

FINE MOTOR SKILLS



the elise tee

A little bit pretty and a little bit tough.

The Elise jersey tee has a loose fit and a wide, deep neckline for plenty of décolletage flaunting. The armholes and neckline are finished with delicate self bands and the slightly scooped hem is left unfinished. Search your local shops for the lightest jersey you can find and I guarantee this tee will be in high wardrobe rotation.

Sizes: S, M, L

WHAT YOU WILL NEED

TOOLS

- fabric shears
- pins
- marking pen or chalk
- pattern weights (or books, plates, bricks etc)

RECOMMENDED FABRIC

Try to use the lightest weight jersey you can find. Recommended contents are modal, viscose, tencel & supima cotton. A spandex or Lycra blend will work well.

This tee would also work with a lightweight woven in either the front or back. Keep one side knit as well as the neck and armhole bands to ensure fit. Suitable wovens would be chiffon, rayon, crepe de chine or lace. So pretty!


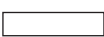
SUPPLIES

- main fabric
- thread

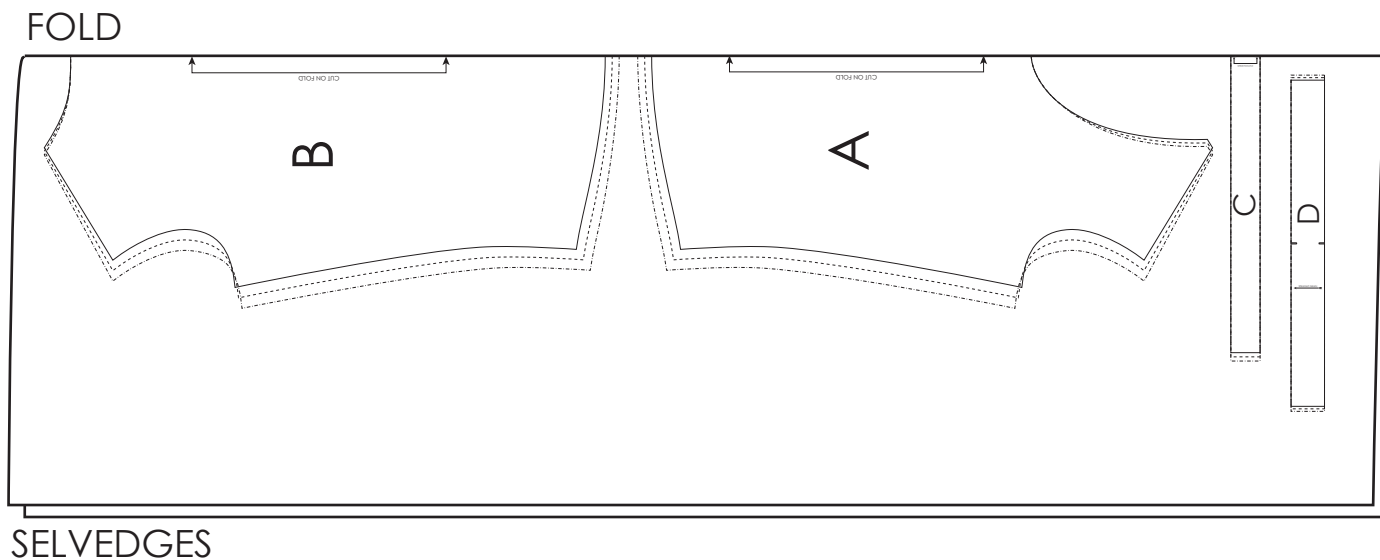
	S	M	L
BODY MEASUREMENTS (CM)			
bust	84-87	88-92	93-97
waist	63-66	67-71	72-76
hip	89-92	93-97	98-102
FABRIC REQUIRED (METRES)			
main fabric			
115 cm (45")	1.6 m	1.6 m	1.6 m
150 cm (60")	1 m	1 m	1 m
FINISHED GARMENT (CM)			
bust	104	109	114
hem width	88	93	98
front length*	66	67	67.5

* front length is measured from high point shoulder to the hem. High point shoulder is the point where your neck meets your shoulder.

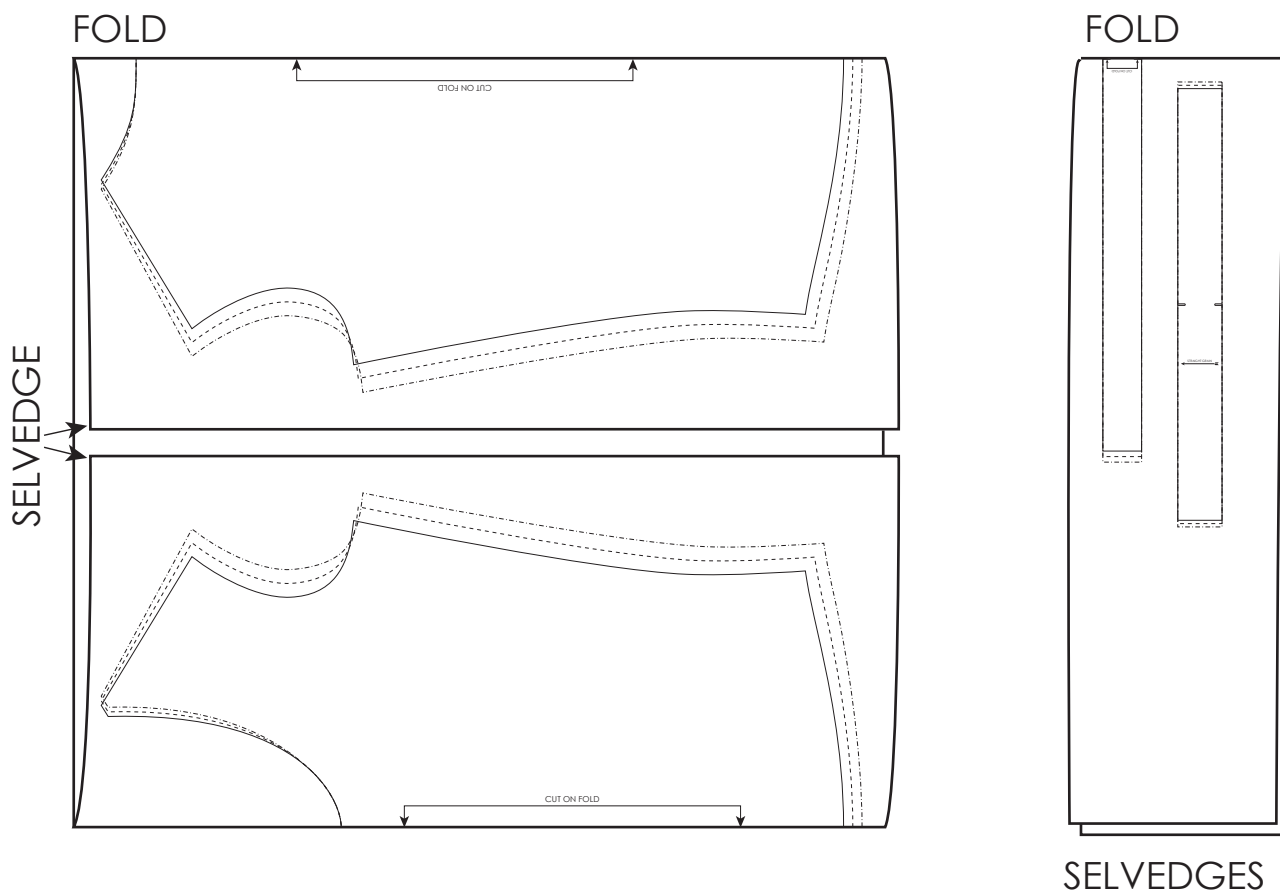
NOTES

- pre-wash fabrics to prevent shrinkage and remove sizing
- all pattern pieces include 1 cm (3/8") seam allowances
- using a 4-thread overlock stitch for all seams is best but a straight stitch with zigzag finished seams will also work
- pattern can be printed on letter or A4 paper
- in instruction diagrams grey  indicates the right side of the fabric and white  indicates the wrong side of the fabric.

