

E & E Patterns

create classic children's clothing



Retro Sweatpants

Sewing e-pattern in sizes 12 months to 9 years

Retro Sweatpants

Comfortable, casual, sporty sweatpants for boys and girls. Details include in seam side pockets, elasticized waistband with optional drawstring ties, and cuffed leg openings.



Sewing Level



Fabric Recommendations

Cotton Ribbed, Interlock. Sweatshirt Knit, Jersey Knit

Notions

- Coordinating Thread
- Safety pin
- Elastic - 1" (2.5cm) wide
- Fabric marker
- Ballpoint needle
- Scrap of lightweight fusible interfacing
- 1/2 Twill Tape

Seam Allowances

3/8 (1cm) seam allowances are included unless instructed otherwise

Terms of Use

- The sale of this pattern in part or in whole is not permitted.

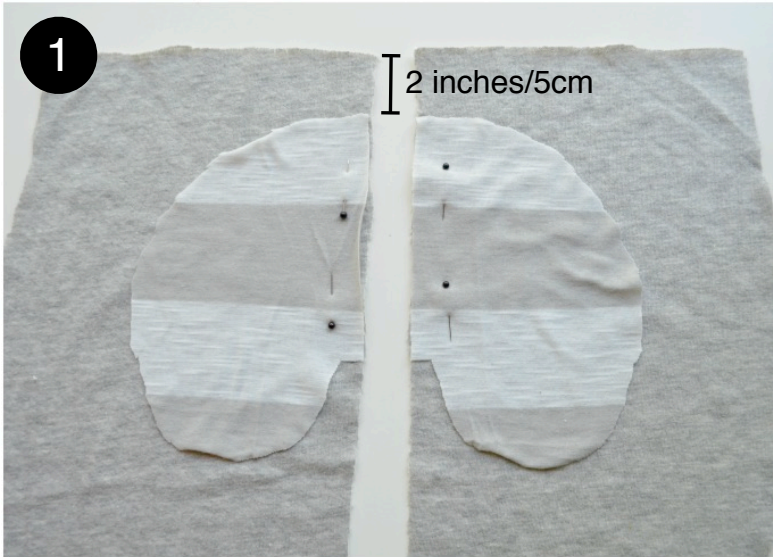


Fabric Requirements

	12m-4T	5-9
Retro Sweatpants	3/4 yard 0.7m	1 yard 0.9m

Sizing Chart

	12m/ 18m/ 2T	3/4	5/6	7/8	9	
waist	19.5in 50cm	20 52	21 53.5	22 56	23 58.5	24 61
hip	20.5 52	21 54	23 58.5	25 63.5	26 66	28 71

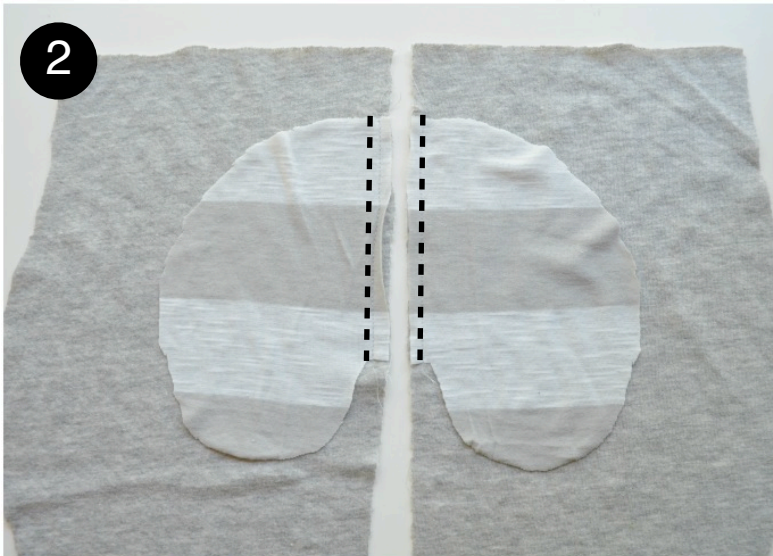


Seam Allowances

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Seam Finishing

Finish all raw edges with overlock or zigzag stitch (optional).



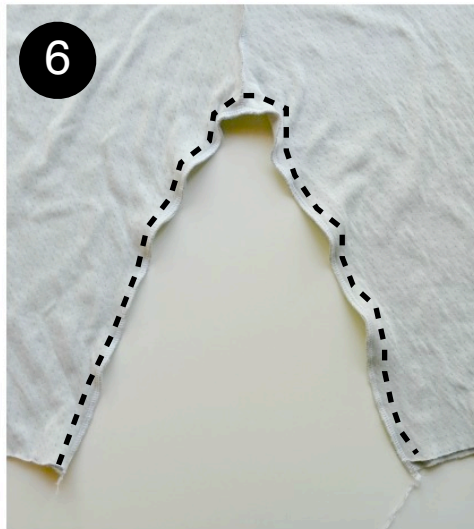
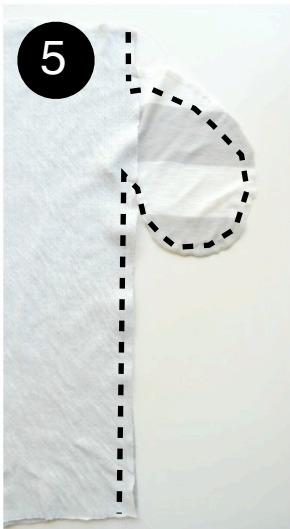
1. Place and pin pocket to side seam of front pieces with right sides together, 2" (5cm) below top edge of pants.

