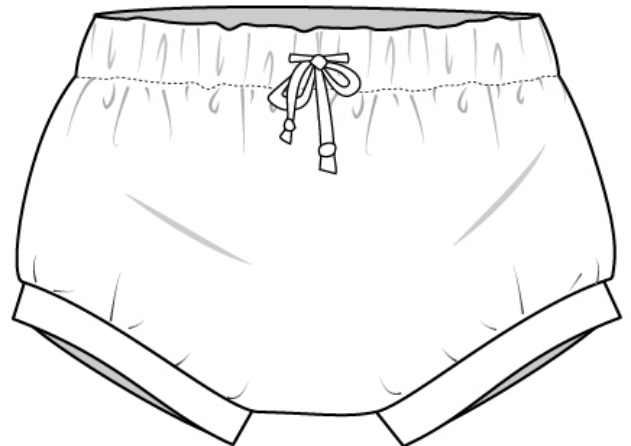
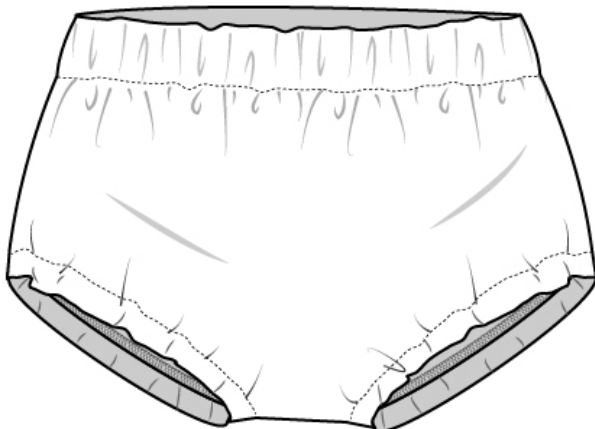


Brindille & Twig sewing pattern and tutorial

119 bummies



BODY MEASUREMENTS: INCHES AND (CM):

SIZE	WAIST	CHEST	HEIGHT	INSEAM	HEAD
Preemie (44)	14" (35.5cm)	13.75 (35)	17.5 (44)	5 (13)	13.75 (35)
Newborn (52)	16 (40.75)	15.5 (39.25)	20.5 (52)	6.75 (17)	15 (38)
0-3 (62)	17.5 (44.5)	17 (43.25)	24 (62)	8.5 (21.50)	16.5 (42.25)
3-6 (68)	18.5 (47)	18 (45.75)	27 (68)	10 (25.75)	17.5 (44.75)
6-9 (74)	19 (48.25)	18.5 (47)	29 (74)	11.25 (28.5)	18 (46)
9-12 (78)	19.5 (49.5)	19 (48.25)	30.5 (78)	12 (30.5)	18.5 (47.25)
12-18 (84)	20.25 (51.5)	19.75 (50.25)	33 (84)	13.5 (34)	19 (48.5)
18-24 (90)	21 (53.25)	20.5 (52)	35 (90)	14 (35.5)	20 (50.75)
2-3 (96)	21.5 (54.75)	21 (53.25)	38 (96)	15.5 (39.75)	20.25 (51.5)

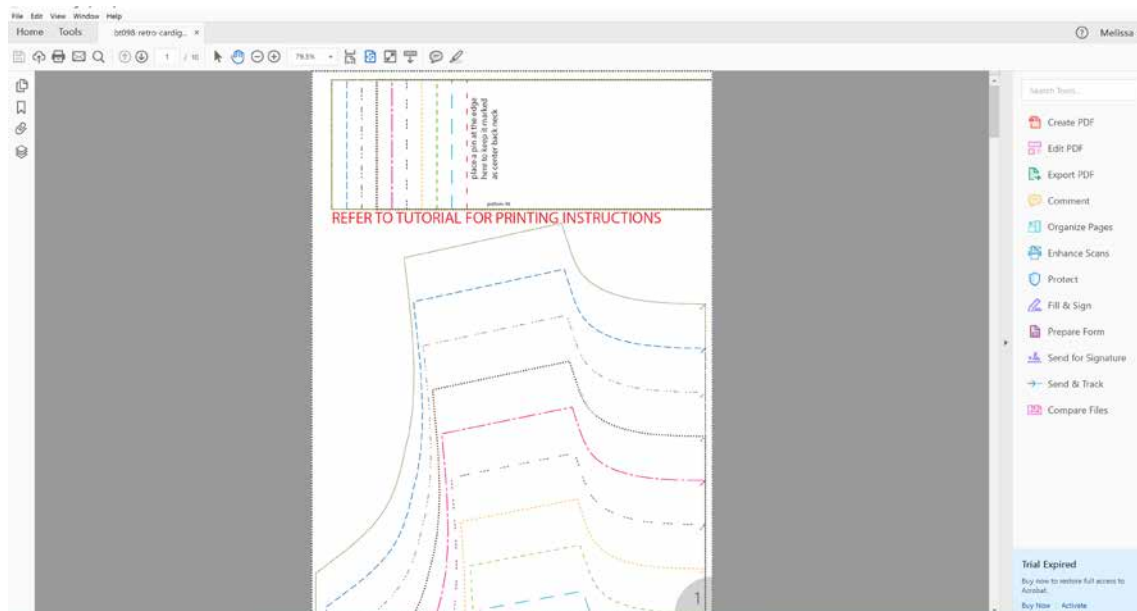
FINISHED GARMENT MEASUREMENTS: INCHES AND (CM):

