

### Переводим детские размеры Россия — США

**Р**азмеры одежды для детей от рождения до 2-х лет, Baby как их называют по-английски, зависят лишь от роста:

Американский	Newborn	3 Months	6	9	12	18	24
размер	или new,	(месяцев)	Months	Months	Months	Months	Months
	новорож-						
	денный						
Рост ребенка,	43-49	50-58	59-66	67-72	73-76	77-81	82-89
СМ							

Одежда для детей от 2 до 8 лет, которых называют Kids, также зависит от роста и возраста. В этой категории размеры и для мальчиков, и девочек еще совпадают.

Американский	2T	3T	4T	5	6	7	8
размер							
Рост ребенка,	92-94	98-100	104-106	108-110	116-118	120-122	126-128
СМ							

Размеры для Juniors – детей от 8 до 14 лет, – уже зависят не только от роста, но и от объемов.

Рост ребенка,	Окружность	Окружность	Окружность	Американский
СМ	груди, см,	талии, см,	бедер, см,	размер
	девочки/мальчики	дев./мал.	дев./мал.	
135	69/70	61/62	74	9
141	72/73	62/64	78	10
147	75/76	63/66	81	11
153	79/80	64/68	84	12
158	83/84	65/70	88	13
164	87/88	67/72	92	14





### LEGGIN'S

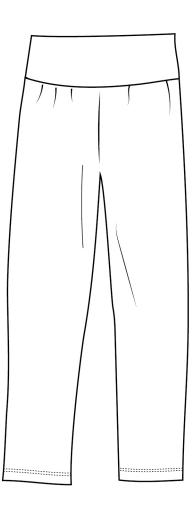
Close fitting leggings are a must have in every girls wardrobe. They go with everything and are so comfortable. Wear them with a tunic or dress and you're ready to go. These leggings can be made with a soft yoga style waistband or with traditional elastic. Available in sizes 2T through 14 years.



### How to use this pattern:

Love Notions patterns are designed for computer & tablet viewing. Clicking or touching links will take you right to that

page. A table of contents with hyper-links can be found along the left hand edge of each page can be used at any time for quick reference. Be sure to read page 3 before printing off the entire pattern. There you will find directions to use the layers feature for printing just your desired size(s) as well as a chart so you can print just your desired pieces.



Questions? Comments? Contact me at: tami@lovenotions.com For Kindle Fires, use Adobe Reader app to enable links.

### Home Sizing Cutting Guide Inspiration Pattern to Print Leggin's Troubleshoot OVE NOTIONS LEGGIN'S

### PREPARING THE PATTERN

Print your pattern pieces at 100% with no scaling. After printing, check the 1"×1" box. **This is a no-trim pattern with layers.** The pattern has a border on the bottom and right side. **Line up the second page on top of the first, butting right up but not over the line.** Tape in place and continue on with page 3 on top of page 2, and so on. You will notice there is a small piece of line that won't print. Just cut like normal and fill in the line if you wish.

Note that there are TWO vertical guide lines. The solid line is for US printers and the dotted line is for international users who are printing on A4 paper. These lines can be turned on and off independently in the layers menu. **One of them must remain on so the pattern** 

can be lined up correctly.

### This pattern also has nested layers!

Ladies' Hip-Hop Tank and Top

XL

М

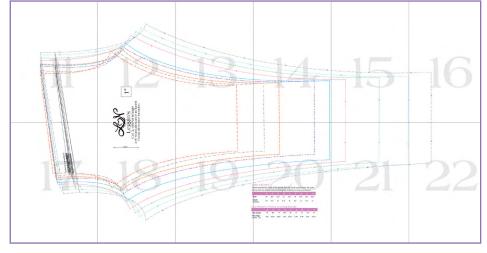
XS USA GUIDELINES

TITLES NUMBERS

A4 GUIDELINES



To print only your size, see the layers tab on the left of your Adobe PDF reader. Simply unselect the sizes you don't wish to print so that only your desired size(s) shows.



Print Pages								
2T	11-13, 17-19							
3T-6	11-14, 17-20							
8-12	11-15, 17-21							
14	11-22							

### FABRIC REQUIREMENTS

Requirements based on 60" wide knit fabric

YWY	2T	3T	4T	5T	6	8	10	12	14
Leggin's	%yd	¾ yd	¾ yd	%yd	%yd	1 yd	1 yd	1 1/8 yd	1 1/8 yd

### RECOMMENDED FABRICS:

- ▼Medium weight knits with some content of lycra or spandex or rib knit with at least 30% 4-way stretch
- ♥1" knit elastic is required for view A
- ♥View B yoga waistband must be made with a knit with some lyrca or spandex content

### GOOD TO KNOW:

- ♥All seams use a 3/8" seam allowance
- ♥Follow grainline; stretch goes across the grain
- ♥Read through the entire tutorial before beginning your project



### SIZE CHART

Choose size based on waist. If the inseam does not match up with waist, also print the size with the desired inseam and lengthen or shorten to that measurement.

