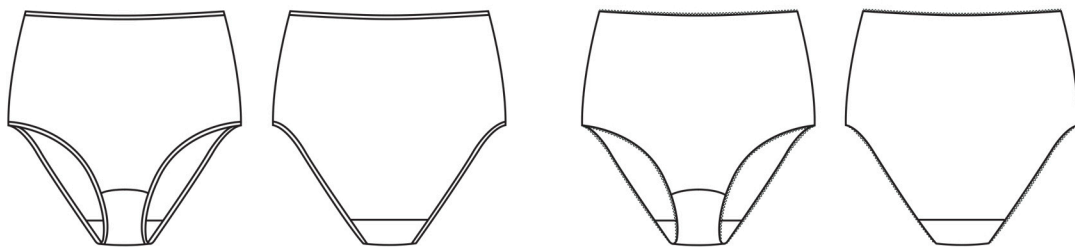




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THE
Maxine
PANTIES



Skill level: Beginner



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THE *Maxine* PANTIES

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SEWING PATTERN

Maxine sewing pattern	18-22
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LET'S GET SOCIAL

YouTube

There are some helpful tutorials available on the Evie la Luve You Tube channel to help you make up this pattern.

Visit the Evie la Luve You Tube channel for:

lingerie sewing tutorials

full pattern tutorials

pattern hacks

and everything lingerie making!

[youtube.com/evielaluve](https://www.youtube.com/evielaluve)

share your makes

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SEWING GLOSSARY

Right Side (RS) - The front of the fabric, the patterned side if the fabric has a print. The side of the fabric that will be seen on the finished garment.

Wrong Side (WS) - The back of the fabric, the reverse side.

Grainline - A line on the pattern pieces that shows which direction the pattern piece should be placed on the material. On woven fabrics, the grainline is the longwise direction of a fabric.

Dart - A sewn fold in the fabrics used to create shape to fit the contours of the body. They are usually a triangle shape and found at the bust waist and back.

Layplan - A layplan shows the position to lay the pattern pieces on the fabric to make the most out of the fabric.

On The Fold - An instruction found on the edge of the pattern piece. The fabric is folded to create a symmetrical pattern piece. To cut a pattern piece on the fold, place the edge with this instruction along the fold in the fabric and cut out.

Bias - The stretchiest part of the fabric. The bias runs diagonally to the straight grain of the fabric.

Woven Fabric - A material with a criss-cross threads that are woven together. A woven fabric is not usually stretchy unless spandex is woven in also. It will unravel easily so the raw edges must be finished with an overlocker (serger) or zigzag stitch. Woven fabrics when cut on the bias have a slight stretch.

Knit Fabric - A material with interlaced loops instead of a criss-cross thread. A knit fabric is usually stretchy and flexible, used for clothing such as T-shirts, leggings and underwear. Knit fabric is made up of continuous thread so a raw edge will tend not to fray.

Pressing - Placing a hot iron onto the fabric and holding it in place rather than moving it around. Each seam should be pressed as you go along to create a neat finish.

Seam Allowance - The fabric between the cut edge of the fabric and the line of the stitches. These vary depending on the pattern.

Finishing Raw Edges - This is to stop the fabric from fraying at the seams. This can be done in a few ways depending on your equipment or preferred method. You can use an overlocker, a machine zigzag stitch or trimming the edge of the seam allowance with pinking sheers.

Pinking Sheers - Fabric scissors with zigzag blades that create small zigzag stitches when cutting.

Raw Edges - The cut edge of the fabric before it is stitched or finished.

Topstitching - A line of stitches that can be straight, zigzag etc. Used to hold the seam in place and as a neat finish.

Zigzag Stitch - A sewing machine stitch that can be used to neaten raw edges and is ideal for sewing stretch fabrics as the stitch can be stretched without snapping.

Three Step Zigzag Stitch - This is a stitch on most sewing machines, ideal for sewing with stretch fabrics and sewing with elastic. The stitch can be stretched without snapping.

Overlocking - An overcast stitch used to finish a seam to stop the fabric from fraying. An overlocker (also known as a serger) does this stitch and cuts the excess seam allowance away in one go. This stitch is perfect for sewing stretch fabrics and creates a very neat, professional look to your projects.