SIZE	ACROSS WAIST	LEG OPENING	SIDE SEAM
Preemie (44)	5.5 (14)	6 (15.2)	3.6 (9.1)
Newborn (52)	6 (15.2)	6.5 (16.5)	3.9 (9.9)
0-3 (62)	6.5 (16.5)	7 (17.8)	4.2 (10.7)
3-6 (68)	7 (17.8)	7.5 (19)	4.35 (11)
6-9 (74)	7.25 (18.4)	8 (20.3)	4.5 (11.4)
9-12 (78)	7.5 (19)	8.5 (21.6)	4.6 (11.7)
12-18 (84)	7.75 (19.7)	9 (22.9)	4.7 (11.9)
18-24 (90)	8 (20.3)	9.5 (24.1)	4.85 (12.3)
2-3 (96)	8.25 (21)	10 (25.4)	5 (12.7)

ELASTIC MEASUREMENTS: INCHES AND (CM):

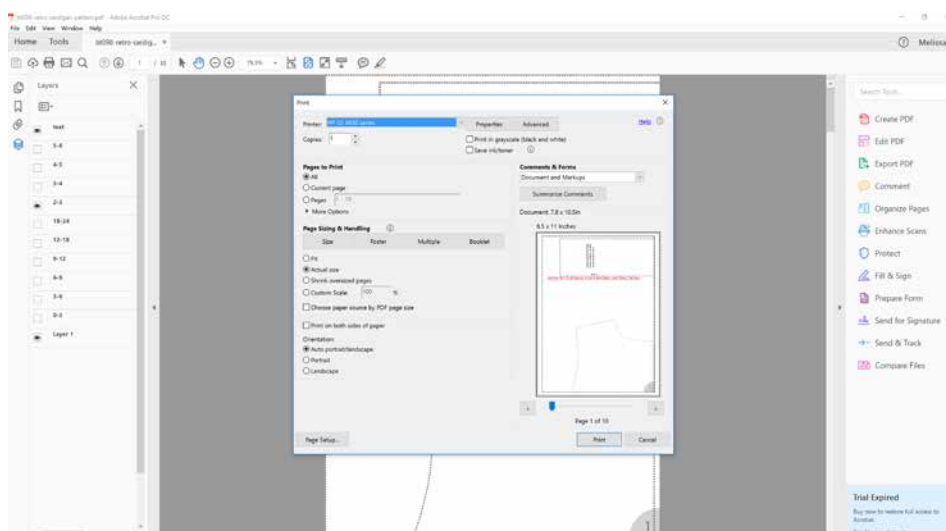
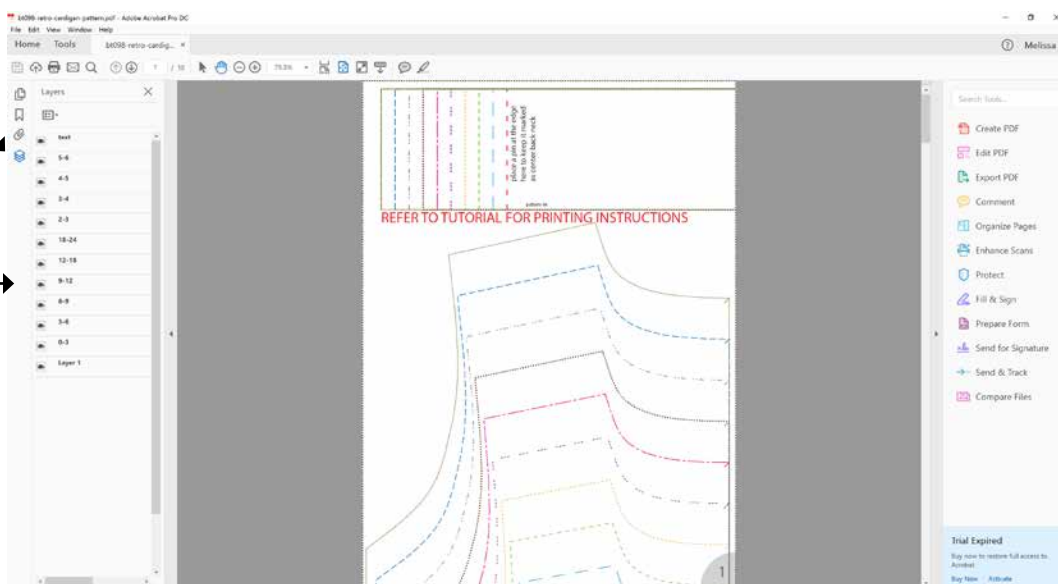
SIZE	Preemie	NB (52)	0-3 (62)	3-6 (68)	6-9 (74)	9-12 (78)	12-18 (84)	18-24 (90)	2-3 (96)
Waist elastic - cut 1	12 (30.5)	13 (33)	14 (35.6)	15 (38.1)	15.5 (39.4)	16 (40.6)	16.5 (41.9)	17 (43.2)	17.5 (44.5)
Leg elastic - cut 2	6.5 (16.5)	7 (17.8)	7.5 (19)	8 (20.3)	8.5 (21.6)	9 (22.9)	9.5 (24.1)	10 (25.4)	10.5 (26.7)