2. Stitch pocket to front.



3. Press pocket open. Repeat steps 1-3 on back pieces.

4. Stitch front and back rise seams, right sides together.



5. Stitch front to back at side seams, sewing around outer edge of pocket, right sides together.

6. Stitch inseam.



7. Stitch waistband, right sides together.



8. With right sides together, stitch waistband to pants.



For a simplified version without the drawstring, skip to step 12.

9. Iron fusible interfacing to centre of front waistband.



10. Mark the placement of two buttonholes (1/2in/1cm long, 1in/2.5cm apart).



11. Sew buttonholes and use seam ripper to open them.



12. Fold over waistband edge 1/2in/1cm and press.



13. Fold over waistband, slightly past seam. Press.



14. Pin waistband in place.



15. Stitch waistband, leaving 2in/5cm opening.



16. Insert elastic into opening and pull through waistband.



17. Stitch elastic ends together.



18. Stitch waistband opening closed.



19. Stitch over the waistband four times, stretching elastic as you sew. Do not sew over the buttonholes.



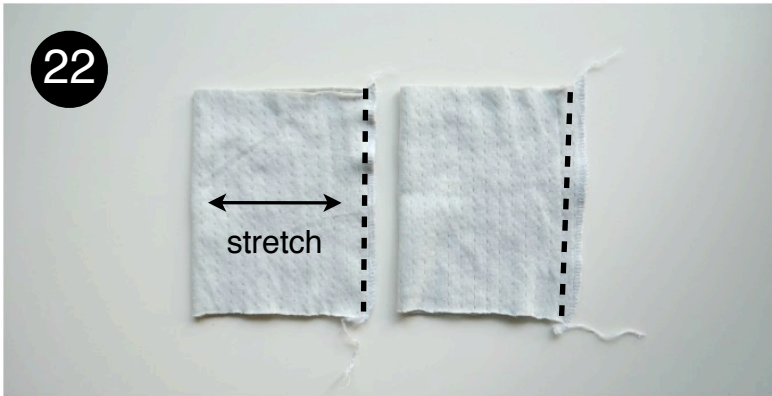
For simplified version without the drawstring, skip to step 22.



20. Insert drawstring into buttonhole.



21. Pull drawstring through waistband. Tie the ends to prevent unravelling.



22. Fold leg cuff right sides together, matching the short edges and sew. Fabric should stretch widthwise.



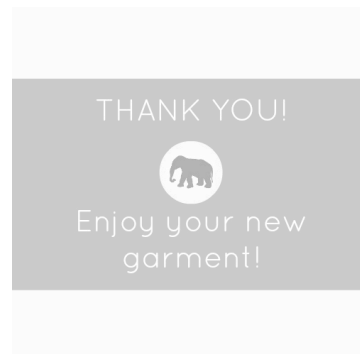
23. Fold cuffs wrong sides together.



24. Stitch cuffs to pants, stretching slightly to fit.

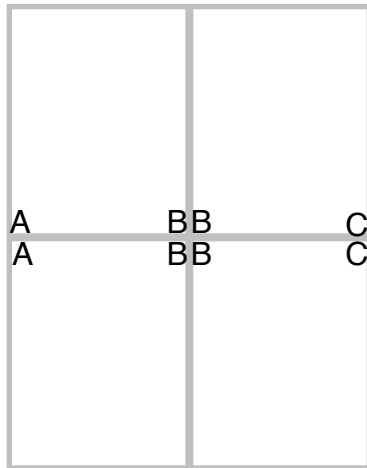


25. Fold cuff down and press.



Printing and Piecing Pattern Together

1. All pages should be printed on standard paper. Using Adobe Reader (free to download) is recommended but may not be necessary.
2. Make sure that “Auto Rotate and Center” is checked and that “Scaling” is NOT checked (scaling may be in a drop-down menu - make sure to find it and check the setting). If you have a newer version of Adobe Reader, your options might look like “Fit to Size” or “Actual Size”. If that is the case, make sure you choose “Actual Size”.
3. To make sure you’re printing the right size pattern, measure the 1 inch by 1 inch (2.5 cm x 2.5 cm) test square. Do your troubleshooting here so you don’t print out the wrong size pages.
4. If you live outside Canada or the US, print the pages to your standard paper size.
5. To connect each page, trim to the grey border (do not cut the grey border off), and match the letters in the corners of the pages. Do not overlap the grey border.
6. Tape the pages together, matching the letters in the corners.



7. Once the whole pattern printed and taped, cut along your size line according to the size key on the pattern. You may prefer to trace your size onto tracing paper and then cut it out.

