



HK 1001

Flared Top with
Notched Neckline



HK 1001 is a flared top with high-low hemline, bell sleeves, and a notched neckline.

The flared shape and open neck allow for easy fit in this pull-over-the-head top. No buttons, zippers, or darts!

Wear with slim pants or leggings, or a slim skirt.

The top drapes beautifully in a soft, fluid fabric and is appropriate for knits.

Construction is beginner to intermediate level.

Contents

- Printing and Assembling Your Pattern
- Choosing Your Size
- Cutting the Fabric
- General Sewing Tips and Instructions
- Instructions for Sewing Your Garment

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Suggested Fabrics

This top is perfect for lightweight wovens or knits.

Suggested fabrics:

- Cotton or cotton blends
- Rayon
- Challis
- Silky fabrics (ie, polyester or silk, light weight with lots of drape)
- Chiffon

Lightweight, fusible interfacing is suggested for the neck facing. A stitched-in woven interfacing will also work.

Instructions for Printing the Pattern

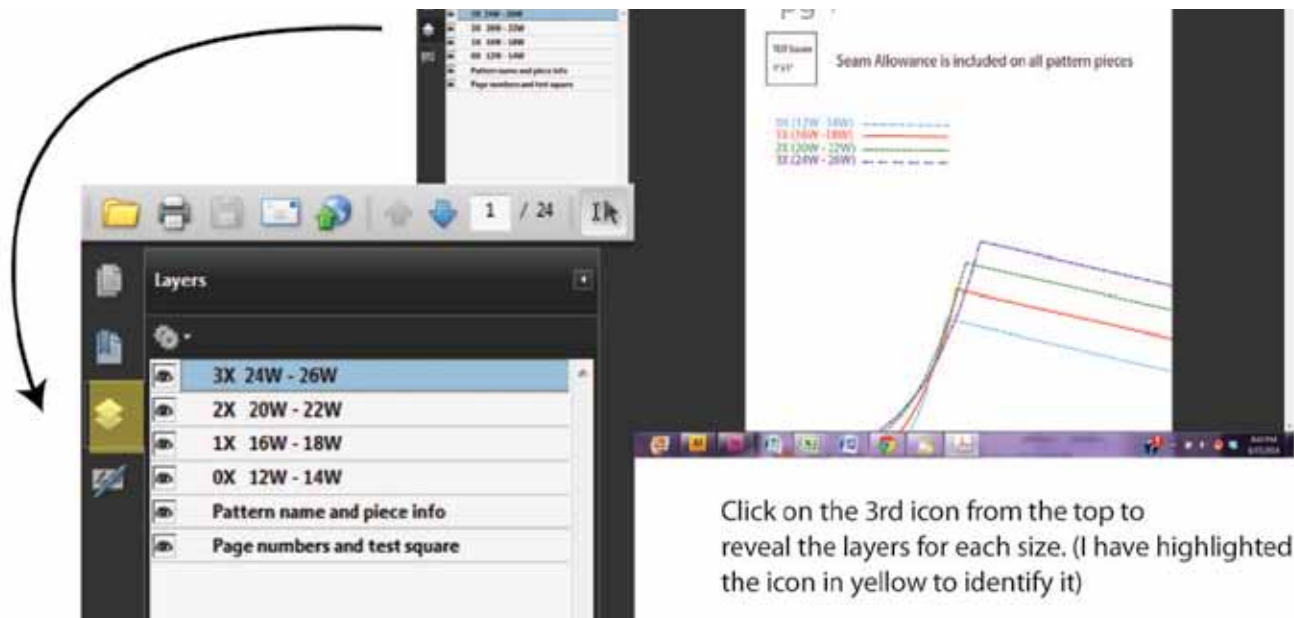
When you open your pattern, you'll notice 2 things:

- **The pattern is "nested"** - that is, all of the sizes are layered on top of each other. It may look like a jumble of lines, but don't worry. **You do not have to print it that way.** You can separate the layers and print just the size (or sizes) that you need. I'll show you in a moment.
- **There are a LOT of pages in the pattern.** However, **you may not need to print every page.** The instructions, for example, can be read on a laptop or tablet if you have one available to you as you are sewing.

To separate the layers and print only one size, click on the "layers" icon on the left side of the screen. It is the 3rd icon from the top, and I have highlighted it in yellow in the screenshot, below.

This will open a layers menu. You will see each layer contained in the pattern. There is an "eye" icon next to each layer that is being displayed. In this case, ALL layers are being displayed, which is why you see all sizes on the pattern (the 4 colored lines on the pattern page).

The example has 6 layers - 2 are for pattern information and 4 are sizes.

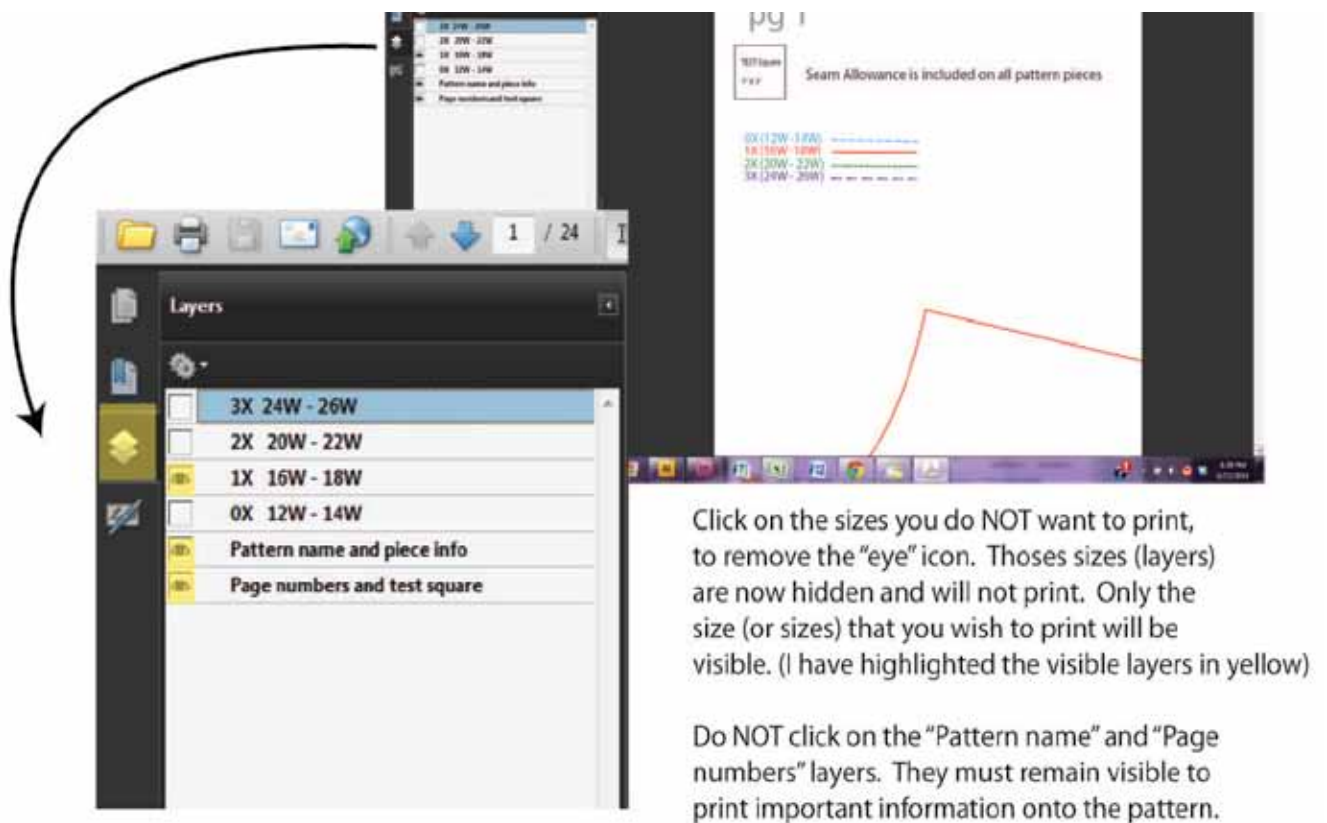


To hide the sizes that you don't want to print, just click on the "eye" next to the sizes you want to REMOVE. This will remove both the "eye" icon and hide that layer.

In the example below, I have hidded all sizes except size 1X. You will notice that the other sizes no longer have the "eye" icon showing. Only the red line, used for size 1X, is visible on the pattern page.

Do NOT click on the "Pattern Name" and "Page numbers" layers. These layers have valuable information that should be shown on all patterns, regardless of size.

I have highlighted, in yellow, the icons that should REMAIN for printing size 1X. All sizes except 1X have had the "eye" removed and are not visible on the pattern.

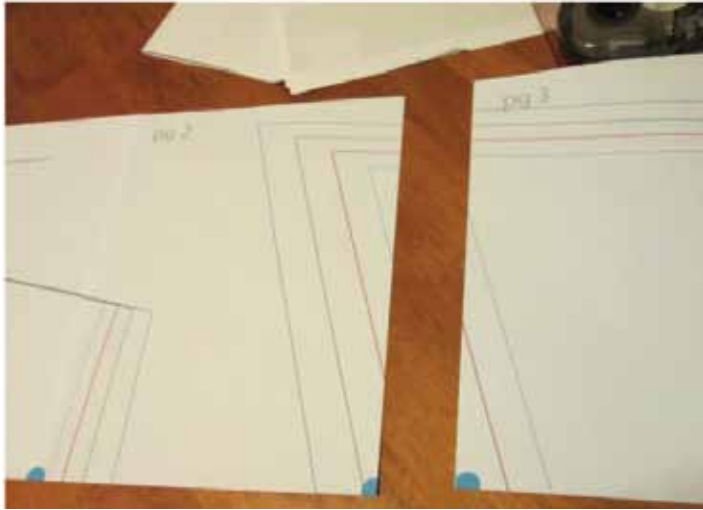


Some people are "between" sizes, for example, they may measure to a size Medium in the bust, but a Large in the waist or hips.

In that case, it's often easier to print both the Medium and Large sizes, and cut along the Medium line in the bust area and the Large line in the waist and hips. Just keep both sizes visible on the pattern page (removing all of the unneeded sizes) and cut along the appropriate lines.

If you wish to print the PATTERN ONLY (and read the instructions on a computer or tablet), start printing at page 14.

Instructions for Assembling the Pattern



Your pattern will consist of multiple pages, which must be taped together before cutting.

Each piece of the printed file will have a page number and a partial blue dot in at least one corner. These dots will help to guide you in assembling the pattern.

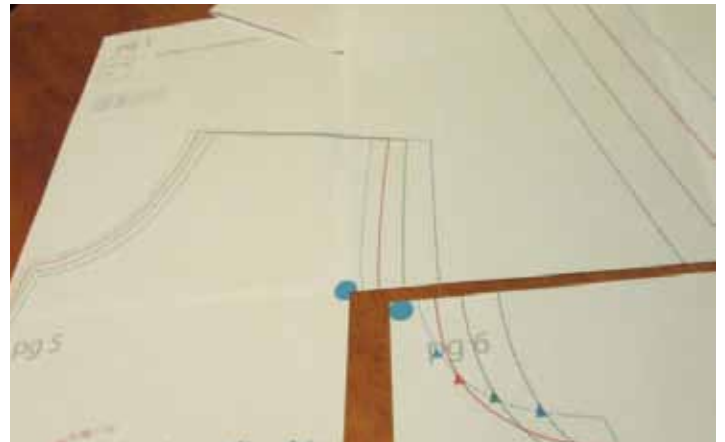
You will also find a 1" square on the first page, near the size legend. MEASURE THIS SQUARE CAREFULLY. It must measure 1" in both length and width to ensure that your pages are printing properly and to correct scale.

If the square is not 1", adjust your printer settings (remove "fit to page", for example).

Start by laying the pages out in numerical order (they are numbered from left to right in each row. For example row 1 may have pages 1 - 4, row 2 has pages 5 - 8, etc).

Then line up the partial blue dots in the corners, so that the dot becomes whole and round.

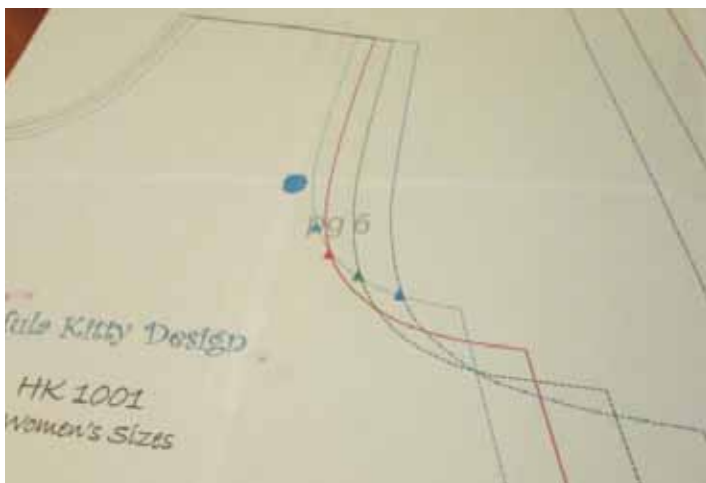
While lining up the dots, pay close attention to the lines of the pattern, too. If the dots are lined up correctly, the lines of the pattern will be, too.