- Follow photos to print pattern (these photos are just an example and may not represent your pattern)
- Open the pattern file in Adobe Acrobat Reader (free program you can get [here](#) if you don't have it yet)



Click the layers icon
to the left of the page

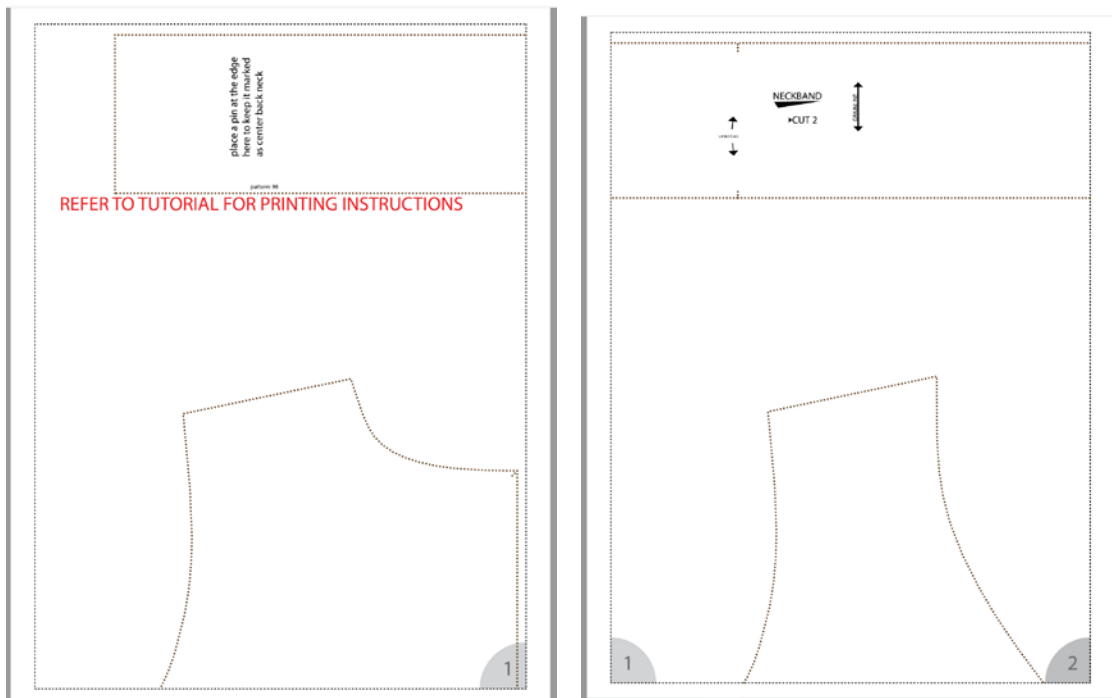
Deselect any sizes
you don't want to
print by clicking the
'eye' icon



Go to 'file' then 'print' to
open the print dialog.
Select actual size.
You can print on letter or A4
paper

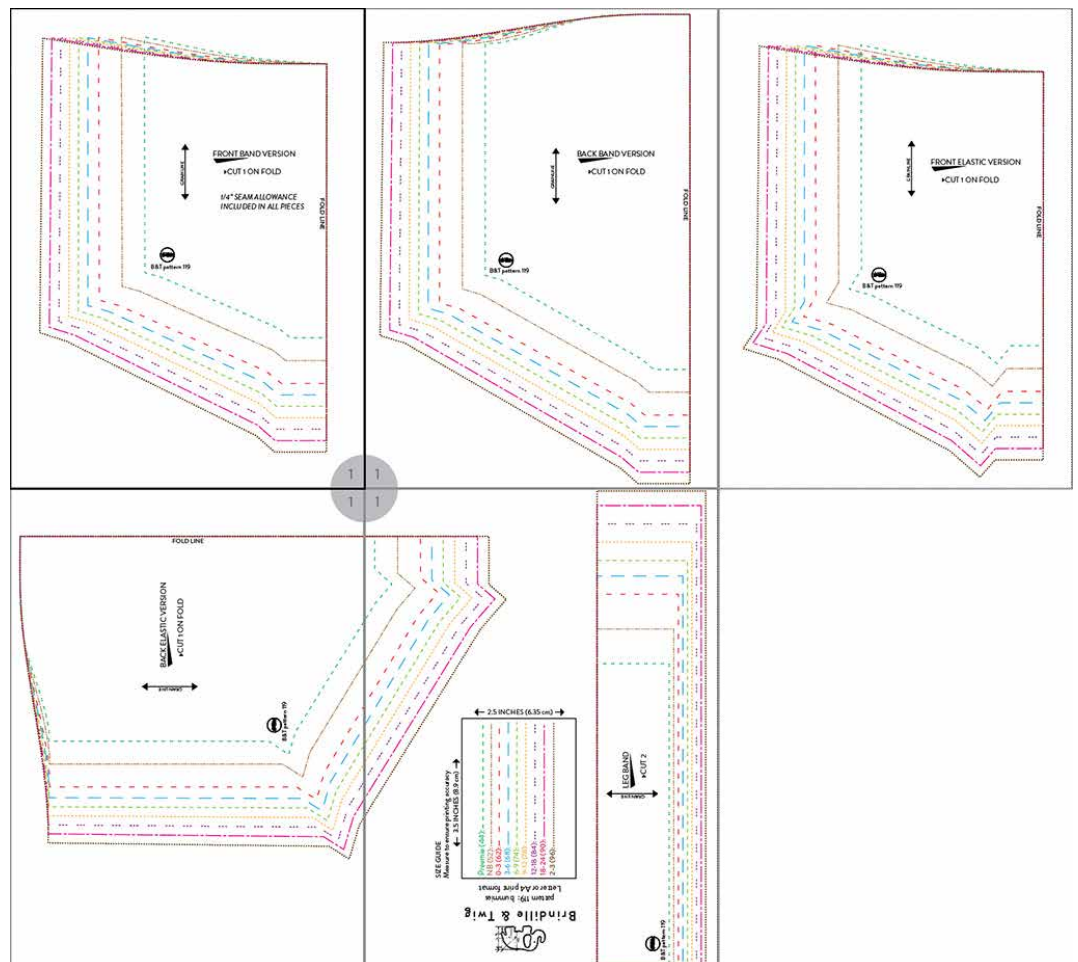
Print the pattern- the pages should look similar to the ones below