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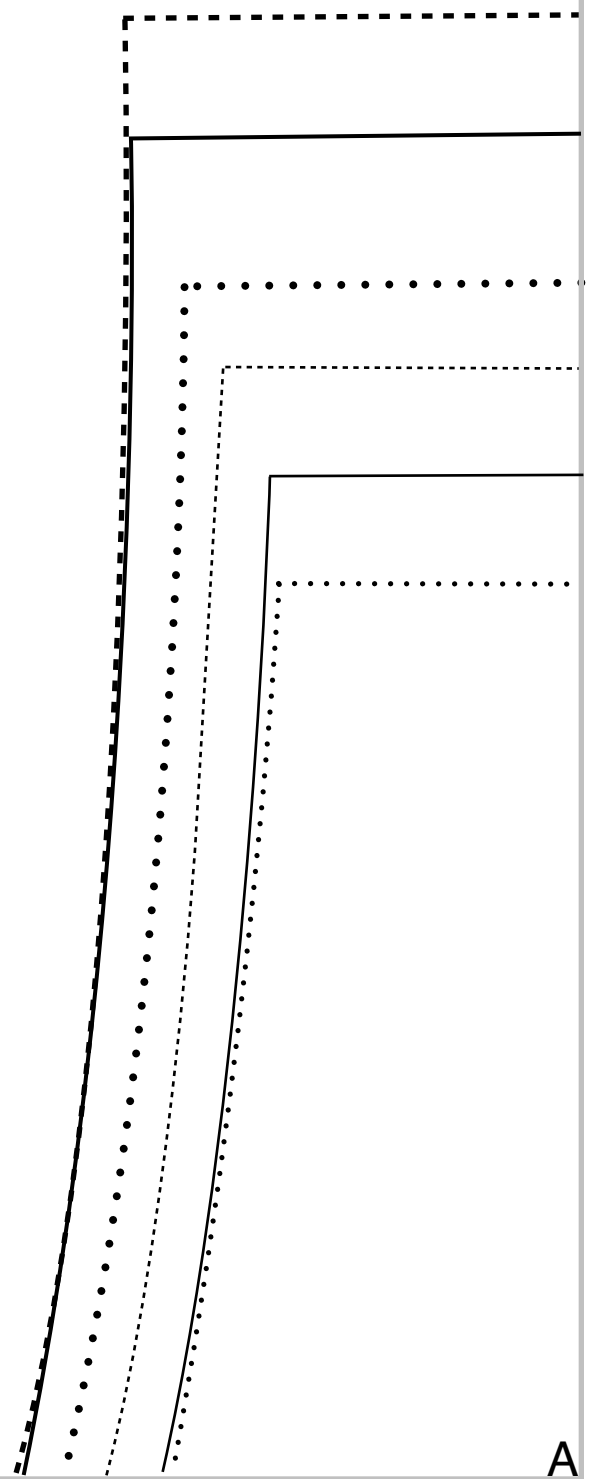
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Size Key

- 12m (dotted line)
- 18m/2 ——— (solid line)
- 3/4 - - - - - (dash-dot line)
- 5/6 (dotted line)
- 7/8 ——— (solid line)
- 9/10 - - - - - (dashed line)

Test Square
1 inch
2.5 cm



A

A



E & E Patterns

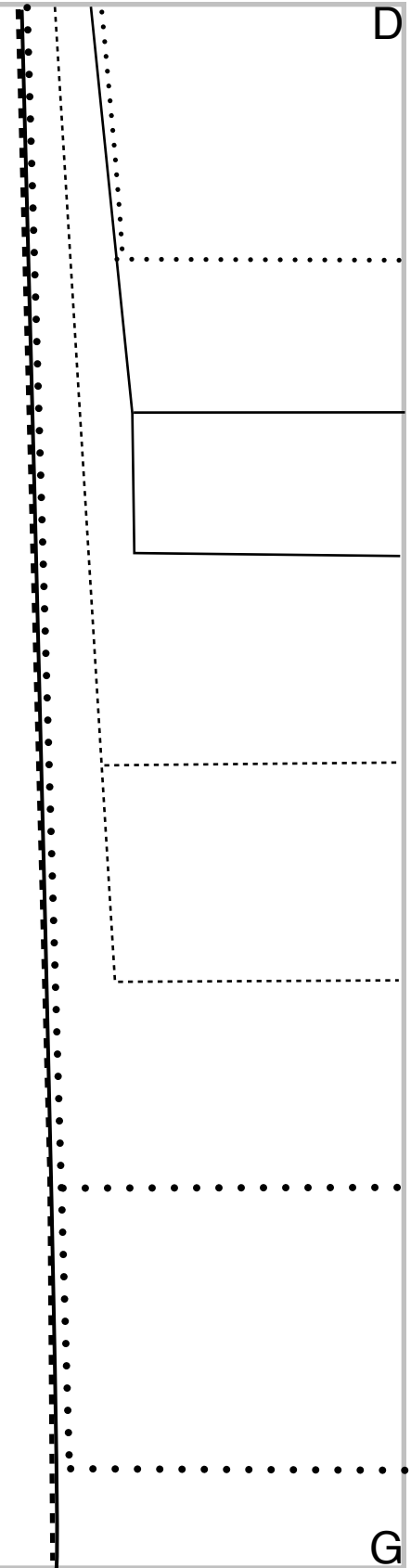
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D

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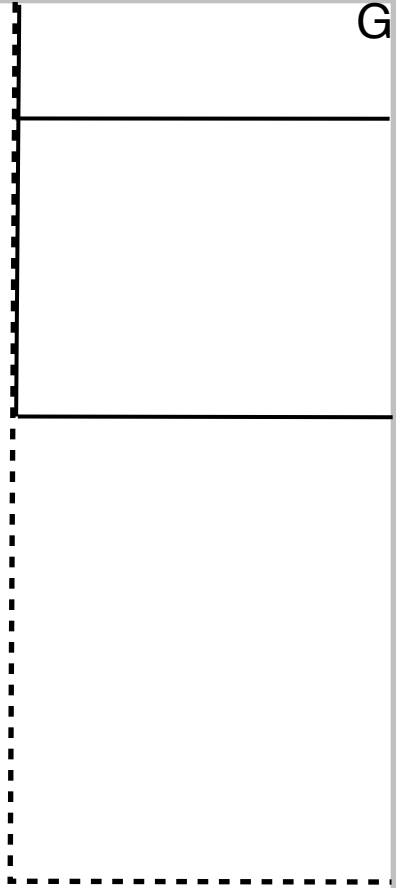