Continue assembling the pattern, aligning the blue dots and the lines of the pattern pieces.

Then, just cut out the pattern pieces, lay them on your fabric (directions in the next few pages) and sew your garment!

These photos show a pattern printed with all sizes. **This process is much easier if you print only one or two sizes**, and have fewer lines to follow.



Instructions for Choosing Your Size

HulaKitty sizing, unlike most commercial patterns, is similar to retail sizing.

However, **I urge you to review the size charts, below, very carefully to determine the size that is right for you.**

This top is available in both Misses and Women's sizes, and, if you ordinarily wear a size 12 to 18, you will notice that there is an overlap between the Misses and Women's sizes. **A Misses size 14, for example, is NOT the same as a Women's size 14W.** The difference is primarily in the waist and hip.

In this top, the waist and hip measurements are not critical, as the fit is extremely loose in that area. However, the top will still fit better if you **choose the size that most closely matches your body measurements.**

Size Chart for Misses Sizes Small (6-8) to XL (18) Height 5'4" to 5'9"

All measurements in inches, with centimetres in (parentheses)

Measurement Point	Small (6-8)	Medium (10-12)	Large (14-16)	XL (18)
Bust circumference at fullest point	36.25 (63.5)	38.75 (98.5)	42.25 (107.5)	44 (111.75)
Waist circumference at bend of waist	29.5 (75)	32 (81.25)	35.75 (90.75)	38 (96.5)
Hip/seat circumference at fullest point	38.5 (97.75)	41 (104)	44.25 (113.25)	46 (116.75)
Length of sleeve from armhole to wrist	23.25 (59)	23.5 (59.75)	23.75 (60.25)	24 (60.75)
Length of top from side neck to hem	25 (63.5)	25.25 (64)	25.5 (64.75)	25.75 (65.5)

Size Chart for Women's Sizes 0X (12W-14W) to 3X (24W-26W) Height 5'3" to 5'8"

All measurements in inches, with centimetres in (parentheses)

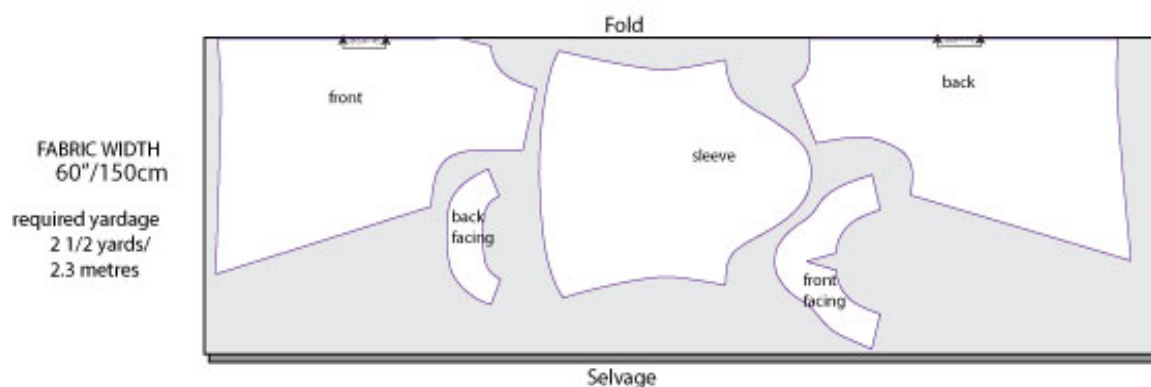
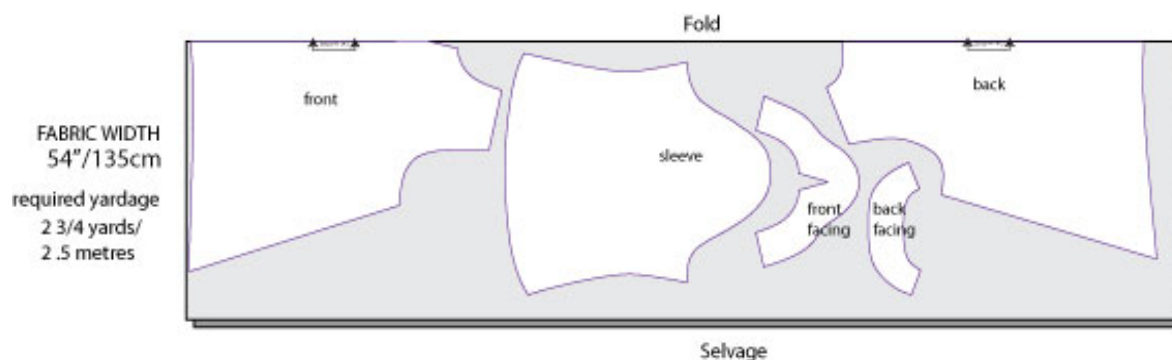
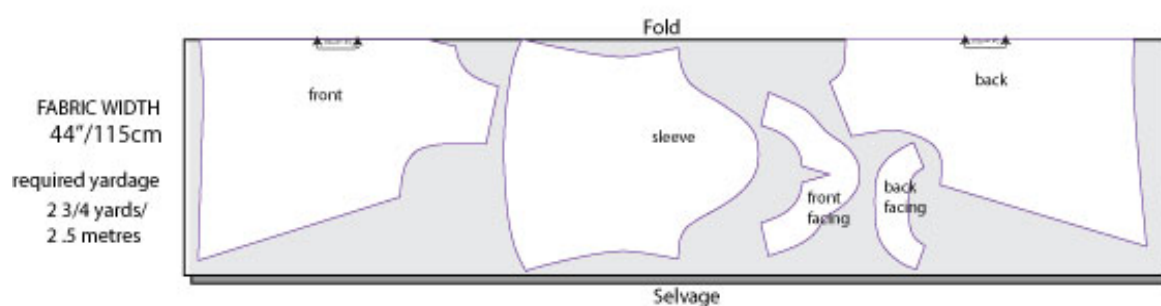
Measurement Point	0X (12W-14W)	1X (16W-18W)	2X (20W-22W)	3X (24W-26W)
Bust circumference at fullest point	40.75 (103.5)	44.5 (113)	48.5 (123)	53 (135)
Waist circumference at bend of waist	35.25 (89.5)	39 (99)	45.75 (116.25)	48 (122)
Hip/seat circumference at fullest point	42.75 (108.5)	46.5 (118)	50.5 (128.25)	54.75 (139)
Length of sleeve from armhole to wrist	22.5 (57)	23 (58.5)	23.5 (59.75)	24 (60.75)
Length of top from side neck to hem	26.5 (67.25)	27 (68.5)	27.5 (70)	28 (71)

Instructions for Cutting the Fabric

- **All pieces are cut with fabric folded lengthwise, creating 2 layers of fabric.**
- Cut all pieces along the straight, lengthwise grain.
- Pieces marked with "fold" at the center must be cut with that side aligned with the fold of the fabric.
- Cut all marked notches and transfer any other markings with chalk or a purple, disappearing ink fabric pen.
- The diagrams, below, result in 2 front and back neck facings. The extra facings may be discarded, or they may be used as a stitched-in interfacing if you prefer.

Cutting Diagrams

HK1001 Flared Top

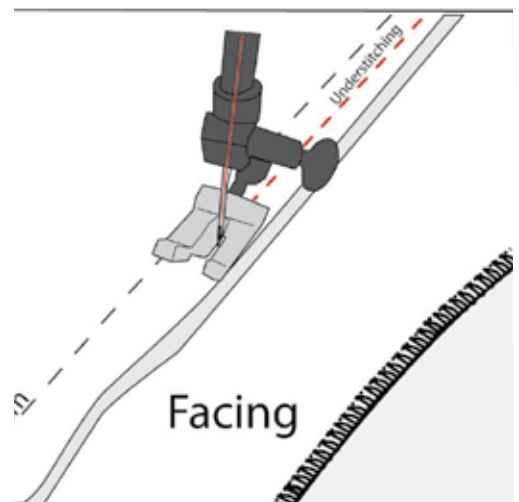
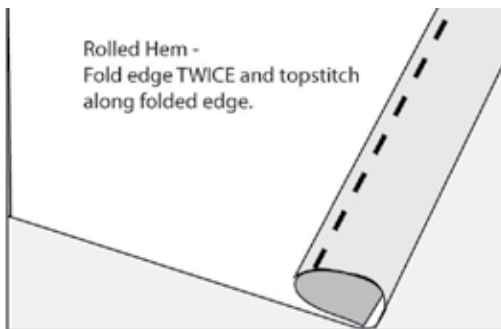
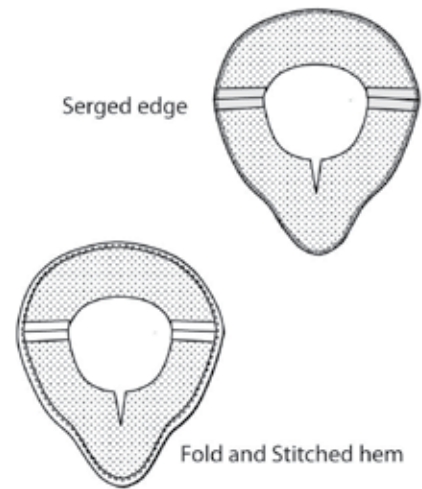


General Sewing Instructions and Tips

Legend for pattern illustrations:



- Fabric edges should be finished in some manner. Your garment will last longer (and seams won't fray) if you finish your edges. Serging is most common, but you can also turn the edge under and topstitch.
- ALWAYS press your seams flat!! This is the easiest way to make your garment look neat and professional. It DOES make a difference.
- Clip curves and trim excess fabric in your seam allowance when setting facings, collars, cuffs, etc. Clip corners before turning, too. These things will help your facings, collars, and cuffs lay flat.
- When setting facings, always understitch the seam allowance to prevent the facing from rolling towards the face side of the garment. Clip curves first, then topstitch the facing to the seam allowance ONLY. There is more information on understitching in this video: [Setting a Facing](#)
- Hems, like seam finishes, can be finished in several ways. Turning and stitching a serged edge is easy and neat; a rolled hem (turning twice before stitching) works well if the edge isn't serged, or if you want a smaller hem.



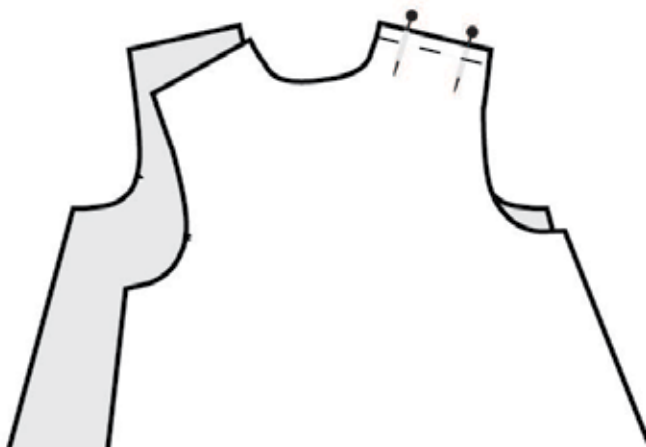
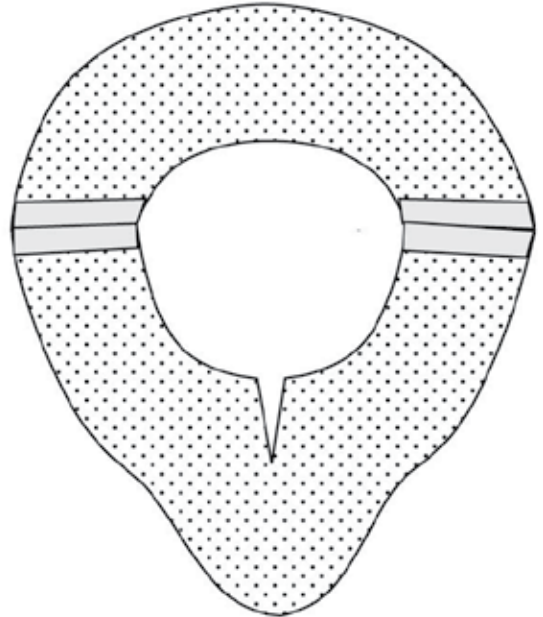
Instructions for Sewing and Construction

**All Seam Allowances are 1/2" unless otherwise noted.
All seams are stitched with a single needle straight
stitch, unless otherwise noted.**

Fuse interfacing to the wrong side of front and back facing. If using sew-in interfacing, stitch interfacing to wrong side of facings, along all edges.

Join front to back at shoulders (using straight stitch) and press seam open.

Serge outer edge of neck facing, or turn and stitch the edge all around (see sewing tips, above).



Join front to back top at shoulders, using a straight stitch.