Cut around the black outlining boxes of each page and tape them together based on the numbered circles in the corners



This is what pattern 119 will look like after being printed.

The only page that needs to be taped is the back bottom of the elastic version.



→ Become familiar with some sewing terms (these are examples and may not apply to your pattern)

Cut on fold: Place the labeled 'fold line' along the folded edge of the fabric. Cut out the pattern piece through both layers of fabric and open to get the full piece



After being cut out



Full piece opened after being cut out



Notch: Needs to be clipped when cutting the pieces out. It will be indicated by a small line at the place that needs to be marked. Examples: Center of a pants waist or center neck of a shirt piece. Mostly used when a piece is cut on the fold. Although, may be used at other times as well. You will make a 1/8" (2mm) cut into the fabric at that point. It will be used to match pieces later.

Cut opposites: For some pieces, a right and a left side need to be cut. Example: Hoods, some pants and some sleeves.

To get the opposite pieces, cut 1 with the pattern facing up like the first photo and 1 with the pattern facing down like the second photo. You can also cut once on a piece of fabric that has been folded over to get 2 layers

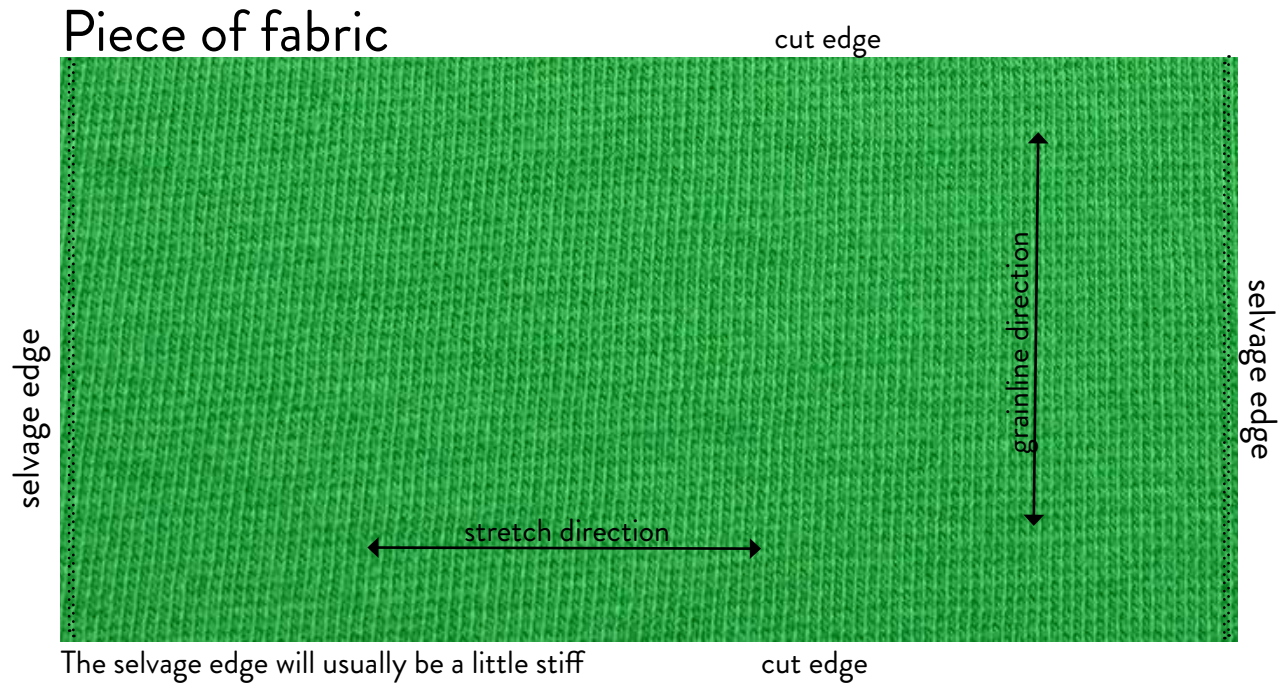


Grainline: Grainline is very important because it affects the way your fabric stretches.

If the grainline is vertical, the stretch is horizontal.

In most cases the stretch should be horizontal 'going around the body' so the grainline should be vertical.

If the grainline isn't easily visible you can stretch the fabric to see it better.



The selvage edge will usually be a little stiff with some holes in it from the manufacturing process.

