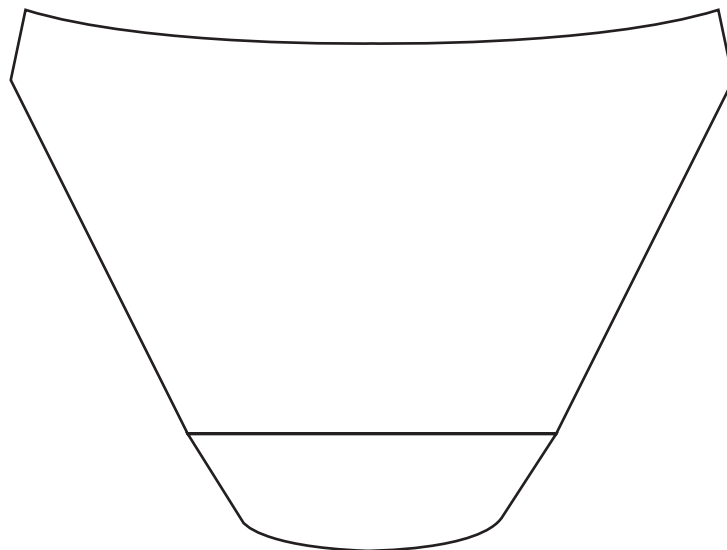
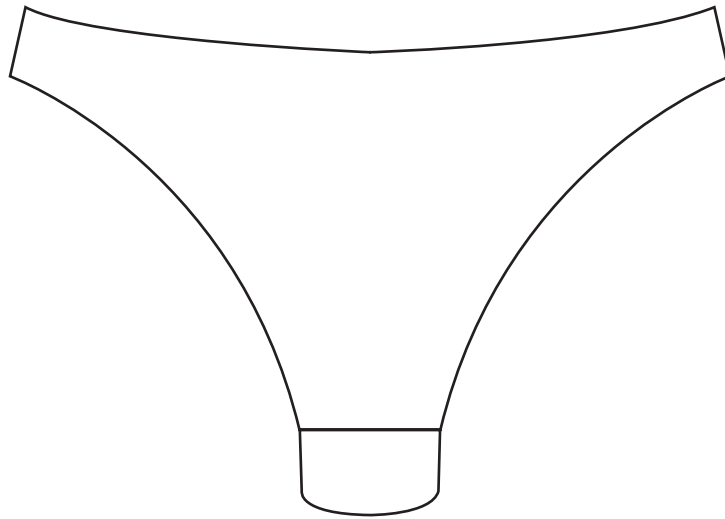


BE *bashful* BIKINI
No. 3001

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At First Blush Pattern Co. - our debut pattern!



ABOUT BE *bashful* BIKINI

The Be Bashful Bikini is a pair of bikini cut panties that feature a low-rise waistline with three-quarter bottom coverage. They are a comfortable everyday pair of underwear that offer the right amount of ease and support throughout your day.

SUPPLIES *needed*

- All-purpose polyester sewing thread
- One ballpoint needle
- Elastic: 1/4" picot elastic or scalloped/decorative edge elastic

FABRIC *recommendations*

- Stretch knit, lace or velvet fabrics with 60% stretch or similar fabric
- Lining: Cotton jersey or similar breathable fabric

FABRIC/SUPPLY *requirements*

IMPERIAL	XS (0-2)	S (4-6)	M (8-10)	L (10-12)	XL (12-14)
MAIN FABRIC	5/8 yards	5/8 yards	5/8 yards	5/8 yards	5/8 yards
ELASTIC	2 yards	2 yards	2.5 yards	2.5 yards	2.5 yards
LINING	1/8 yard	1/8 yard	1/8 yard	1/8 yard	1/8 yard

METRIC	XS (0-2)	S (4-6)	M (8-10)	L (10-12)	XL (12-14)
MAIN FABRIC	57cm	57cm	57cm	57cm	57cm
ELASTIC	1.8m	1.8m	2.3m	2.3m	2.3m
LINING	11.5cm	11.5cm	11.5cm	11.5cm	11.5cm

DON'T FORGET TO *share!*

Share your bashful panties on social media!
Tag @atfirstblushpatterns &
Use #bebashfulbikini #atfirstblushpatterns

