

SEW NEWS

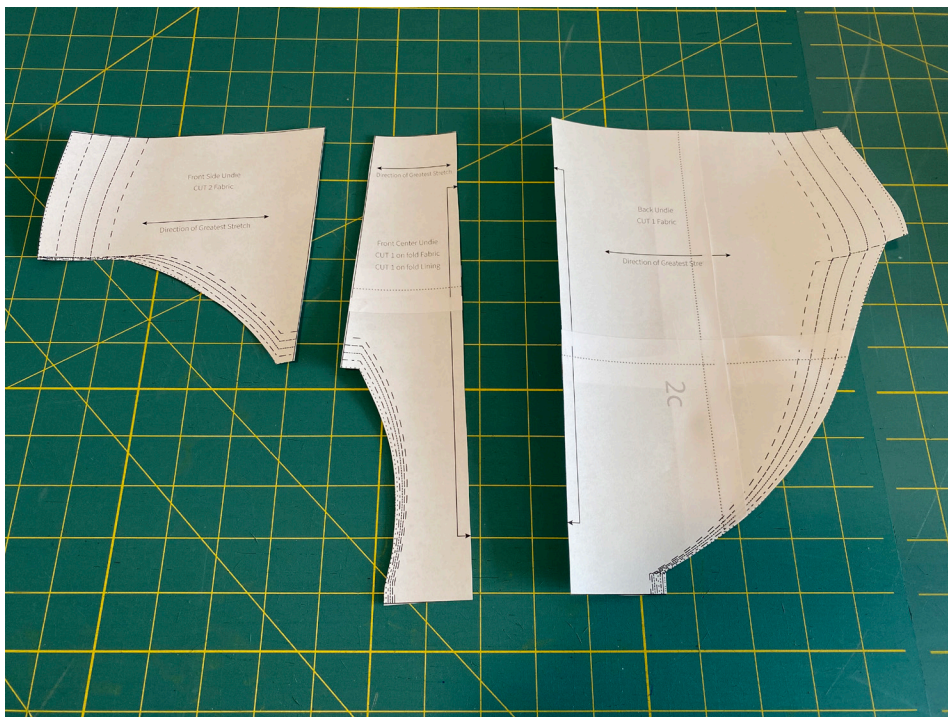
The Trusted Sewing Source

SCRAPPY KNICKERS



sewdaily.com

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Skill Level: Beginner

SUPPLIES

- Scrap pieces of knit fabric with 4-way stretch (such as ribbing, jersey, stretch cottons)
- Enough elastic to stretch around the waistline and leg openings - varying widths from 1/8" to 1" (for the waist)
- Size 75 or 90 ball point STRETCH sewing machine needle, depending on fabric thickness
- A small piece of lining for the inner gusset (optional)
- Serger (optional)

PREPARE

From the knit scrap pieces, cut one back on the fold, one center front on the fold and two side fronts.

From a lining scrap or other knit scrap, cut one center front panel on the fold for the gusset.

Have fun with what you have and mix and match different knit colors and textures – just make sure they have a similar stretch factor.



CONSTRUCT

Use $\frac{3}{8}$ " seam allowances unless otherwise noted.

Lay the front and back outer pieces right sides together along the crotch seam.

Pin together with the lining center front piece (1). Stitch all three layers together.

Bring the two front layers wrong sides together matching up the edges (2). You can also baste the layers together inside the seam allowance.

Pin each side front piece right sides together with the center fronts. Stitch (3). Topstitch allowance to either side of the seam using a zig-zag stitch.

Stitch the knicker's side seams right sides together.

Wrap the wider elastic around your waist until it's a comfortable fit. Stitch edges closed (4).

Pin the elastic to the waistline of the knickers matching up the seam of the elastic band with the center back. Stretch and stitch right sides together and then lay elastic band up (5).

Note: if your elastic doesn't have a decorative edge, or you want the elastic inside the knickers - stitch the elastic to the wrong side of the waistline first and flip to the inside and to topstitch down.

Try on knickers to determine if you want to do any leg line adjustments before attaching the elastic (see tip on next page). You may not want any elastic, or just on the back (6).