Bra Findings - The rings, sliders and hooks used when making a bra. They are made in a variety of materials such as plastics, metal and enamel. They come in different sizes to fit different widths of bra strap elastic.

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FIND YOUR SIZE

Use your measurements to find your size on the size chart.

TAKING YOUR MEASUREMENTS

These are the main measurements needed for Evie la Lûve sewing patterns.

Bust (1)

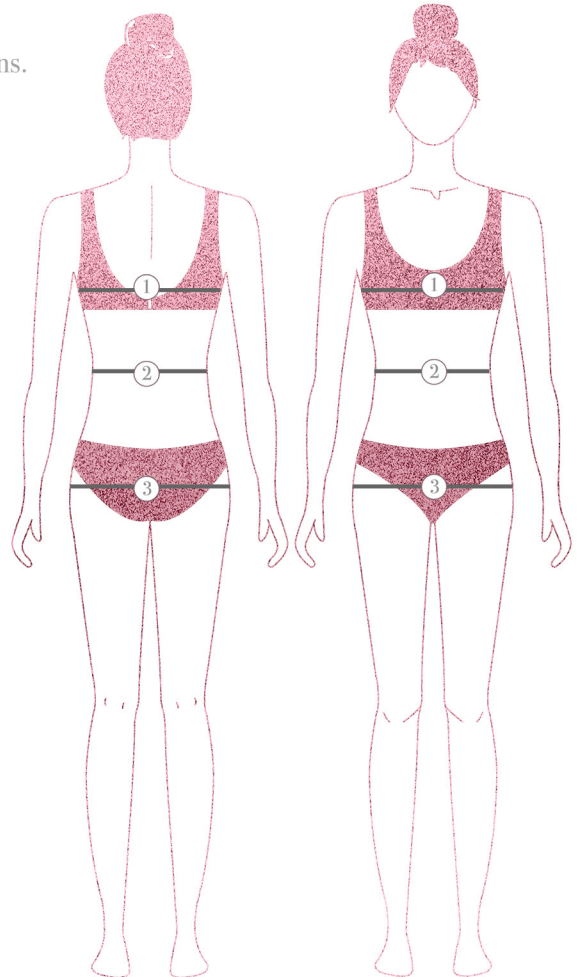
The fullest part around your bust, through the centre of your nipples.

Waist (2)

The narrowest part in between the bottom of your rib cage and the top of your hip bone.

Hip (3)

The widest part around your bum and hips.



SIZE CHART

	<i>waist measurement</i> cm inches	<i>hip measurement</i> cm inches
XXS	61 - 64 cm 24 - 25"	83 - 86 cm 33 - 34"
XS	65 - 68 cm 25½ - 26½"	87 - 90 cm 34½ - 35½"
S	69 - 72 cm 27 - 28"	91 - 94 cm 36 - 37"
M	73 - 76 cm 29 - 30"	95 - 98 cm 37½ - 38½"
L	77 - 80 cm 30½ - 31½"	99 - 102 cm 39 - 40"
XL	81 - 84 cm 32 - 33"	103 - 106 cm 40½ - 41½"
XXL	85 - 88 cm 33½ - 34 ½"	107 - 110 cm 42 - 43½"

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SUPPLIES

	Main Fabric	Lining Fabric	FOE or Knicker Elastic
ALL SIZES	0.5 M 20"	17 x 15 cm (7x6") Scrap	2.5 M 99"

+

You will also need **co-ordinating thread & a bow** or other decorative element to finish the panties if you wish.

RECOMMENDED FABRICS

Main Fabric: Stretch fabrics like jersey, stretch mesh, stretch velvet, spandex & stretch lace.

Lining Fabric: Cotton jersey.

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SUPPLIES CHECK LIST

SUPPLIES NEEDED	<input checked="" type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
	<input type="checkbox"/>
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PRINTING & ASSEMBLING THE PDF PATTERN

PRINTING

Make sure your printer settings are not set to zoom or 'fill page', insure the pages are printing at 100%. To check you are printing the right size, print the page with the test square first, it should measure 60 mm x 60 mm. If it does not you will need to adjust your printer settings.

The pattern is five pages in total.