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SIZE *chart*

IMPERIAL/in	XS (0-2)	S (4-6)	M (8-10)	L (10-12)	XL (12-14)
BUST	29-31	31-33	33-35	35-37	37-39
WAIST	25-27	27-29	29-31	31-33	33-35
HIGH HIP	30-32	32-34	34-36	36-38	38-40
LOW HIP	35-37	37-39	39-41	41-43	43-45

METRIC/cm	XS (0-2)	S (4-6)	M (8-10)	L (10-12)	XL (12-14)
BUST	74-79	79-84	84-89	89-94	94-99
WAIST	63.5-69	69-74	74-79	79-84	84-89
HIGH HIP	76-81	81-86.5	86.5-91.5	91.5-96.5	96.5-101.5
LOW HIP	89-94	94-99	99-104	104-109	109-114

PRINTING *instructions*

The instructions and pattern will print on 8.5" x 11" (letter size) or on A4 paper. Please print the pattern at "actual size" or 100% on single-sided paper.

PATTERN *inventory*

Bikini Front - Cut 1 on Main Fabric

Bikini Back - Cut 1 on Main Fabric

Bikini Lining - Cut 1 on Main Fabric and Cut 1 on Lining Fabric

CUTTING *instructions*

Before you cut out your fabric, test for the direction of greatest stretch. It could be selvage to selvage, from cut edge to cut edge or diagonal. Once determined, fold the fabric so the direction of stretch matches with the arrows on your pattern. Once you cut out and tape your pattern together, lay it out on your fabric lining up the center fold line on the pattern with the fabric fold. Pin or trace your pattern to the fabric then cut.

SEWING *instructions*

1/4" Seam Allowance Included

Step 1: Sandwich the Bikini Back between the two lining pieces at the back seam. Make sure the right side of main fabric lining is facing the right side of the Bikini Back and the right side of the interior lining fabric is facing the wrong side of the Bikini Back. Use a zigzag stitch or overlock to sew the three pieces together.

Step 2: Match the right side of the Bikini Front with the right side of the main lining piece at the crotch seam. Twist the interior lining piece so the right side lines up with the wrong side of the Bikini Front at the crotch seam. Pin in place then sew. Your underwear will have a clean seam on the front and the back once you untwist.

Step 3: Pin the right sides of the front and back side seams together then stitch.

Step 4: Measure the waistband opening and leg openings then subtract 2" from each. Cut your elastic based on these measurements. You will have three pieces of elastic.

Step 5: Overlap the raw edges of the waistband elastic by about 1/2" then stitch. Repeat this on the elastic for each leg opening.

Step 6: Divide the elastic waistband four ways and mark each with a pin. Line up the seam of the waistband with either side seam of the bikini; keep right sides together and the scallop edges of the elastic towards the body of the garment. Stretch the elastic so that the pins match at both side seams and center front and center back. Pin then use a zigzag stitch while making sure to stretch the elastic to match the length of the fabric as you sew. Repeat for both leg openings.

Step 7: Flip the elastic to the wrong side of the fabric so the scallop edge now points away from the body of the garment. Next, zigzag stitch around the perimeter of the waistband and both leg openings on the right side.

Step 8: Finish and trim off any excess threads.

