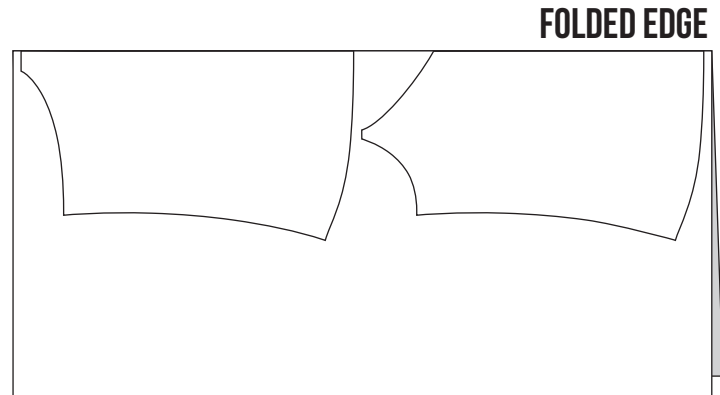
This cami can be made from a variety of woven fabric, from lightweight silk chiffon to more stable cotton.

## Fabric Usage

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45" or 60" WIDE

You will need 1 1/4 yards of fabric. If you are doing a stripe or plaid cami, you will need an extra 1/2 to 1 yard of fabric. Below is the layout guide.



BIAS TAPE

You will need 2 1/4 yards of 3/4" wide single fold bias tape, either store bought or made from the fabric of your choosing. If you have forgotten how to make bias tape, go to [Sewloft.com](http://Sewloft.com) to view the tutorial.

## Pattern Key

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GRAIN-LINE

This red arrow indicates your grain-line, which you should align with the grain of your fabric. Don't know what grain-line or grain is? Let us explain. When fabric is made it is woven with threads that go in two different directions. Lengthwise, which spans the cut edges and crosswise, which spans the selvage edges (the selvage is the band of tightly woven fabric that runs up either side). The lengthwise direction is the grain of your fabric and what you use to line up your grain-line.



FOLD LINE

This means you line up the edge with the folded edge of your fabric before you cut. Your folded edge should be along the grain-line.



# First Things First

## FIND YOUR SIZE

Using the size chart on the previous page, find your size. If you are in between, you can draw a new pattern line between the two sizes or simply choose the larger size.

## PIECE TOGETHER YOUR PATTERN

At the end of these instructions, you will find your PDF pattern. On the first page, there is a 2" x 2" test square. Measure this square with a ruler to verify that the pattern is the correct size and then cut out each 7" x 9.5" rectangle. Tape the pieces together matching the colors/letters/numbers, then cut out your pattern size.

## LAY OUT YOUR PATTERN

Using the fabric layout in the Fabric Usage section as a guide, lay out your pattern pieces. Use either pins or pattern weights (we like the latter option) to keep your pattern in place. Pay attention to the fabric grain-line and, if using a plaid or stripe fabric, make sure to line up the stripes.

## TRACE THE PATTERN

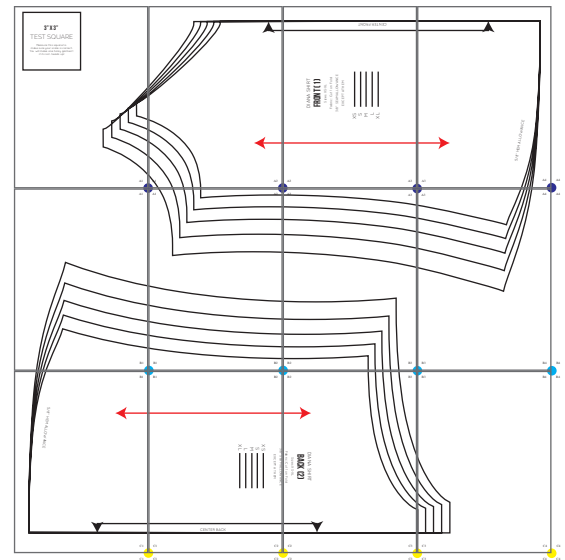
Trace your pattern edges onto your fabric by using chalk, pencil, or carbon paper. Transfer all markings, notches, darts and center front and back lines. Trust us. It's really no fun to have to come back and mark them later.