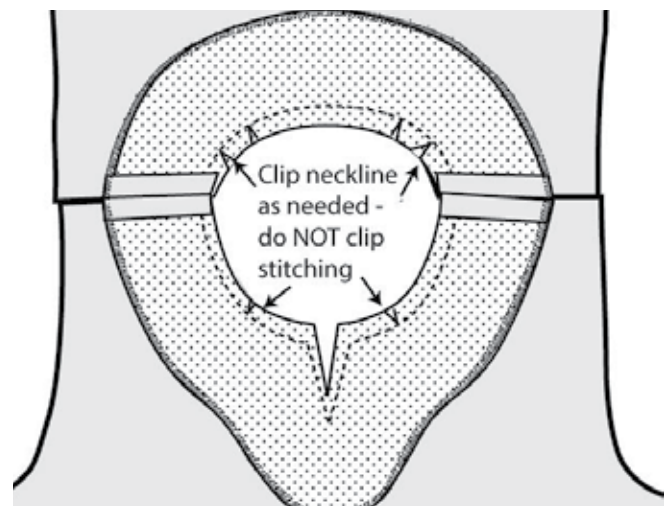
Press seams open.

Lay the top on a flat surface, right side up.

Lay the facing over the top, matching the edges of the neck opening (right sides together).

Stitch the facing to the top around the neck edge, including the V-shaped notch at center front.

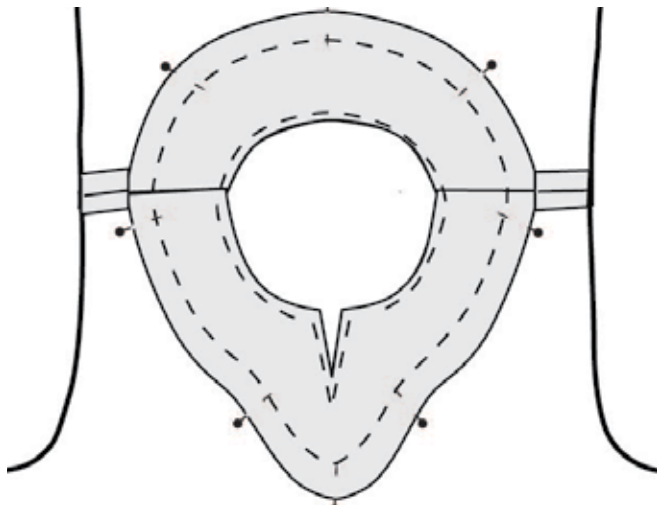
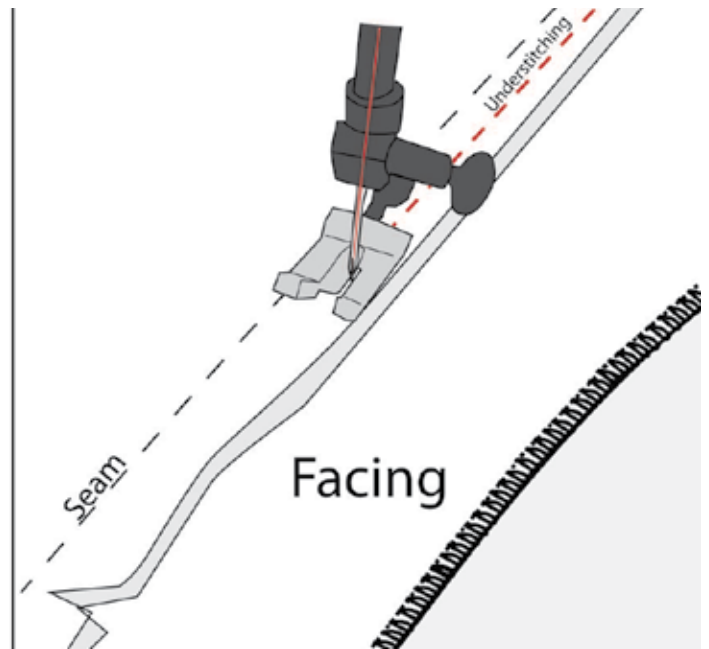
Clip the curves, but do NOT clip into the stitched seam.



Understitch the facing to prevent it from rolling towards the front of the top.

To understitch, turn top to wrong side. Flip facing towards the neck opening; stitch the seam allowance to the facing only, around the curved neck seam. Do not try to understitch the center front notch.

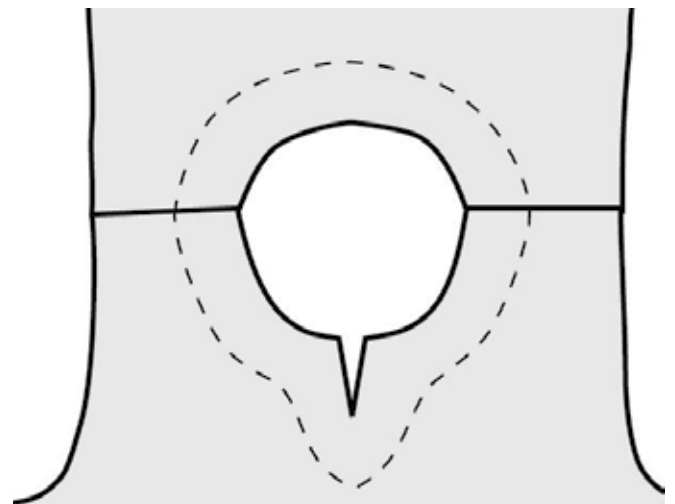
For more information, go to "Setting a Facing" video.

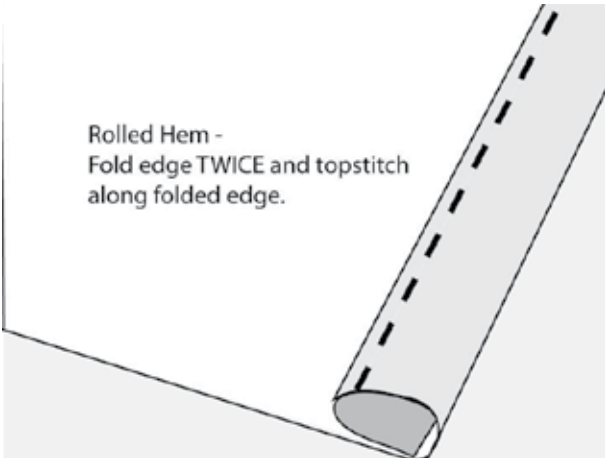


Turn facing to inside of top. Make certain the facing lays flat and that the edge is not rolling to the front, then press the neck opening edge.

Topstitch the facing all around, about 1 1/2" from the neck edge (about 1/2" from the finished edge of the facing). Make certain your bobbin thread has the correct color thread - the bobbin thread will show on the face side of the top!

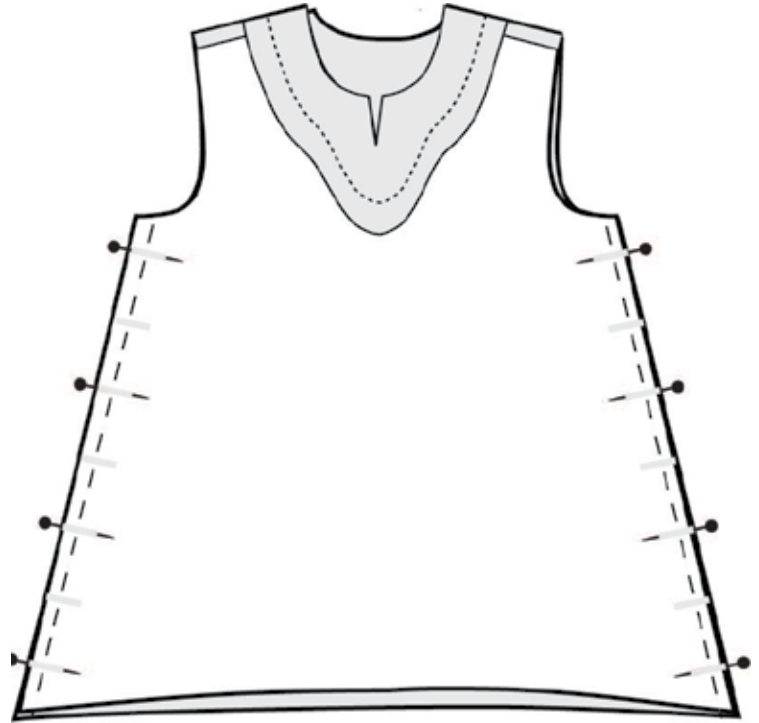
This is the topstitching, as seen on the outside (face side) of the top.





Hem bottom edge of front and back top BEFORE sewing the side seams.

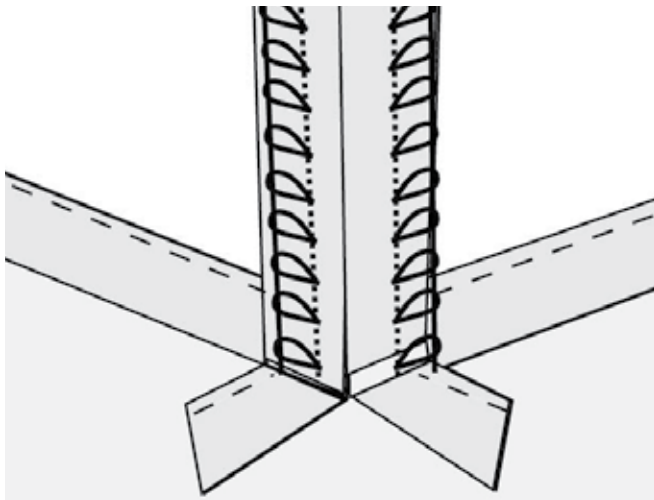
Use a rolled hem - double turn the edge (1/2" each turn) and topstitch the folded edge of the hem.



Stitch side seams, matching carefully at the hem.

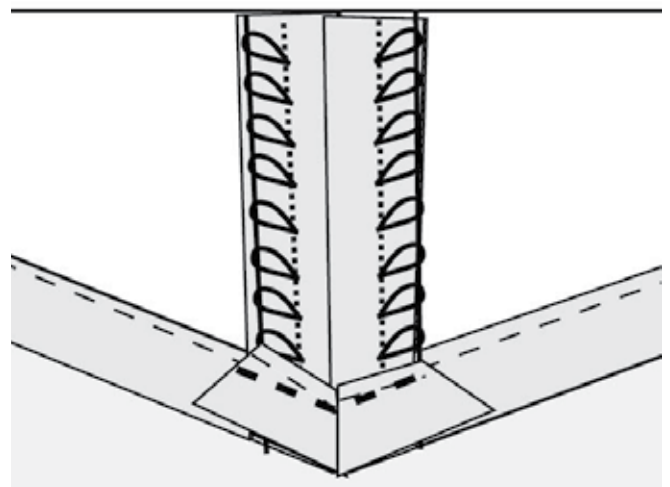
Press the side seams open.

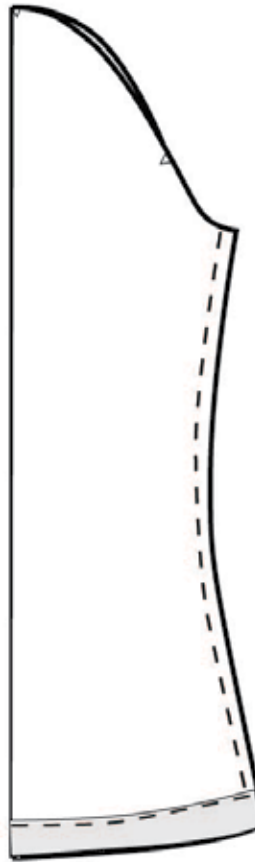
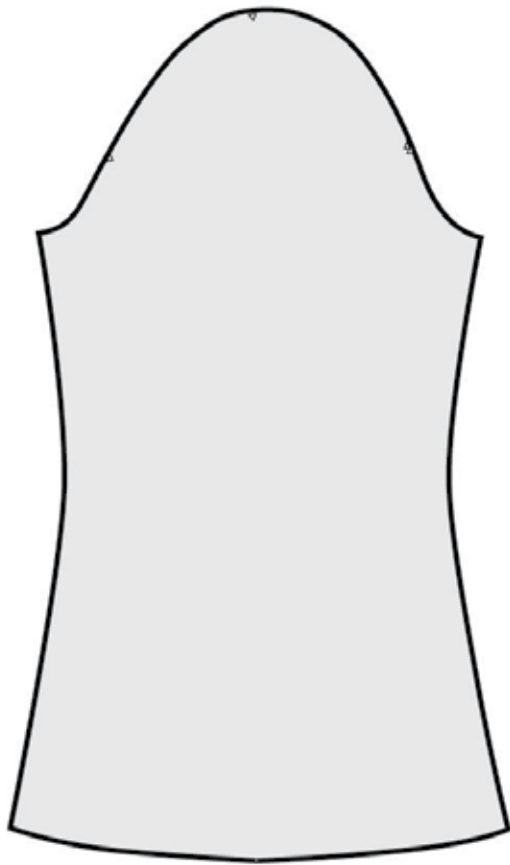
The hem will look much like the sketch, below, after stitching the sides.