Flip the leg opening allowance to the wrong side and topstitch (7).

Along the back leg line shaping, stretch and sew a small piece of elastic (8).



9



If you have more decorative elastic you can overlay it on the openings and topstitch (9). Just make sure you slightly stretch as you stitch.

You can also utilize this technique on the waistline (10).

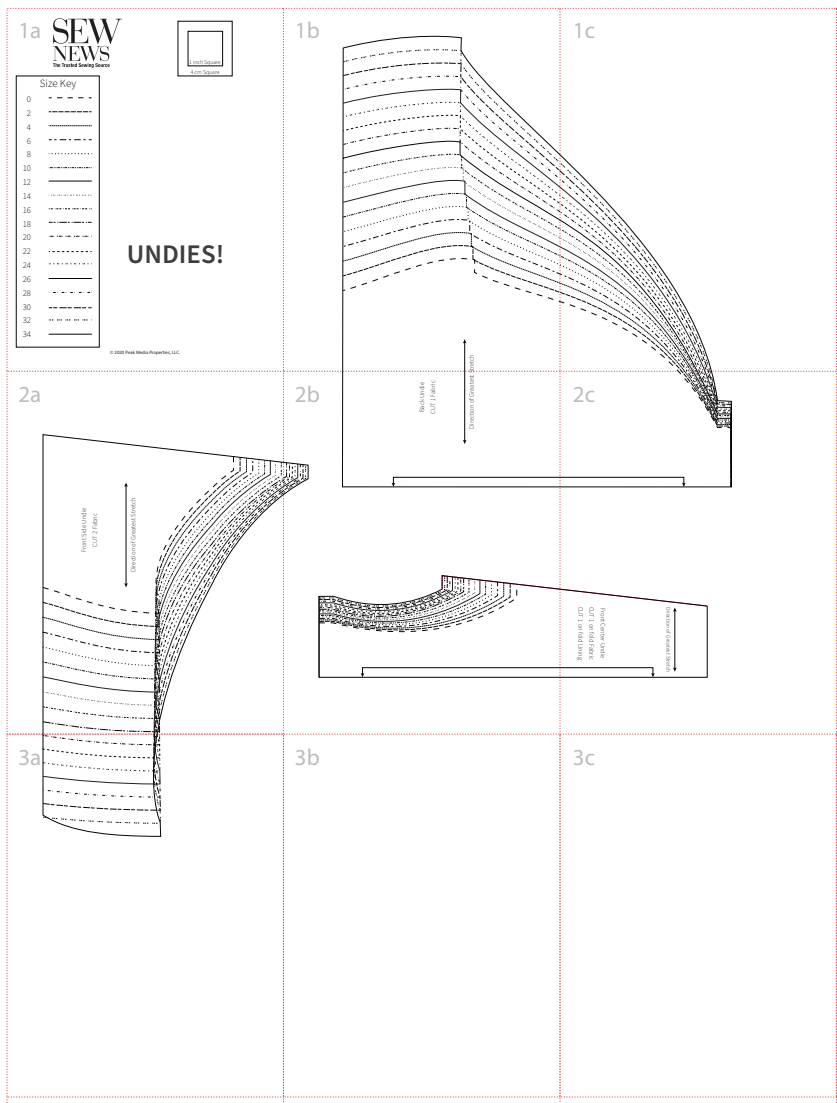
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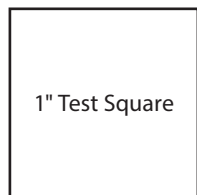
FIT TIP

Love the fit and edges of a pair of knickers in your drawer? Grab those to copy a similar rise, leg opening shape and width.