The grainline runs parallel to the selvage edge

Right sides together: Meaning, the right sides of the fabric will be laying together.

This is the way most seams are sewn so the seam is only visible on the wrong side (inside) of the fabric.

Assume that the fabrics will always be right-side-together unless otherwise specified.

FABRIC / MACHINE / NOTION REQUIREMENTS FOR THIS TUTORIAL



BASED ON FABRIC 58" (147CM) WIDE

- Knit fabric. Most light-medium weight knit fabrics will work.
 - SIZE PM and NB: 1/4 yard (meter)
 - SIZES 0-3M to 2-3T: 1/2 yard
- Optional: 20"-30" (50-76cm) long drawstring for waistband. I suggest a knit fabric cut out 1" wide. Most materials will work though.
- 1" (2.5cm) wide elastic for waistband. Measurements on page 2.
- If using leg elastic: 1/4" (6mm) wide elastic for legs. Measurements on page 2.
- Sewing machine
- Serger (if you don't have one you can use a small zig-zag stitch in place of all serged seams)
- Scissors or rotary cutter
- Pins

→ Begin! 1/4" (6mm) seam allowances
included in all pieces

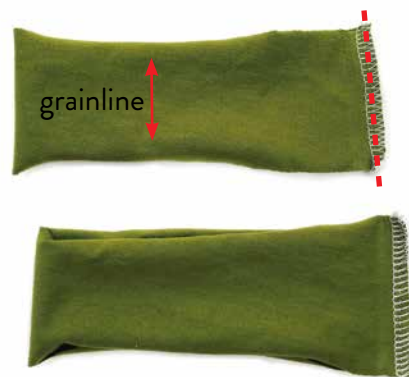
- From your fabric cut
 - 1 full front
 - 1 full back
 - If using bands then 2 leg bands
- From elastic cut
 - 1 waist length
 - If using for legs then 2 leg lengths



- For both styles serge down the sides and across the crotch area with front and back RST (right sides together)



- If doing bands: Fold them in half parallel to the grainline RST and serge the edge closed



- Fold them in half wrong sides together to form the bands. Seam will be hidden inside



- Place the band inside the leg opening so seam is on the back half. Folded edge will be inside, raw edges lined up on the leg hole.



- Serge the band to the leg hole, evenly stretching it to fit.



- Serge around the waist edge



- For the elastic legs: Serge around the leg hole and waist edge.



- Fold the leg hole inseam inside $\frac{3}{8}$ " and top stitch around at $\frac{3}{8}$ " (1 cm).

Leave a gap of about 1" (2.5cm) between the start and end of your seam for the elastic to be inserted.





- Place a safety pin on both ends of the leg elastic and thread through the leg casing.



- Overlap the elastic by approx. 3/4" (2cm) and sew together.



- Pull the elastic inside the leg casing all the way and stitch the gap closed.



- For both styles, fold the waistband inside at 1.25" (3.2cm)



- Topstitch around the waist at 1.25" to form the elastic casing. Leave a gap of about 2" (5cm) between the start and end of the seam to insert the elastic.



- Place a safety pin in both ends of the waist elastic.



- Thread it through the waistband casing





- Overlap the elastic ends by about 3/4" (2cm) and stitch together.



- Pull the elastic all the way inside the waist and stitch the gap closed.



- If you want to do a drawstring, clip 2 tiny holes at the center front waist about 1" (2.5cm) apart.



- Thread the drawstring through the waist on top of the elastic.

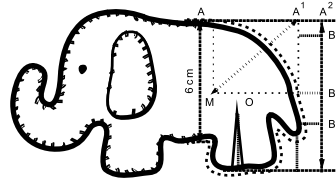


- Lock stitch the drawstring at the center back of the waist.



- Knot the drawstring ends and iron to complete!





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[ON THE WEB]