ASSEMBLING

The numbers and letters next to the triangle shapes on each page determine the order of the pattern pieces. Each page is also numbered in order going from left to right. After taping the pattern together, you can then either trace over the pattern at the correct size or cut the pattern pieces along the size lines using the key. There is a total of three pattern pieces. Follow the directions on the pattern when cutting your materials.

ADDITIONAL INFORMATION

SEAM ALLOWANCES

The pattern pieces include a 5 mm (1/4") seam allowance unless instructed otherwise. The seams can be overlocked or zigzag stitched, depending on your equipment or preferred method.

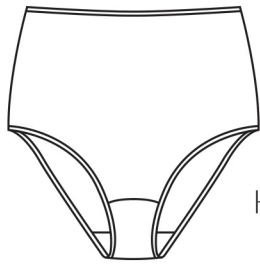
TEST GARMENT

I recommend sewing a test garment first in similar materials to check the size and fit before sewing in your best materials.



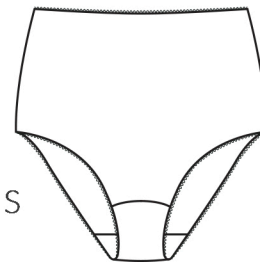
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Maxine

HIGH WAIST PANTIES



sewing instructions



Fold Over Elastic Finish



Knicker Elastic Finish

1. Start with the front and the crotch (main). Place them RS (right sides) together, matching the crotch seam. Turn the work over and place the RS of the crotch lining to the WS (wrong side) of the front. Match all three front crotch seams and sew with a straight stitch using a 1 cm (3/8") seam allowance.



2. Open out the pattern pieces and tuck the front out of the way so you can see both back crotch seams. Lay the panties back to the crotch (main), RS to RS, matching the back crotch seam. Tuck this out of the way too and fold the crotch lining over so the RS is against the WS of the back. Match all three seams and pin. Sew the seam with a straight stitch using a 1 cm (3/8") seam allowance.



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3. Trim the seam allowances to approx. 5 mm (1/4").



4. Turn through so all the RS are facing out and press the crotch seams.



5. Place the front and back RS together and sew the side seams with a 5 mm (1/4") seam allowance. If you are using an overlocker, overlock these seams. If you are not, use a zigzag stitch or your preferred method of finishing the seams. Press the seams towards the back.



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This pattern includes instructions for fold over elastic (FOE) and knicker elastic finished waist & leg openings. Skip to page 14 for the knicker elastic sewing instructions.

FOLD OVER ELASTIC WAIST & LEG OPENINGS

6. Cut a piece of elastic 5 cm (1 3/4") shorter than the waist opening.



7. Create a loop with the elastic by placing the two ends of the elastic RS (the side you want to see on the final garment as FOE is often double sided) together and sewing with a 5 mm (1/4") seam allowance.



8. Divide the elastic into quarters and mark with pins. Do the same with the waist opening. You can do this by folding or measuring.



9. Place the WS of the elastic to the WS of the fabric with the edge of the fabric sitting along the fold line in the elastic. Sew along the edge of the fabric, trapping the elastic underneath with a medium three step zigzag stitch. Stretch the elastic to match the length of fabric, matching the pins all the way around. Start the join in the elastic at a side seam.



10. Trim the fabric back to the zigzag stitches then fold the elastic down to the RS and topstitch with the same three step zigzag stitch.