To complete the hem, fold up the loose ends and tack in place, lining up the edges neatly.

To tack, take a few single needle stitches, following the topstitching of the hem, as below.





Fold the sleeves, wrong sides together, so that the long edges meet. Stitch the seam and press open.

Hem the sleeve with a rolled hem, the same technique used on the bottom hem.

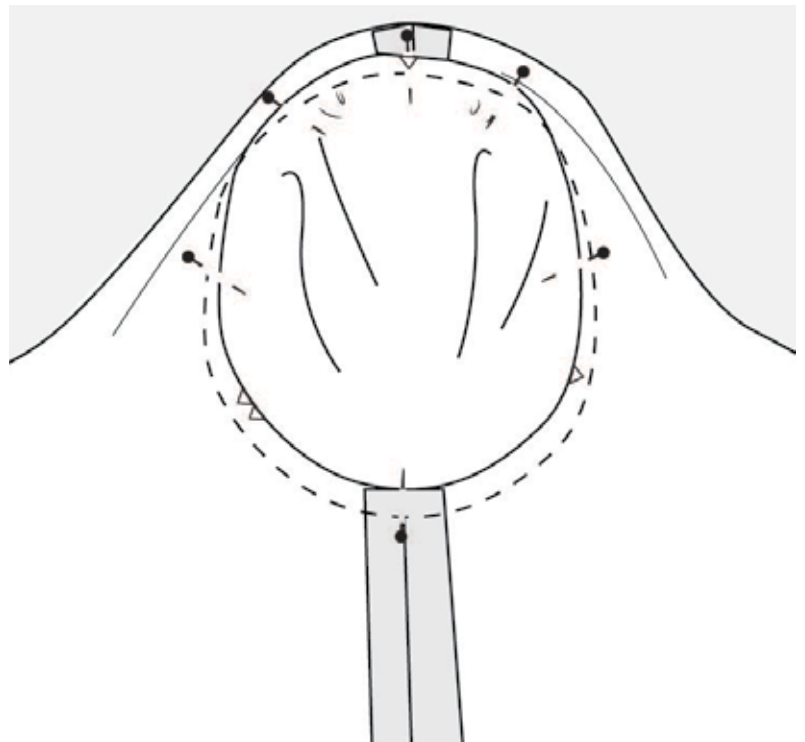
Turn the sleeves right side out.

With the top wrong side out, insert the sleeve into the armhole. The sleeve and top will now have the right sides together at the armhole (sketch view shows the inside of the top, and the inside of the sleeve, which is what you will see at this point. But the right side of the sleeve will be touching the right side of the top).

Pin the sleeve in place, matching notches and easing a bit through the sleeve cap.

Stitch the sleeve seam.

See the "Setting the Sleeve" video for more information.



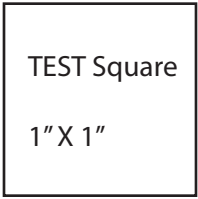
Turn the top right side out and press the armhole seam allowances towards the sleeve.

Give your top a final press, and you're done!







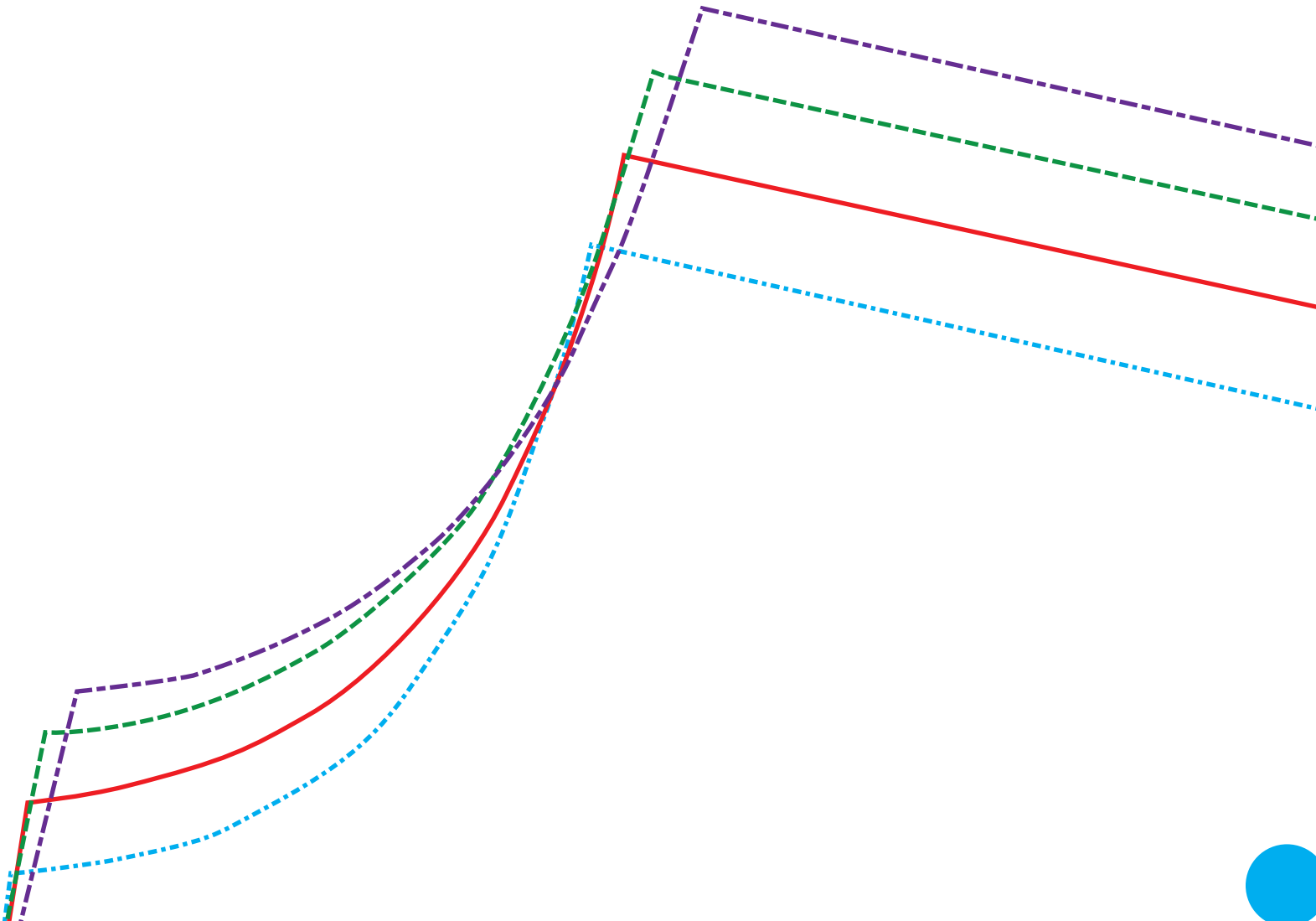
If you have any questions, comments, or concerns, please email HulaKitty@ClothingPatterns101.com

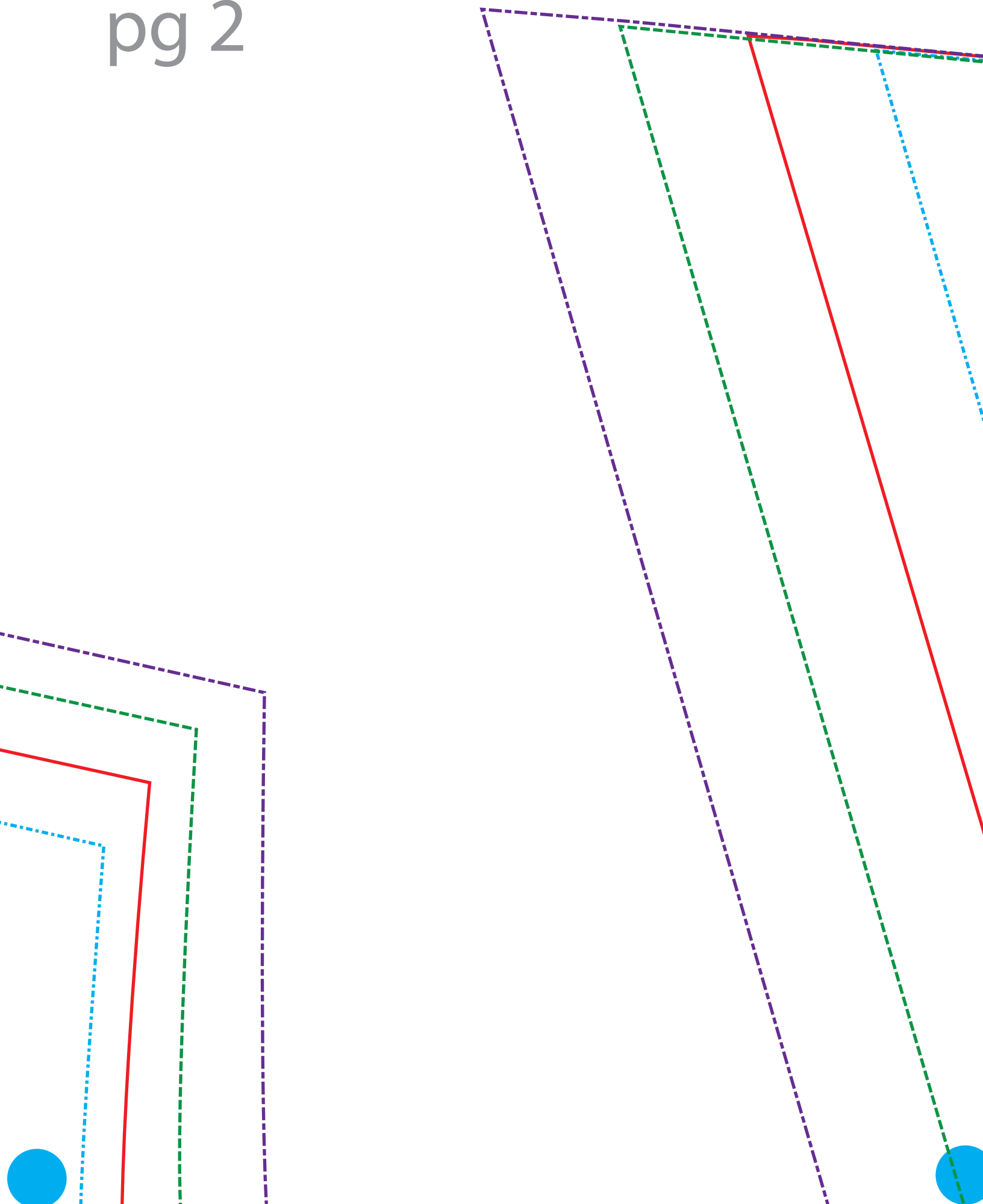
Thank you for making this top, and I hope you enjoy wearing it!



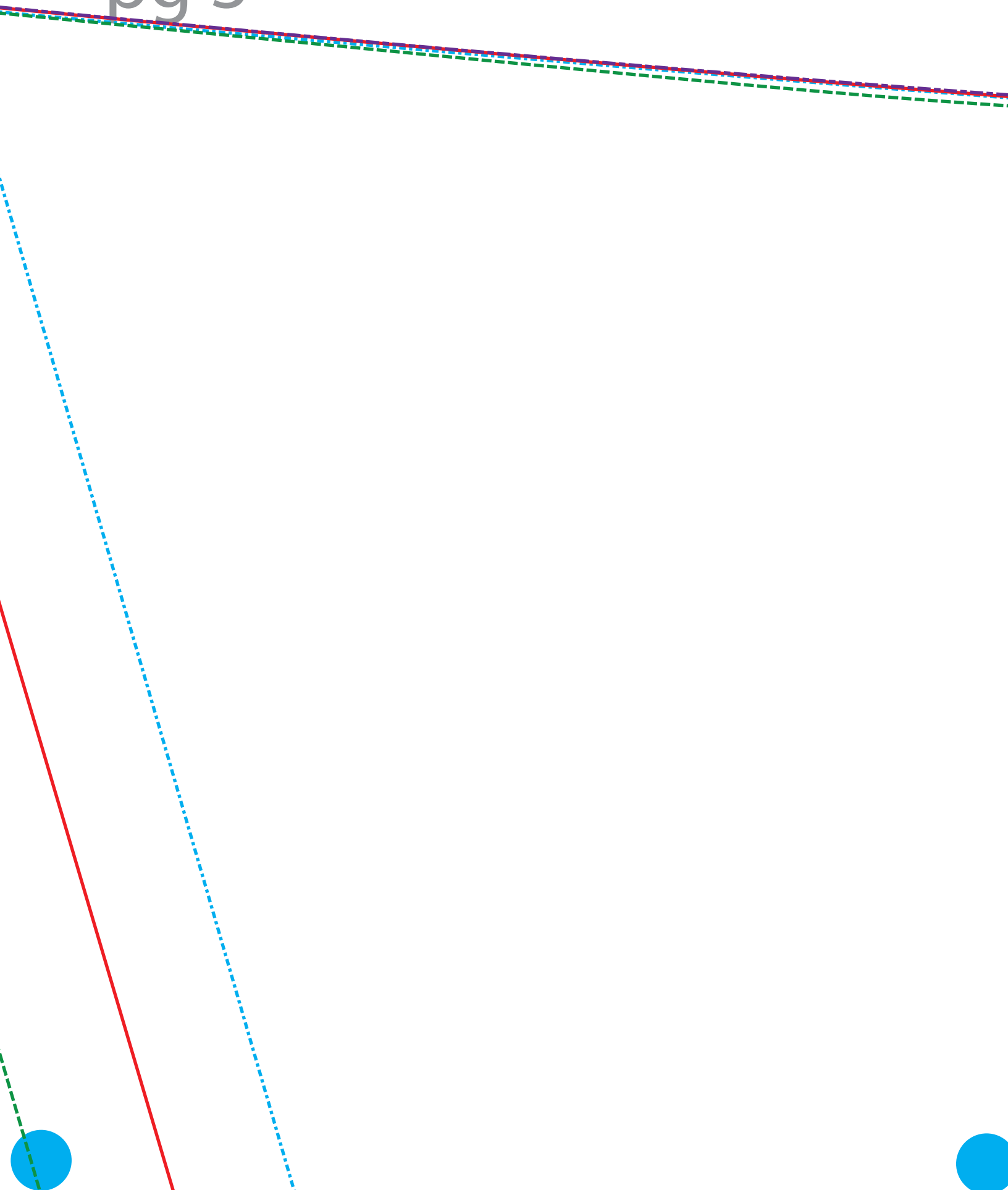
Seam Allowance is included on all pattern pieces

