

Baby Go To leggings

3-6mo., 6-9mo., 9-12mo.



Go To Patterns

How to use this pattern:

1 *measure your baby to ensure a proper fit!*

Size	3-6m	6-9m	9-12m
Waist	18.5 in	18.75 in	19.25 in
Inseam	8 in	8.5 in	9.25 in

2 *Gather supplies!*

★ **1/2 Yard knit fabric**

★ **2/3 yard 1/2"-3/4" KNIT elastic**

This pattern works well with knit fabrics that have at least 40% stretch. We recommend a knit with some lycra or spandex for good stretch and recovery.

Do not use non-roll elastic for the waistband.

3 *Wash your fabric*

Knit fabrics can shrink a lot when washing. Wash and dry your fabrics at least once before cutting.

4 *Read!*

This e-book is full of tips for sewing this pattern. We hope you'll learn something valuable!

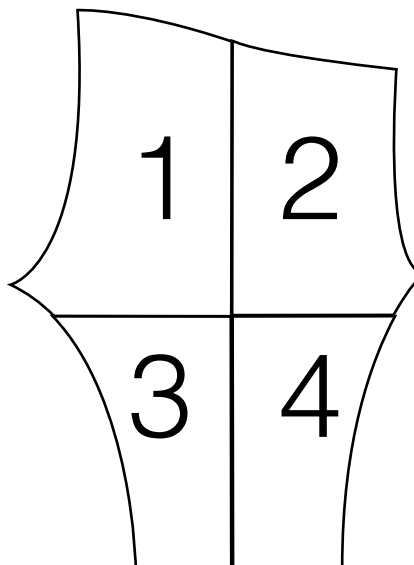
5 *Print your pattern pieces*

There is no need to print the entire e-book! Just print the pieces you need to save paper. Do not scale. Print at 100%. This pattern will print on A4 or letter sized paper. Each page has a 1 inch test square. We highly recommend measuring to ensure your printer printed correctly.

6

Tape pieces together

Cut each pattern piece out. Tape pattern together as shown.



7

Cut your fabric

Fold fabric in half. Use pattern weights to hold pattern in place on fabric. Cut pattern using a small rotary cutter (and cutting mat) or scissors.

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Sew Knits: Tips & Tricks

Hem with a zig zag stitch, a coverstitch machine or a double needle.

Use a walking foot to keep layers feeding together well.

Use polyester thread.

You don't need to finish the edges of knit fabric!

A serger (overlock machine) isn't necessary but it's useful!

Use a ballpoint or stretch needle in your sewing machine.

Use a zig zag stitch when using a regular sewing machine.

Test your stitches on your fabric first! See which stitch is best!

If your seams are wavy, try using tear away stabilizer or tissue paper behind your stitch. Gently remove.

Use spray starch on the edges of fabric that rolls up.

Do not stretch your fabric as you sew!

It often helps to loosen your tension and lengthen your stitch.

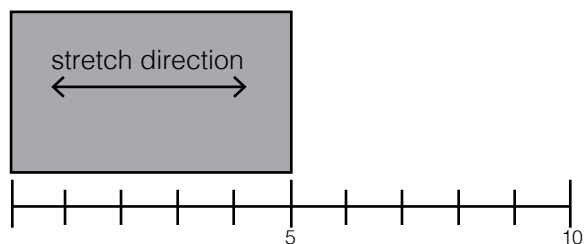
Press your seams flat.

Most knits do not unravel. No need to finish edges.

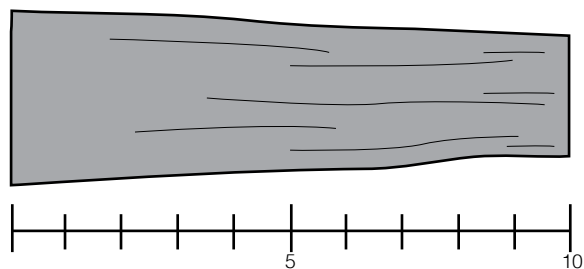
Measuring Stretch Percentage

For this pattern you will need one way stretch of about 25-75%.