CUTTING LAYOUT for 115 cm/45"



CUTTING LAYOUT for 150 cm/60" ALL SIZES





GETTING STARTED

FIND YOUR SIZE

- Use the measurement chart to determine your size

ASSEMBLE YOUR PATTERN

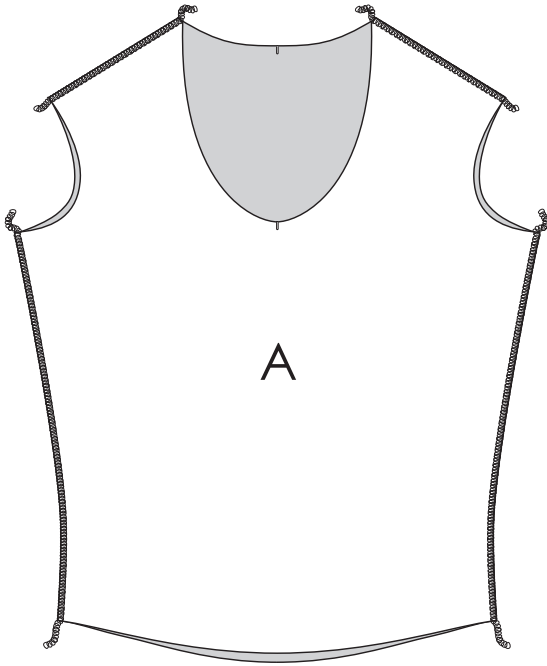
- Print out the pages that form your pattern. Use the 10 cm X 10 cm square to ensure your pattern has printed out to the correct dimensions.
- Cut out each rectangle containing the pattern and match up the number/letters as shown in the paper layout diagram.
- Cut out your pattern pieces.

CUT OUT YOUR FABRIC

- Lay out your pattern pieces according to the corresponding cutting layout.
- Use weights to hold your pattern pieces in place, pins may pull fabric and alter fit.
- Layout pieces making sure grainlines are parallel to the selvedge.
- Trace your pattern with a marker pen or chalk. Mark notches with a small mark within your seam allowance. Mark center fronts and backs.
- Cut out your pattern pieces cutting off your tracing lines.

INSTRUCTIONS

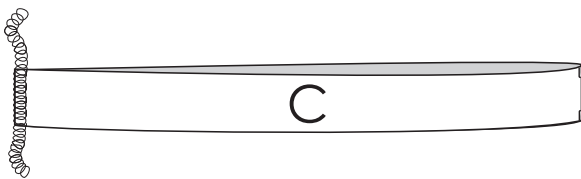
STITCH FRONT TO BACK



1.

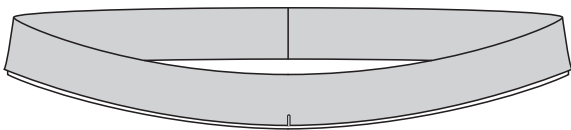
With right sides together overlock stitch front (A) and back (B) at shoulders and side seams

STITCH NECK BAND TO BODY



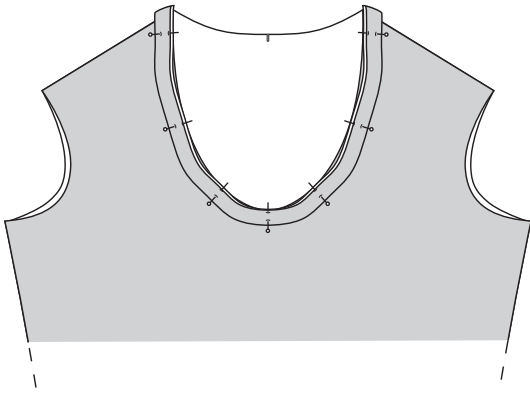
1.

With right sides together overlock stitch short sides of neck band (C) to create center back seam.

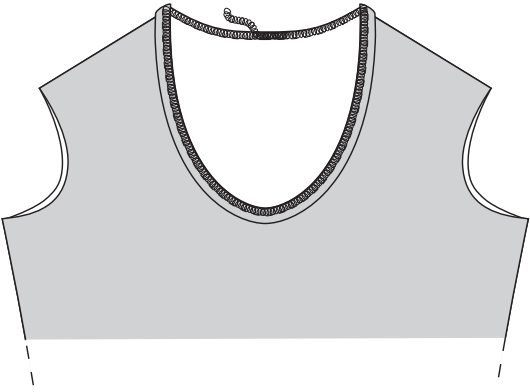


2.

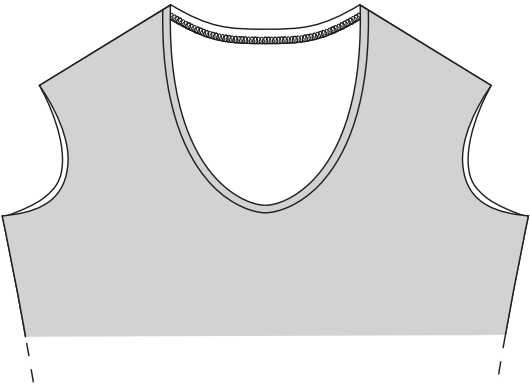
With wrong sides together fold neck band in half along its width and press.



3. Pin neck band to body matching notches at center front and matching neck band seam with center back notch. Distribute ease evenly as you pin.

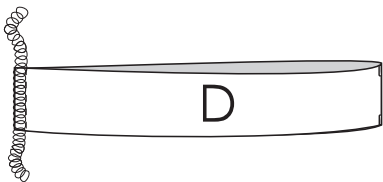


4. Overlock stitch neck band to body.

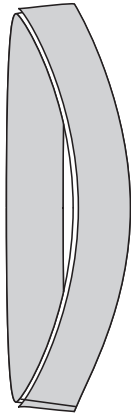


5. Turn seam allowance to inside and press.

STITCH ARMHOLE BAND TO BODY

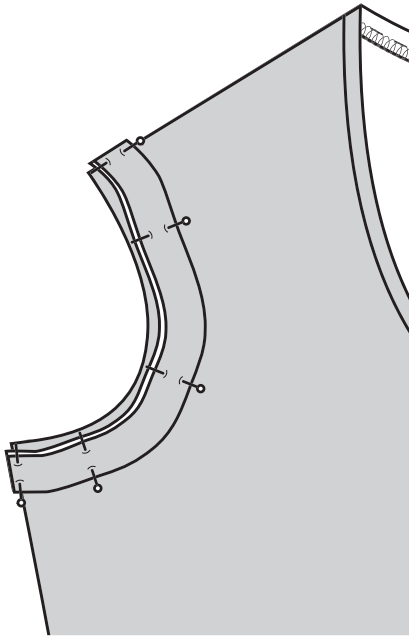


1. With right sides together overlock stitch short sides of armhole band (D) to create under arm seam.

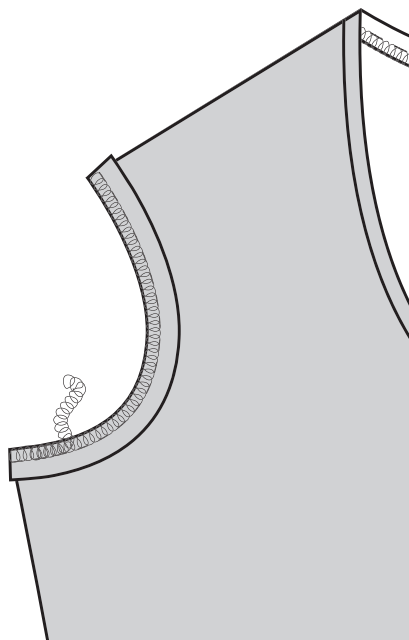


2. With wrong sides together fold armhole band in half along its width and press.

**The armhole band is slightly wider than the neck band.



3. Pin armhole band to body matching under arm seams and shoulder seam with notch. Distribute ease evenly as you pin.



4. Overlock stitch armhole band to body.



5.