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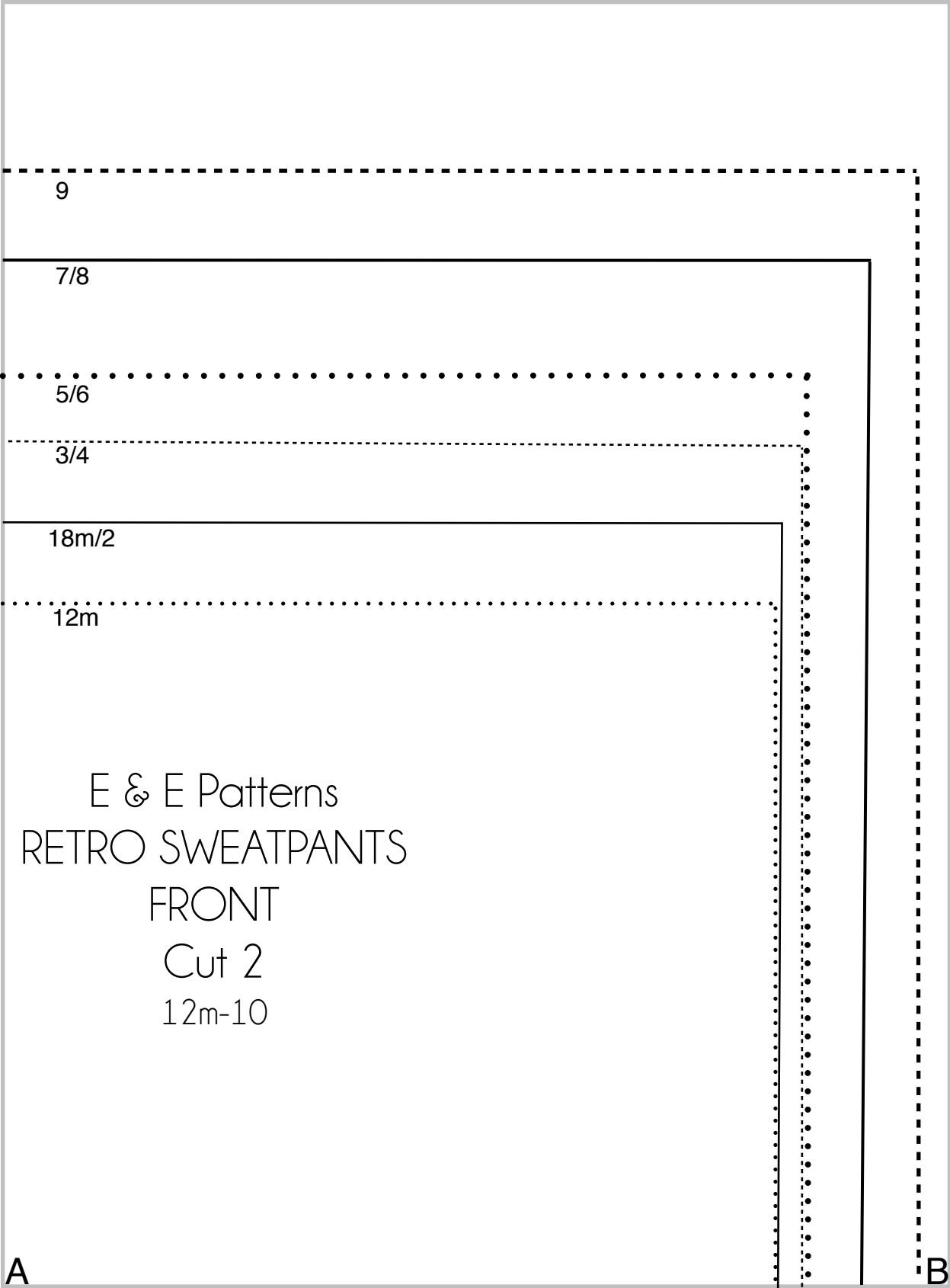
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G



J



E & E Patterns
RETRO SWEATPANTS
FRONT
Cut 2
12m-10

A

B



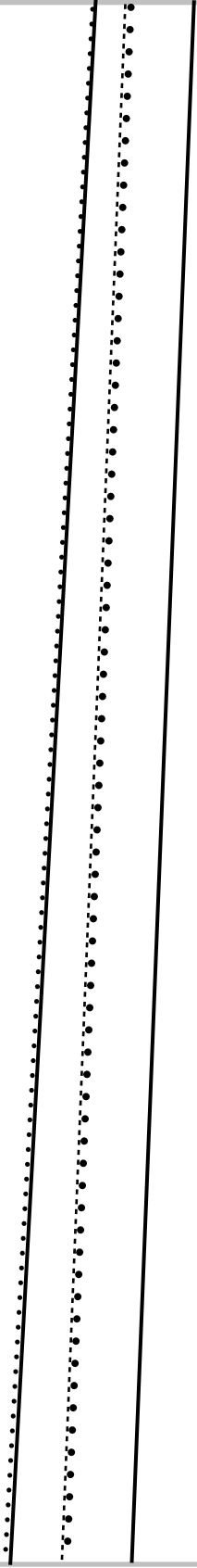
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D