	2T	3T	4T	5T	6	8	10	12	14
Waist	20"	20.5"	21.25"	22"	22.5"	24"	24.75"	25.5"	26.25"
Inseam Crotch to hem	12.5"	14.5"	16"	17.75"	19"	20.5"	23"	25.5"	27"



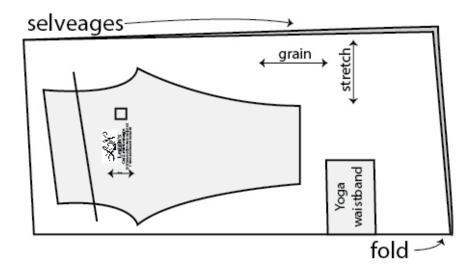
### **CUTTING**

### View A

- ♥Cut 2, mirror image
- ♥Cut length of elastic according to chart below

### View B

- ♥Cut 2, mirror image. Cut on yoga waistband line.
- ♥Cut 1 yoga waistband on fold according to chart below



Non-Pattern Piece Cutting Guide

	2T	3T	4T	5T	6	8	10	12	14
View A Elastic	18"	18.5"	19"	19.5"	20"	21"	22"	23.5"	25"
View B Yoga cut on fold Lx W	6 x 8"	6 x 8.5"	6 x 8.5"	6 x 9"	6 x 9.5"	6 x 10"	6 x 10"	6 x 11"	6 x 11.5"

## Home Sizing ||Cutting Guide ||Inspiration ||Pattern to Print || Leggin's || Troubleshoot

### LEGGIN'S

### SEWING

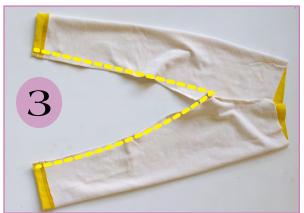
Using a 3/8 seam allowance

- 1. Serge raw edge of hems\*, press up 1". Topstitch in place with twin needle, coverstitch or stretch stitch. I don't recommend just using a straight stitch, hems are more likely to pop. \*Serging raw edge is not necessary if using a coverstitch machine.
- 2. Align leggings together with right sides facing. Using a stretch stitch or serger, stitch front and back seams.
- 3. Separate out inseam, aligning front and back crotches and hems, pin in place. Using a stretch stitch or serger, finish the inseam in one line of stitching being careful that the hems are aligned. You may find it beneficial to start the stitching on the hems with a straight stitch and then finish with a serger.

Side note: I normally prefer to hem in the round once the garment is finished. However, these leggings have a close fit which makes hemming in the round difficult.







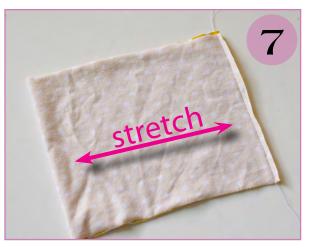


4. Secure hem seams with a straight stitch in the seam allowance.



- 5. For view A waistband-- cut elastic length as directed on the chart on page 4. Line up short ends of elastic and stitch together with a short zigzag stitch. Mark quarter points on elastic as well as waist of leggings. Pin elastic to leggings matching quarter points.
- 6. Algin wrong side of leggings raw edge with edge of elastic and serge or stitch in place, stretching elastic to fit. Turn leggings right side out and fold down elastic edge. Stitch in place with coverstitch, twin needle or three step zig-zag stitch. Stretch waistband flat as you topstitch. Using a regular straight stitch is not recommended.

- 7. For view B yoga waistband: align short edges of waistband with right sides together and stitch.
- 8. Fold over waistband with wrong sides together, aligning raw edges, so you have a loop. Mark quarter points of waistband and waist of leggings.





9. Match up quarter points of waist and waistband. Pin in place. Using a stretch stitch or serger, stitch in place stretching waistband gently to fit. Press well.





# inspiration

Copyright & Usage:

Copyright © 2014 Love Notions Sewing Patterns.

All rights reserved. Do NOT reproduce or share without permission.

Photography, illustrations and layout property of Love Notions Sewing Patterns.

Small, home-based businesses are welcome to sell from this pattern.

Mass manufacturing is strictly prohibited.