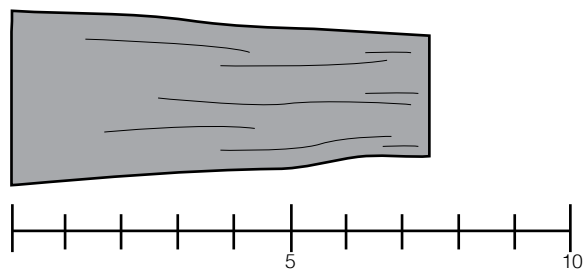
★ **Cut a piece of your knit fabric 5”x2”**



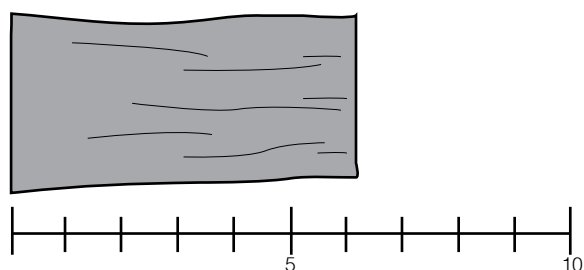
★ **Stretch your fabric.**



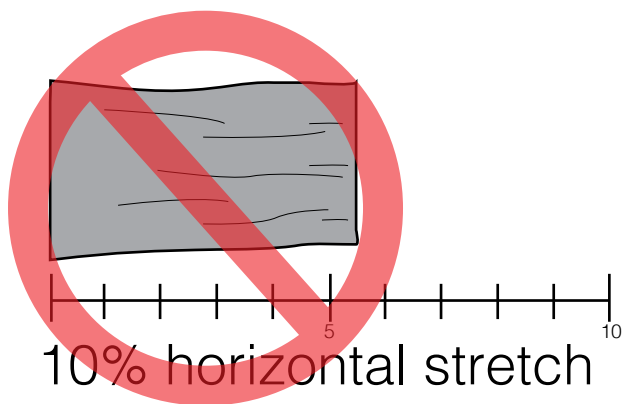
100% horizontal stretch



50% horizontal stretch



25% horizontal stretch

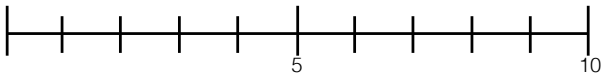
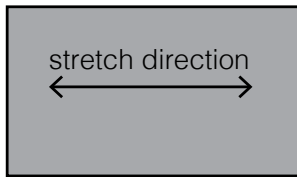


10% horizontal stretch

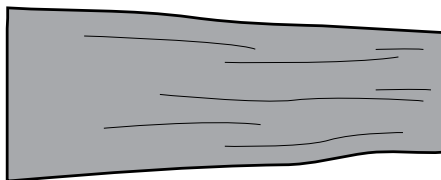
★ **Turn the fabric to determine if it has stretch the other direction. More than 25% vertical stretch is not advisable for this pattern.**

Stretch Recovery is Important!

Equally as important to stretch is recovery. After you stretch your fabric, make sure it recovers to nearly the same size as it began.



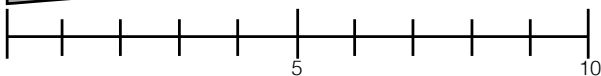
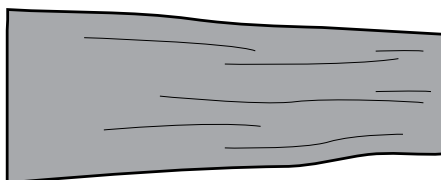
★ Stretch your fabric.