E



D

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12m



18m



2



3



4



5



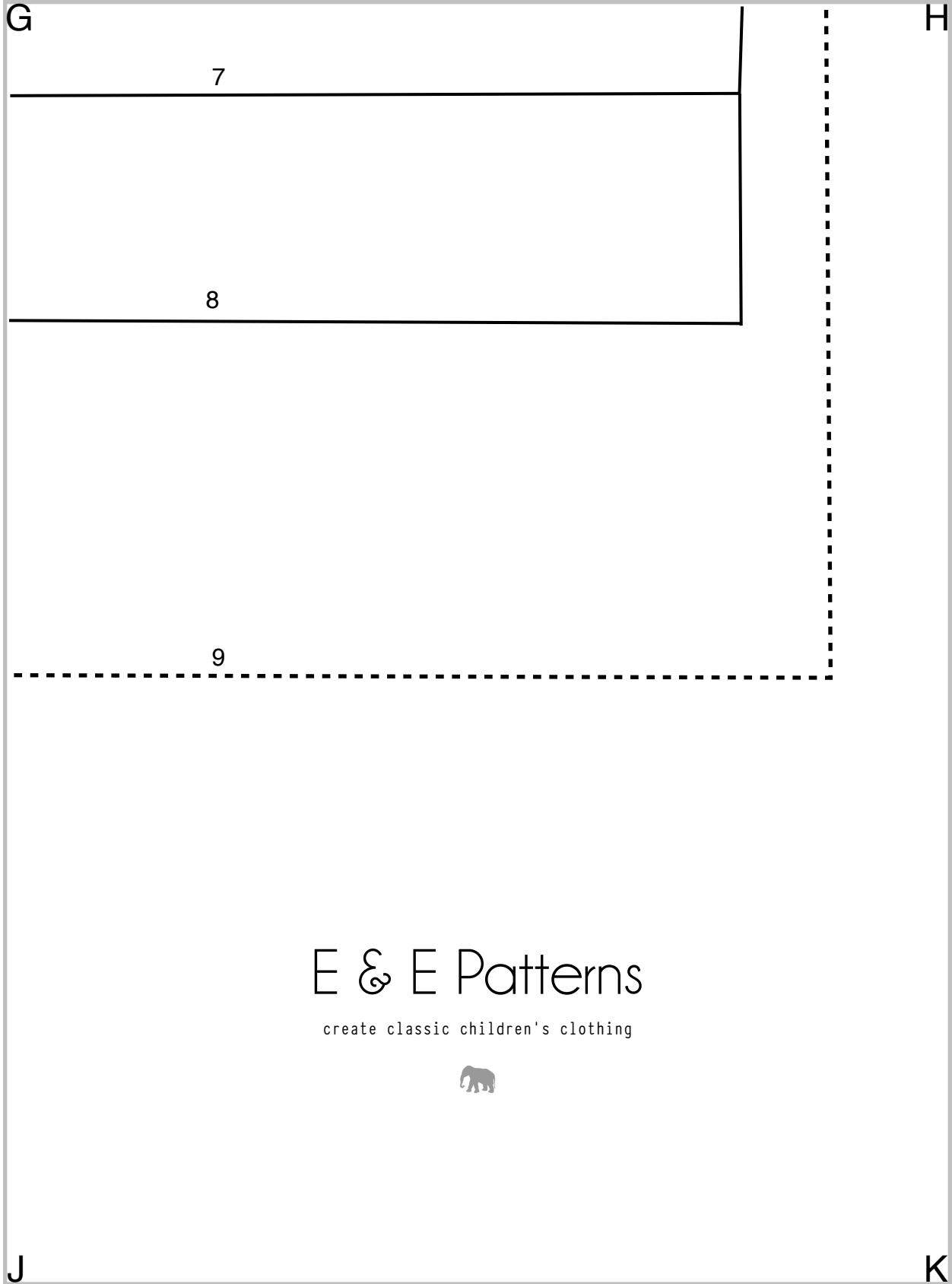
6



E

G

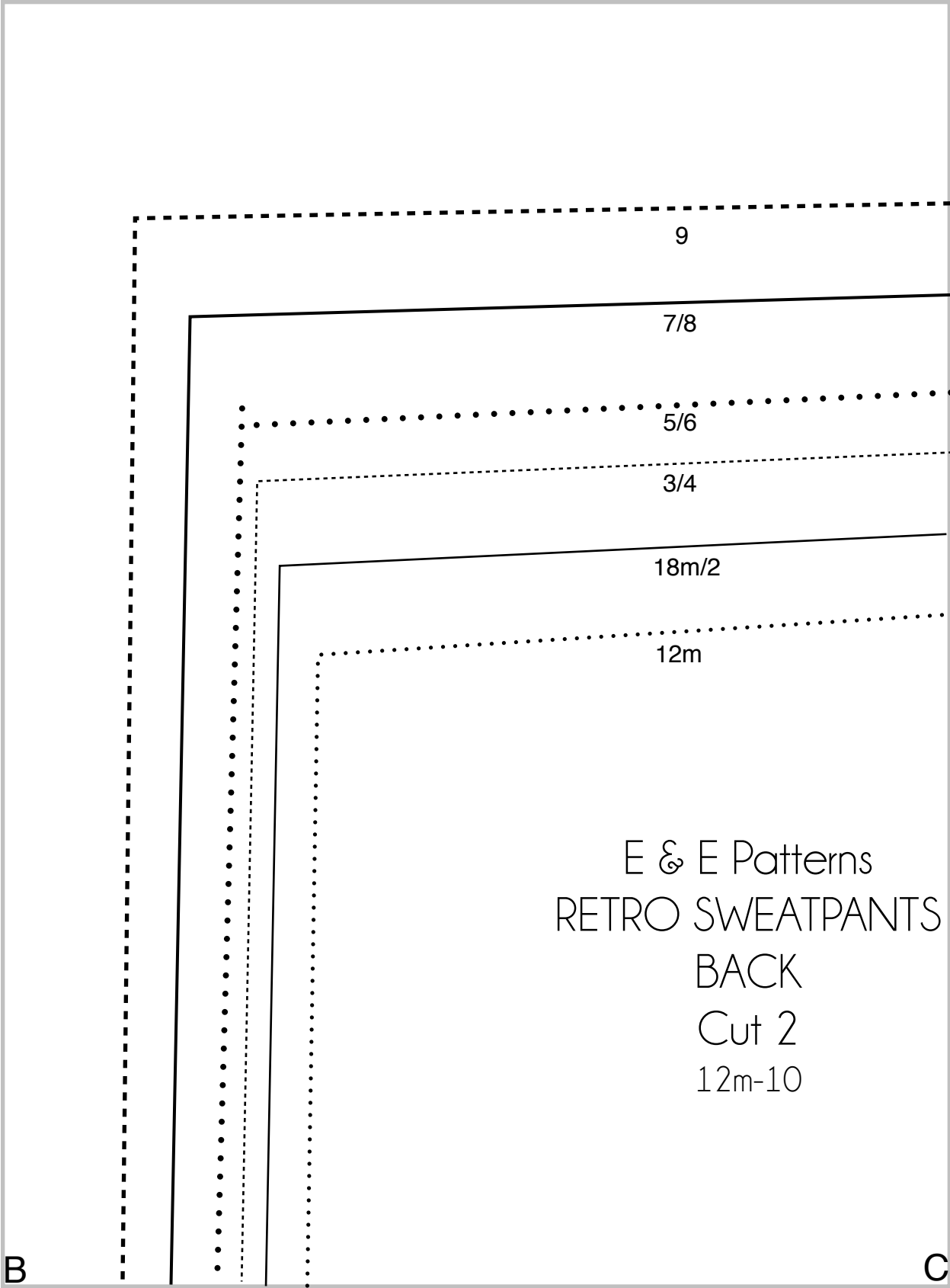
H



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E & E Patterns