### TROUBLESHOOTING

If you're having issues viewing and/or printing your pattern see this quick reference to troubleshoot. Please feel free to contact me with any questions.

Love Notions Sewing Patterns have been optimized to view the tutorial easily on tablets and computers. You may find it easier and more economical to print your pattern pieces and then use your tablet/computer to view the tutorial.

### Printing

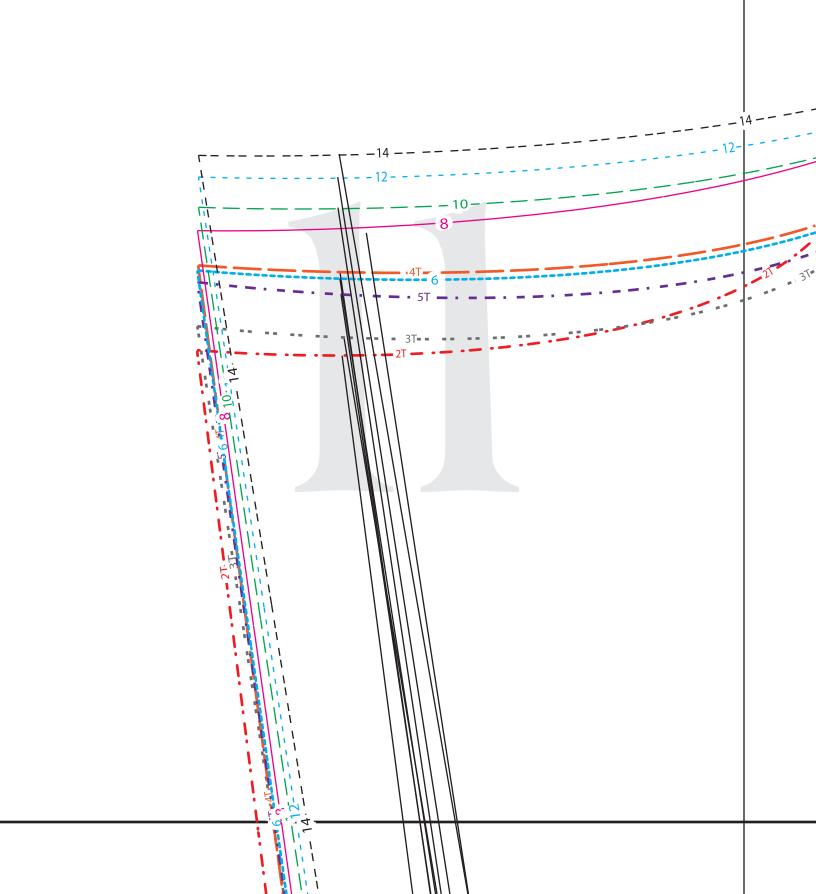
Love Notions Sewing Patterns should be downloaded to your computer and then opened directly from your Adobe Acrobat Reader. Do not print from the web or app version of Adobe. Print off the first page with the 1" box to check that it is accurate. Be sure you're printing at 100% with no scaling. If you see in the print preview that the pattern looks off centered, select the 'Auto-Rotate and Center'.