## CUT IT OUT

You know that pattern tracing you just did? Well, cut along your marking lines.

## SEAM ALLOWANCE

This pattern includes 3/8" seam allowances unless otherwise stated. Don't worry, we will let you know in the instructions when you're sewing a piece with a different seam allowance.



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• If this is your first time making this pattern, it's always a good idea to make a muslin to test the fit and make sure it flatters your body type. A muslin also lets you know what areas need to be altered. For a quick alteration guide or if you have any fit questions, go to [Spitupandstilettos.com](http://Spitupandstilettos.com)  
.....

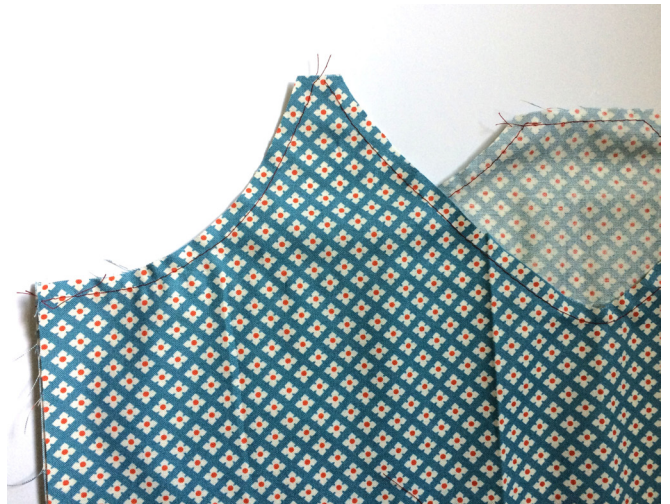
# Instructions Page 1

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## Stay-stitch

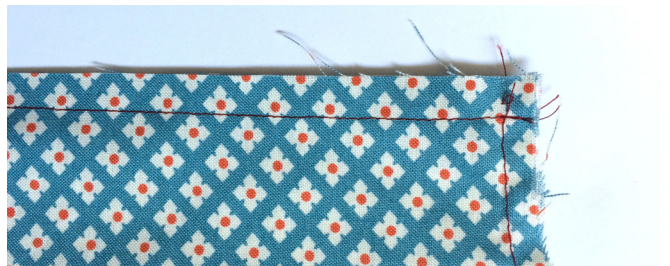
1. Start off by stay-stitching the neckline and armholes just inside the seam allowance on FRONT and BACK pieces.

TIDBIT: Stay stitching prevents curves from stretching out, and should be sewn within your seam allowance (not on the stitch line).



## Side Seams

1. With FRONT and BACK pieces wrong sides together, sew your side seams using a  $\frac{3}{8}$ " seam allowance.
2. Trim down the seam allowance to  $\frac{1}{8}$ ".
3. Turn the cami inside out and press the side seams flat.
4. Sew  $\frac{1}{4}$ " from the side seam edge, encasing the seam allowance and making a beautiful French seam. Press open.



### Bias Tubes

1. Grab a 3/4 yard of your bias tape, it should be unfolded.
2. Fold your bias tape in half lengthwise, right sides together.
3. Sew along the length of your folded bias strip, about 1/8" to 1/4" from the folded edge (make sure your bodkin can fit through the hole).
4. Trim down your seam allowance to be the same width as your seam.
5. Insert your bodkin into your tube and pull it right side out. The seam allowance acts as a filler for your strap.
6. Pull the tube taut on your ironing board by using two pins and use the steam setting on your iron to set. DO NOT press with iron, leave overnight if needed.



Can't remember how to make bias? It's pretty simple and we can walk you through it at [Spitupandstiletto.com](http://Spitupandstiletto.com)  
For a fuller strap, you can also insert cording by pulling it through with your bodkin.

### Neckline

1. Start by unfolding your bias tape and pinning it to the face of the garment around the neckline. Make sure the folded edge of the bias is on the stitching line. Let the bias end at the edge of the neckline. Also attach bias at the back neckline, which is only a few inches wide.

