A SEWING PATTERN BY



moon kitty headband SEWING TUTORIAL

These headbands are a classic piece for your head with a twist for Sailor Moon fans -- or at least cat fans! Make yours from black, white, or gray/lavender to mimic one of the famous kitties from this beloved anime. It comes sized for heads 19"-24", so kids and adults alike can enjoy.

DIFFICULTY:

If you skip the applique, this project would be a perfect first or second project for a complete beginner. Even the applique isn't so bad if you use heavy-duty fusible web.

moon kitty headbands

SKILLS USED:

- Fusible web applique
- Curved sewing
- Basting
- Ladder stitch

MAKES:

One band, 3" wide and a length sized to your head: 19" - 24"





materials & tools:

- ¹/₄ yd. of main fabric
- 3" x 3" piece of pink applique fabric for inner ears (felt, cotton, etc.)
- 3" x 3" piece of yellow applique fabric for moon (felt, cotton, etc.)
- 4" x 4" piece of light or heavy duty fusible web
- sewing thread to match main fabric, and applique fabrics
- basic sewing tools (sewing machine, scissors, iron, needles, pins, fabric marker, seam ripper)
- safety pin

SUGGESTED FABRICS:

MODERATE STRETCH KNITS

Such as fleece (anti-pill, micro, & cuddle are all fine), interlock knit, minky, and stretch terry knit. These allow the fabric to stretch around your head for a snug fit.

You could use a woven (non-stretchy) fabric, but you'll need to reference a cotton headband tutorial that uses elastic in the back of the band.

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printing the pattern:

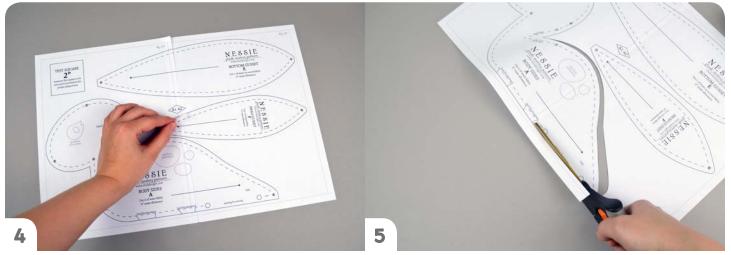
To print the pattern, set your computer to print **PAGES 12-13.** If you're unfamiliar with printing and assembling a .pdf pattern, read the steps below.



At the print dialog box, check the box that says print at "Actual Size" or 100%. Any other selection (such as "Fit to page") will distort the pattern so it's slightly larger or smaller and we don't want that.

Print the pages needed for the file. You might have one or more. Either way, be sure you have the full collection by noting the page numbers in the corner.





To line up the pattern pages, match up the corresponding diamond shapes. Each diamond will have a letter, so it's simply a matter of matching A1 to A2, B3 to B4 and so on. The faint gray lines indicate the border of every page, you should be able to line those up as well. When the diamond goes together, tape it in place.

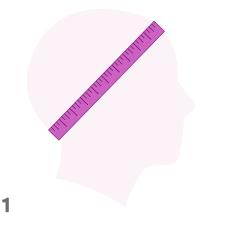
If you have many pages, it's easier to tape up the pages into rows first. Then tape the rows together into a full block. You can trace the patterns onto a different paper, or you can also just cut them straight from the printer paper -- be sure that each piece is fully taped together along the joins so they don't fall apart when you cut them.

against each other.



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cutting the pattern:



25" teen/adult			
24" teen/adult	 	 	-
23" teen/adult	_		
22" pre-teen	 	 	
21" tween/pre-teen	 	 	
20" tween		 _	
19" child	 	 	

Measure your head where you plan for the headband to lie. In most cases this will be around the base of the head to your hairline and back around. Find your measurement on the paper pattern with the corresponding dotted line. Cut along the line that matches your measurement. If you're making for someone else, listed here are general age guidelines for each measurement. It's different for everyone, but it's better than nothing.



1

Fold fabric in half, meeting selvedge edges.



2

Place pattern on fabric, and make sure the stretch line matches the stretch of the fabric. The nap line should go in the direction of the fur.



Pin the pattern in place, use pattern weights, or trace the outline of the pattern with a washable marker.



Using the paper as a template, cut out the fabric. Cut the required amount according to the pattern.



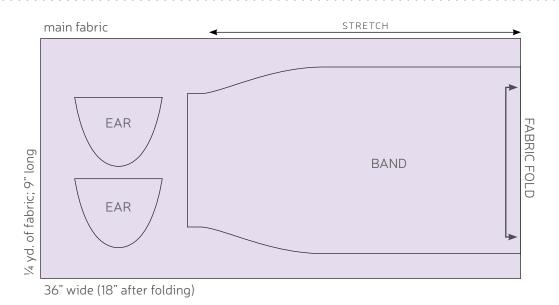
cutting the fabric:

For all fur fabrics, shake the excess fuzz away.

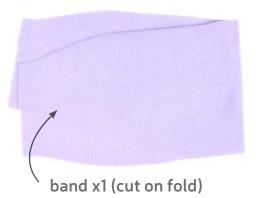


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cutting layout:



cut pieces (5 total):





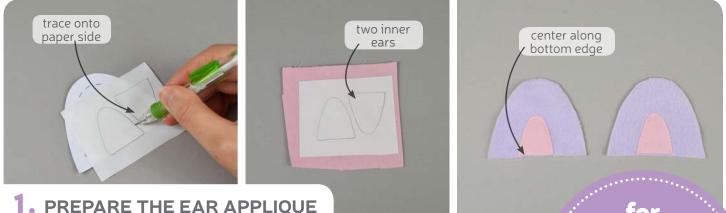
BEFORE YOU BEGIN:

- Briefly read the project instructions so you know what to expect.
- If desired, mark the cut fabric pieces with the markings and symbols from the pattern. Or wait until the applicable step before transferring.
- Note that the seam allowance used is ¹/₂" throughout the project.