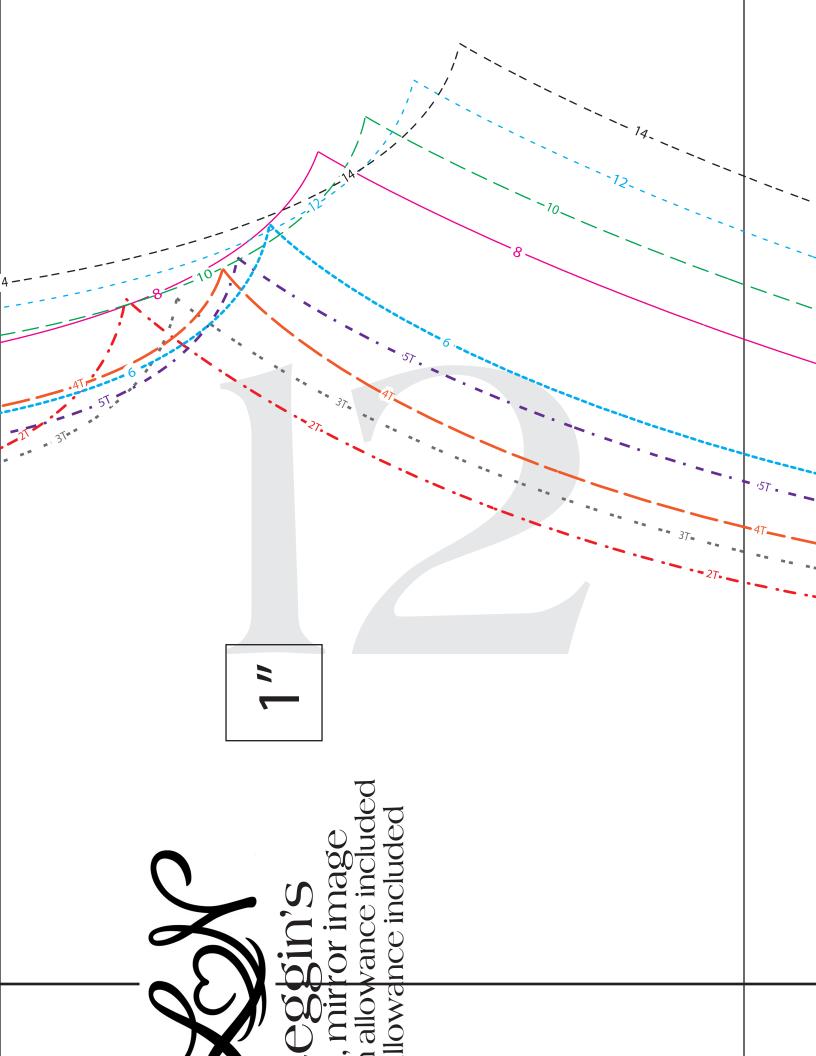
### Layers

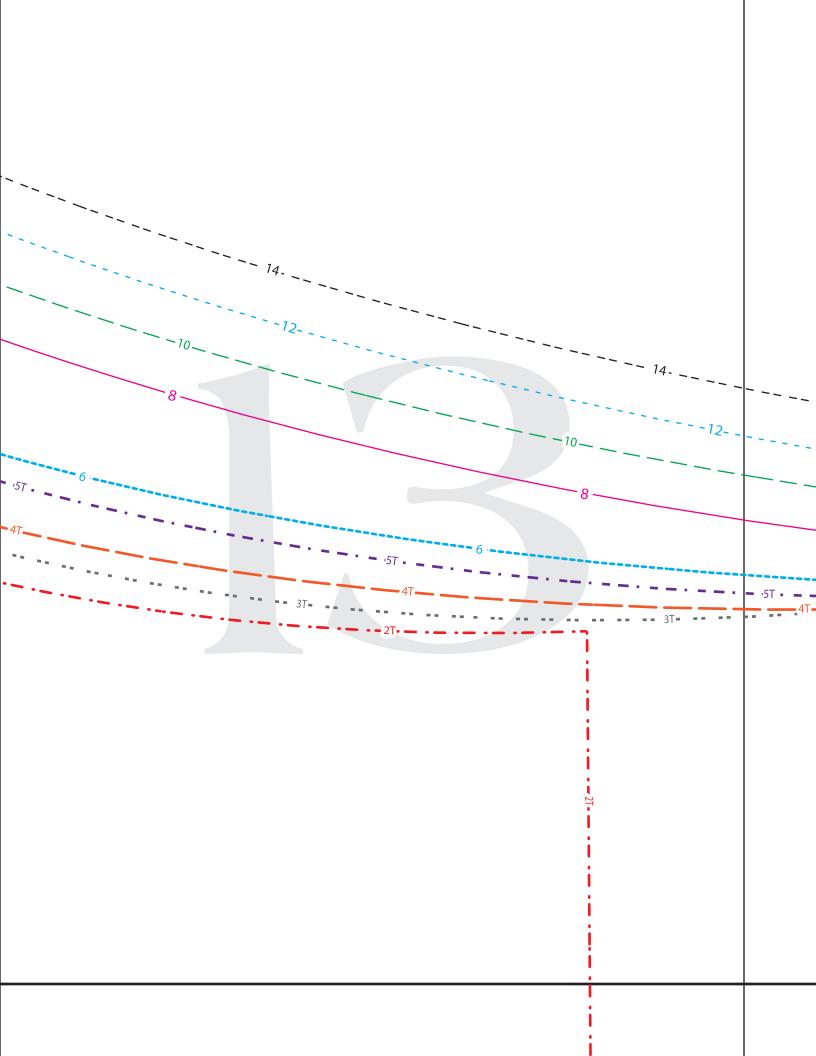
A favorite feature of Love Notions Sewing Patterns is the ability to print just your desired size(s). When the pattern is opened directly from Adobe (not the web preview) you will see an icon menu down the left side. Click on the icon that looks like two sheets of paper. A new menu will pop out that when expanded will show all the sizes included in the pattern. Select the size(s) you wish to print and you're good to go! See page 12 for a helpful graphic. If your layers menu is empty your file may have become corrupted. Email me and I will get you a new copy asap.