2. Stitch along the bias fold line (closest to the edge) around the neckline. Trim seam allowance down to 1/8".

3. Fold the other bias edge over, so it covers the seam allowance. Press flat and pin in place.

4. On the face side, stitch in the ditch along the bias seam catching the folded bias edge below. Make sure the bias ends are flush with the garment.

TIDBIT: What is stitching in the ditch? It is merely sewing on a seam line to make the new stitches less obvious.



### Armhole

1. Start by unfolding your bias tape and pinning it to the face of the garment around the armholes. Make sure the folded edge of the bias is on the stitching line. Let the bias end at the edge of the armholes.

2. Stitch along the bias fold line (closest to the edge) around the armholes. Trim seam allowance down to 1/8".

3. Fold the other bias edge over, so it covers the seam allowance. Press flat and pin in place.

4. On the face, side stitch in the ditch along the bias seam catching the folded bias edge below. Make sure the bias ends are flush with the garment.



## Straps

1. Grab your bias tube and cut two straps.
2. On the wrong side of your cami, fold down the triangle points at each edge of the neckline by 1/2". Pin one end of a strap in the middle, and stitch down.
3. Press the entire bias neckline and armhole edge over to the wrong side of your cami.
4. Make small securing stitches\* every 2-3" along the folded bias edge to keep it from rolling to the face side. Make your stitches as small as you can to make them invisible. Start with the armhole edge and do not secure down the back neckline edge.
5. Pin the other end of the strap to the back neckline and adjust length as needed. Stitch down.
6. Press the back bias neckline edge over and using securing stitches, tack down.



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\*A securing stitch is done to attach two pieces of fabric together discreetly. With your needle you should only have to bite 1 or 2 fabric threads on the face side and then use a simple knot to tie off.  
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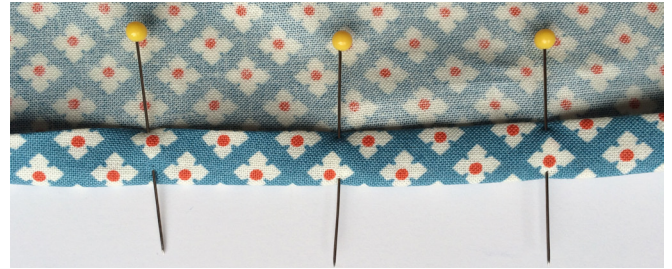
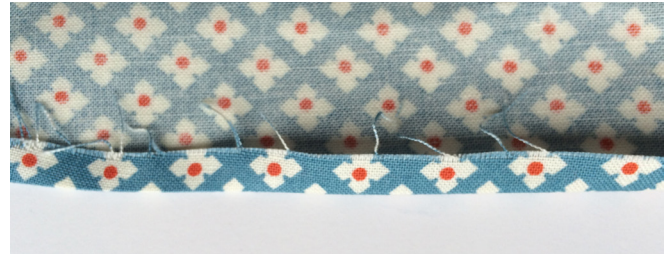
## Instructions Page 5

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### Hem

1. We are working with a 5/8" hem allowance, so press your hem up 1/4", then again another 3/8" and pin.
2. Edge stitch along the folded hem edge to secure.

TIDBIT: Working with a slippery fabric or can't get the seam allowance to stay folded up? You may need to do a rolled hem instead. View [Sewloft.com](http://Sewloft.com) to view alternative hem methods.

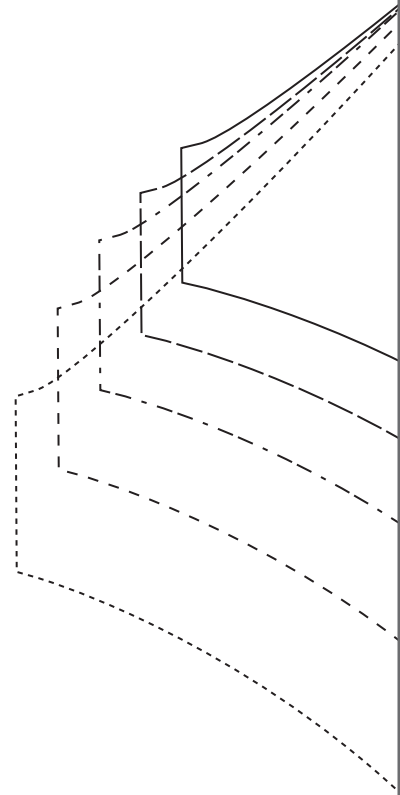


*Guess who has a brand new cami? Hopefully you but if you find anything wrong with this pattern, please let me know at [lauren@spitupandstilettos.com](mailto:lauren@spitupandstilettos.com)*