RETRO SWEATPANTS
BACK
Cut 2
12m-10

B

C

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E

F

E

F

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12m

18m

2

3

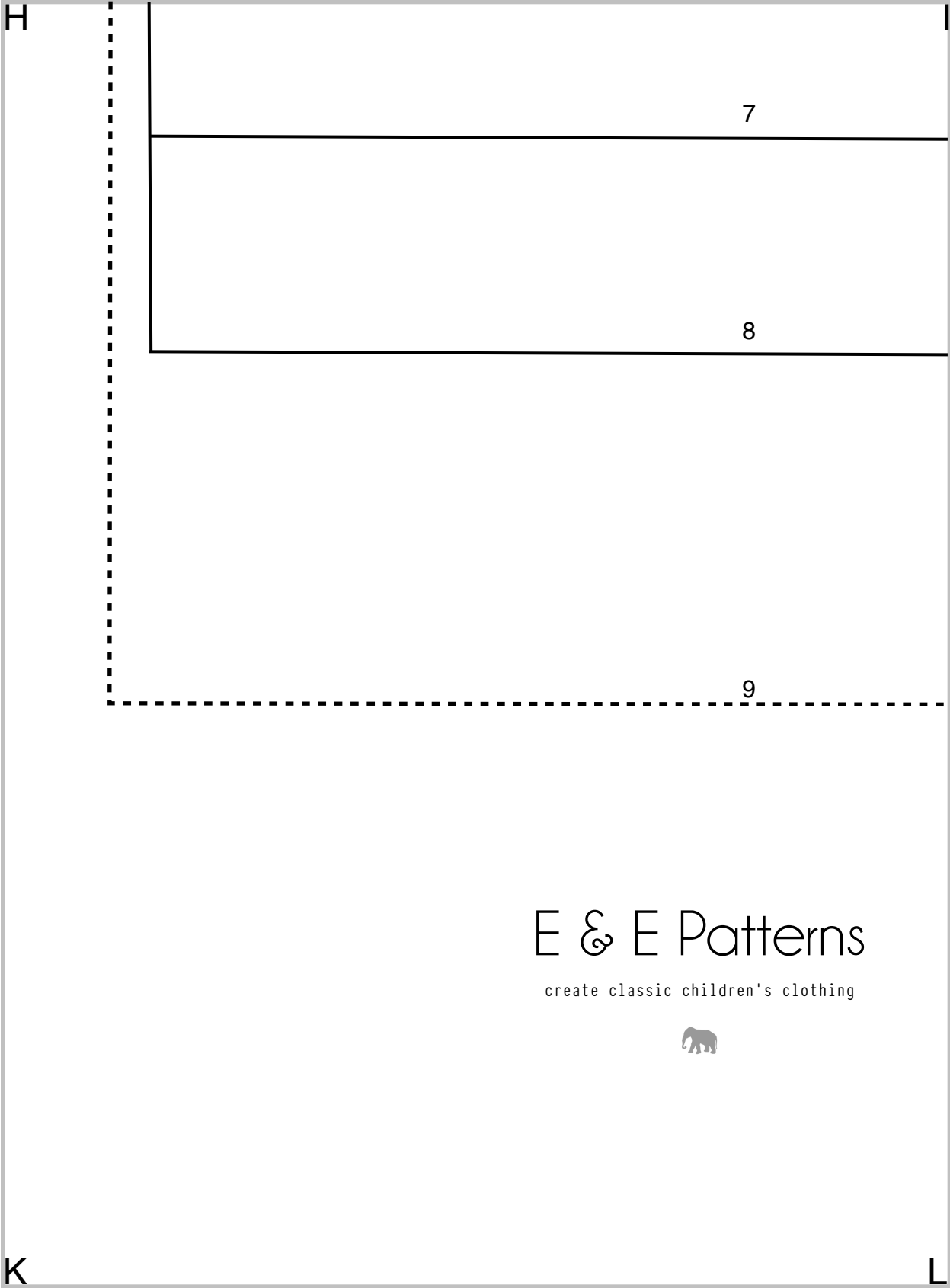
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5

