

# Travel Companion Neck Pillow

As featured in Simple Quilts & Sewing - Winter 2012

**Project size:** Adult Pillow: 12" x 16"  
Child Pillow: 13" x 16"



## Materials:

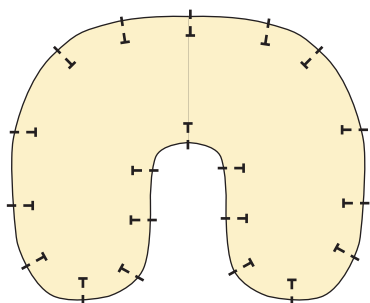
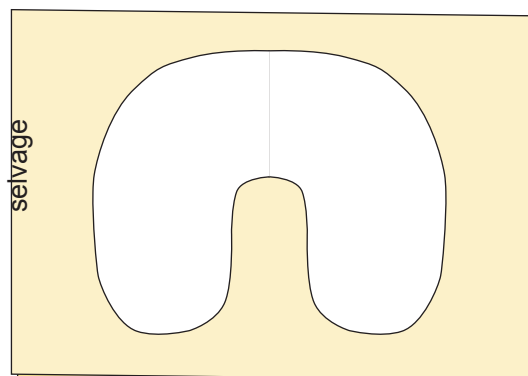
1/2 yard Cuddle fabric (for each pillow, adult or child)  
polyfill

## Sewing Directions:

*Note: Use a 1/4" seam allowance unless otherwise stated.*

### Making the Pillow

1. Fold the fabric in half, selvage to selvage, right sides together. Lay the template (adult or child) on fabric and cut out the pillow shape.



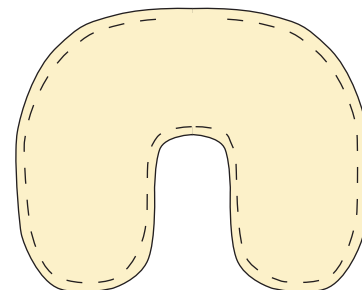
2. Pin layers together enough to keep them from slipping as you work.

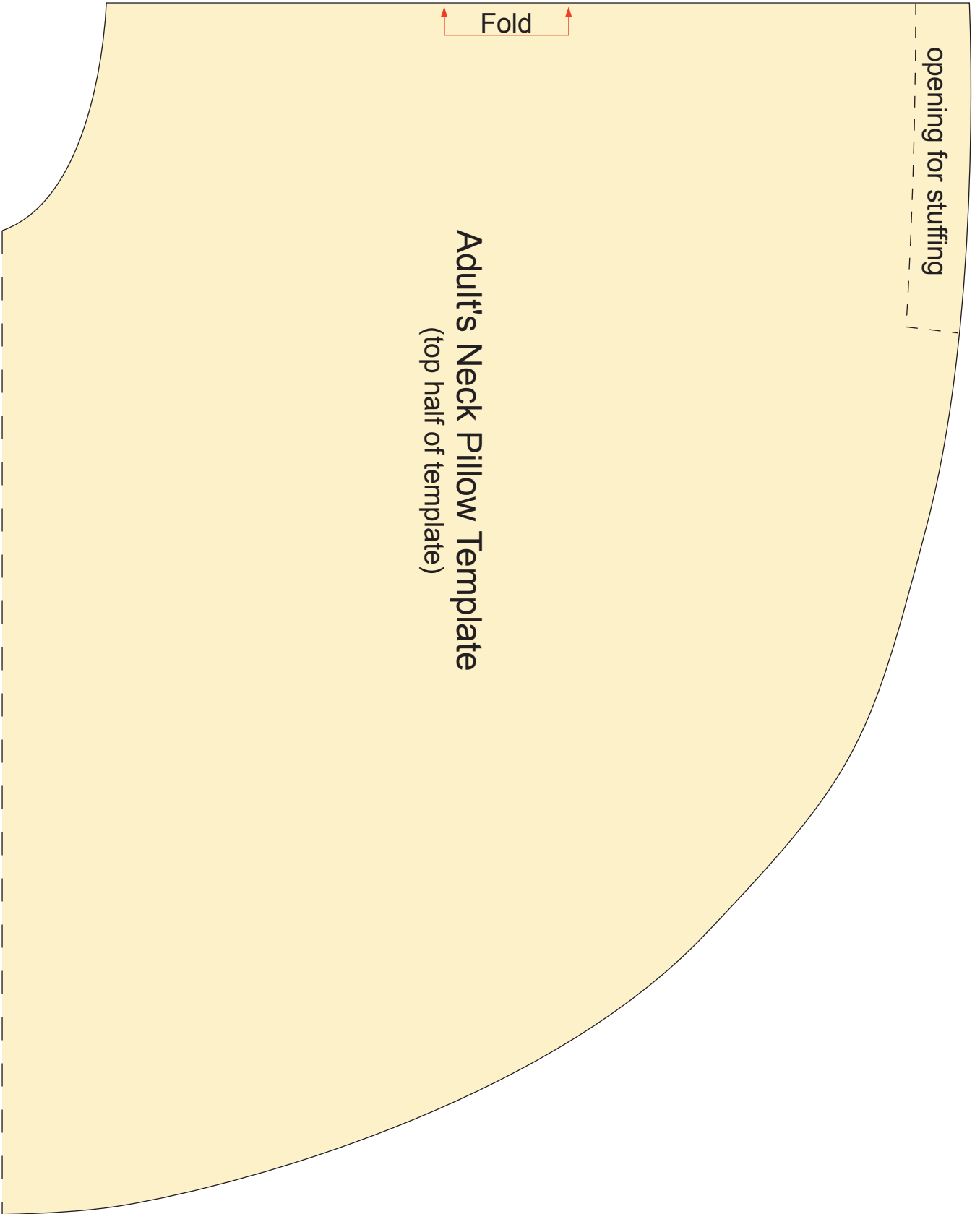
3. Sew around pillow with a 3/8" seam allowance, leaving approximately 5" open at back of neck for turning as indicated on template.