Turn seam allowance to inside and press.

Repeat with the other armhole.

FINISH THE HEM (OR DON'T)

1.

The jersey hem can be left as an unfinished cut hem. Or if you prefer, overlock finish the raw edge, turn to the inside 1.5 cm (3/4"), press and topstitch with a double needle or zigzag.



7C



TEST SQUARE

10 X 10 CM

TEST SQUARE

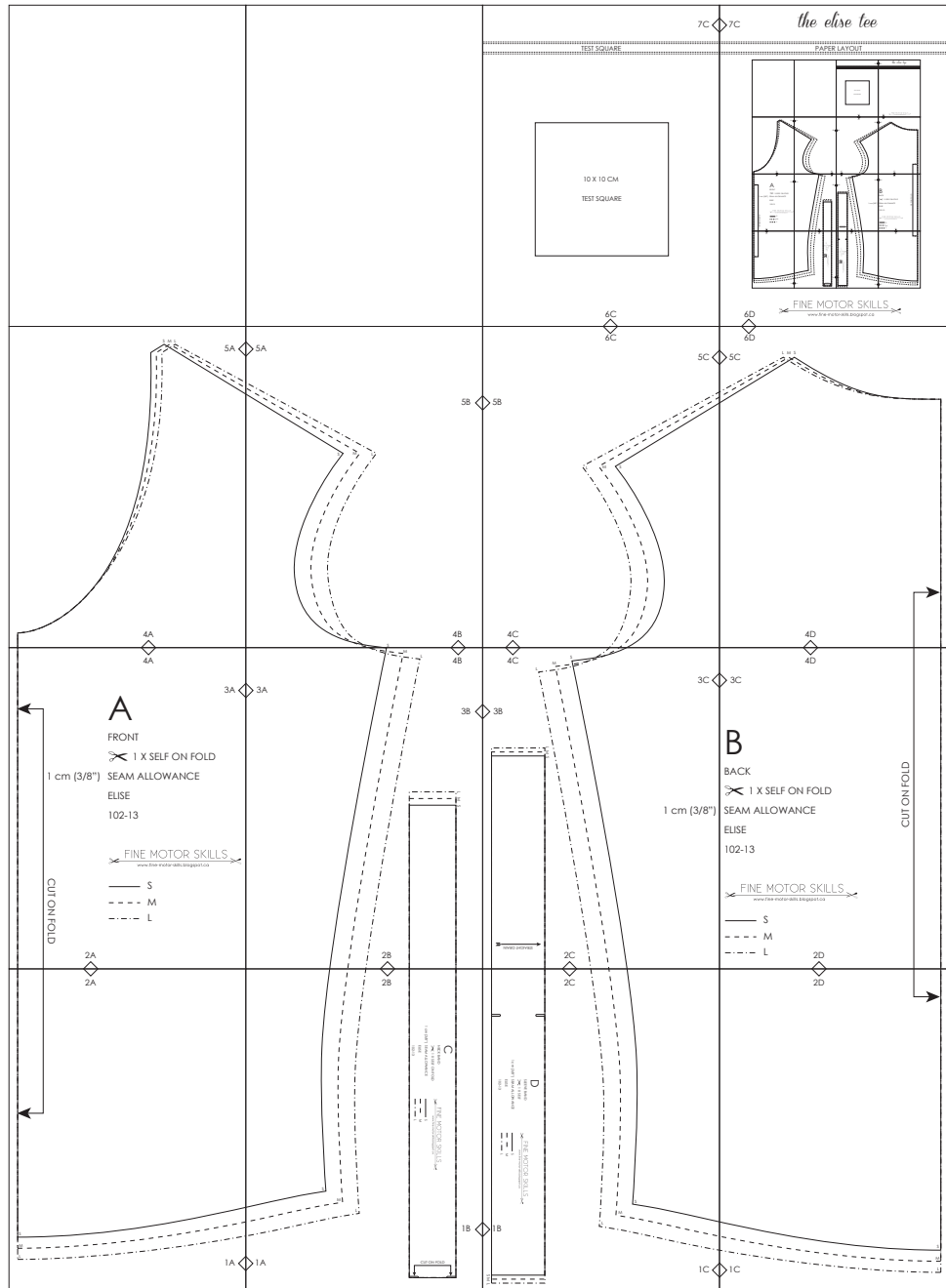
6C



7C

the elise tee

PAPER LAYOUT

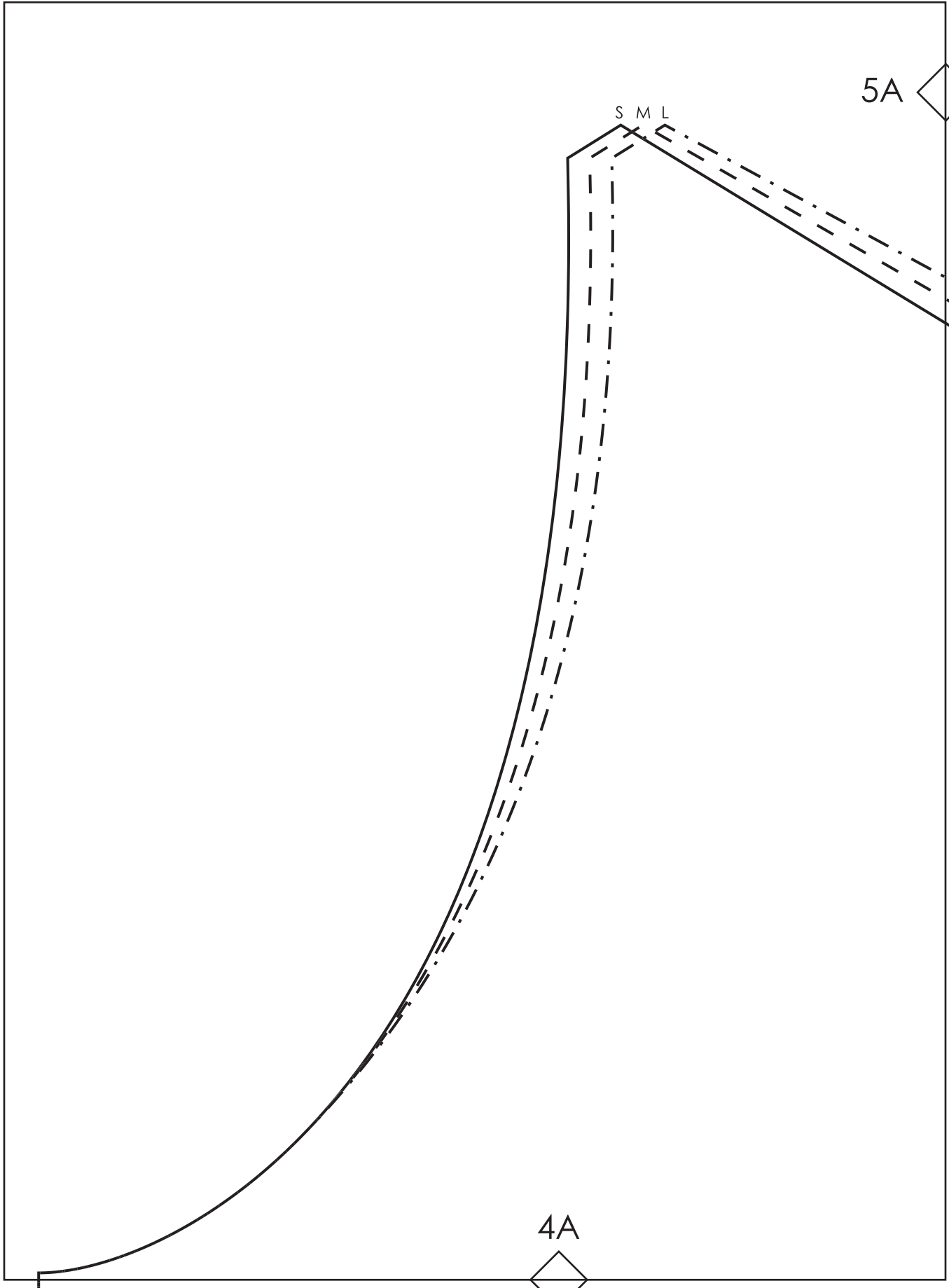


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6D

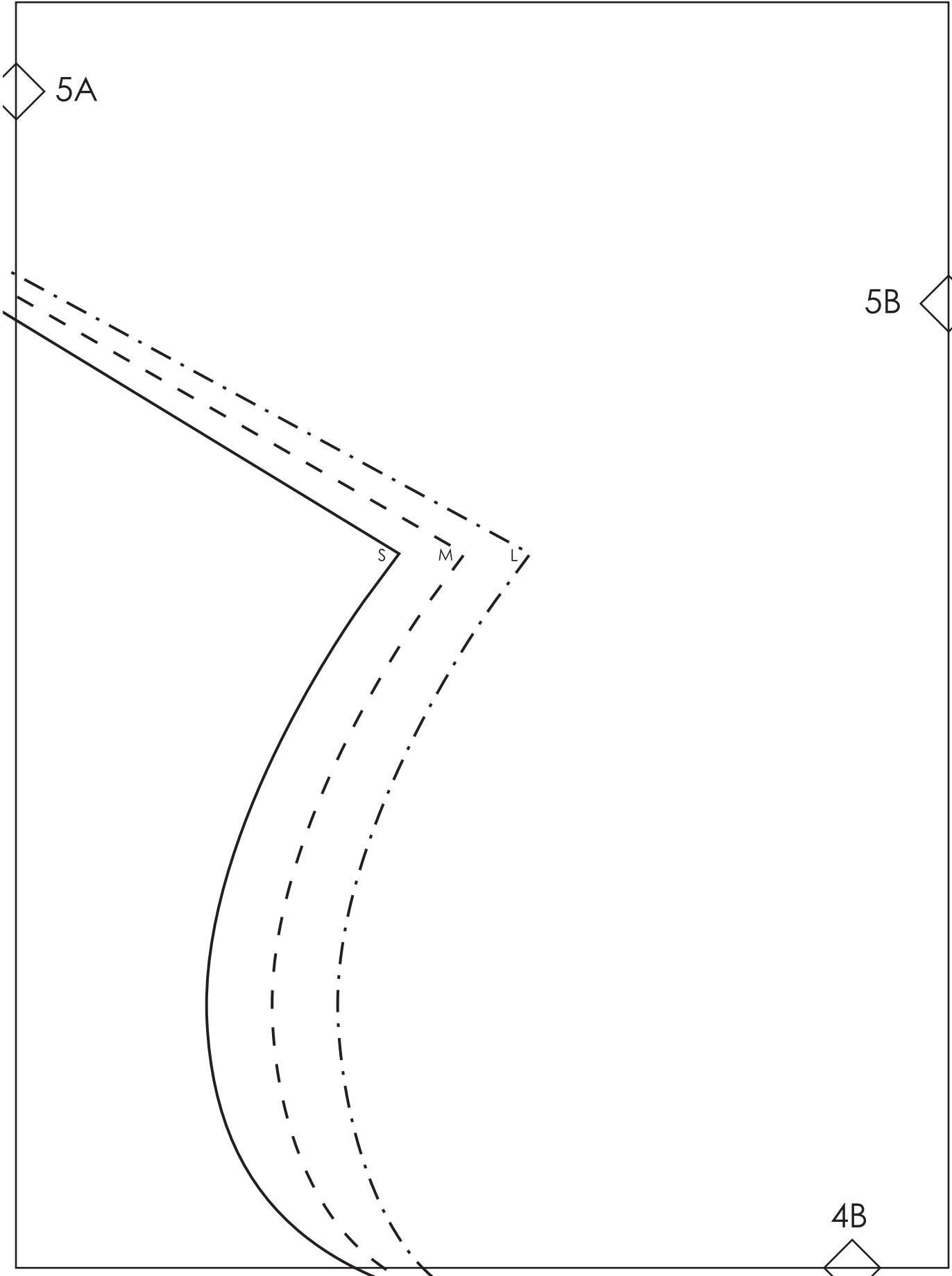