- 0X (12W - 14W) 
- 1X (16W - 18W) 
- 2X (20W - 22W) 
- 3X (24W - 26W) 





pg 3



1" Hem



pg 5



Hula Kitty Design



Center Front

HK 1001
Women's Sizes

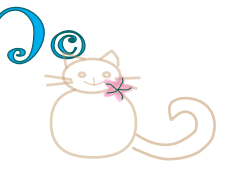
Flared Top with
Notched Neckline

Front

Cut



pg 6



th
line



0X (12N - 14N)

1X (16N - 18N)

2X (20N - 22N)

3X (24N - 26N)

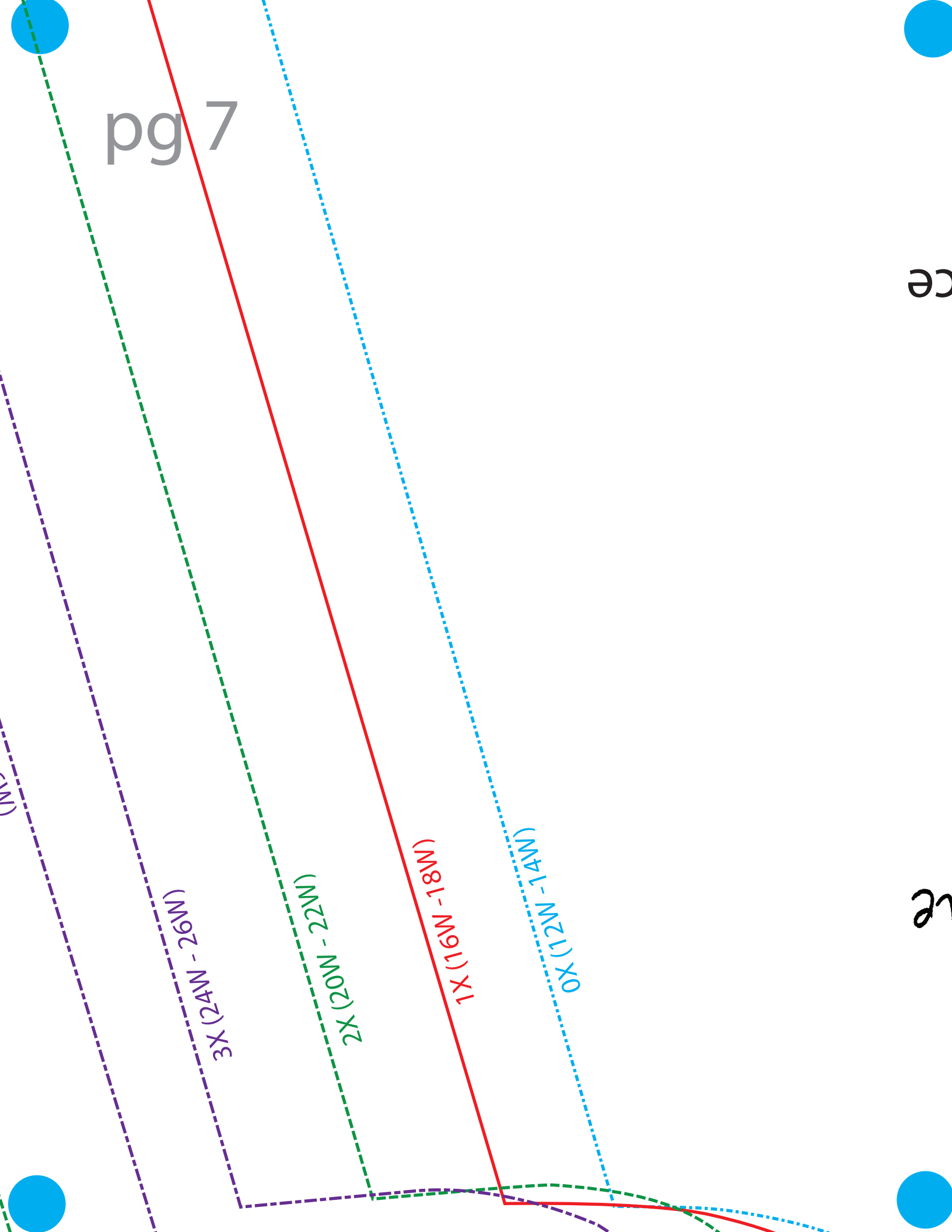
pg 7

3X (24M - 26M)

2X (20M - 22M)

1X (16M - 18M)

0X (12M - 14M)