2" x 2"

## TEST SQUARE

Measure this square to  
make sure your scale is correct.  
You will make one funky garment  
if its not- heads up!





A1

A2

DIANA CAMI

*Front (1)*

Sizes XS-XL

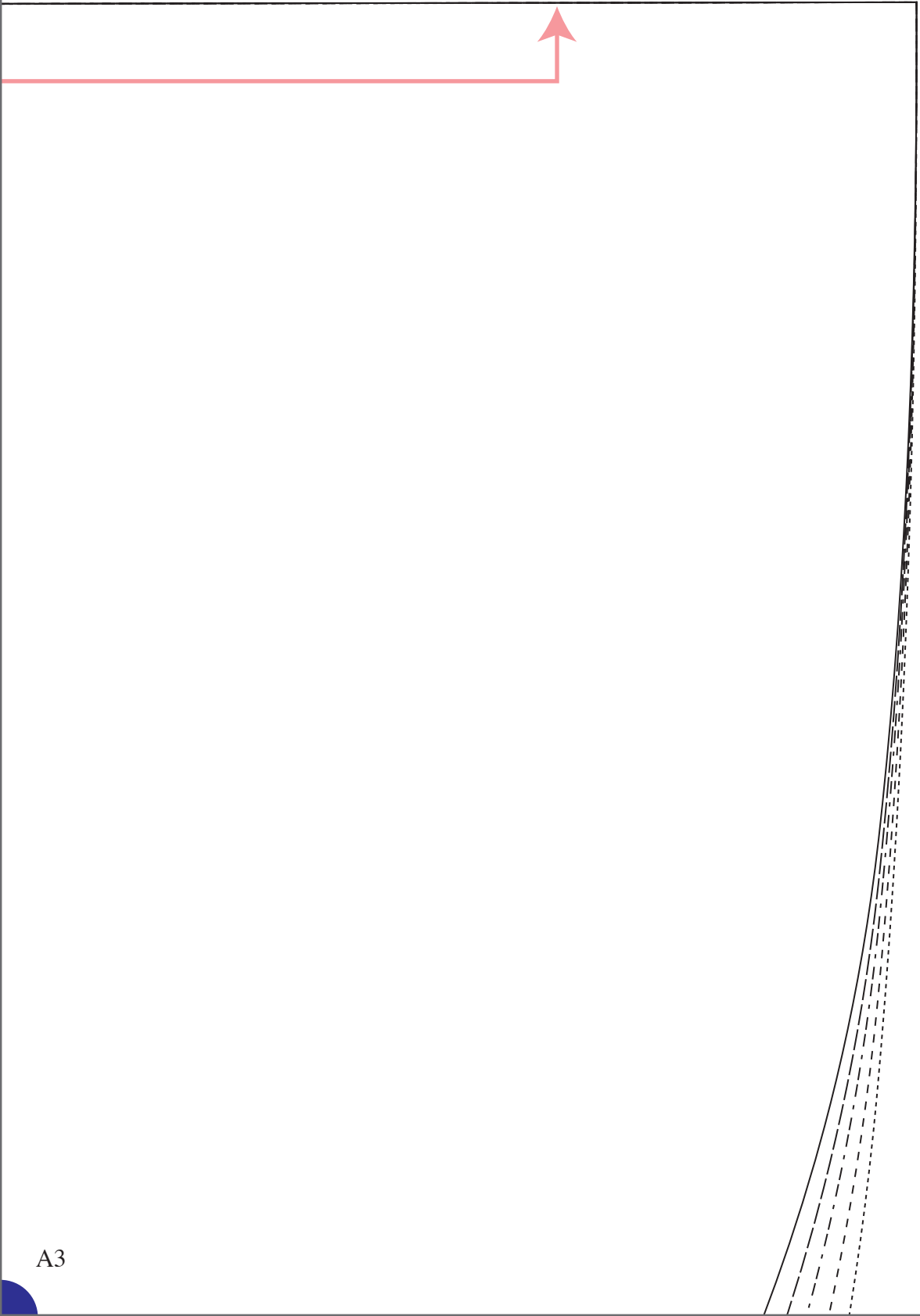
Fabric: Cut 1 on Fold

3/8" SEAM ALLOWANCE

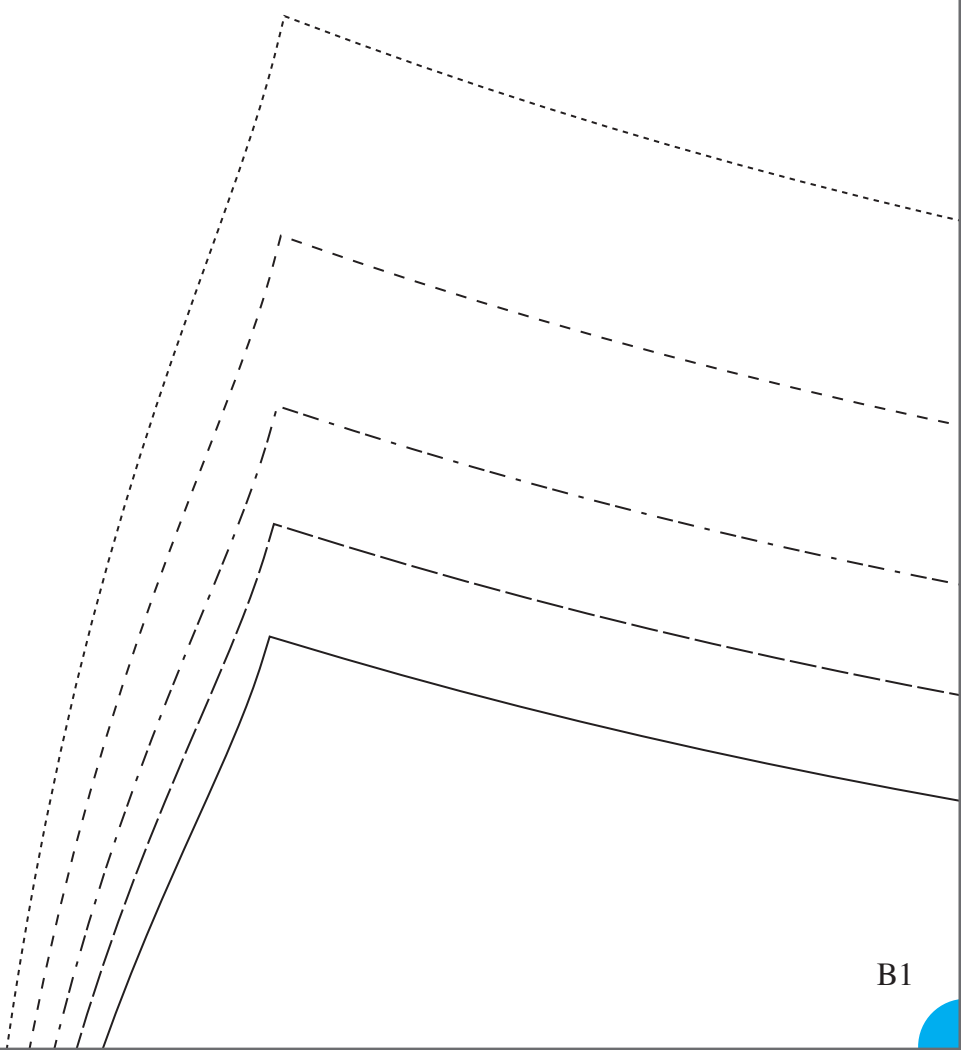