4. Turn pillow right sides out.

5. Stuff with polyfill to desired firmness.

6. Hand stitch opening closed.





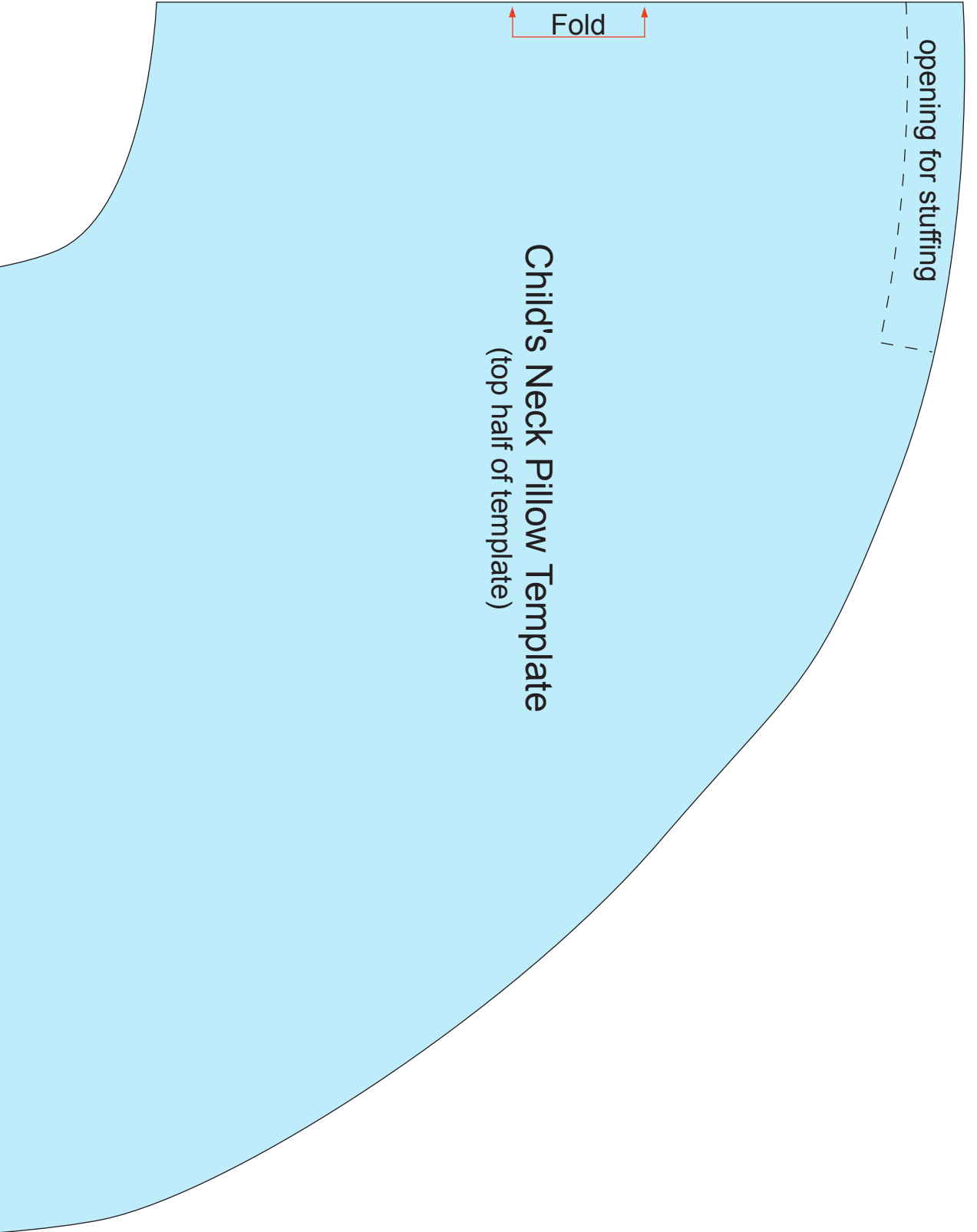
opening for stuffing

Fold

Adult's Neck Pillow Template  
(top half of template)

Adult's Neck Pillow Template  
(bottom half of template)





opening for stuffing

Fold

Child's Neck Pillow Template  
(top half of template)

Child's Neck Pillow Template  
(bottom half of template)



straight of grain  
nap direction