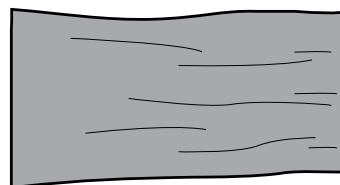
50% horizontal stretch



Good stretch recovery



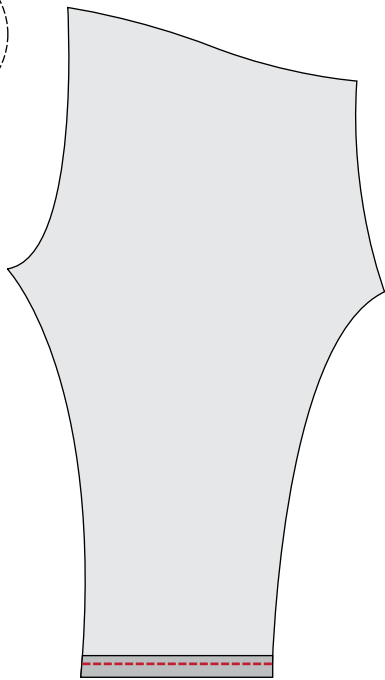
50% horizontal stretch



Bad stretch recovery

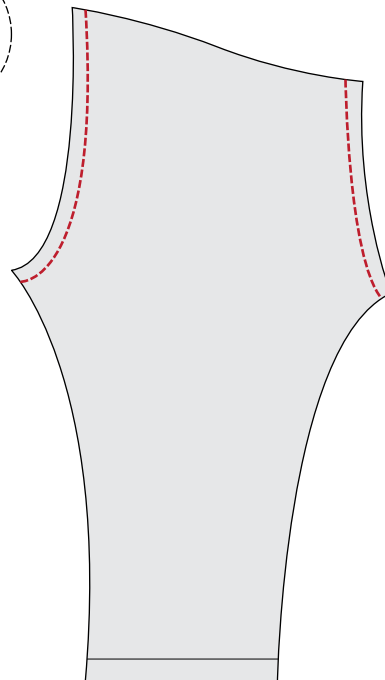
★ **Bad stretch recovery will leave your top looking oddly stretched or too large. Fabrics with bad stretch recovery do not wash up as well. 100% cotton knits tend to have poorer stretch recovery, though not always.**

1



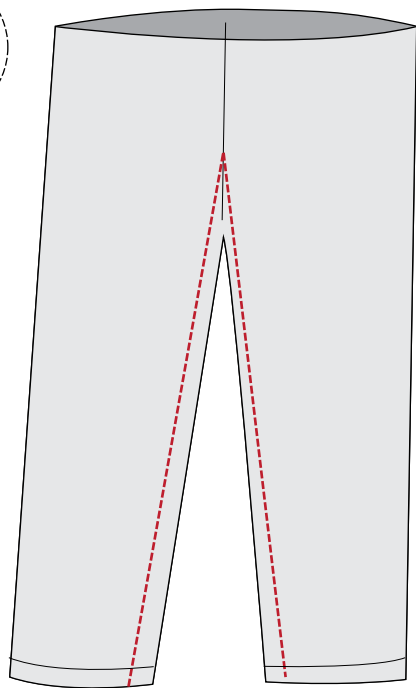
Turn hem on bottom of each pant leg under 1/2". Hem with a zig zag, double needle or coverlock stitch.

2



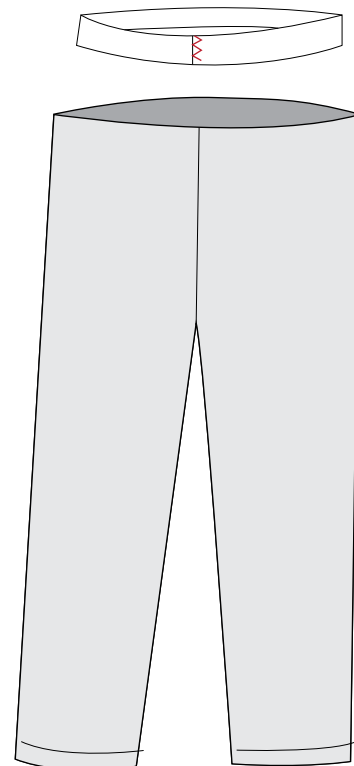
Lay pants Right Sides Together (RST). Sew each rise (crotch seam). Use 3/8" seam allowance.

3



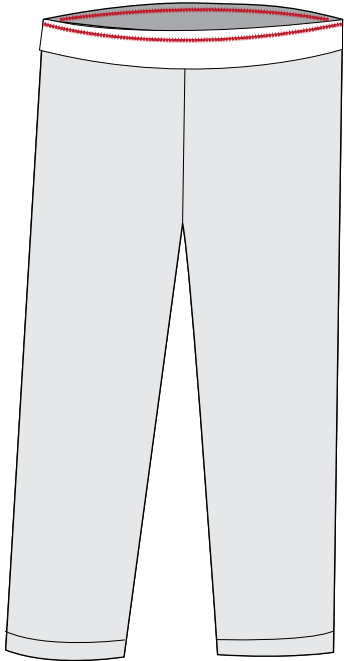
With pants RST, sew inside leg seams.

4



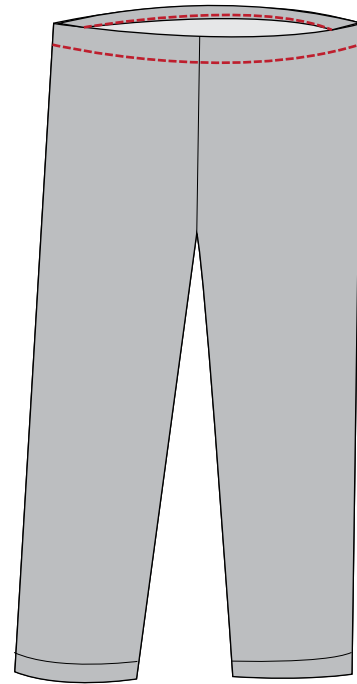
Make elastic into a loop. Overlap ends. Using a zig zag stitch, sew ends securely together.