11. Cut two pieces of fold over elastic approx 3 cm (1 1/4") shorter than the leg openings.

12. Use the same method to apply the fold over elastic to the leg opening as with the waist opening.



13. Repeat for the other leg opening.

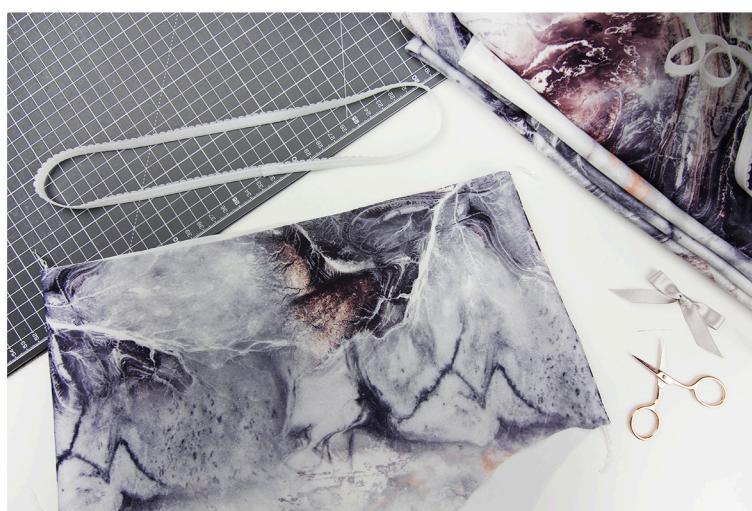


KNICKER ELASTIC WAIST & LEG OPENINGS

14. Cut a piece of elastic 5 cm (1 3/4") shorter than the waist opening.



15. Create a loop with the elastic by overlapping the ends and securing with a machine zigzag stitch.



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16. Divide the elastic into quarters, either folding or measuring, and mark with pins. Do the same with the waist opening.



17. Place the straight edge of the elastic along the edge of the fabric with the plush side of the elastic (or the side that will be against the skin) facing upwards. Sew on top of the elastic with a three step zigzag stitch, stretching the elastic as you sew, matching the pins.



18. Trim back the fabric to the zigzag stitches. Fold the elastic under and topstitch with the same three step zigzag stitch.



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19. Cut two pieces of elastic approx 3 cm (1 1/4") shorter than the leg openings.



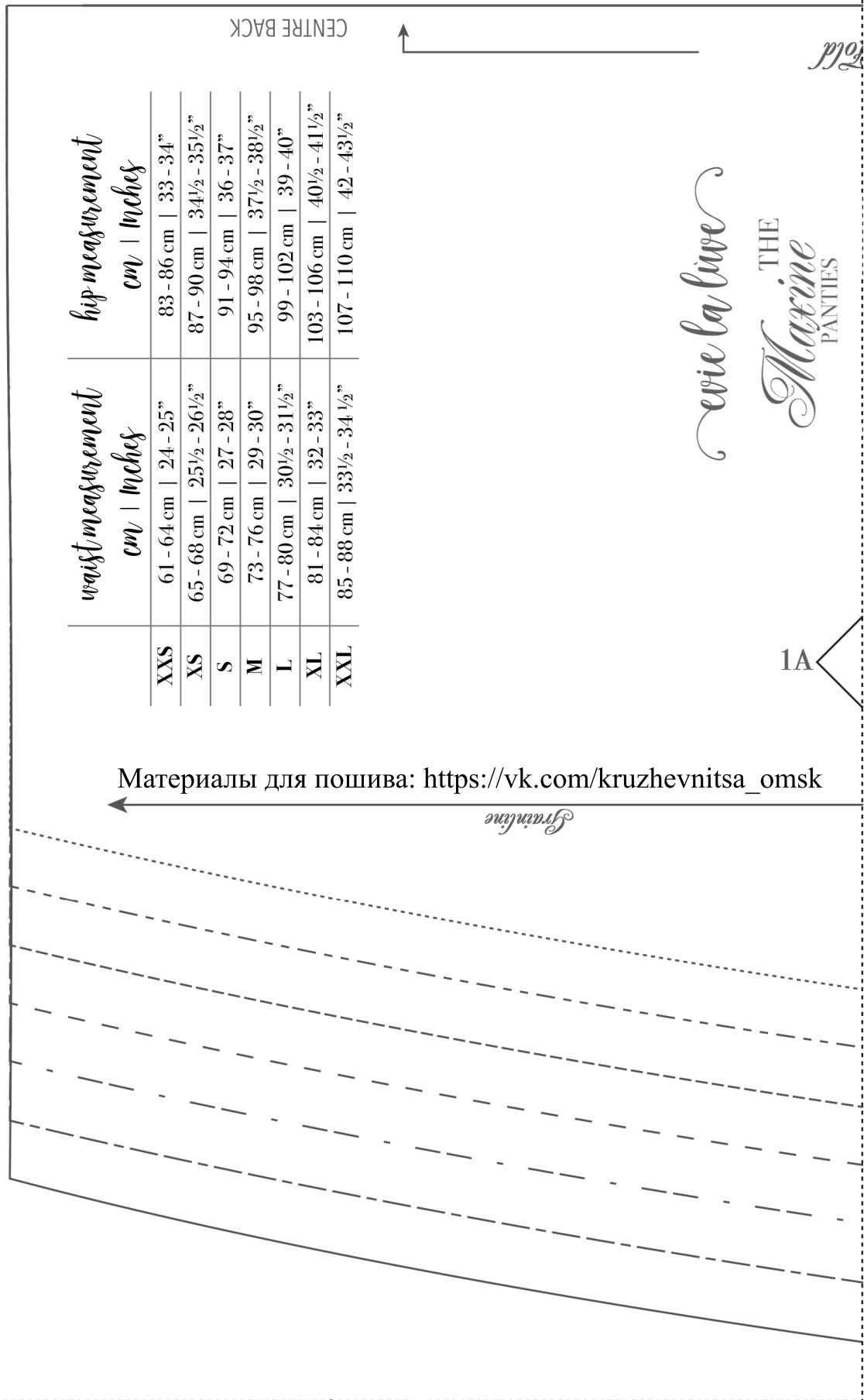
20. Use the same method to apply the knicker elastic to the leg openings as with the waist opening.