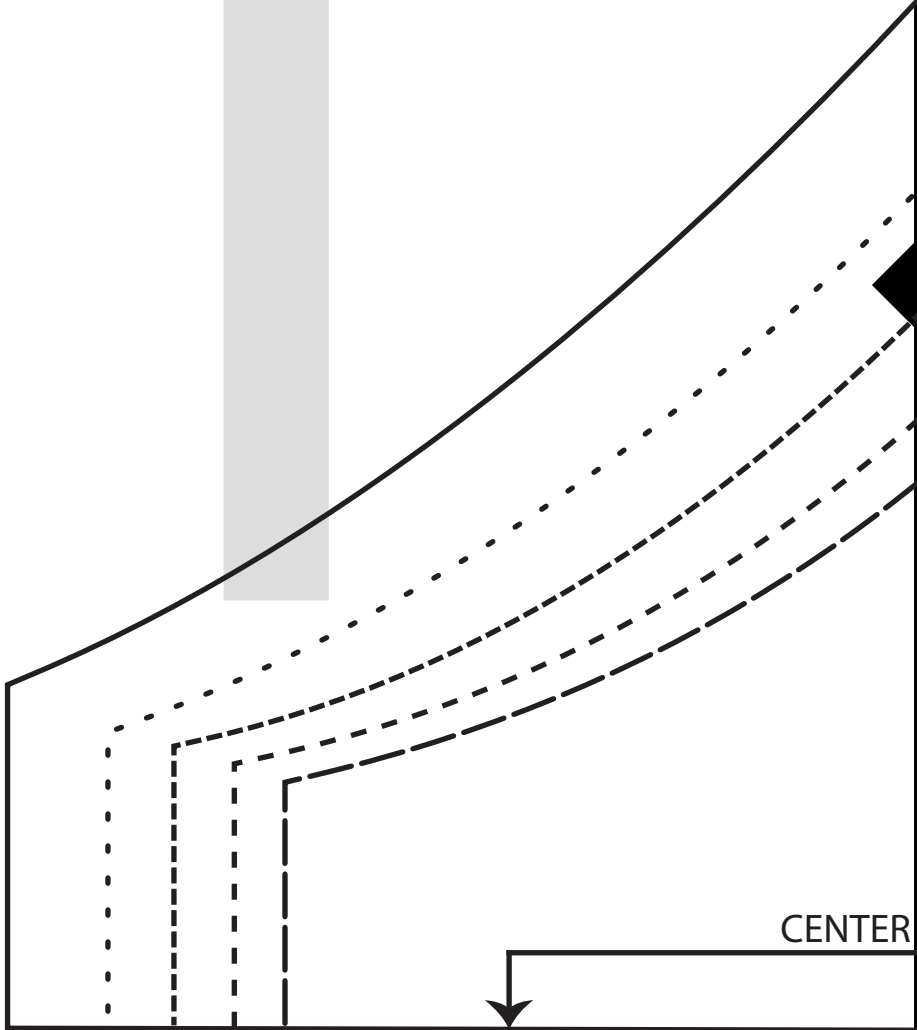
PATTERN *support*

For pattern support email atfirstblushpatternco@gmail.com

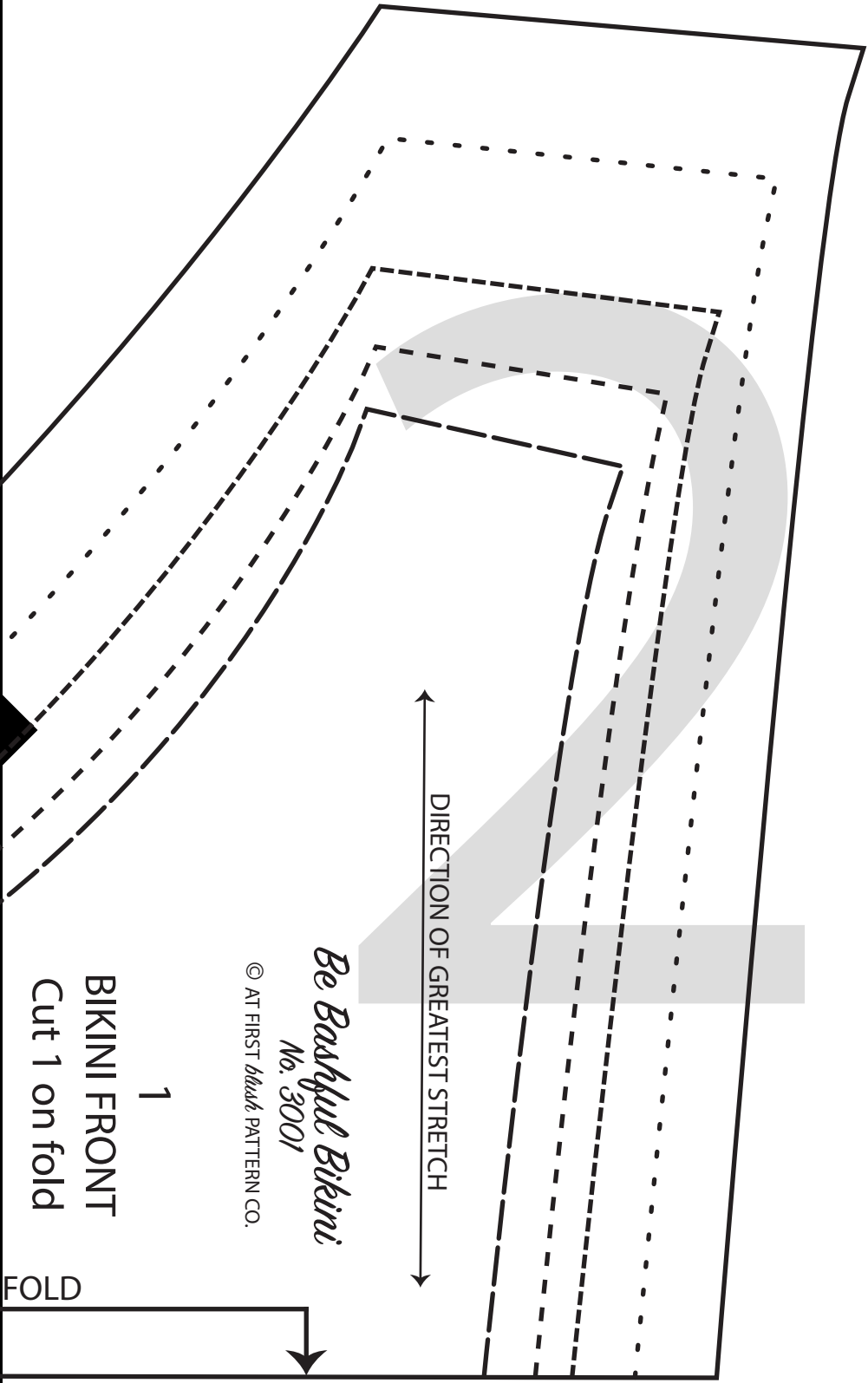
THANK *you* & HAPPY *sewing*

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CENTER



BIKINI FRONT
Cut 1 on fold

1

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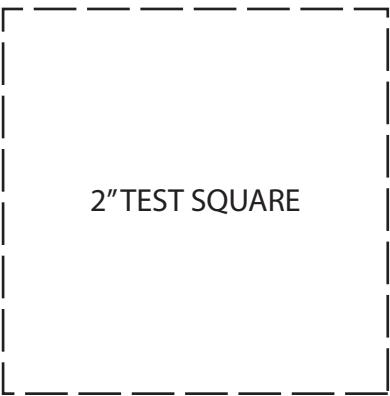
DIRECTION OF GREATEST STRETCH