SCRAPPY KNICKERS



Template overview

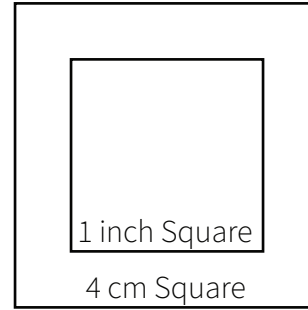


1" Test Square

7 pages: 1a-3a

Print this page first at 100%, then measure the 1" test square before

1a



Size Key

0	-----
2	-----
4	-----
6	-----
8
10
12	-----
14
16	-----
18	-----
20	-----
22	-----
24
26	-----
28	-----
30	-----
32
34	-----

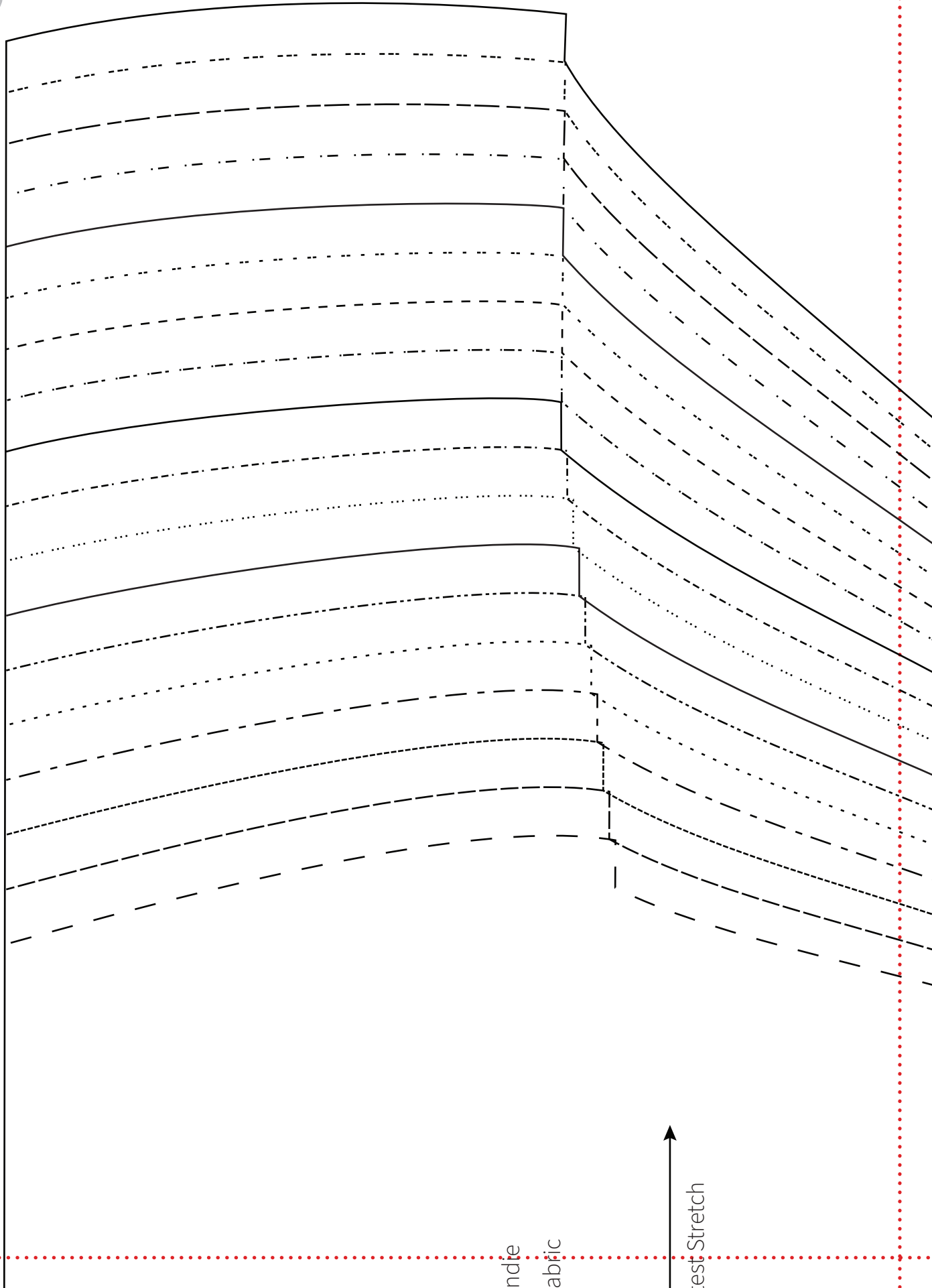
SCRAPPY KNICKERS

SIZE CHART - IMPERIAL (IN.) / METRIC (CM.)