21. Add a bow or any other decorative element to the panties



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Grainline

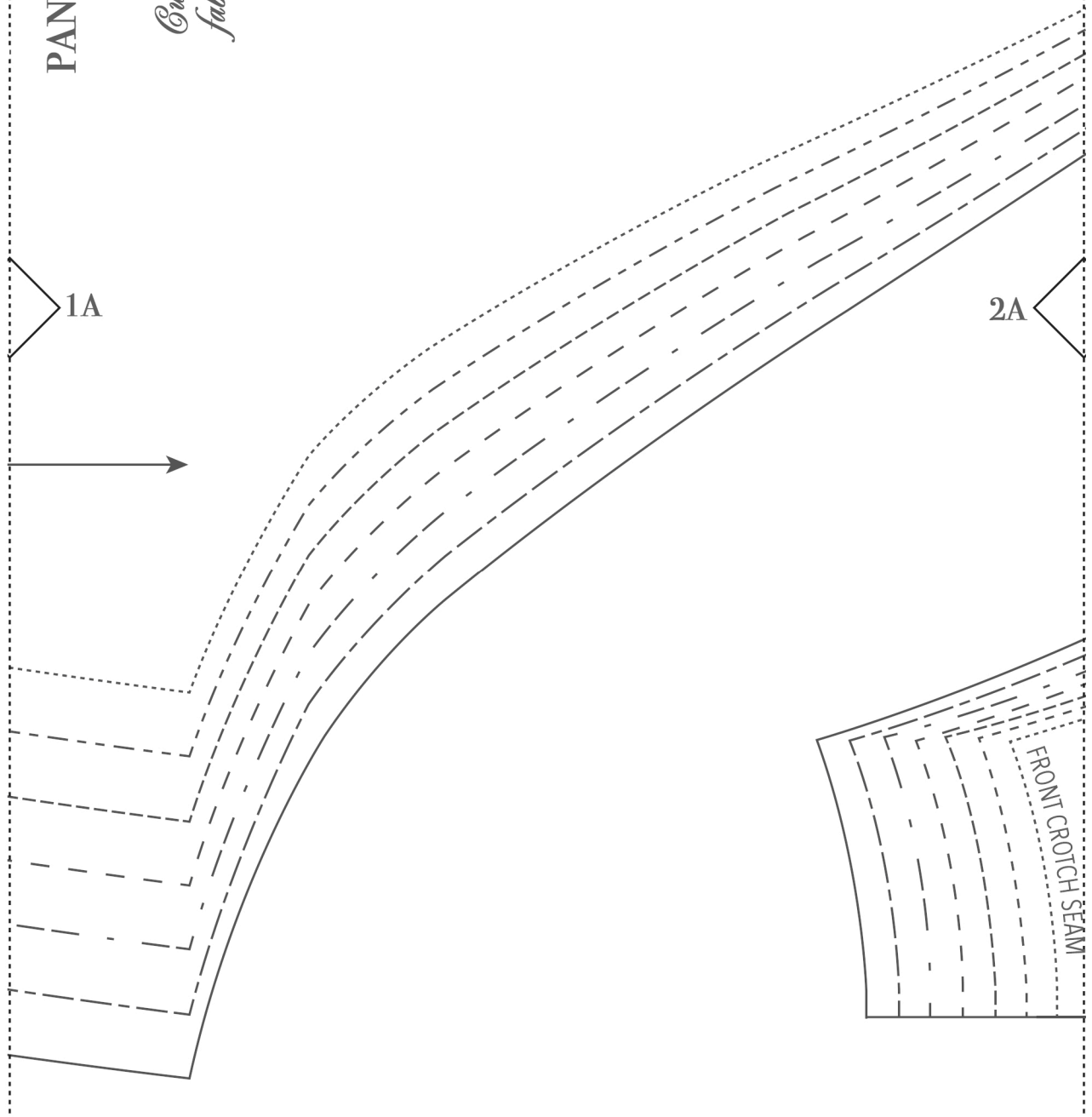
Place on