FOLD

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Size Chart

X SMALL _____

SMALL _____

MEDIUM _____

LARGE _____

X LARGE _____

1/4" SEAM ALLOWANCE INCLUDED

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3

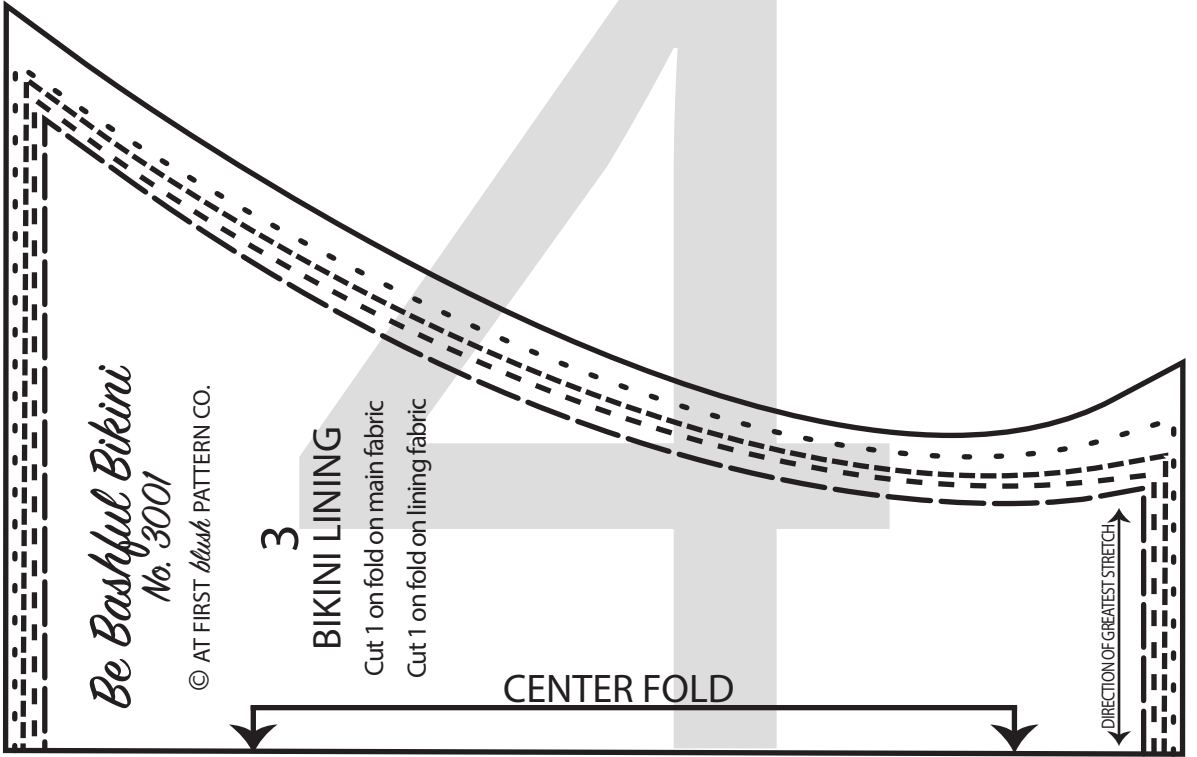
BIKINI LINING