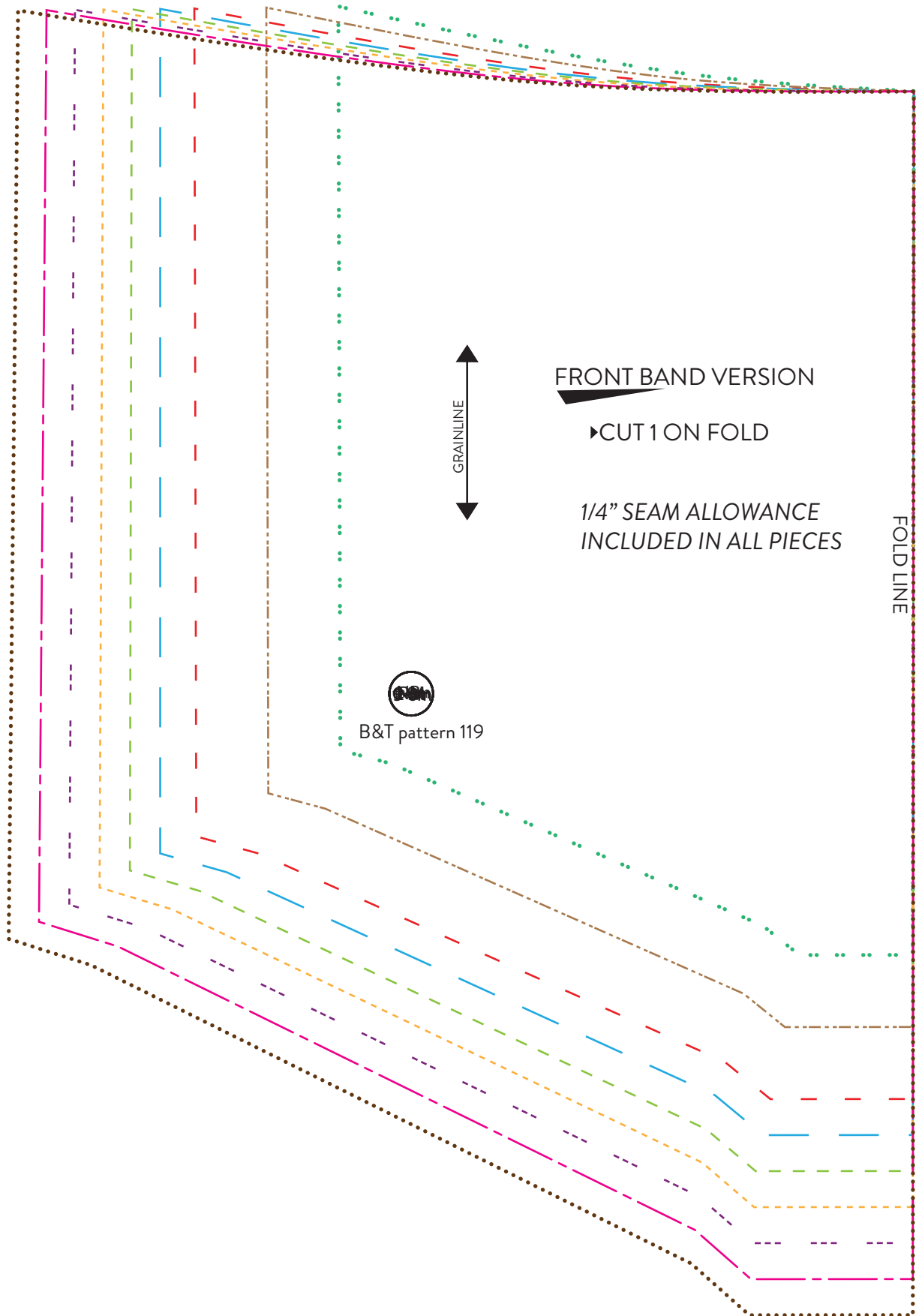
Official website: Brindilletwig.com

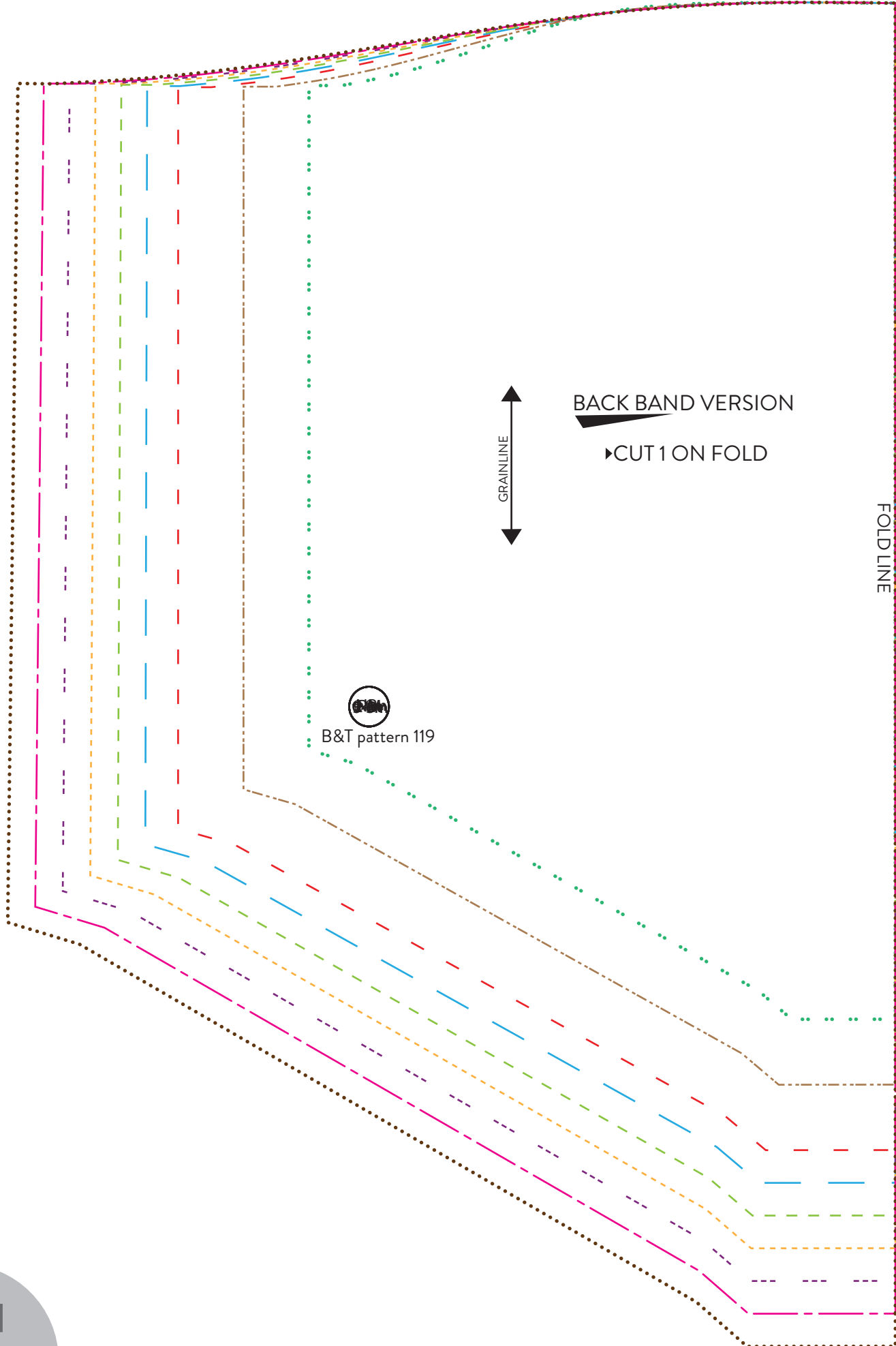
Official Facebook page: Facebook.com/brindilleandtwigpatterns