Size	0	2	4	6	8	10	12	14	16
Upper Bust	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75
Full Bust B Cup Size	32/ 82	33.5/ 86	35/ 89.75	36.5/ 93.75	38/ 97.5	39.5/ 101.25	41/ 105.25	42.5/ 109	44/ 112.75
Waist	24/ 61.5	25.5/ 65.5	27/ 69.25	28.5/ 73	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25
Hip	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25

Size	18	20	22	24	26	28	30	32	34
Upper Bust	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25
Full Bust B Cup Size	45.5/ 116.75	47/ 120.5	48.5/ 124.25	50/ 128.25	51.5/ 132	53/ 136	54.5/ 139.75	56/ 143.5	57.5/ 147.5
Waist	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127
Hip	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25	57/ 146.25	58.5/ 150	60/ 153.75

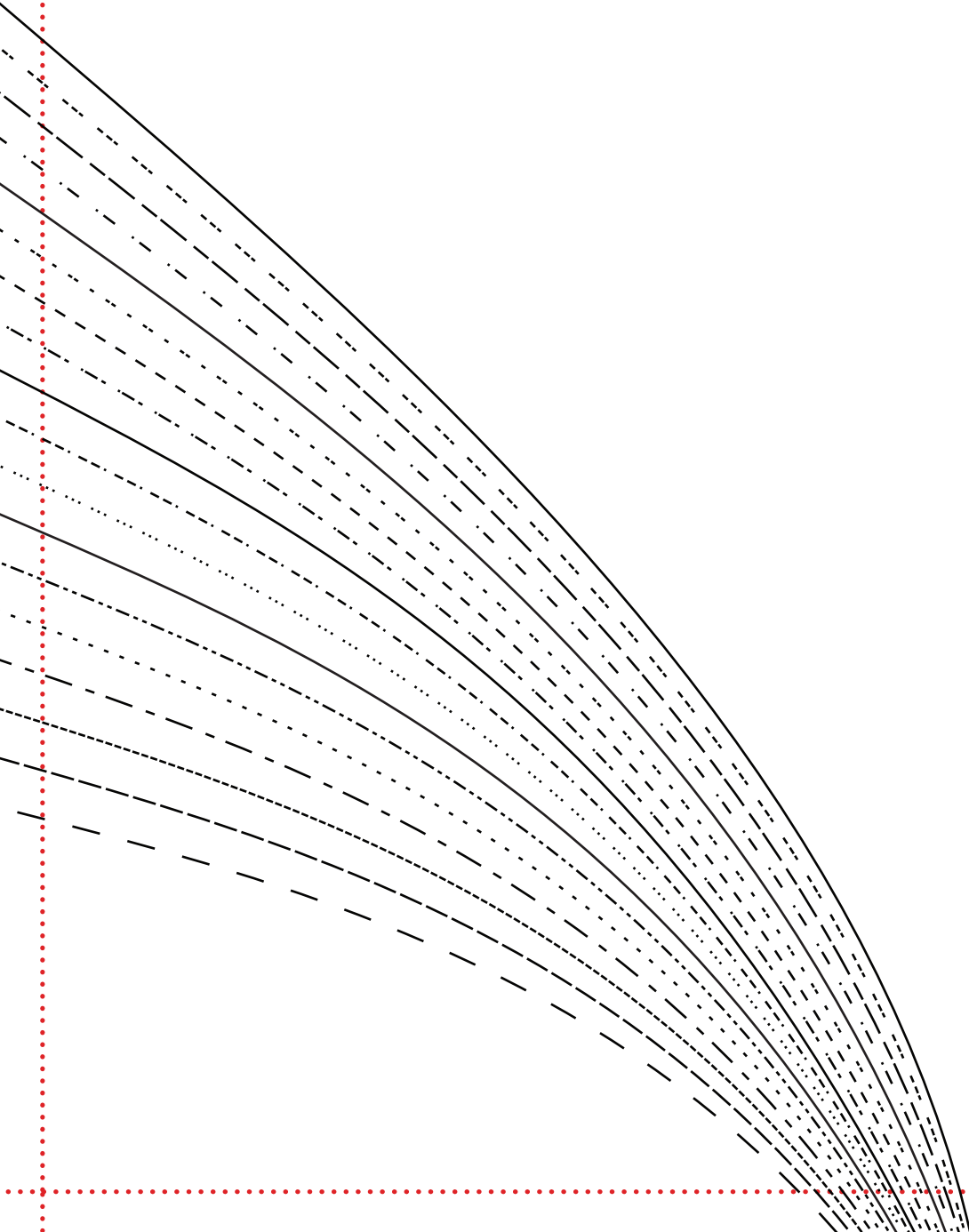
1b



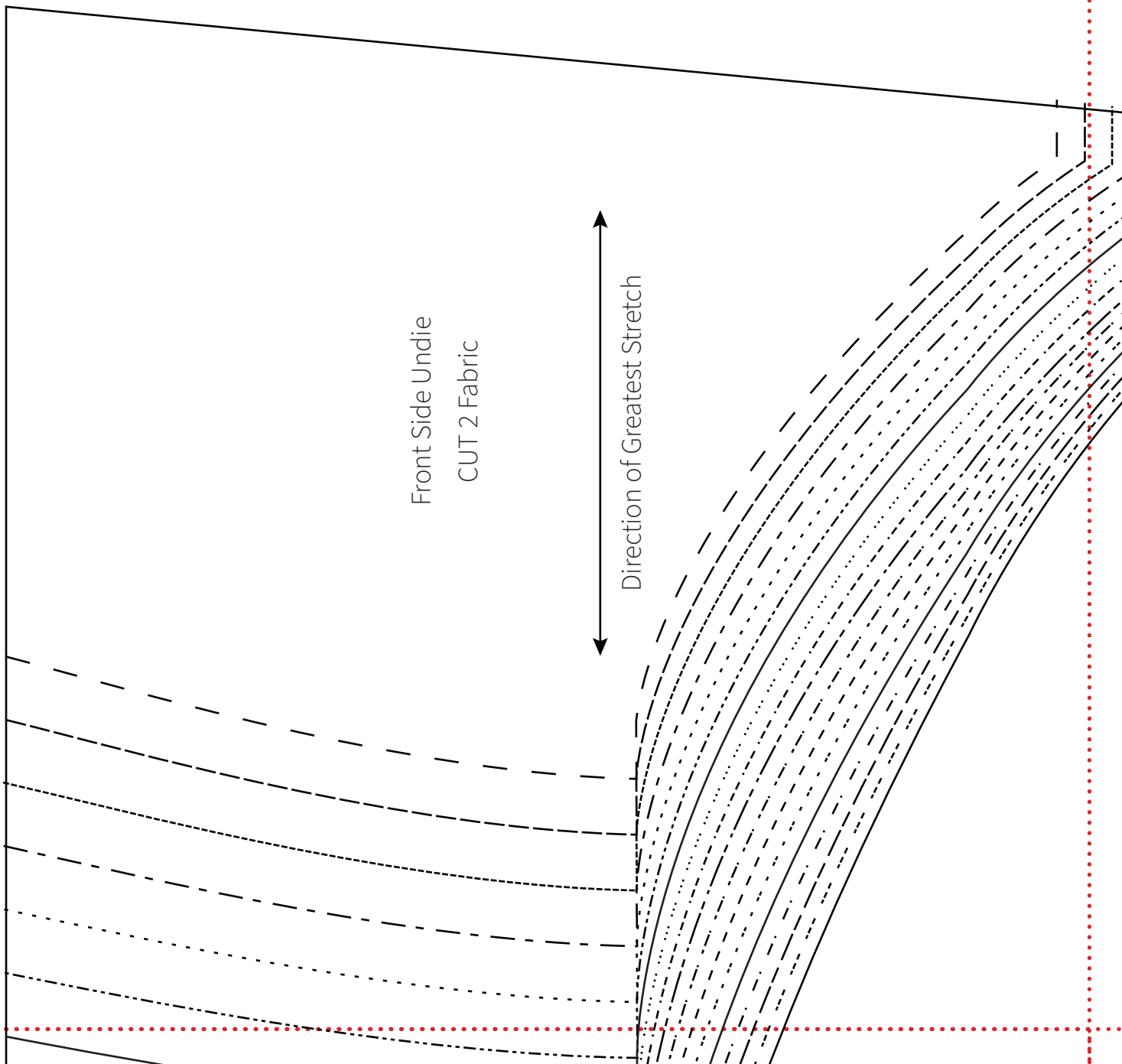
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abric