pg 8

1/2" seam allowance

Cut 1 ON FOLD

Back

Flared Top with
Notched Neckline

HK 1001
WOMEN'S SIZES



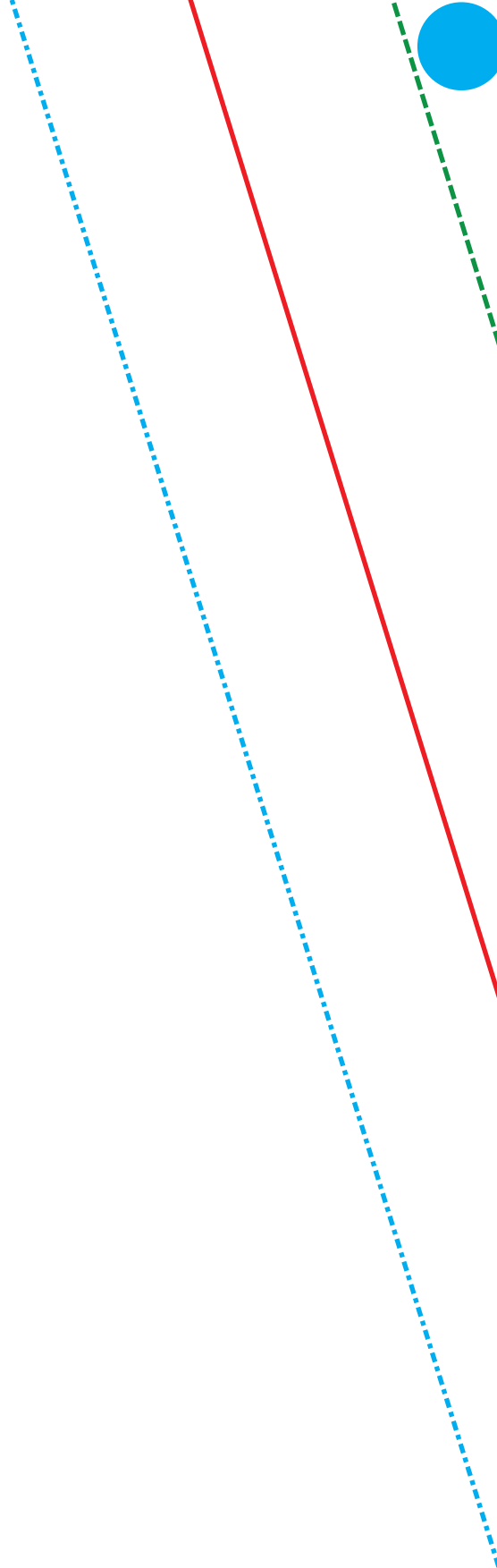
Cut 1 ON FOLD
1/2" seam allowance



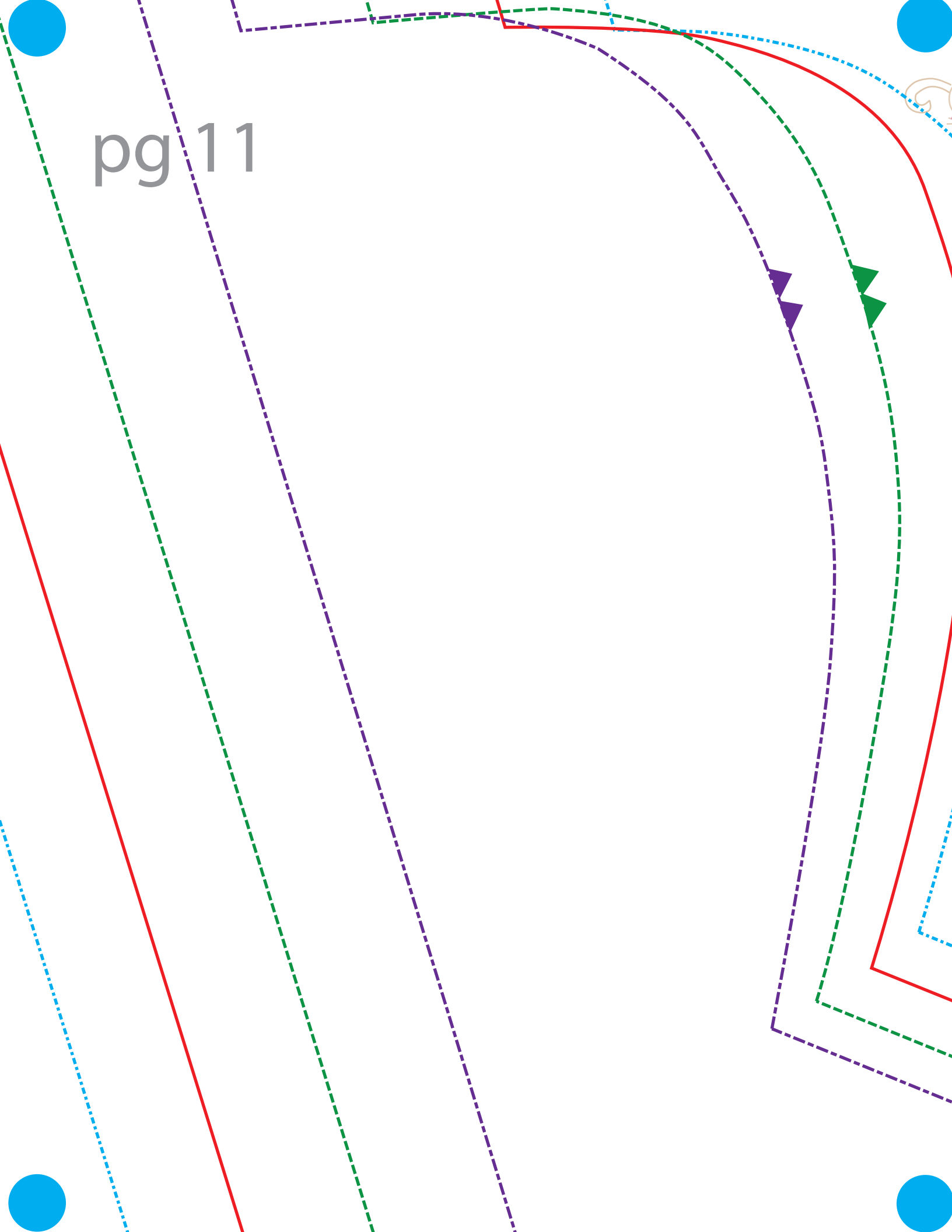


e

pg 10

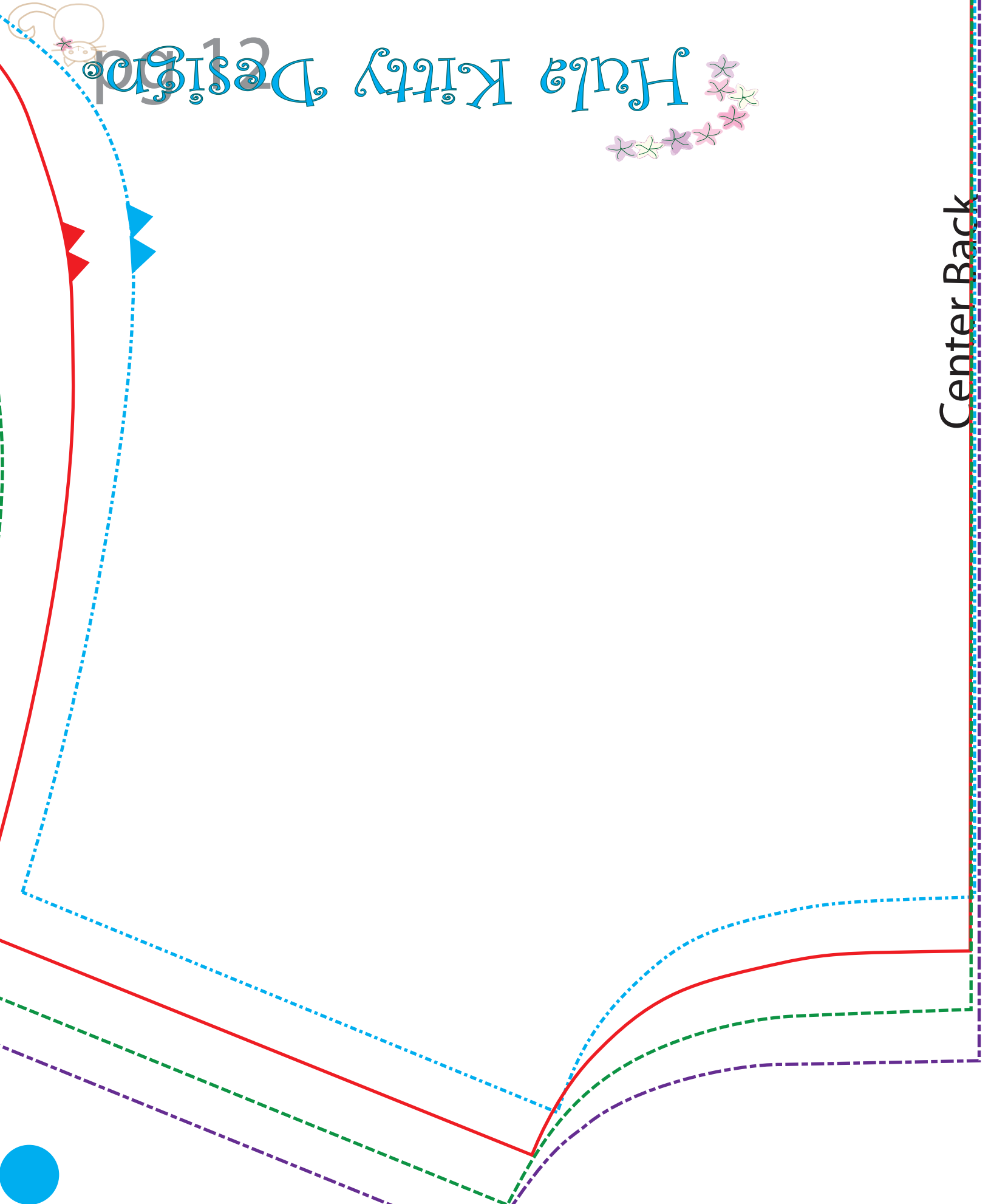


pg 11

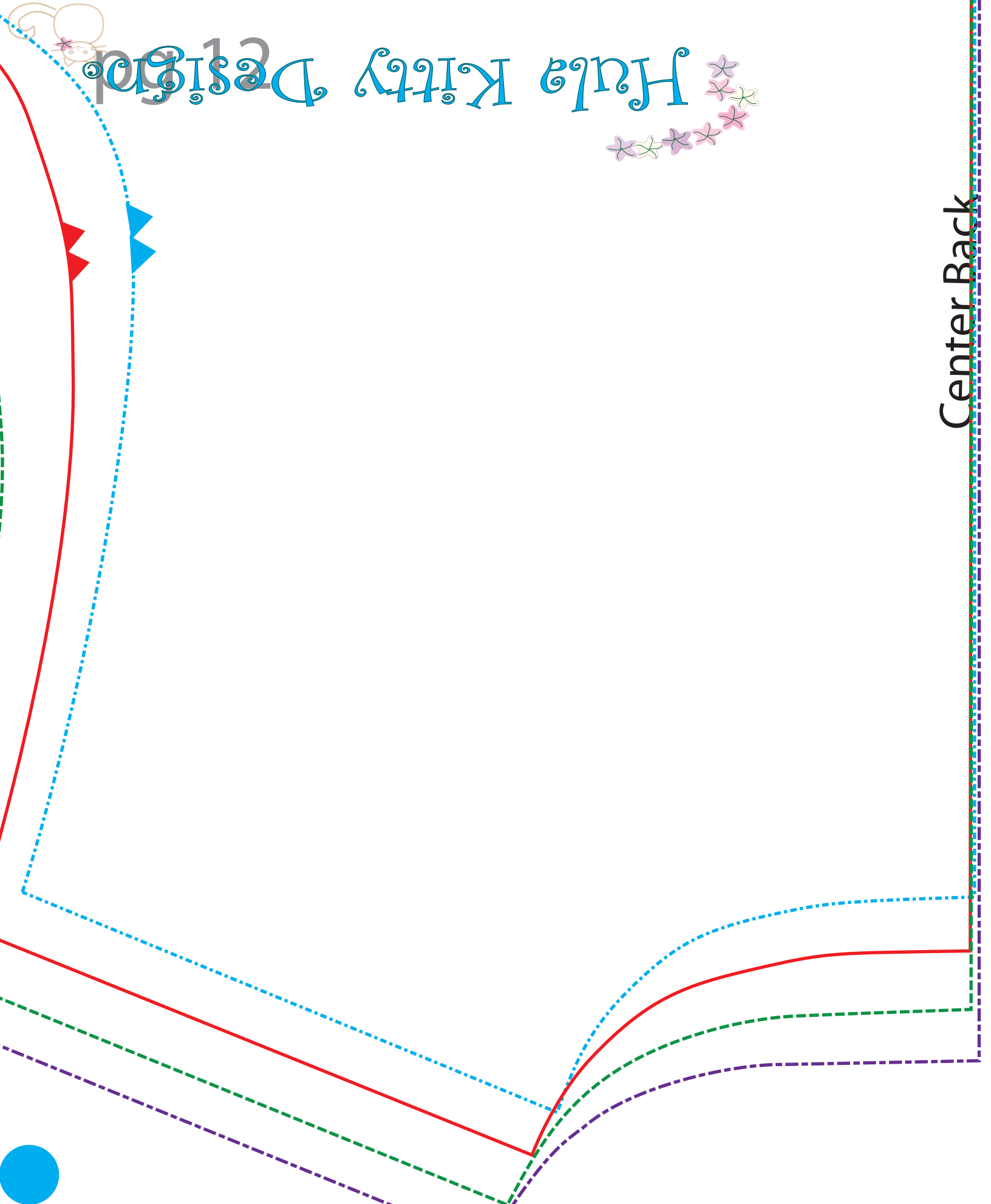




HR 1001



Hula Kitty Design

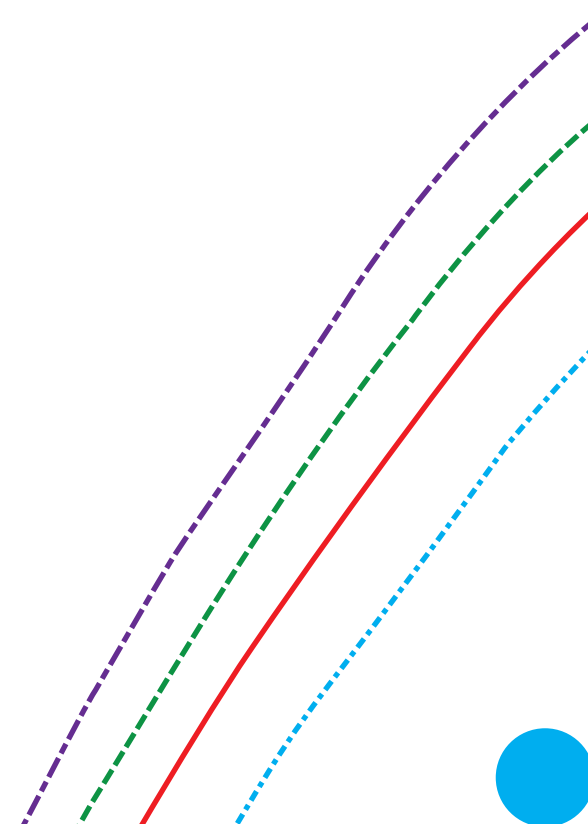
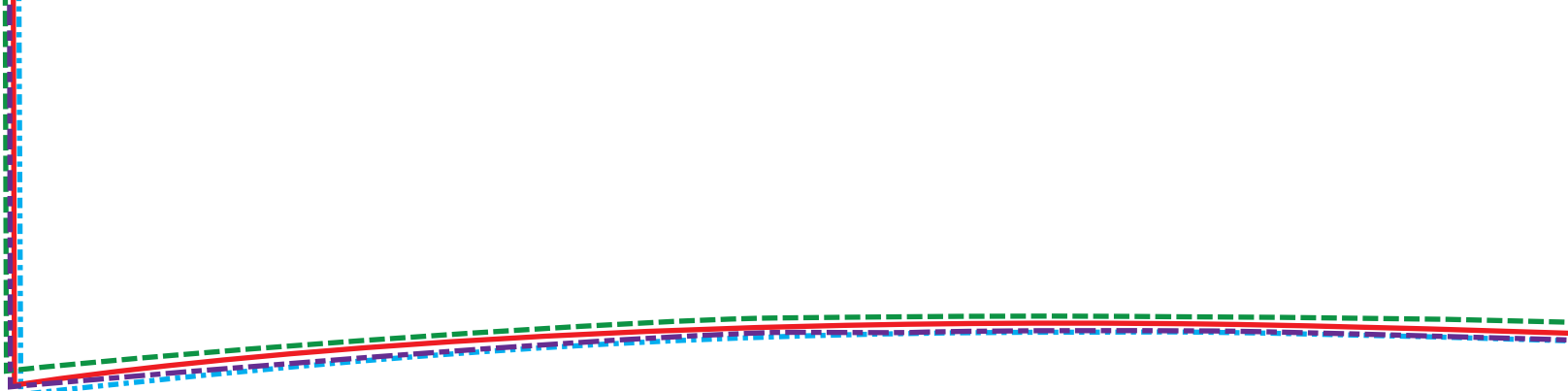


Center Back



pg 13

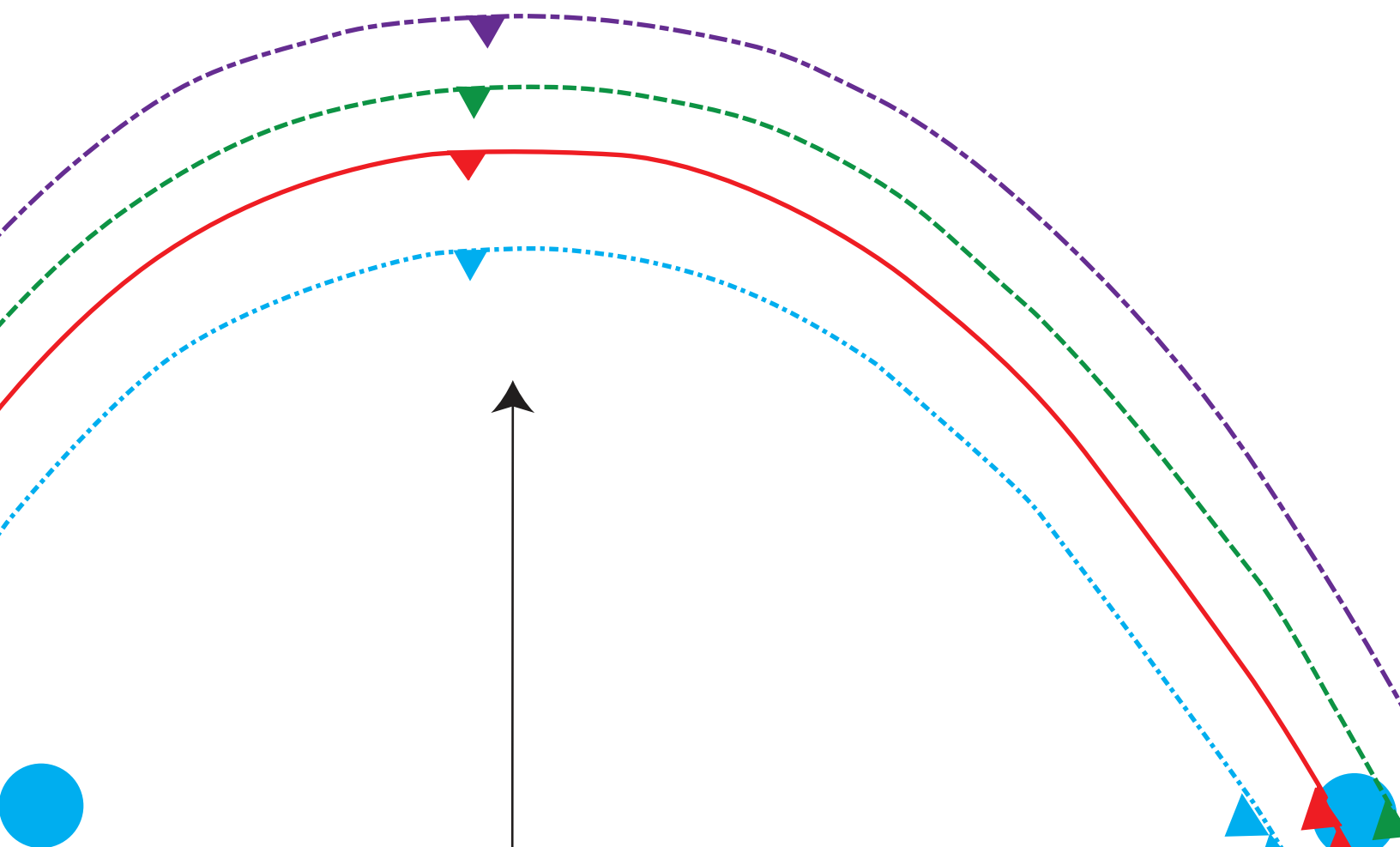
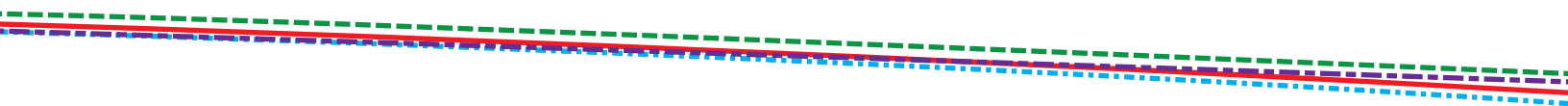
1" Hem