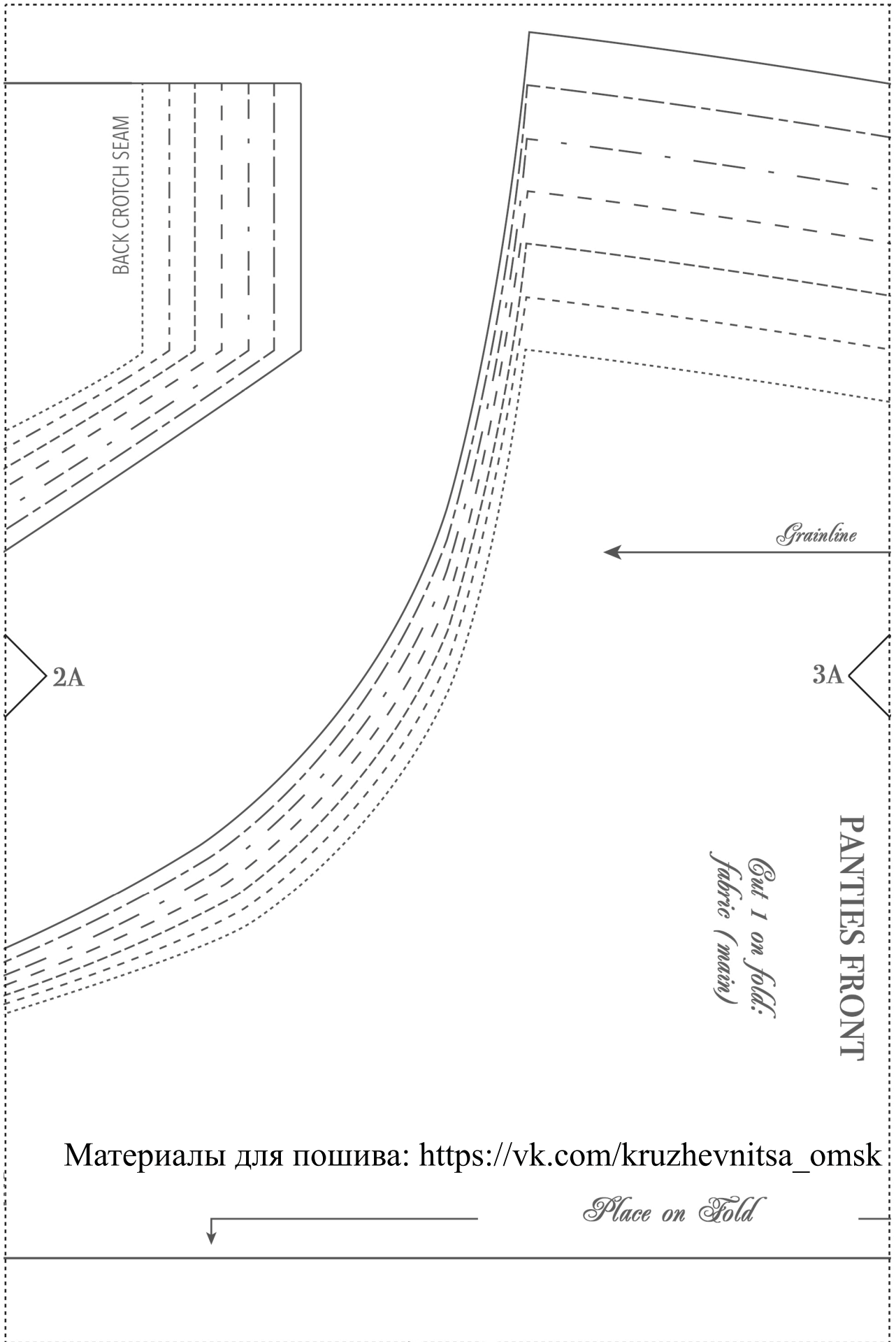


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PANTIES BACK

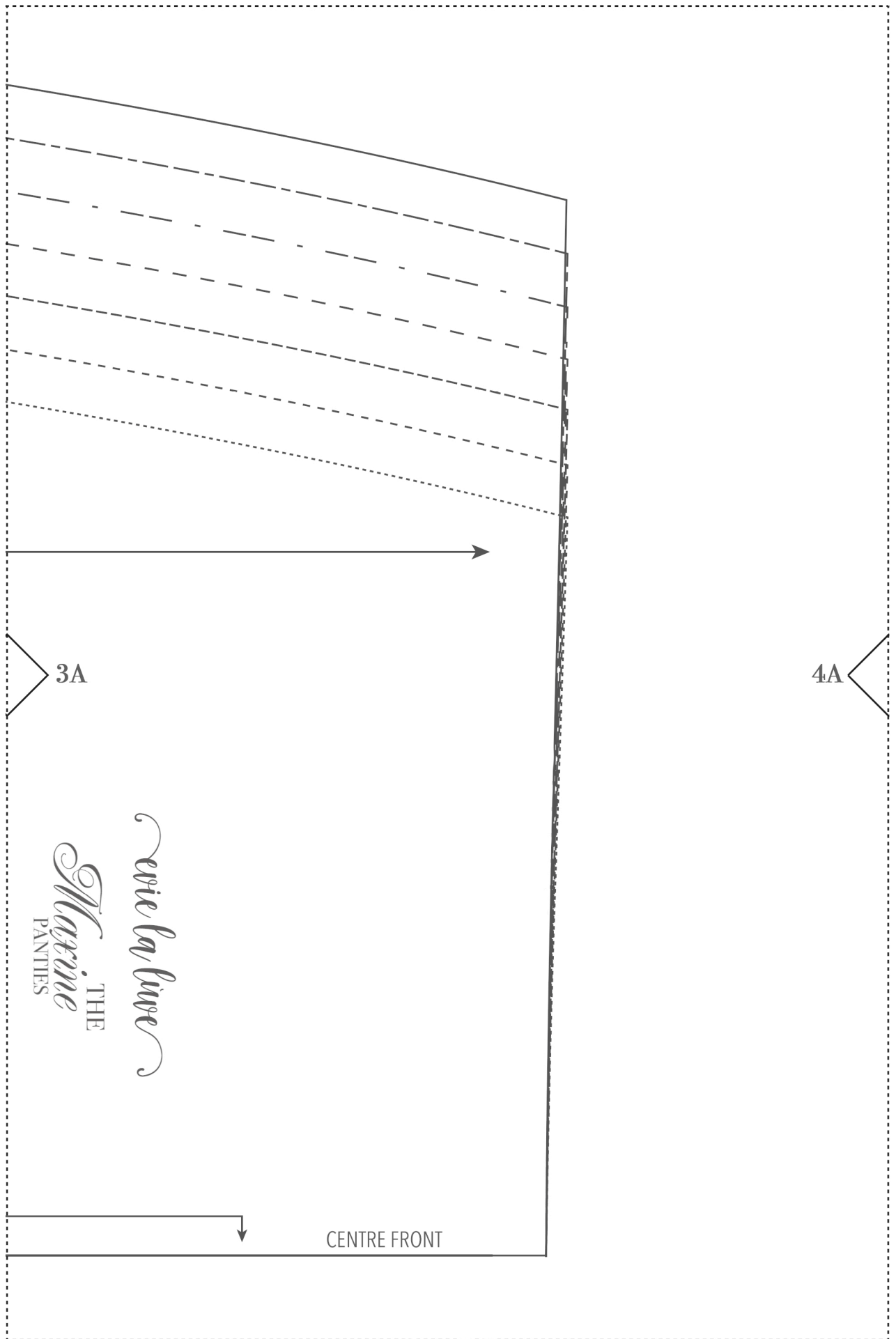
*Cut 1 on fold:
fabric (main)*