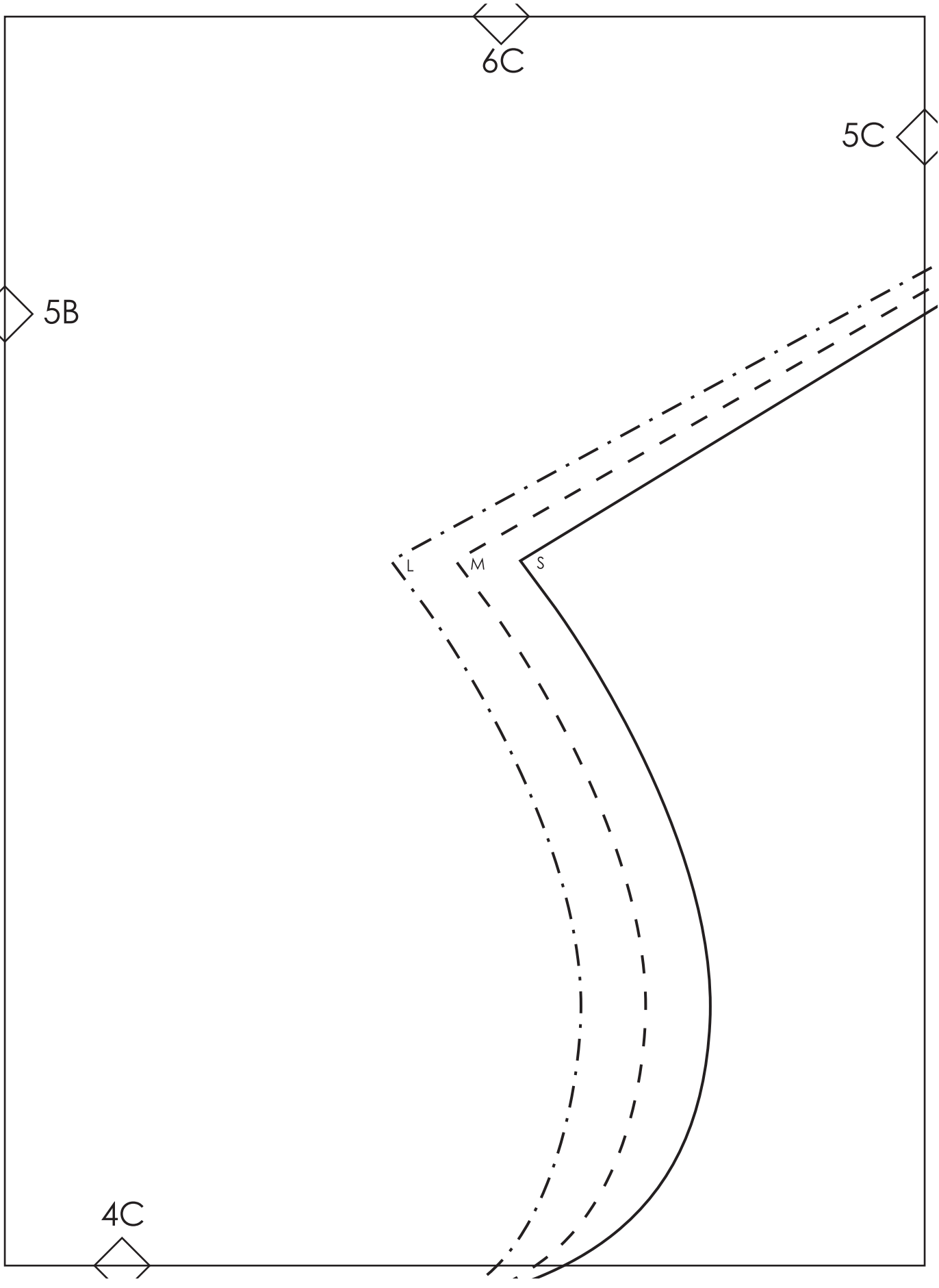


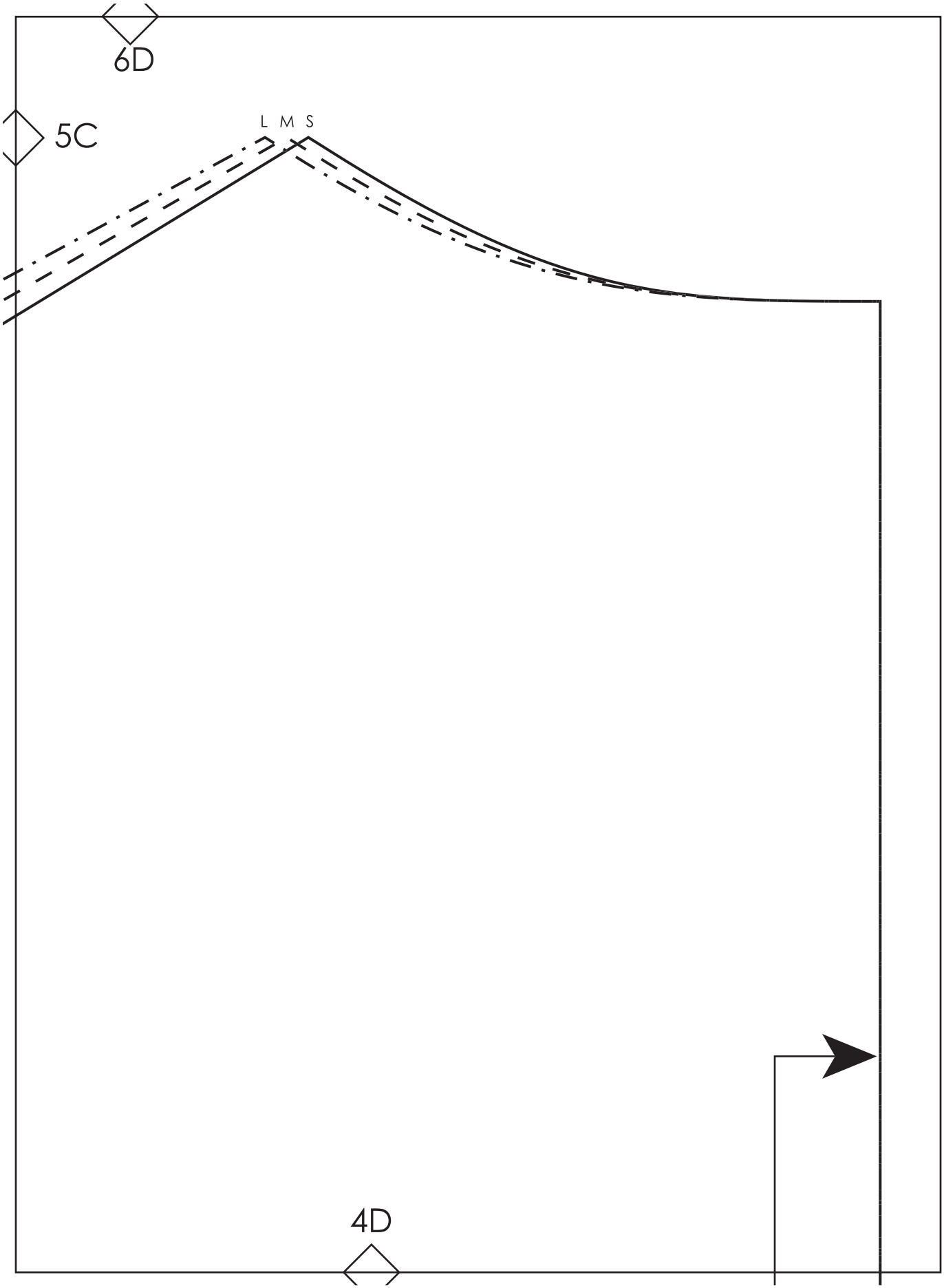
5A

S M L

4A









A

FRONT



1 X SELF ON FOLD

1 cm (3/8") SEAM ALLOWANCE

ELISE

102-13

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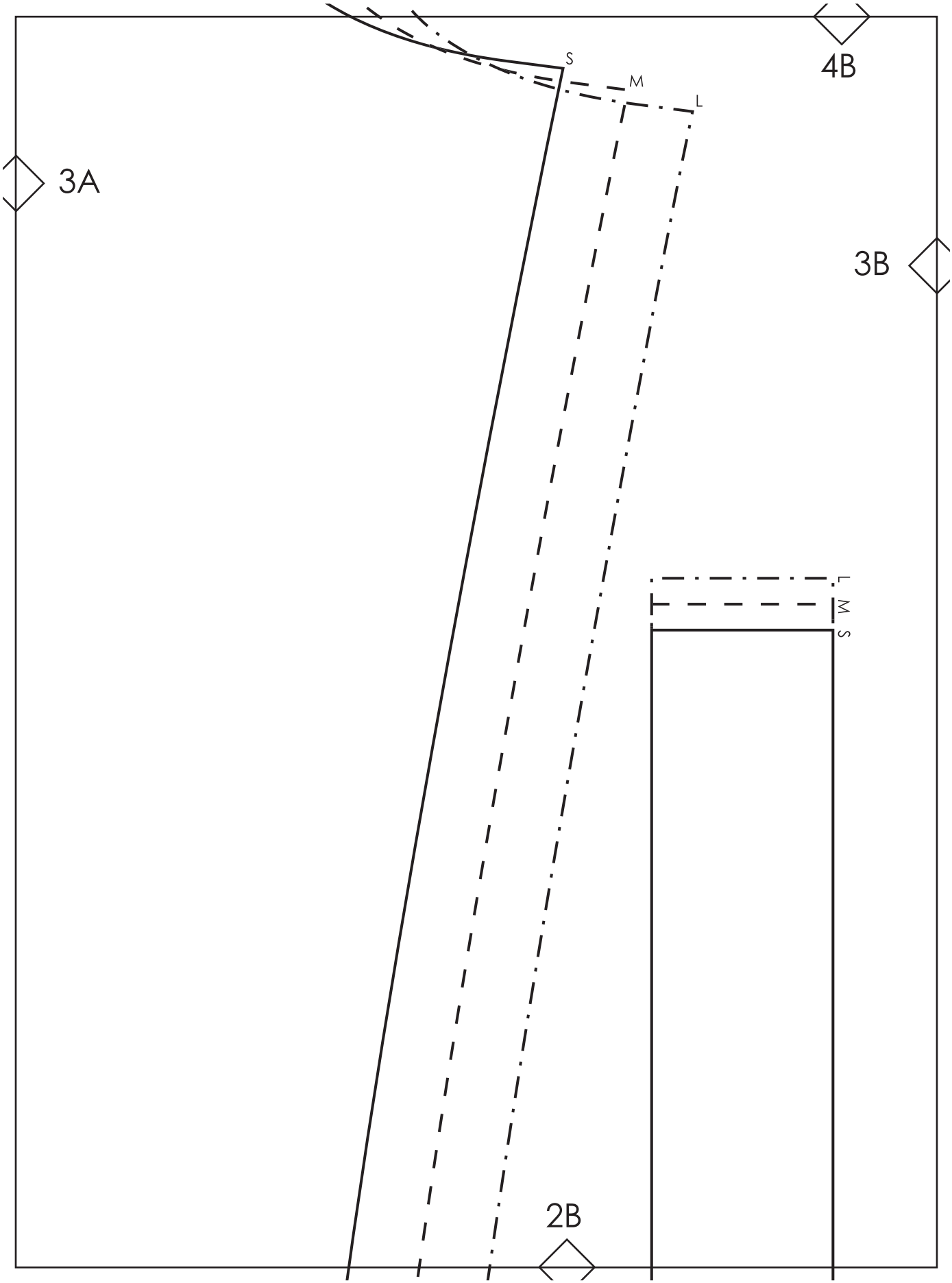
———— S