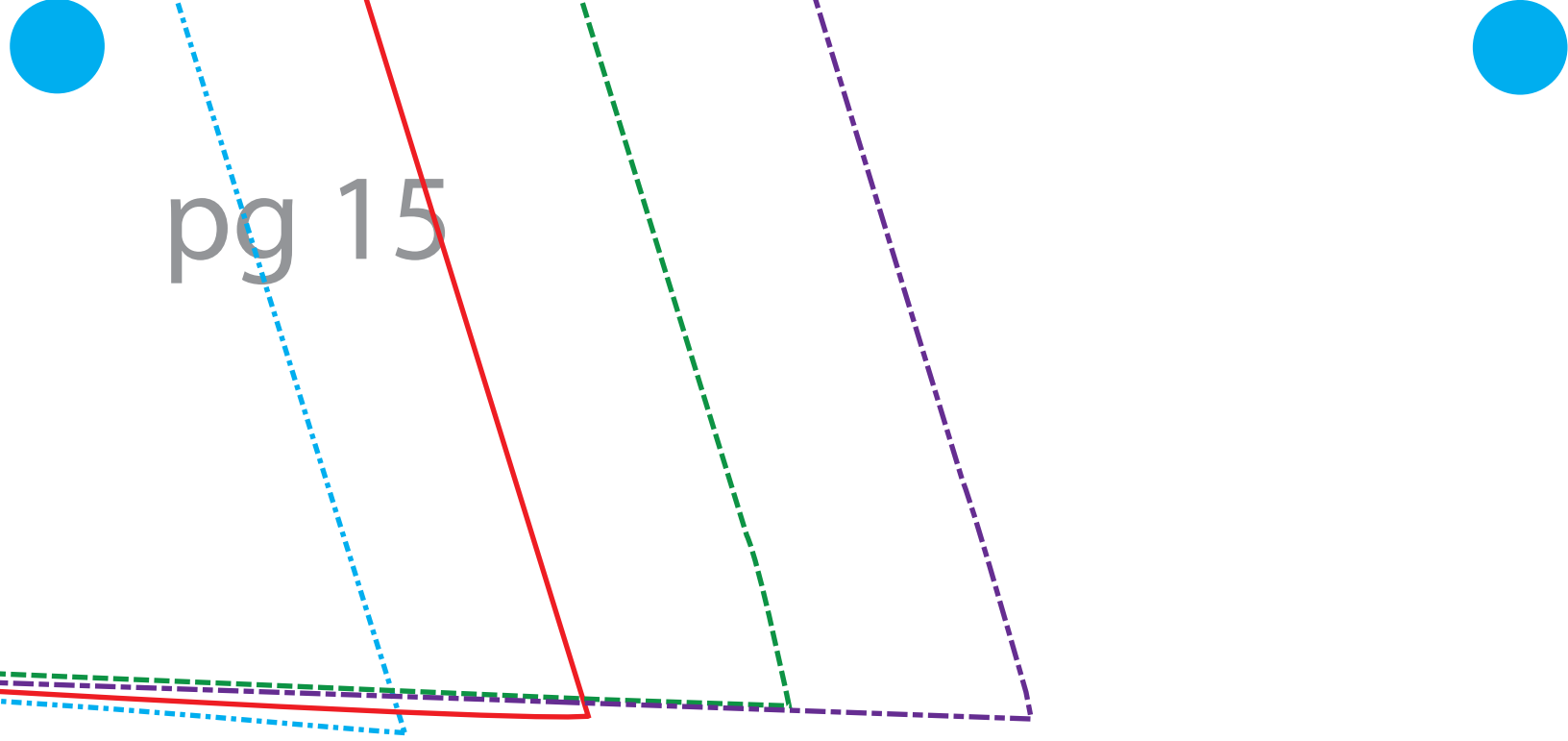


m

pg 14



pg 15



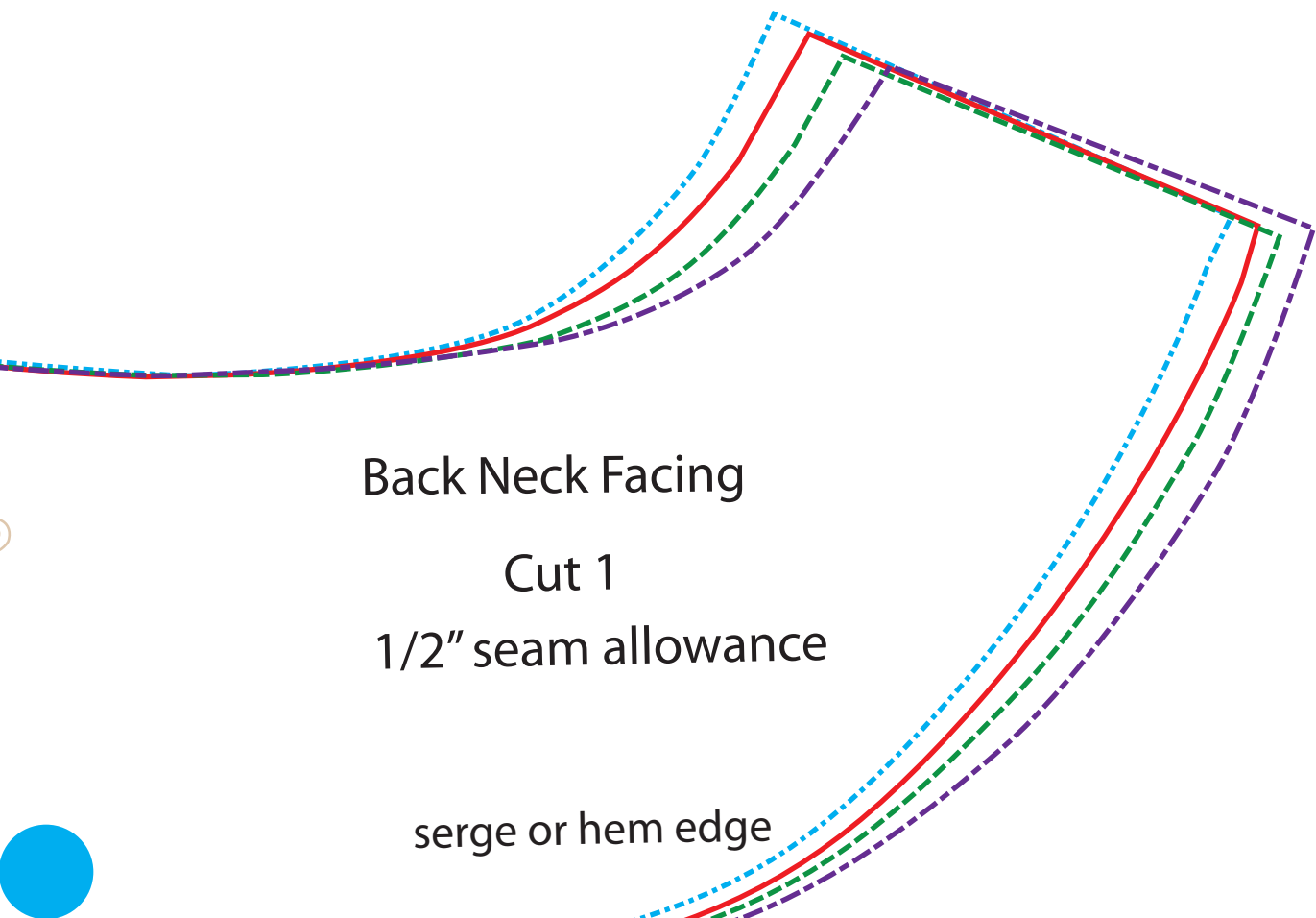
Hula Kitty Design



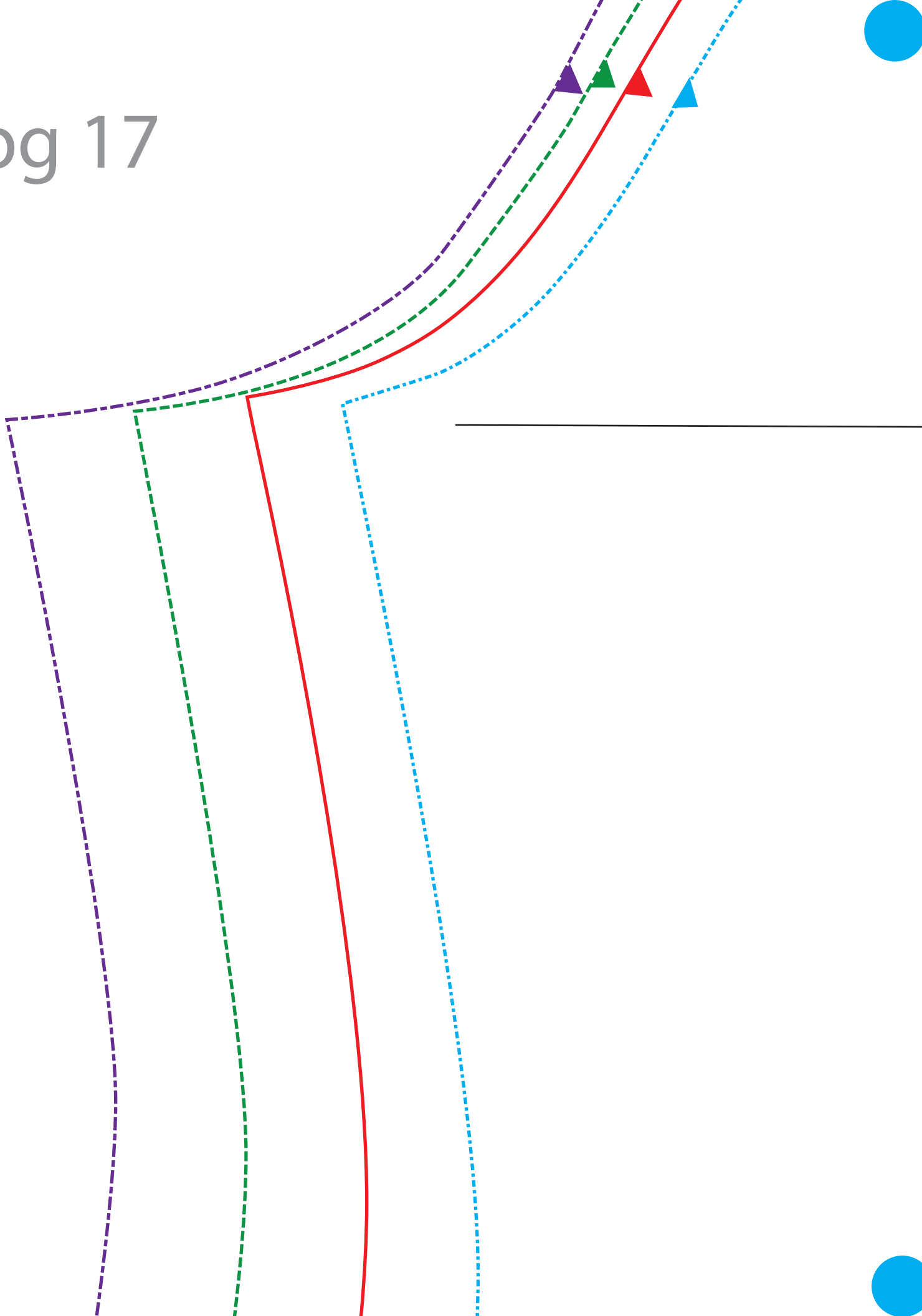
HK 1001

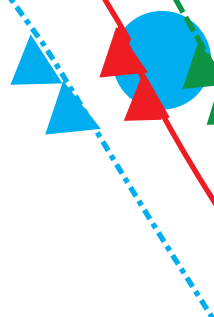
Flared Top with
Notched Neckline

pg 16



pg 17





Bicep

 Hula Kitty Design

HK 1001
Women's Sizes

Flared Top with
Notched Neckline

Grainline

Bell Sleeve

pg 19

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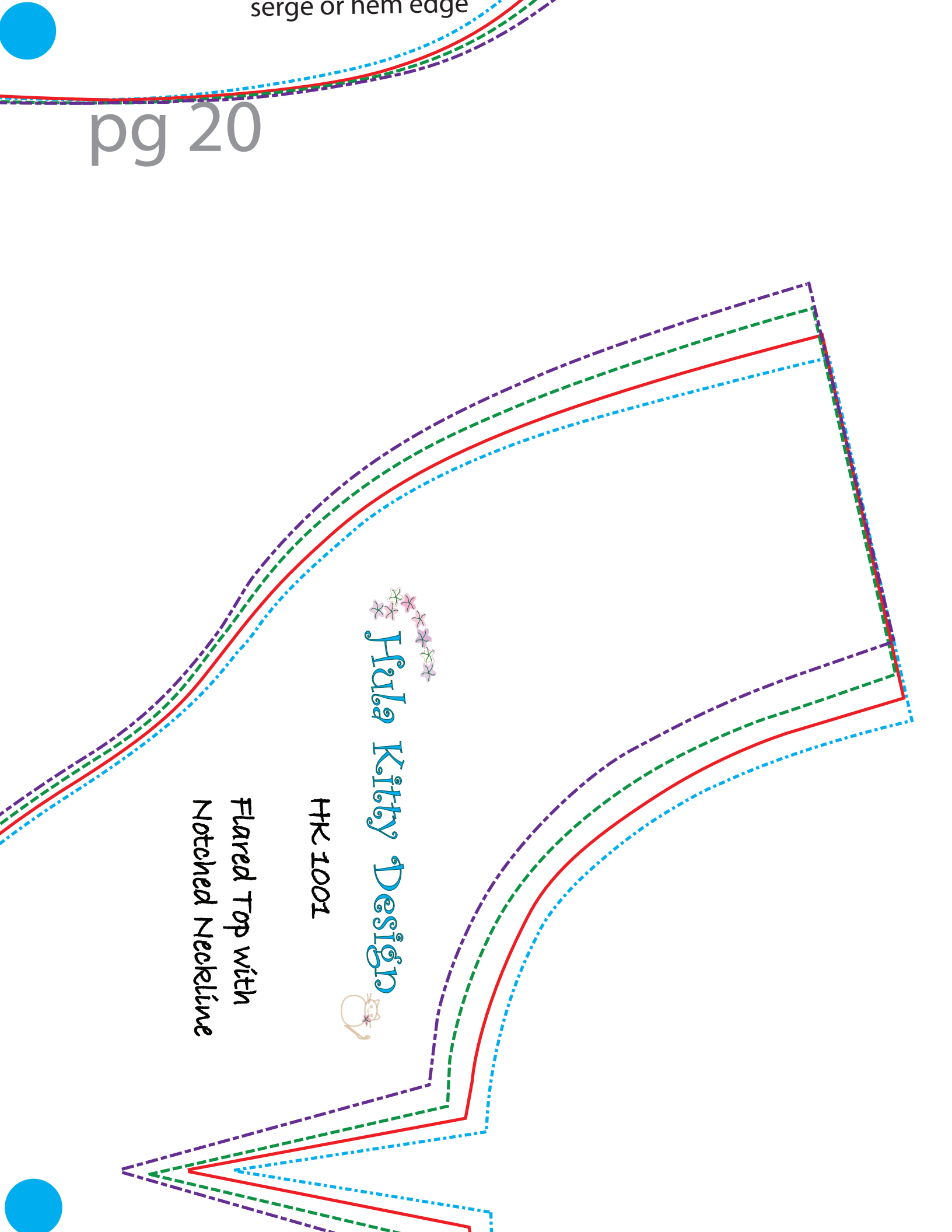