5



Gently stretch elastic and sew elastic to the top of the Wrong Side of the pants waistband. Use zig zag or serger.

6



Turn elastic under toward wrong side. Stitch along the edge of elastic, stretch as you sew.

1 inch

9-12 mo

6-9 mo

3-6 mo

Waistband elastic

3-6 mo: 17 inches

6-9 inches: 17 1/2 inches

9-12 inches: 18 inches

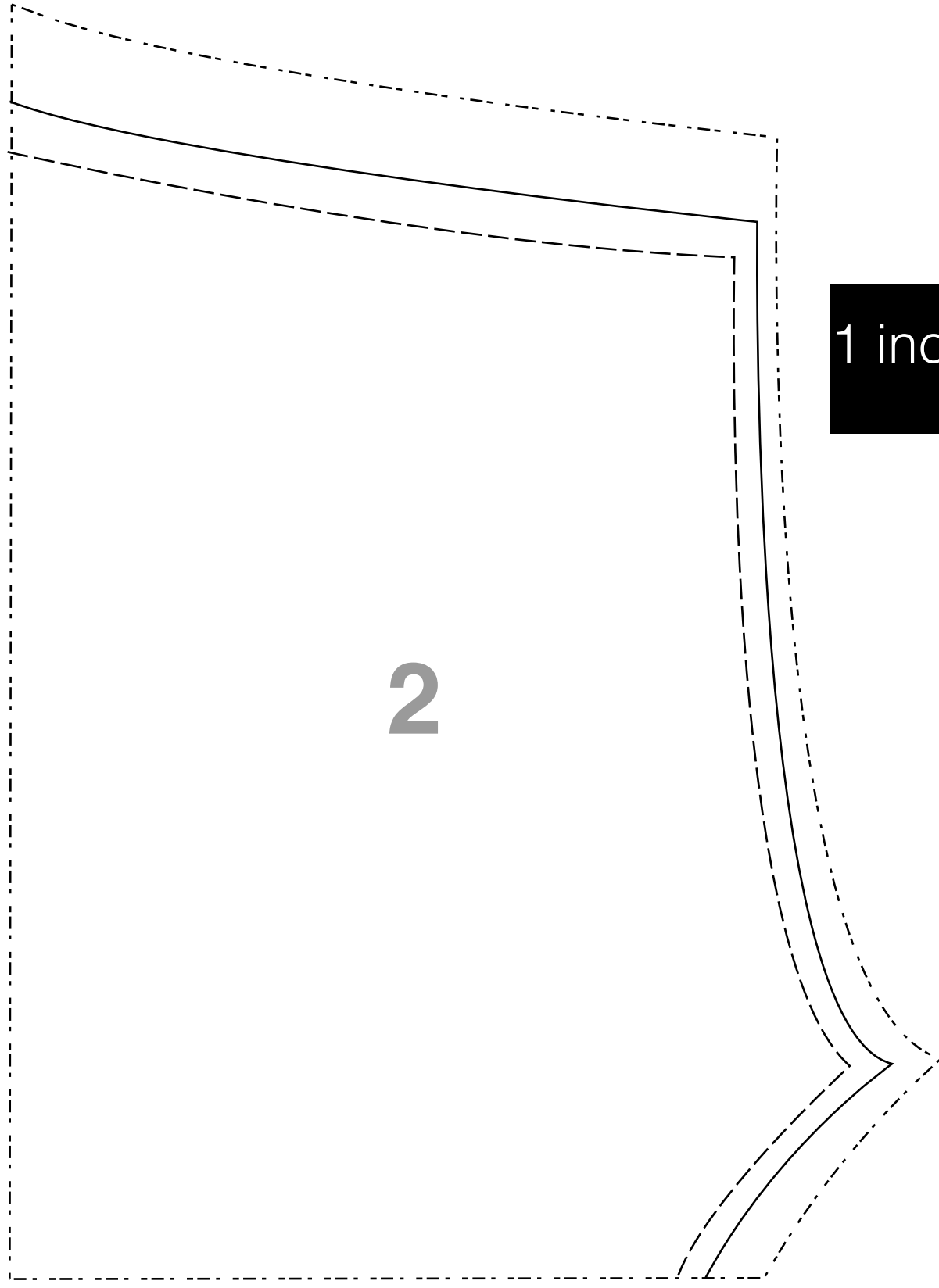
1

Baby Go To Leggings

by Andrea Pannell for Go To Patterns

Cut 2

3/8" seam allowance included

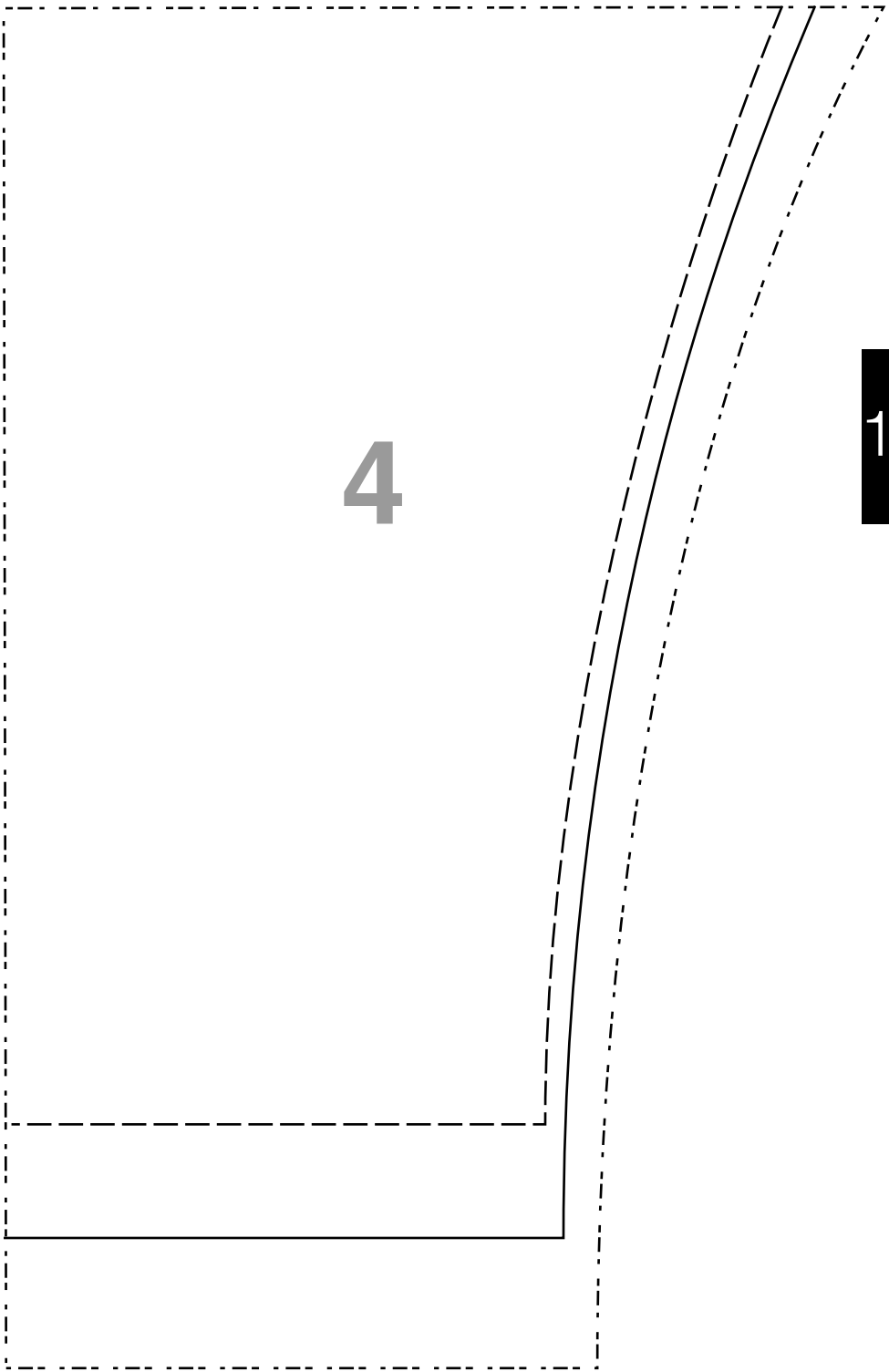


1 inch

2

1 inch

3



4

1 inch