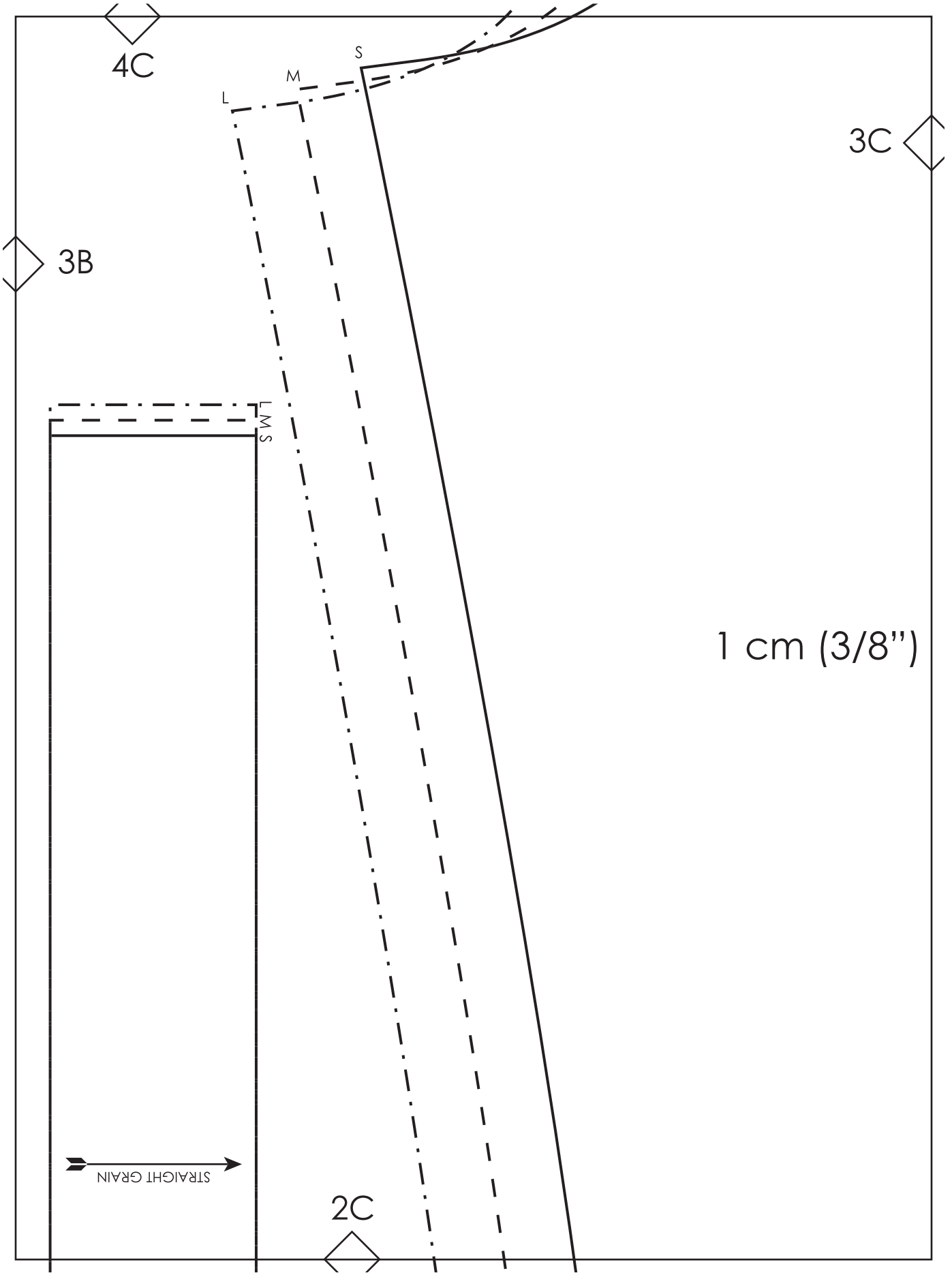
----- M

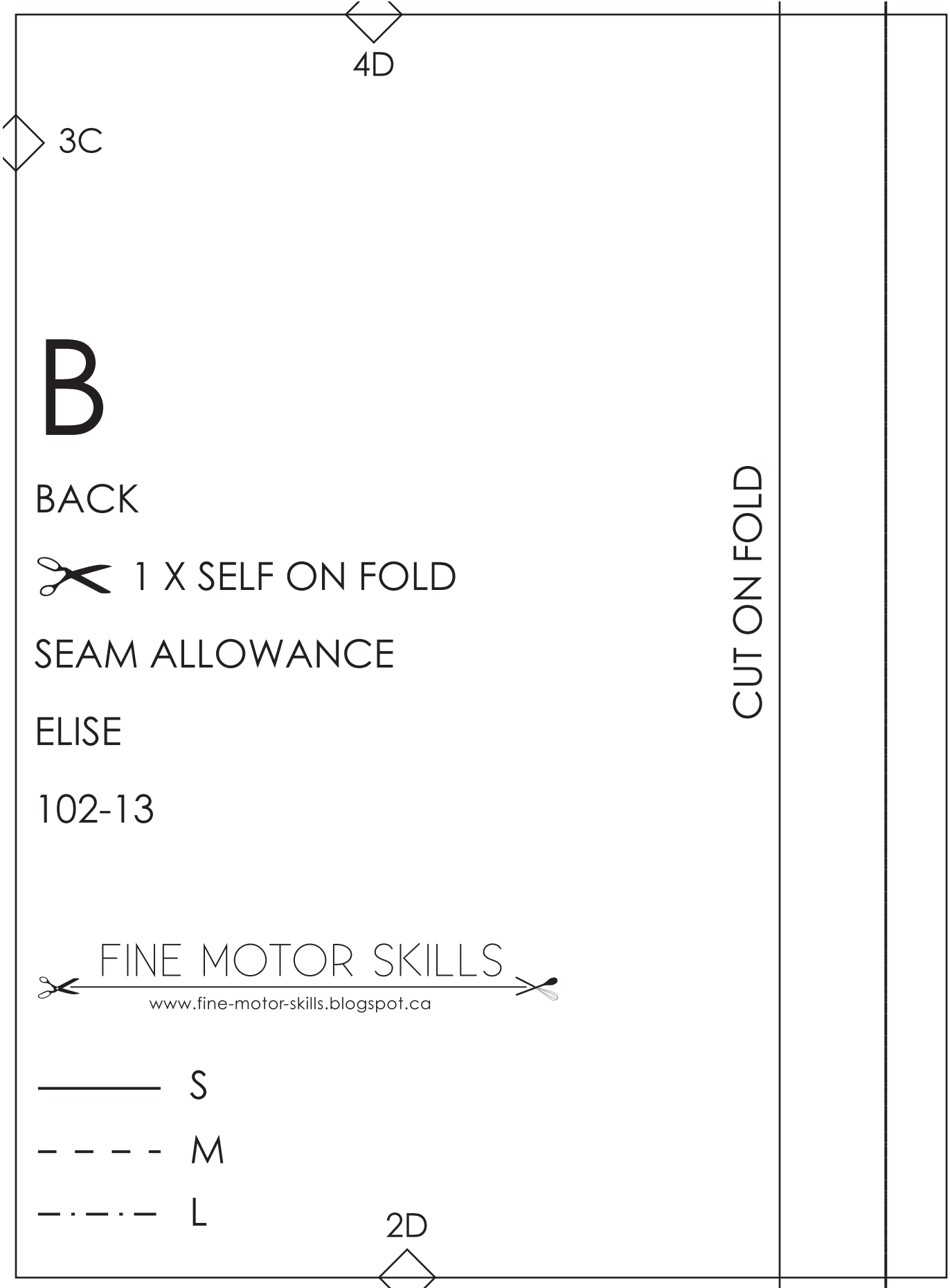
- . - . - L

CUT ON FOLD









4D

3C

B

BACK

 1 X SELF ON FOLD

SEAM ALLOWANCE

ELISE

102-13

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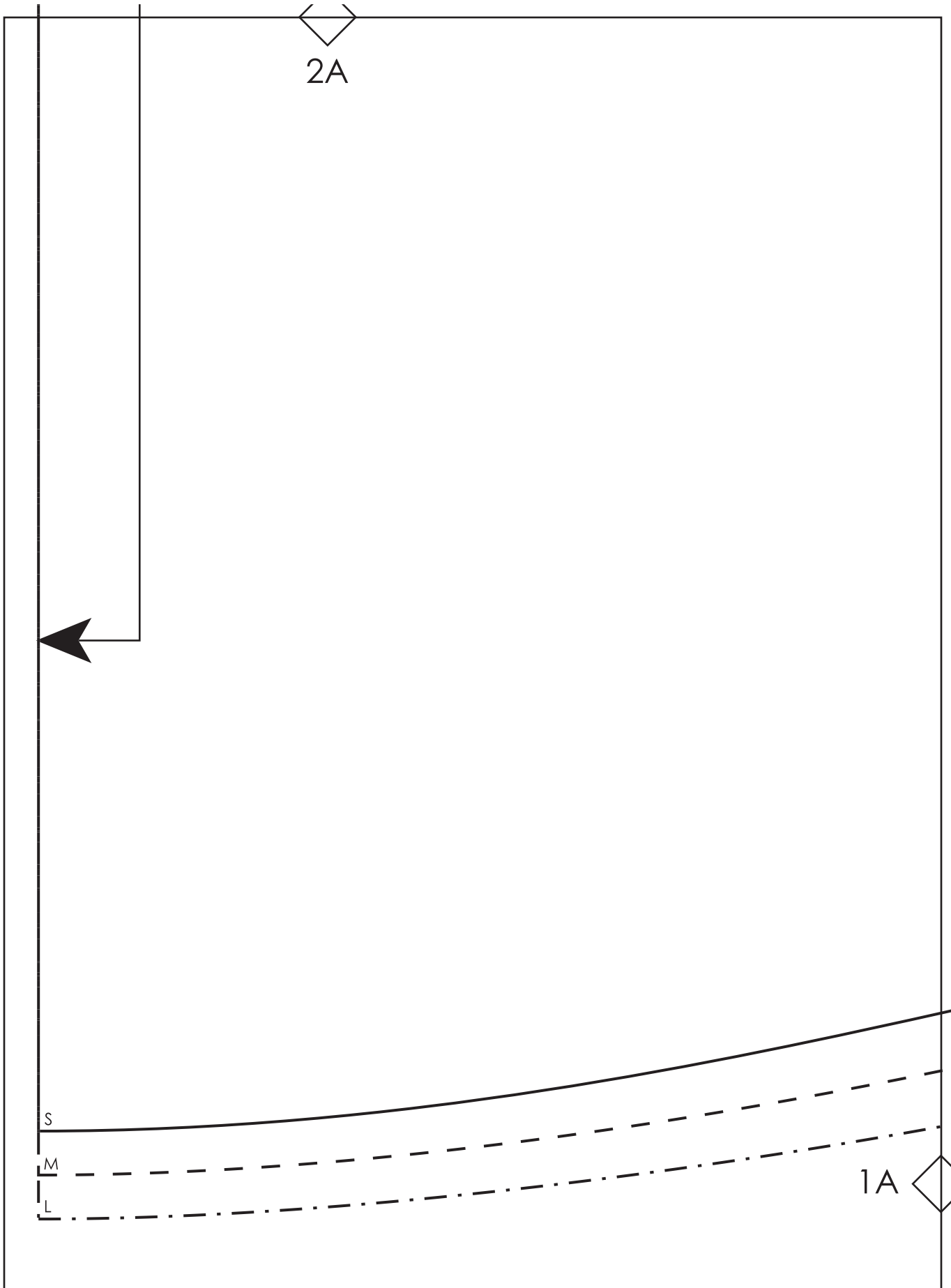
——— S