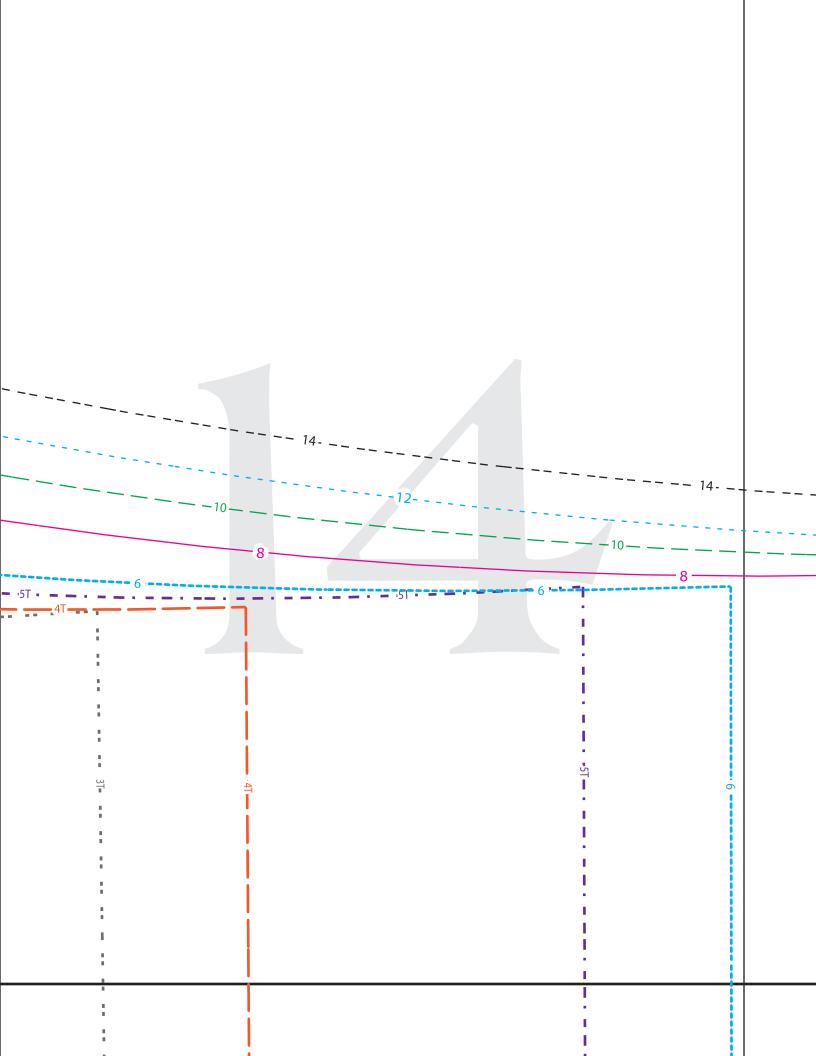
### Hyperlinks

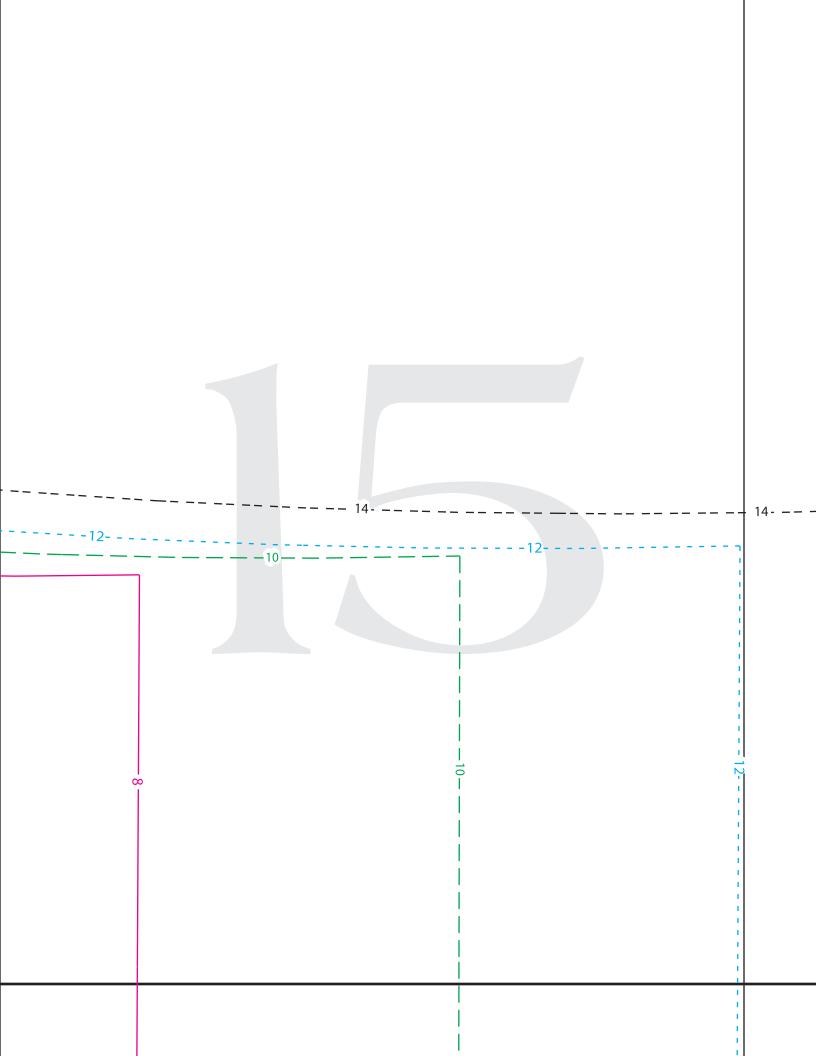
Hyperlinks to various sections throughout the tutorial have been included. There is also a table of contents running down the left hand side of each page. If you're finding that the links aren't working, be sure you have downloaded the most current version of Adobe Acrobat. All versions except 9 should work with the hyperlinks.