5/8" HEM ALLOWANCE

<i>XS</i>	_____
<i>S</i>	_____
<i>M</i>	_____
<i>L</i>	_____
<i>XL</i>	_____

CENTER FRONT



A3



A1

A2

B1

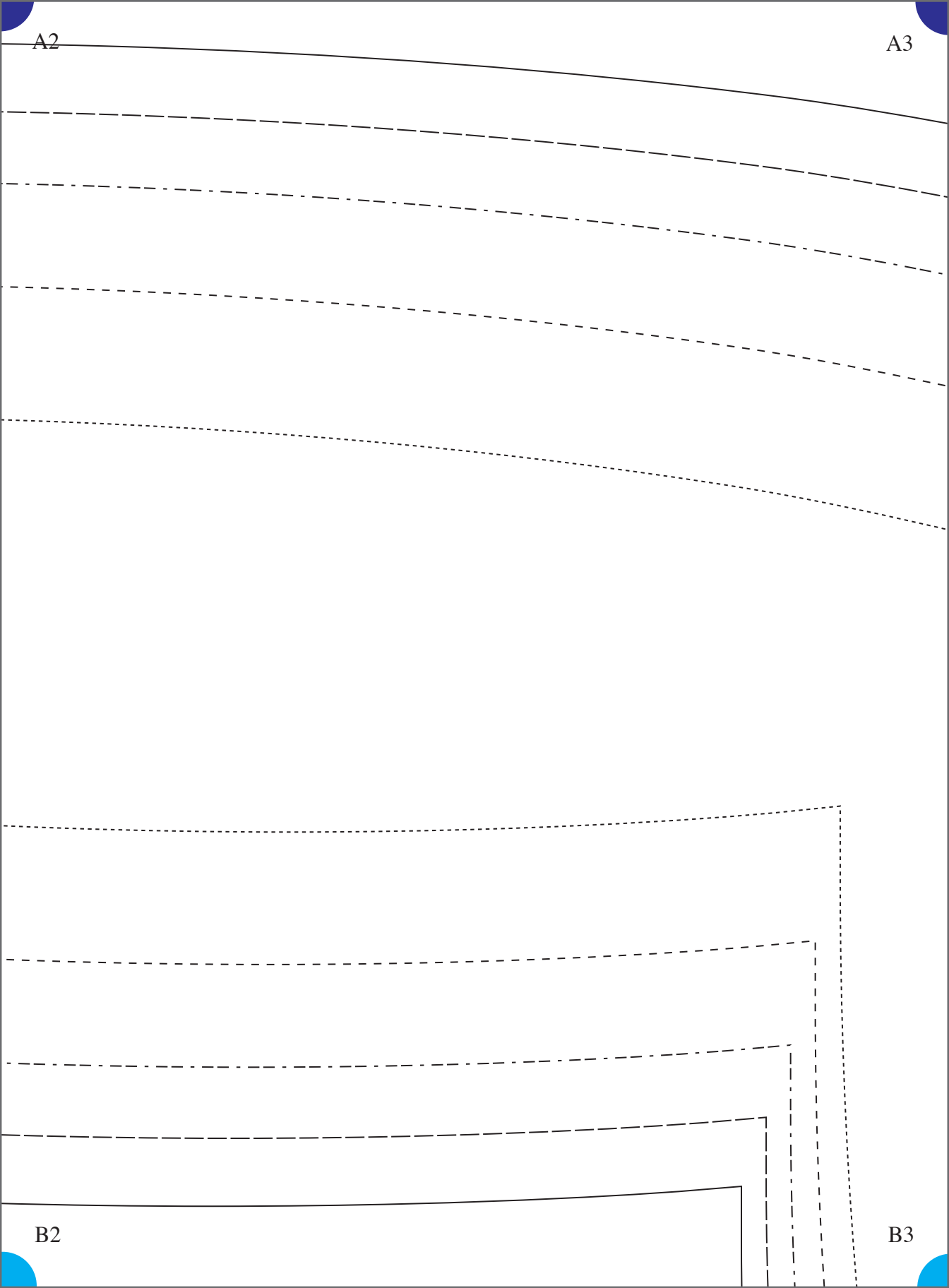