Best place to interact with other sewers, ask questions and show off your creations: Facebook.com/groups/brindilleandtwig

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BACK BAND VERSION

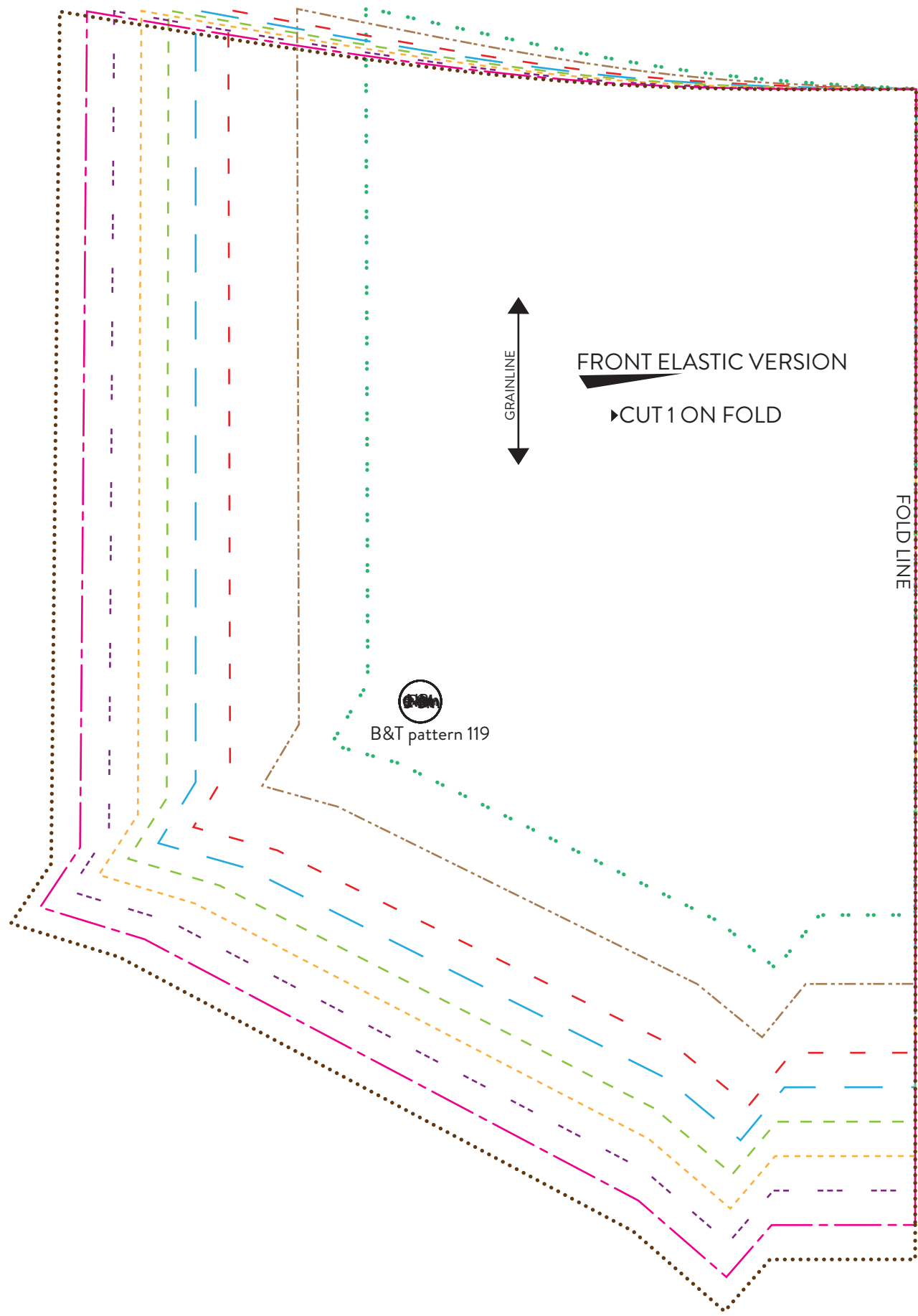
►CUT 1 ON FOLD

GRAINLINE

FOLD LINE



B&T pattern 119



GRAINLINE

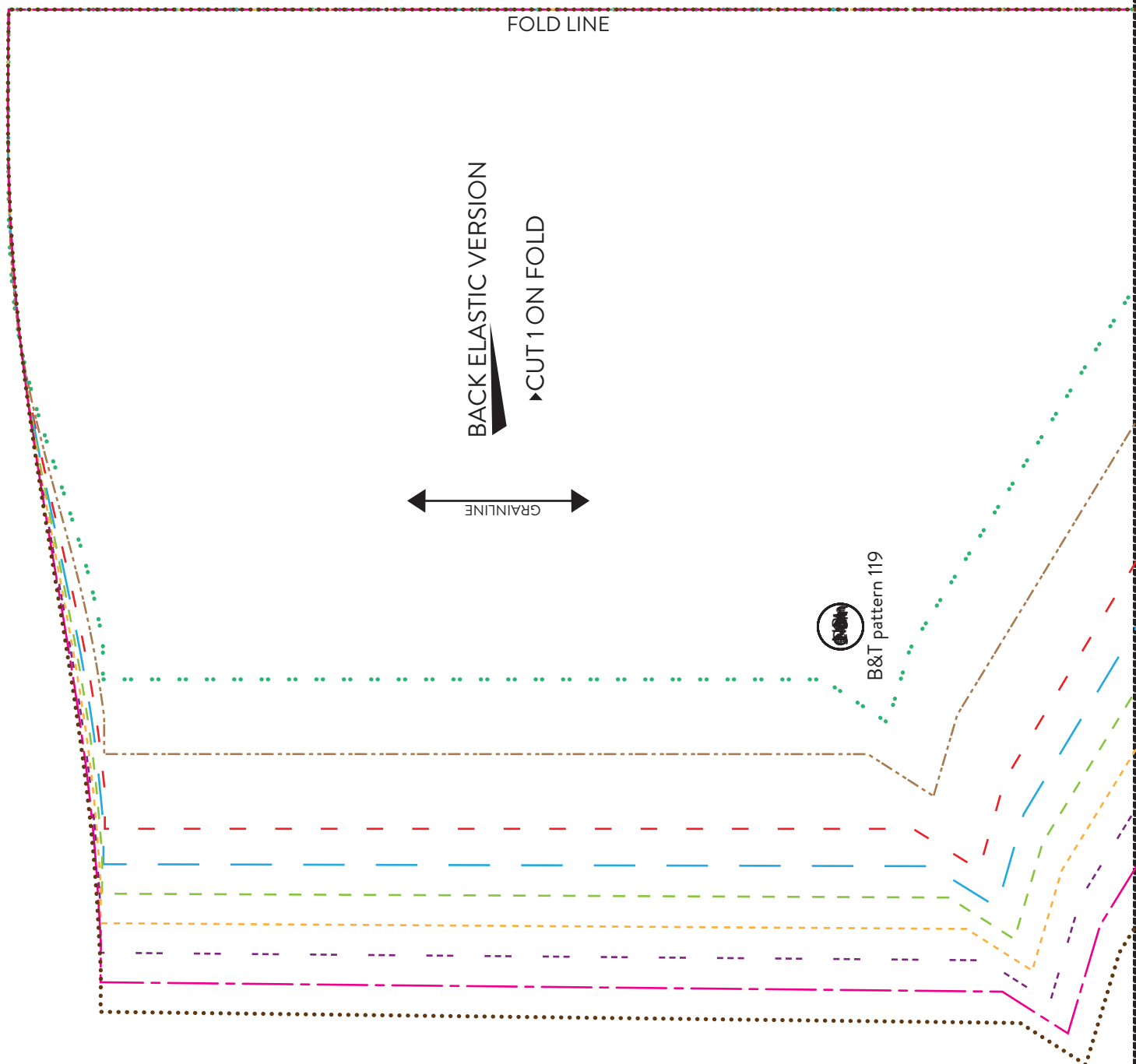
FRONT ELASTIC VERSION

► CUT 1 ON FOLD

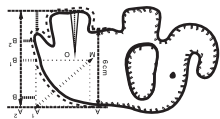
FOLD LINE



B&T pattern 119



Brindille & Twig



pattern 119: bummies
Letter or A4 print format

SIZE GUIDE

Measure to ensure printing accuracy

← 3.5 INCHES (8.9 cm) →

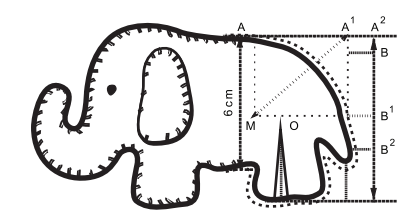
← 2.5 INCHES (6.35 cm) →

Preemie (44):
NB (52):	----
0-3 (62):	- - - -
3-6 (68):	----
6-9 (74):	----
9-12 (78):	----
12-18 (84):	- - - -
18-24 (90):	----
2-3 (96):



B&T pattern 119





Brindille & Twig

pattern 119: bummies
A0 print format

SIZE GUIDE

Measure to ensure printing accuracy
← 3.5 INCHES (8.9 cm) →

Premie (44):	- - - - -	↑ 2.5 INCHES (6.35 cm) ↓
N8 (52):	- - - - -	
0-3 (62):	- - - - -	
3-6 (68):	- - - - -	
6-9 (74):	- - - - -	
9-12 (78):	- - - - -	
12-18 (84):	- - - - -	
18-24 (90):	- - - - -	
2-3 (96):	- - - - -	