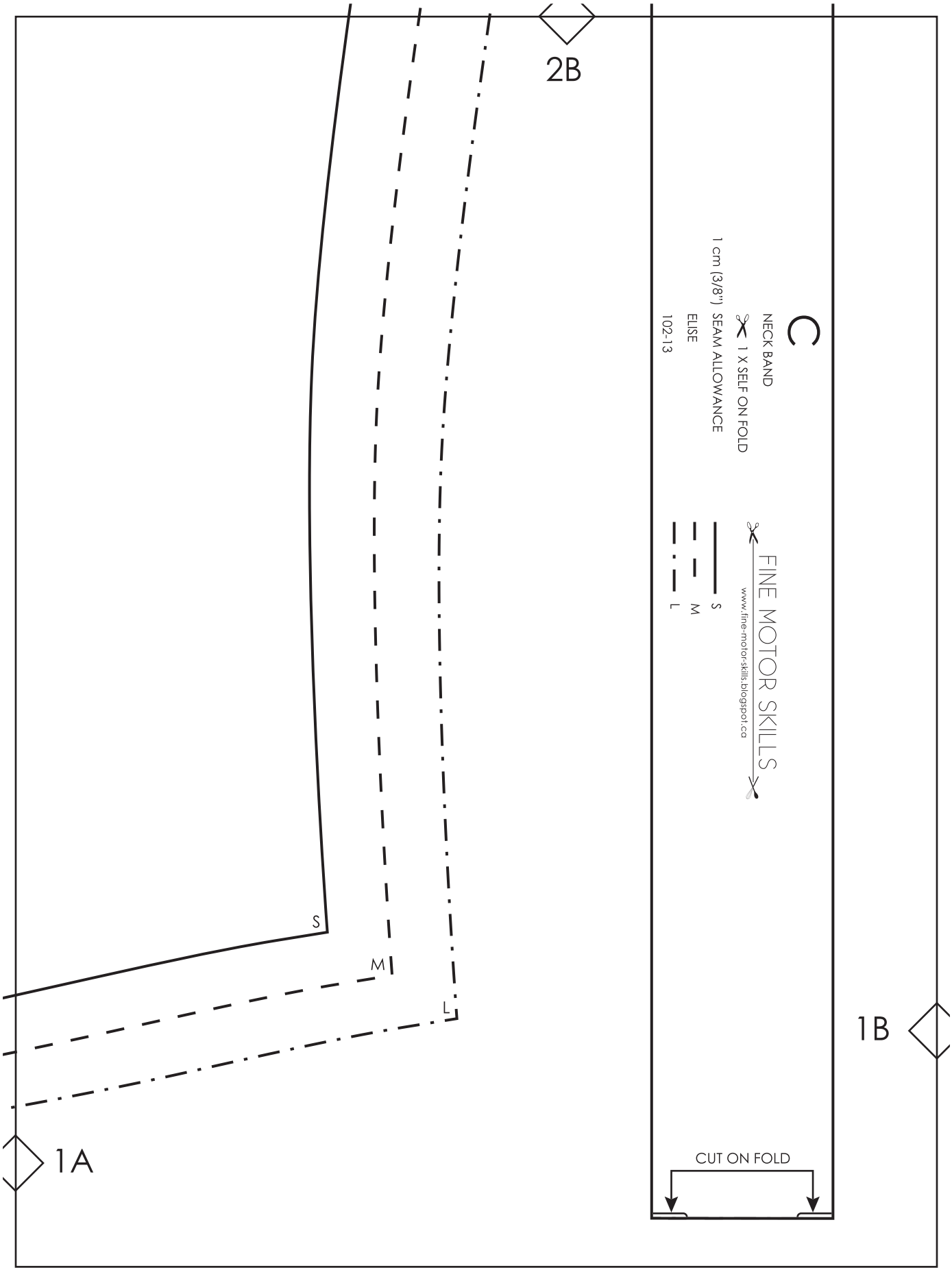
- - - - M

- · - · - L

2D

CUT ON FOLD





2B

1A

1B

C

NECK BAND

1 X SELF ON FOLD

1 cm (3/8") SEAM ALLOWANCE

ELISE

102-13

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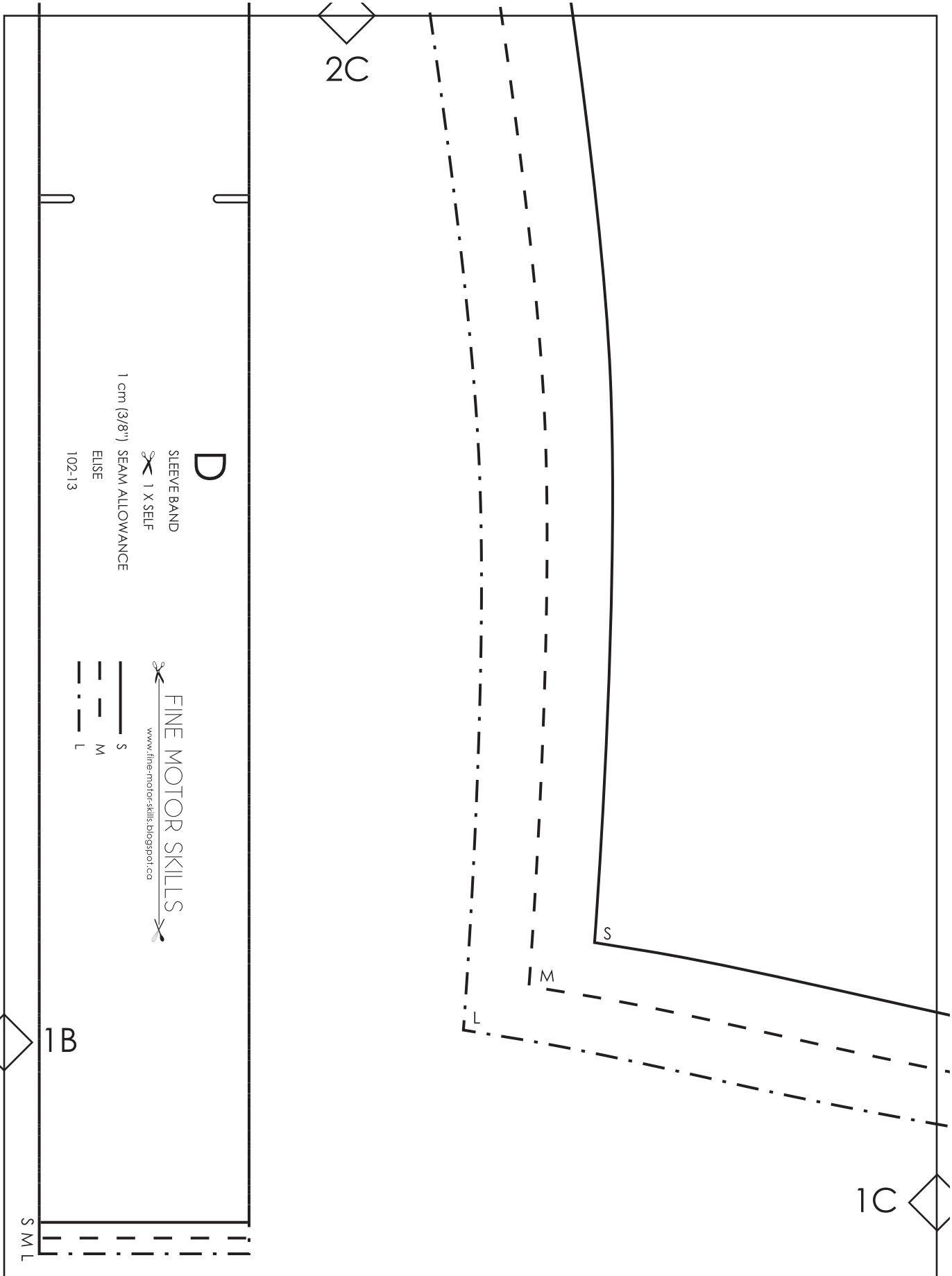