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serge or he

serge or hem edge

pg 20



Hula Kitty Design

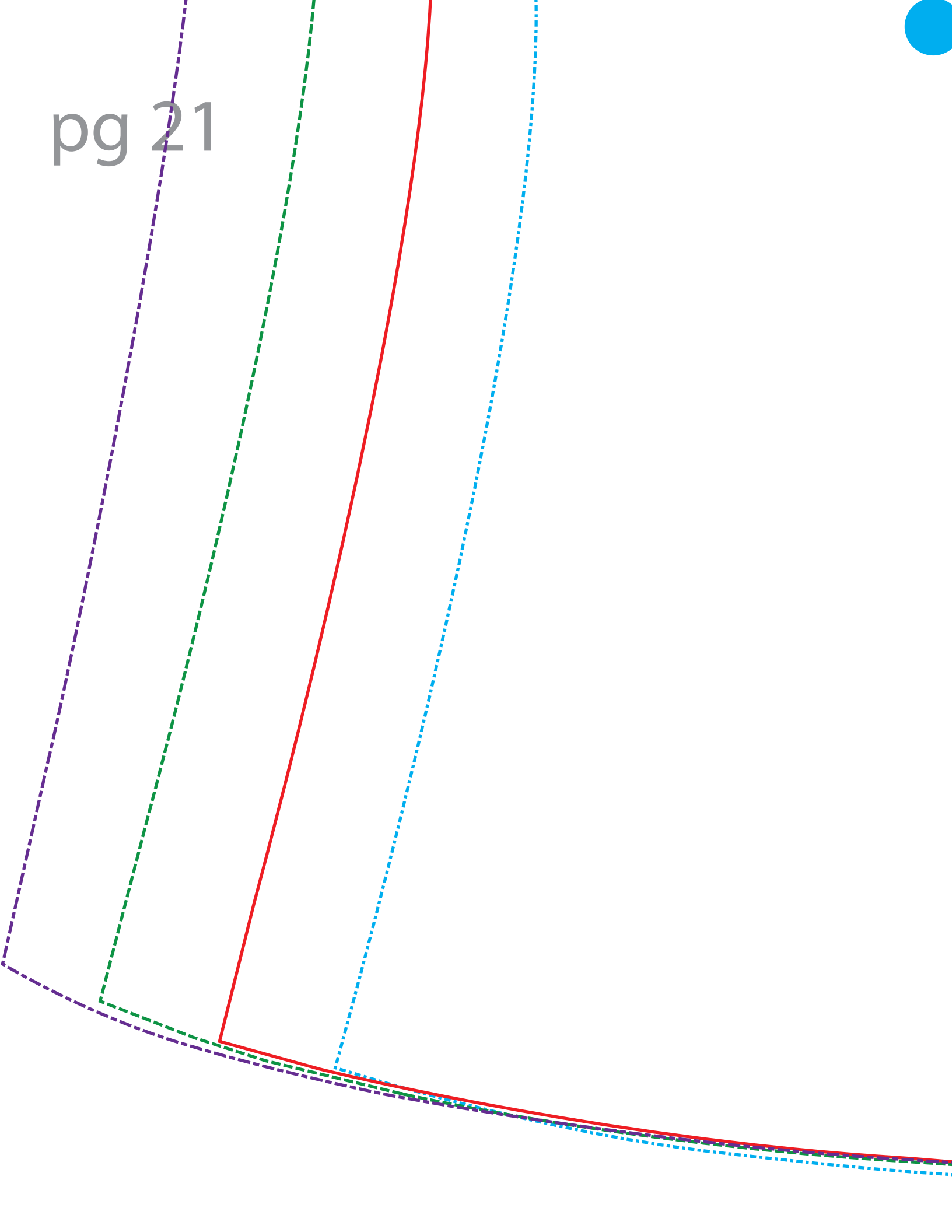


HK 1001

Flared Top with

Notched Neckline

pg 21

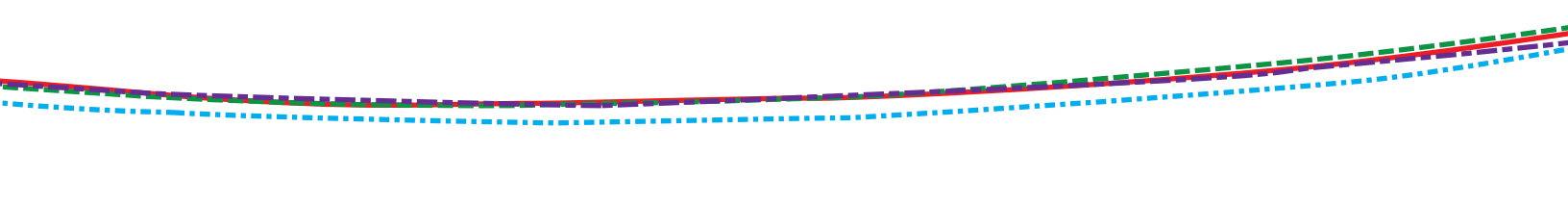


pg 22

Cut 2 (flip pattern to cut 1 reverse)

1/2" seam allowance

1" Hem



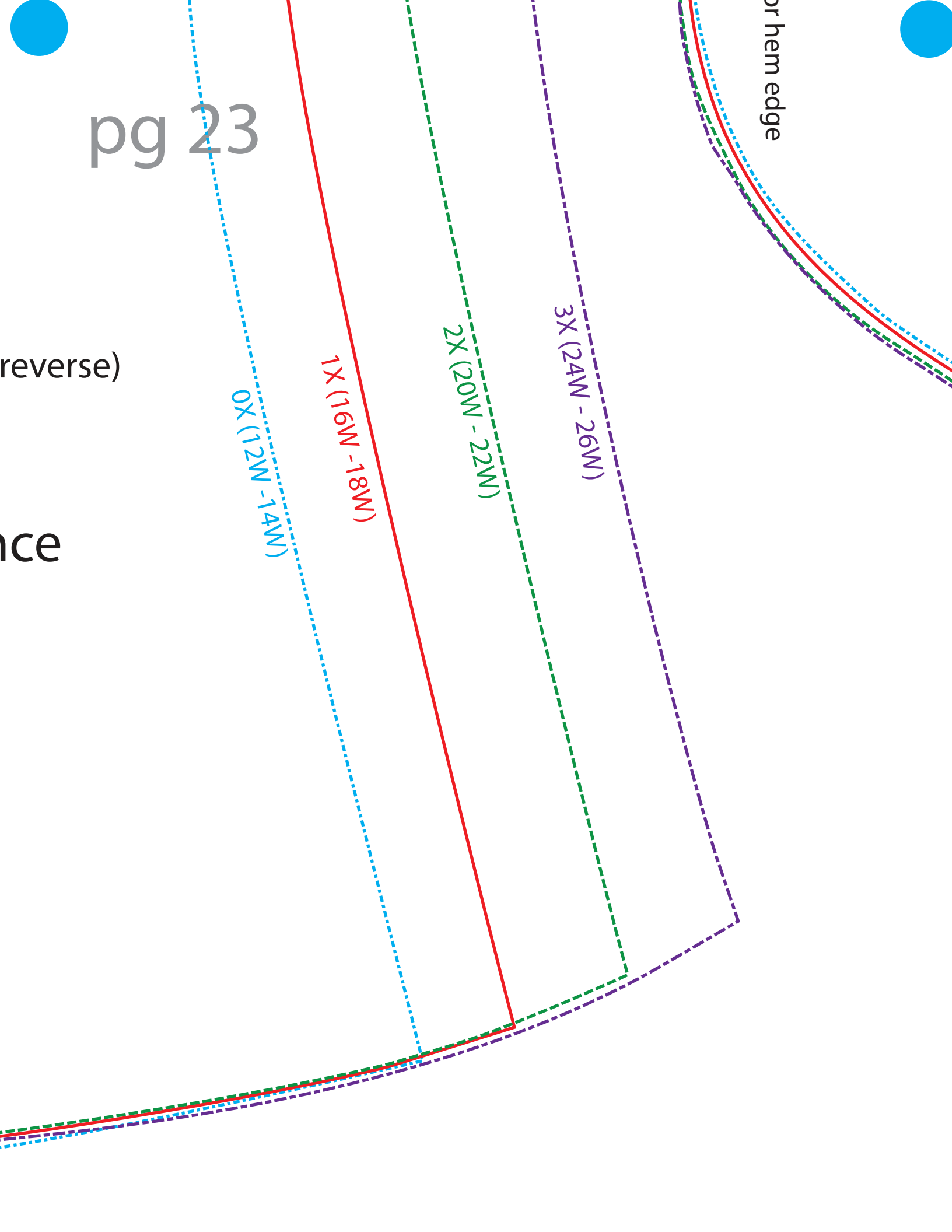


or hem edge

pg 23

(reverse)

nce





pg 24