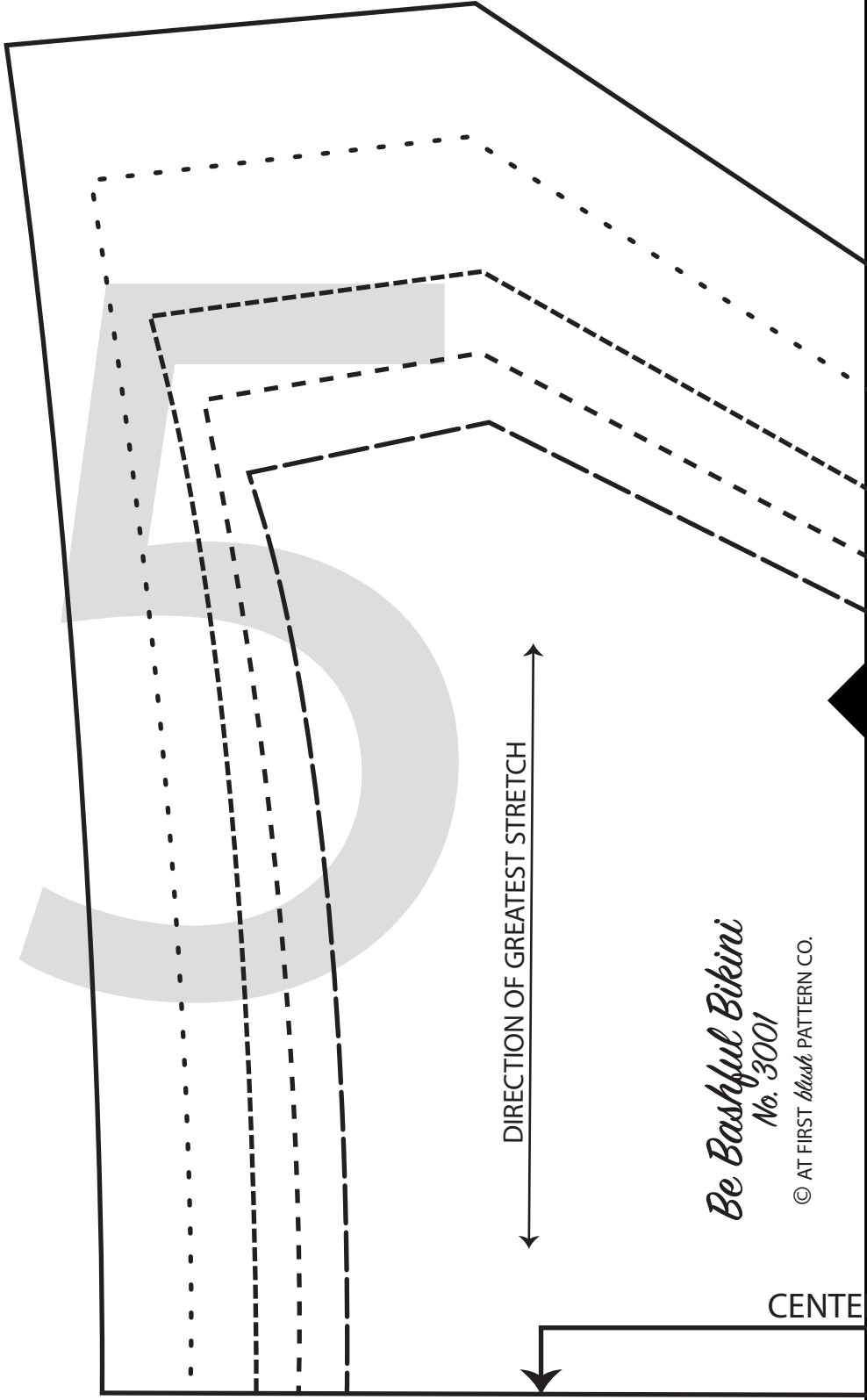
Cut 1 on fold on main fabric

Cut 1 on fold on lining fabric

CENTER FOLD

DIRECTION OF GREATEST STRETCH

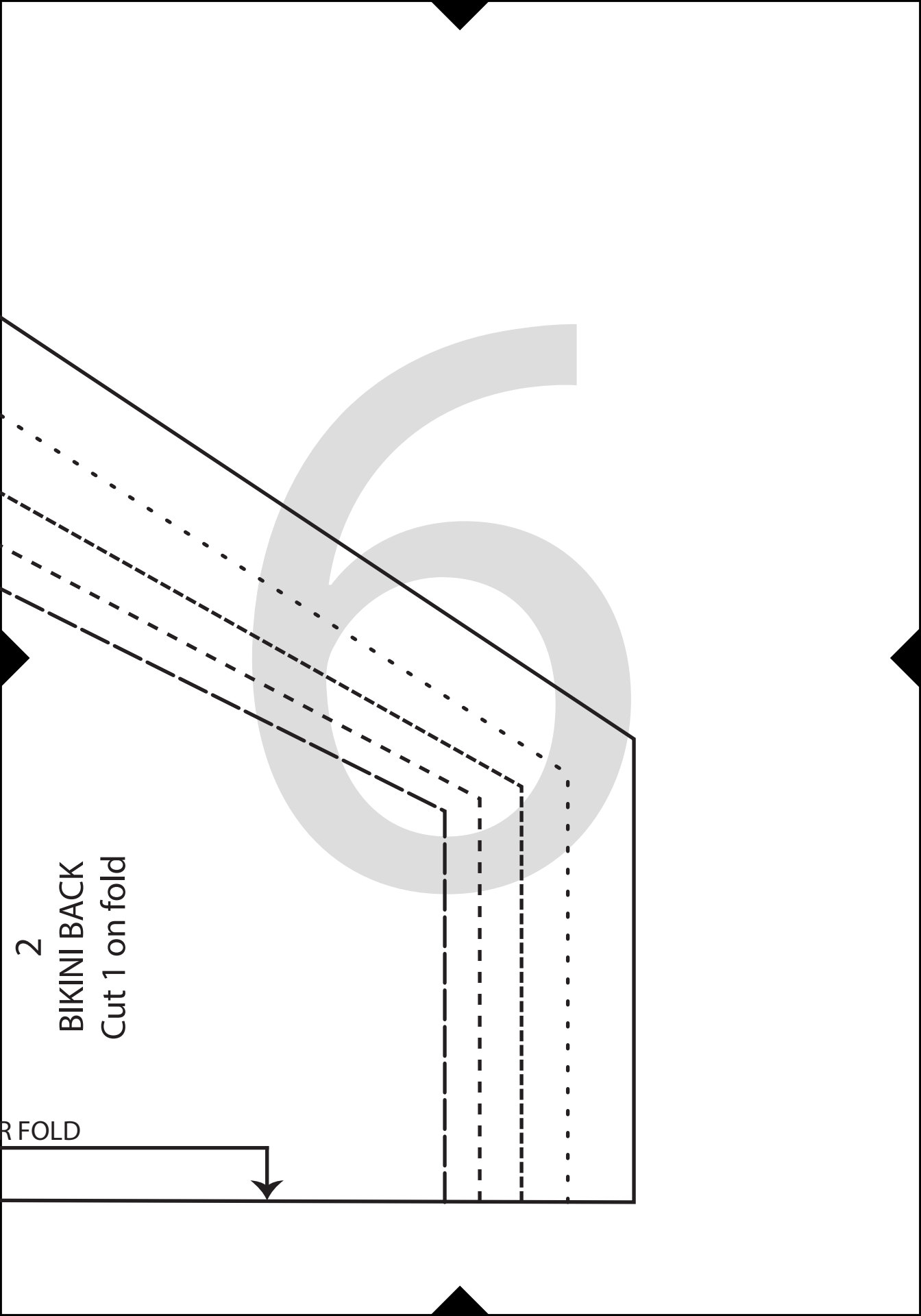




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CENTE



2

BIKINI BACK
Cut 1 on fold

CENTER FOLD