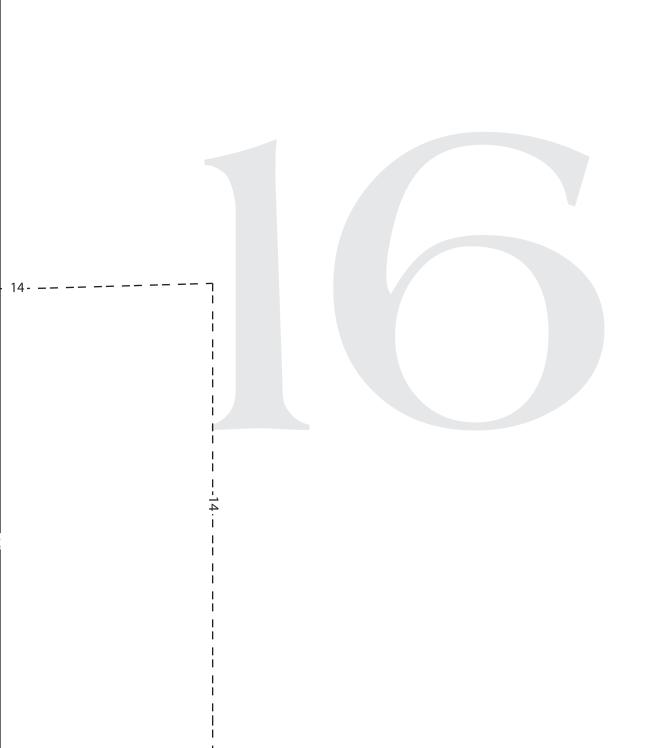


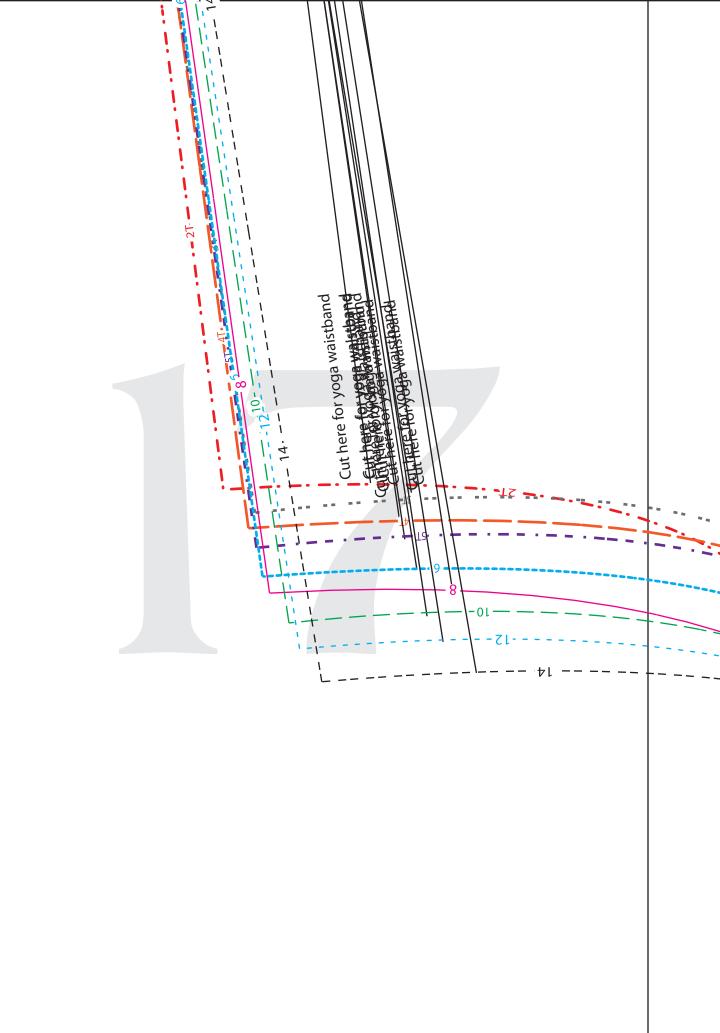


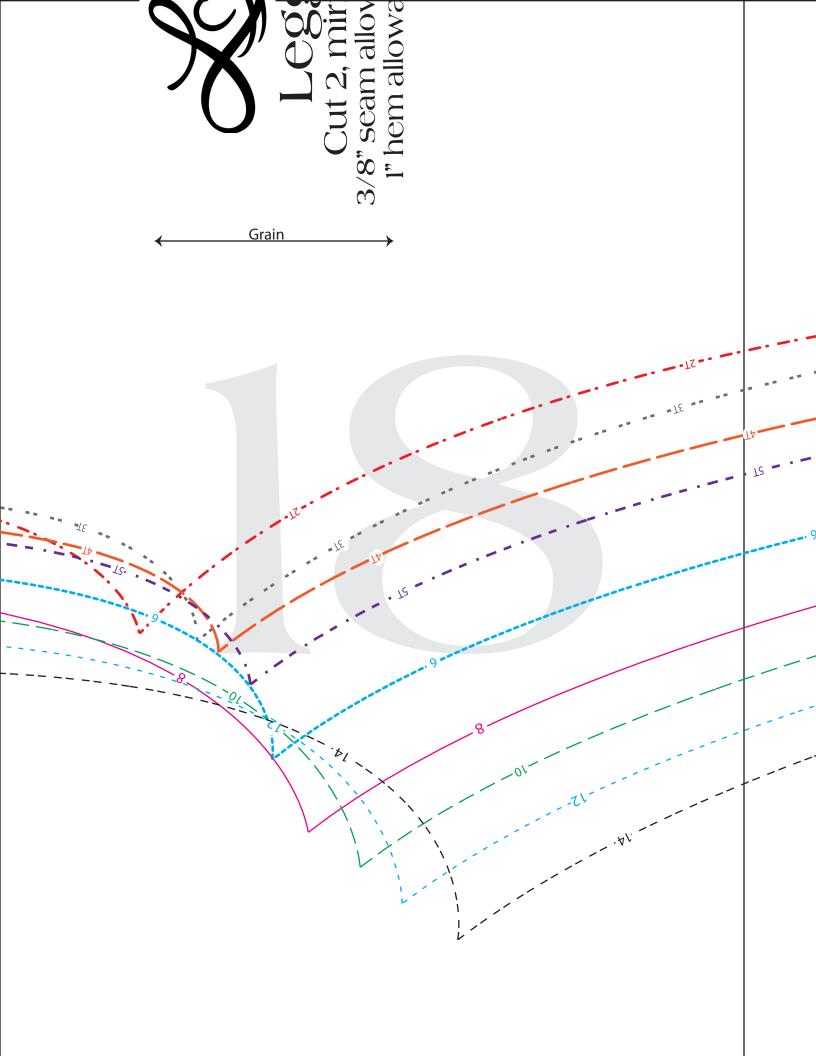


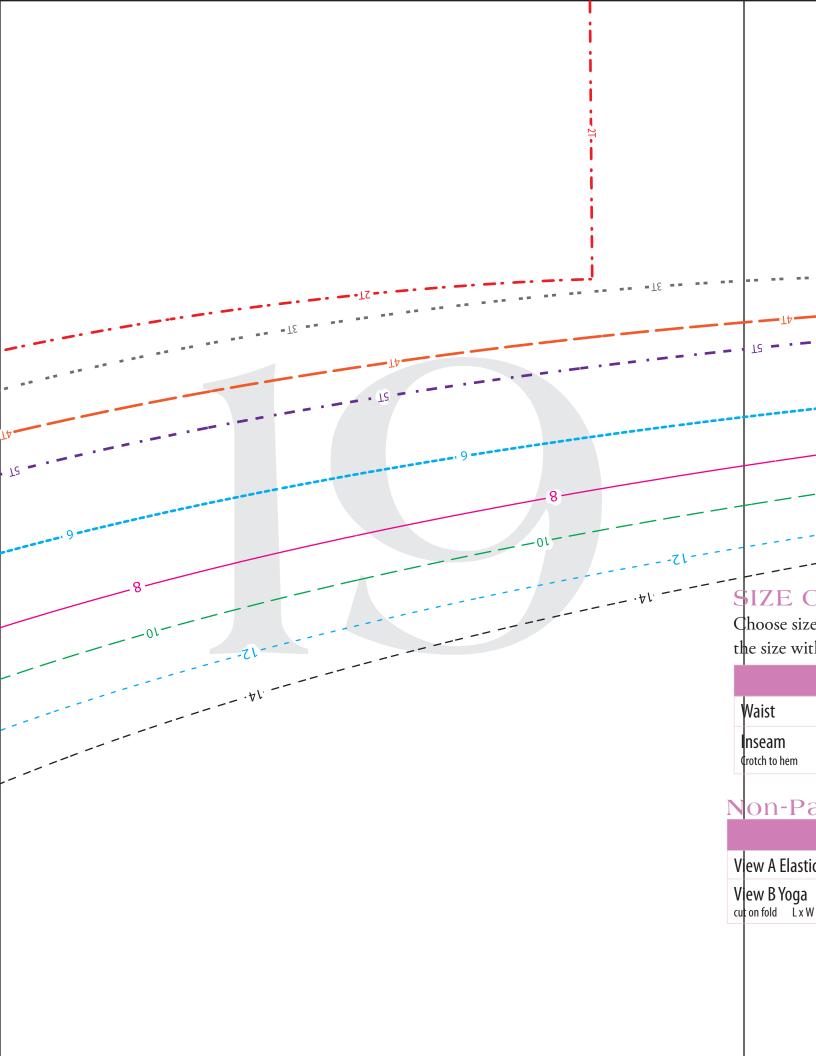


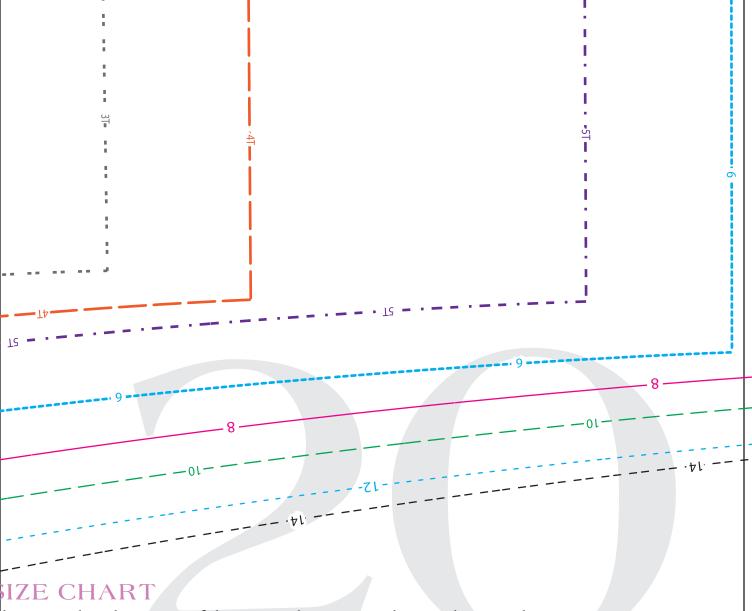












hoose size based on waist. If the inseam does not match up with waist, also print he size with the desired inseam and lengthen or shorten to that measurement.

	2T	3T	4T	5T	6	8	10	12	14
Vaist	20"	20.5"	21.25"	22"	22.5"	24"	24.75"	25.5"	26.25"
nseam irotch to hem	12.5"	14.5"	16"	15.75"	19"	20.5"	23"	25.5"	27"

on-Pattern Piece Cutting Guide

	2T	3T	4T	5T	6	8	10	12	14
iew A Elastic	18"	18.5"	19"	19.5"	20"	21"	22"	23.5"	25"
ew B Yoga ton fold Lx W	6 x 8"	6 x 8.5"	6 x 8.5"	6 x 9"	6 x 9.5"	6 x 10"	6 x 10"	6 x 11"	6 x 11.5"