Rest Stretch

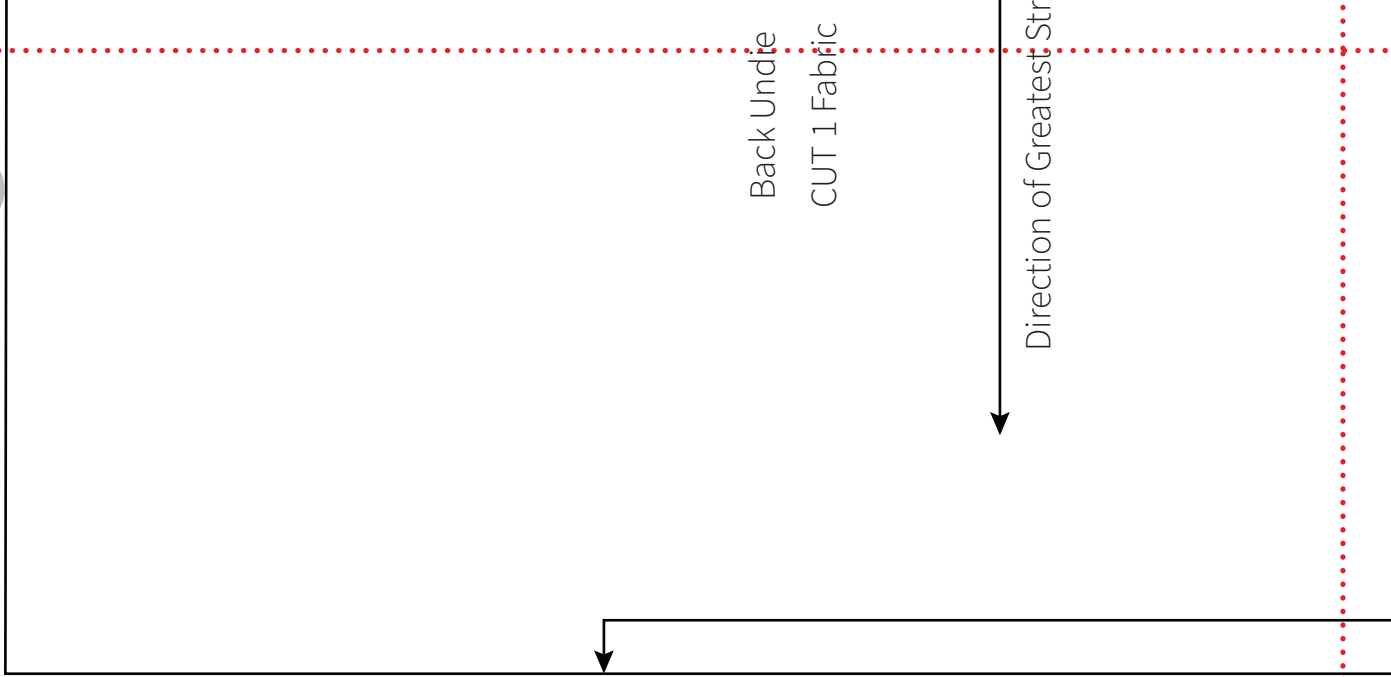
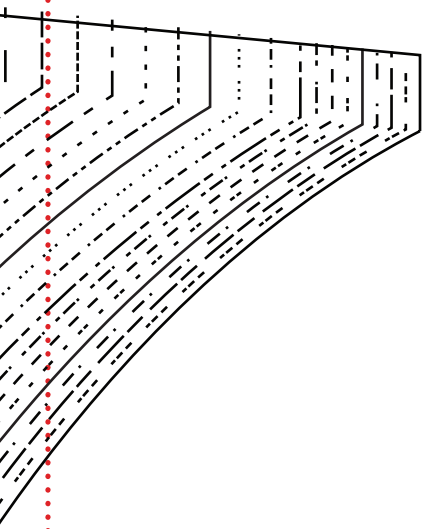
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2a