B2

A2

A3

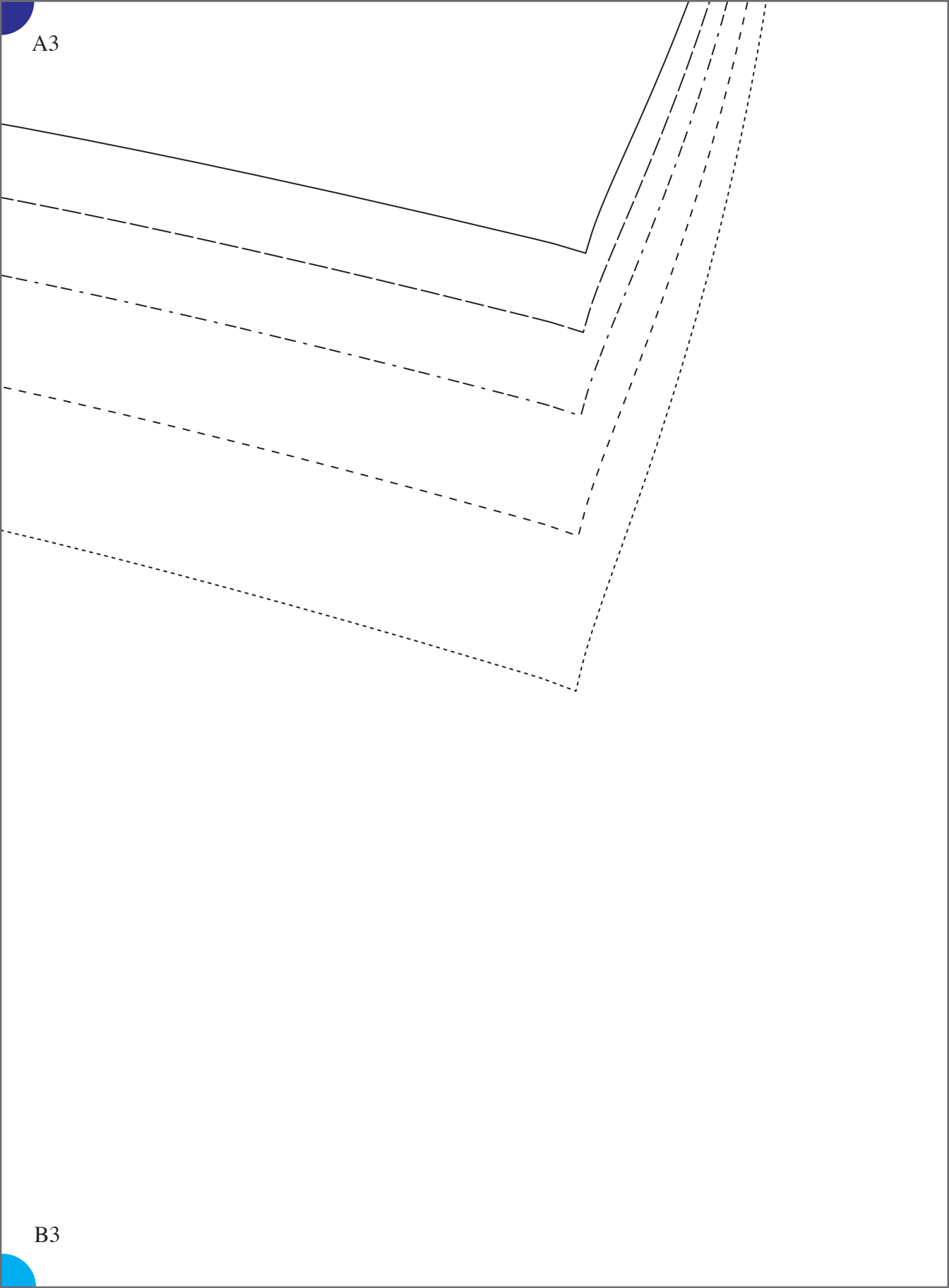
B2

B3

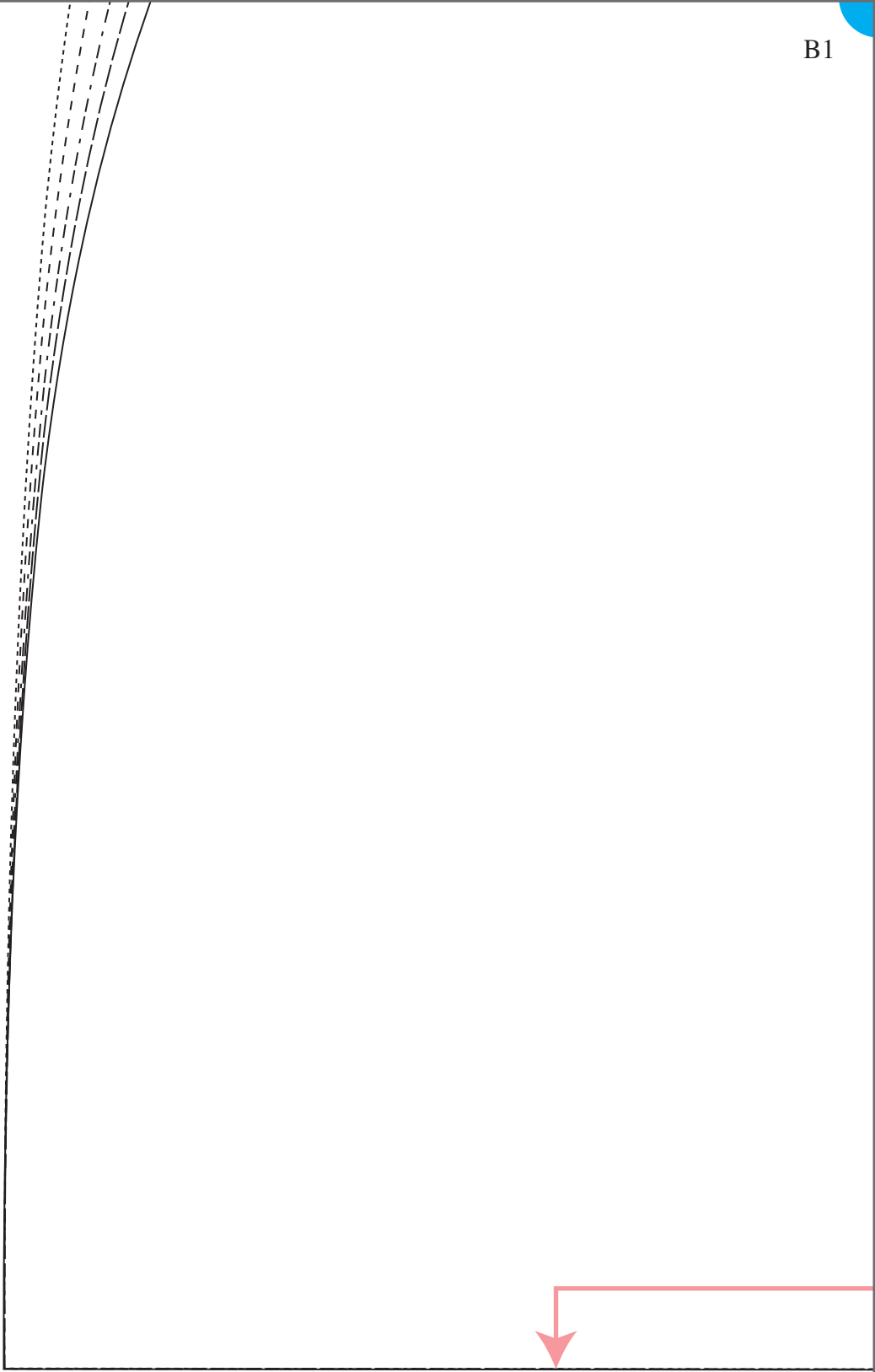




A3



B3



DIANA CAMII

*Back (2)*

Sizes XS-XL

Fabric: Cut 1 on Fold

3/8" SEAM ALLOWANCE

5/8" HEM ALLOWANCE

*XS* \_\_\_\_\_

*S* \_\_\_\_\_

*M* \_\_\_\_\_

*L* \_\_\_\_\_

*XL* \_\_\_\_\_

CENTER BACK

B2

B3