6

H

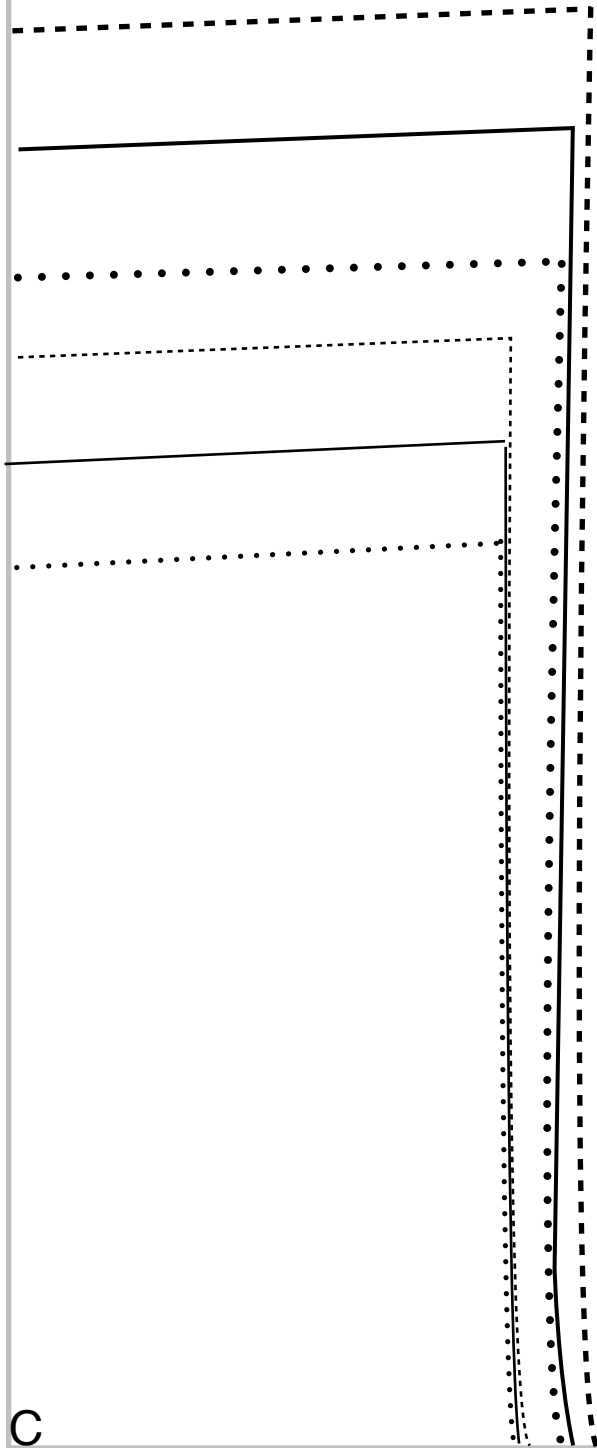
I



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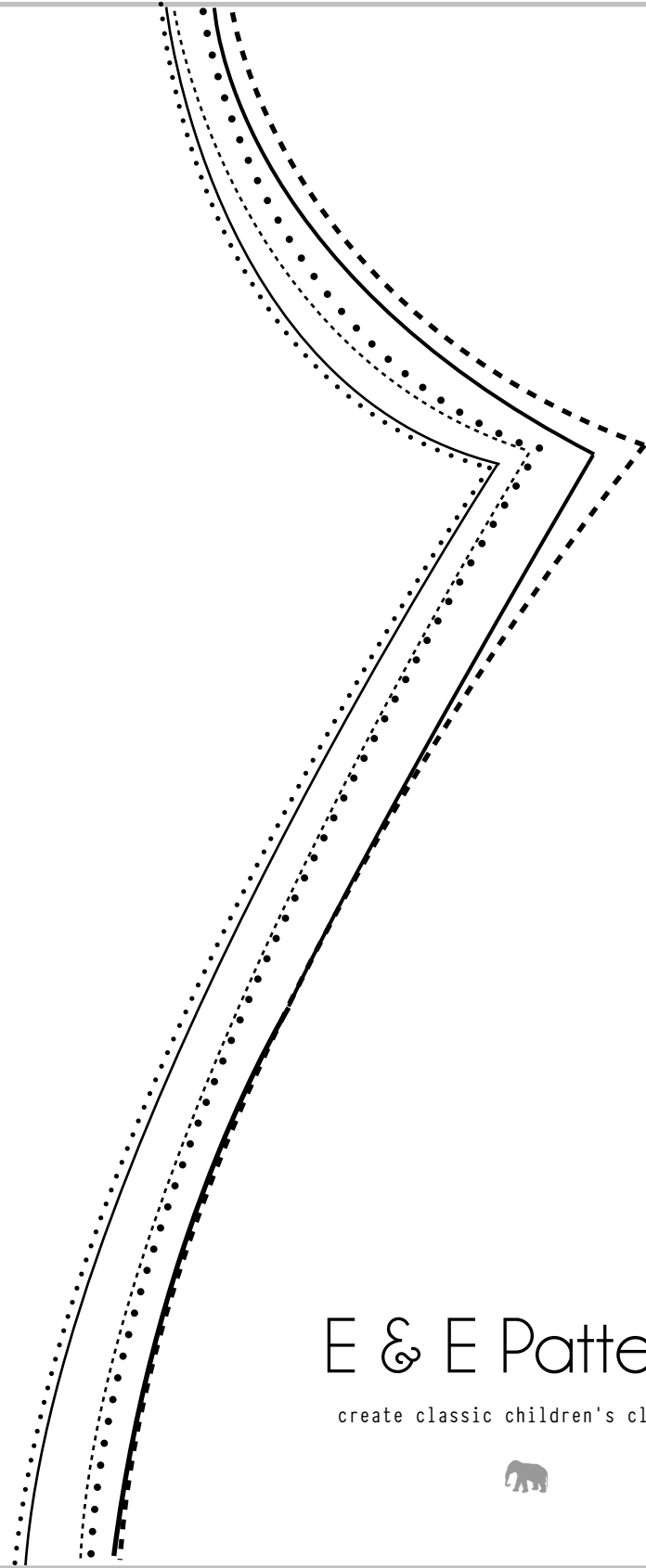
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C



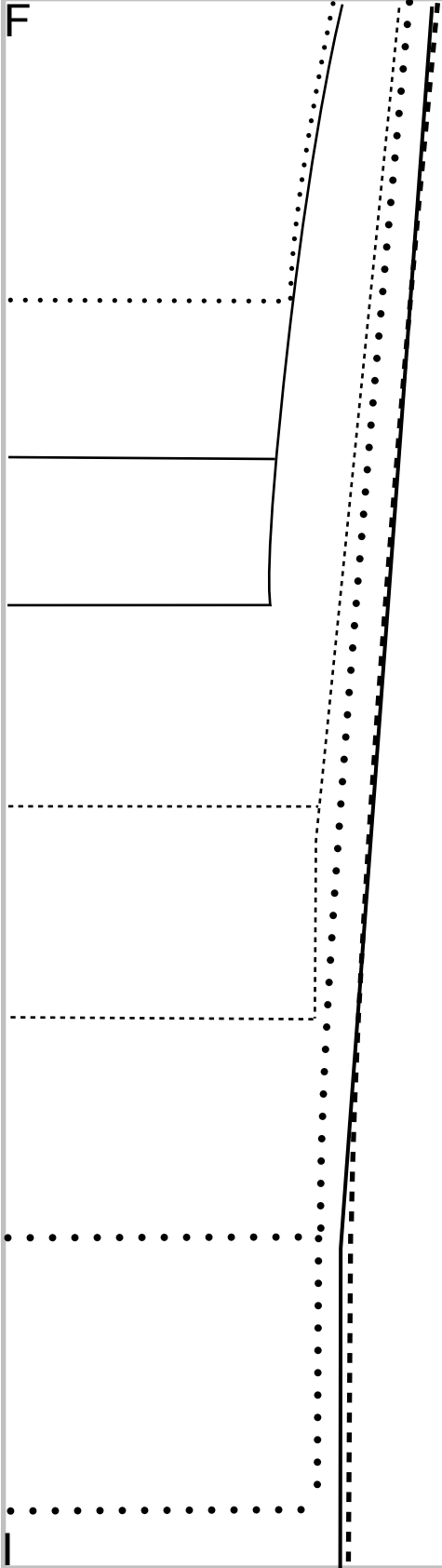
F

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F



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Additional Self-Drafted Pieces

	12m	18m/2	3/4	5/6	7/8	9
Waistband Cut 2	3.75"X14.5" 9.5cmX37cm	3.75"X15" 9.5cmX38cm	3.75"X15.25" 9.5cmX39cm	3.75"X16" 9.5cmX41cm	3.75"X17" 9.5cmX44cm	3.75"X18" 9.5cmX46cm
Leg Cuffs Cut 2	4.75"X8.5" 12cmX21.5cm	4.75"X8.5" 12cmX21.5cm	4.75"X8.75" 12cmX22cm	4.75"X9" 12cmX23cm	4.75"X9.5" 12cmX24cm	4.75"X10" 12cmX25.5cm
Elastic* (1 1/2.5cm wide)	19" 48cm	20" 51cm	21" 53.5cm	22" 55.5cm	23" 58.5cm	24" 61cm

* or 1.5" (4cm) less than child's waist measurement

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Seam Pocket
Cut 4