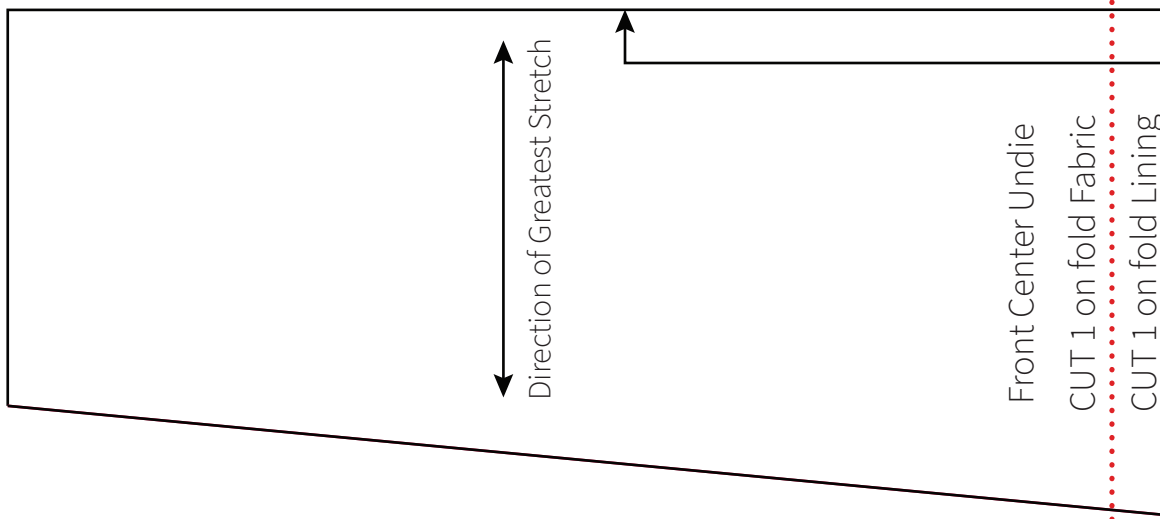


2b



Back Undrie
CUT 1 Fabric

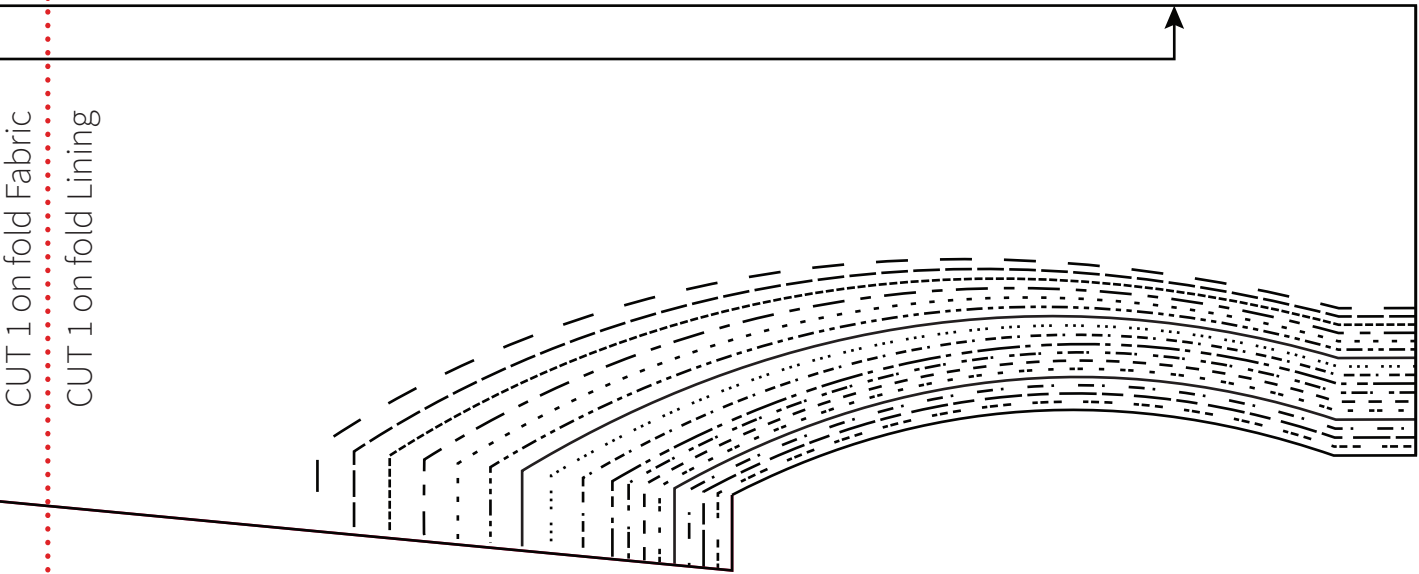
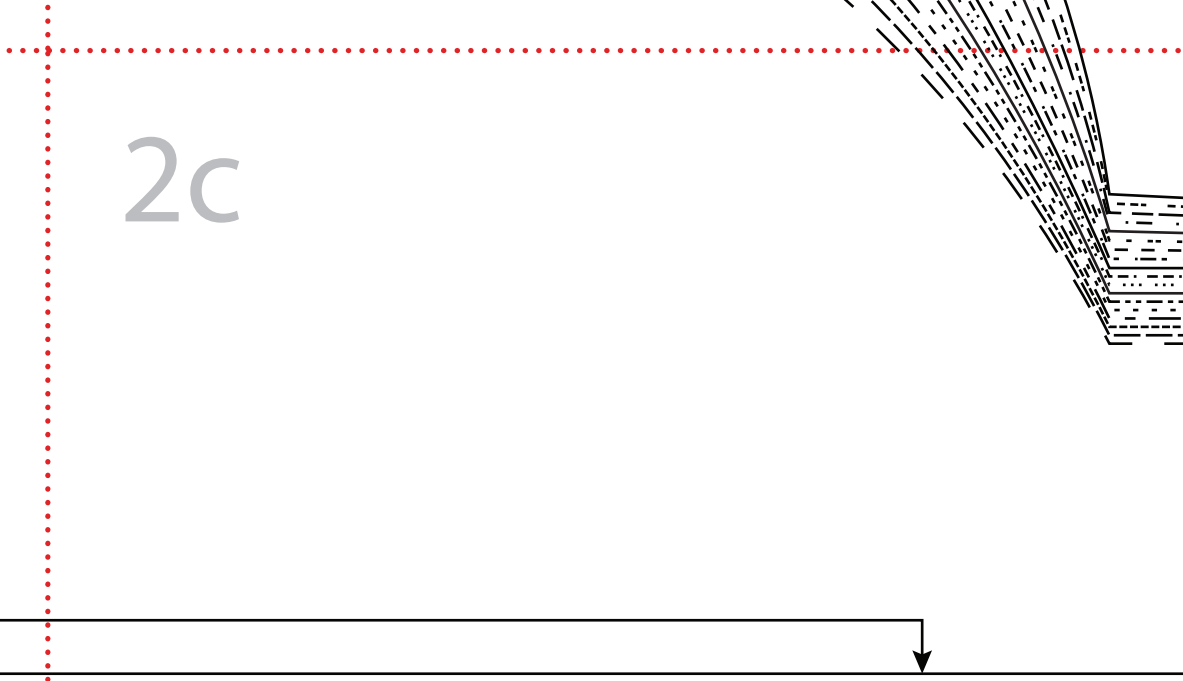
Direction of Greatest Str



Direction of Greatest Stretch

Front Center Undrie
CUT 1 on fold Fabric
CUT 1 on fold Lining

2c



CUT 1 on fold Fabric
CUT 1 on fold Lining

3a