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S

M

L

CUT ON FOLD



2C

D

SLEEVE BAND
 1 X SELF
 SEAM ALLOWANCE
 1 cm (3/8")
 ELISE
 102-13

FINE MOTOR SKILLS

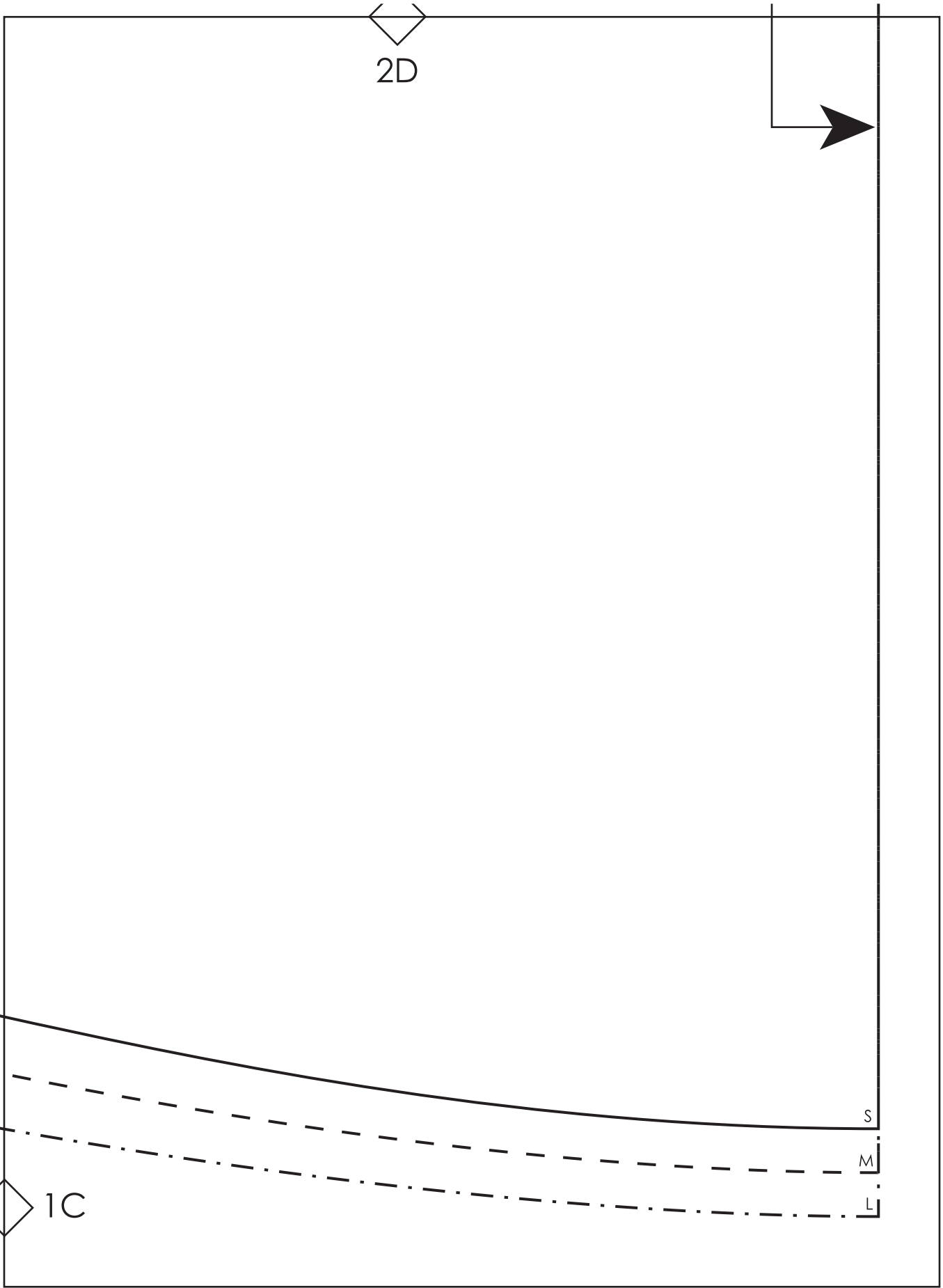
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S
 M
 L

1B

1C

S M L



2D



1C

S

M

L