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Place on Fold



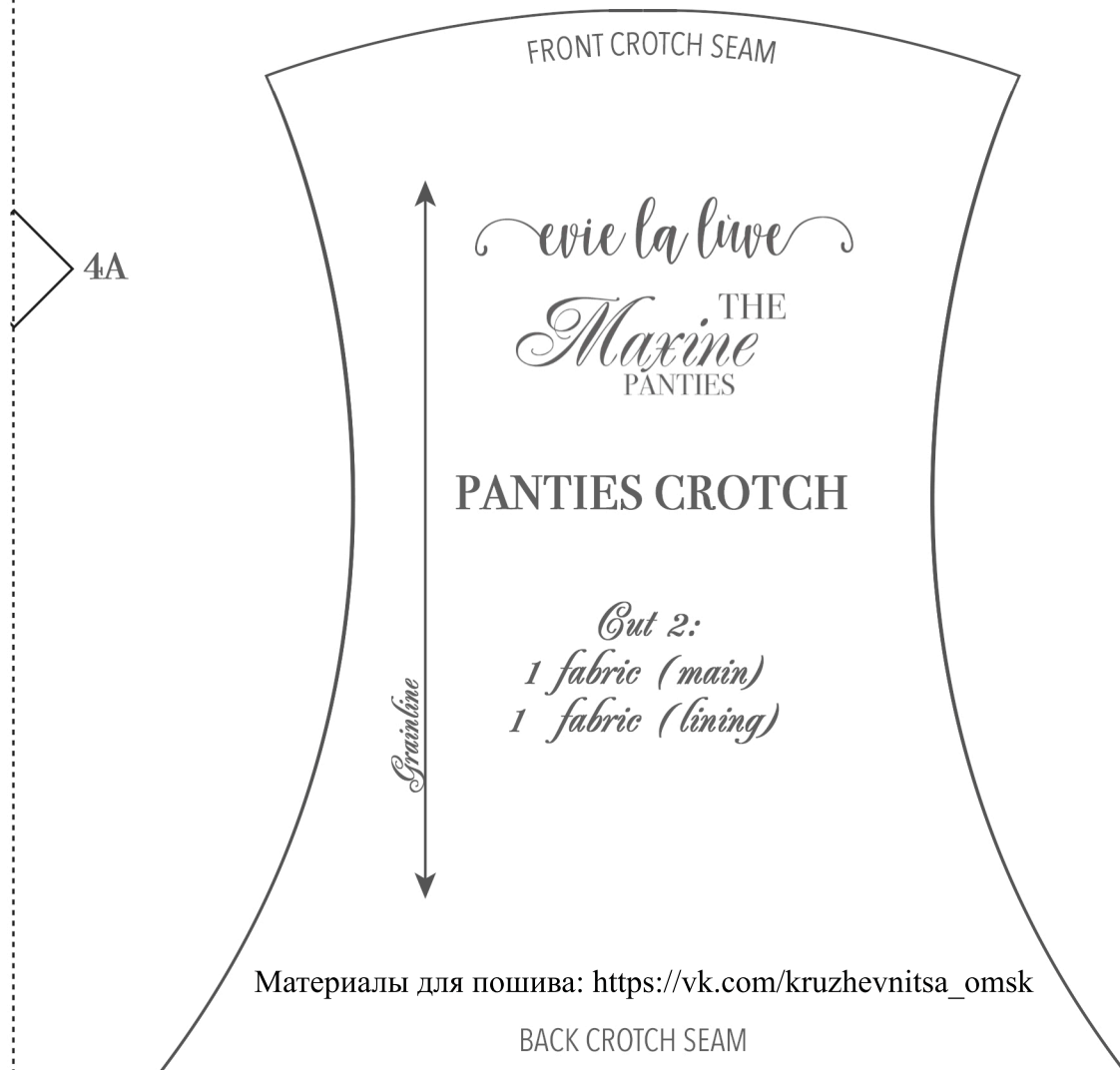
TEST SQUARE

60 mm x 60 mm

If this square does not
measure 60 mm x 60 mm,
please check your printer
settings.

SIZE KEY

.....	XXS
-----	XS
-----	S
- - - - -	M
- . - . -	L
-----	XL
—————	XXL



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