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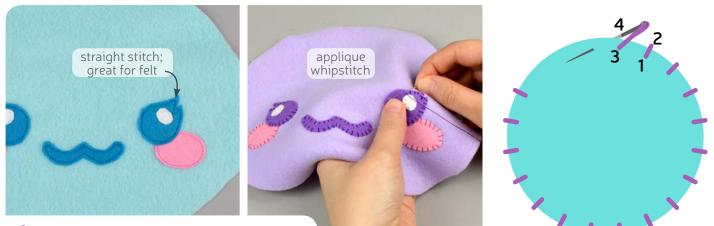


1. PREPARE THE EAR APPLIQUE

- Take some of your fusible web and trace two of the inner ear pieces onto the smooth (paper) side. Fuse the bumpy (adhesive) side onto the wrong side of your applique fabric.
- Cut out the inner ear pieces. Place one on the right side of two of your ear pieces (centered on the bottom edge). Fuse the eye pieces in place with your iron (use a press cloth -- such as a scrap piece of cotton -- if you're using a polyester or fur fabric like minky).

wool felt for your applique

- If you used heavy duty fusible web, you can keep the pieces fused without sewing, or you can sew them in place a number of ways. I've used a zigzag stitch here.
- Refer to the next step for some other applique options.



1a. OTHER APPLIQUE OPTIONS

- Other good options for applique include a straight stitch, which involves sewing around the edge of the applique pieces with a straight stitch using matching thread -- about 1/8" in from the edge.
- You can also applique by hand; I prefer a whipstitch. Thread a hand-sewing needle with some matching thread and knot it. Bring the thread up from the back of the project; about 1/8" in from the edge of the applique shape. Bring it down perpendicular from the curve, just outside of the applique shape. This completes one stitch.
- For the next stitch, bring the needle back up about 1/8" away from the previous stitch and 1/8" in from the edge just as in the first stitch. Once again, bring it down just outside the applique shape. Continue this way until you've sewn around the shape.



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- Take two of your ear pieces (one with applique and one without) and align them with right sides facing. Sew them together along the curved edge, leaving the bottom straight edge free for turning right side out later.
- Trim the excess seam allowance at the curve to reduce bulk. Repeat with the remaining two ear pieces for two completed ears total. Turn them both right side out and press them lightly.

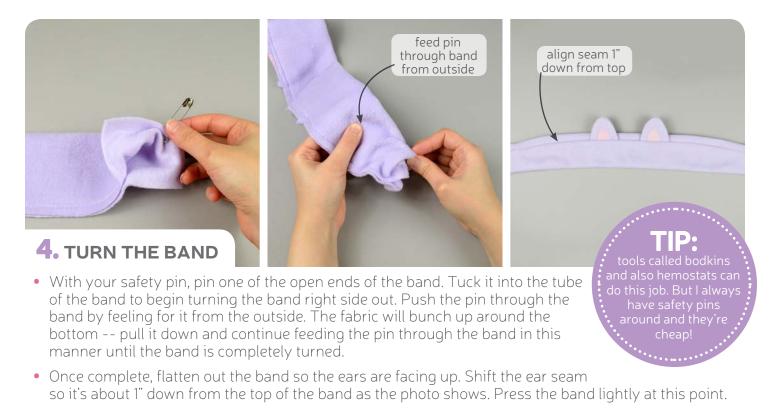


- If you haven't already, transfer over the circle markings from the paper pattern onto the band fabric. This marks where main seam for the band will be sewn.
- Fold the band in half lengthwise with right sides facing. The band should be even skinnier and sandwich the ears inside. Line up and pin the raw edges. Start sewing this edge about 3" in from the beginning and stop about 3" before the end. Leave these ends free on the band.

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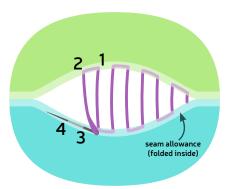
- Take the two open ends of the band and align them with right sides facing. They won't lie perfectly flat because the fabric is partially sewn together. Just open up the fabric enough to get the pieces together.
- Sew this seam with the regular ¹/₂" seam allowance as shown. Press the seam open when finished.
- Fold the back of the band how it was before. It should now be a completed ring with an opening in the back.
- You can now try on the headband to check on the fit. If it's too tight, you can redo the back seam with a smaller seam allowance. If it's too loose, redo the seam with a larger seam allowance.











6. FOLD UP THE OPENING

- Tuck under the seam allowances in the opening you have and press them lightly. We'll be ladder stitching this closed.
- Thread a hand sewing needle and knot the end. Insert it from the inside of the band opening towards one end. This will leave the knot inside the band.
- Continue from here doing a ladder stitch. Take a 1/8" stitch into the fold of one side of the opening, then go across and take another. Keep going down the opening until you reach the end.

A ladder stitch is also sometimes called a SLIP STITCH, HIDDEN STITCH, or INVIS-IBLE STITCH.



When you're finished stitch a knot into the end of the seam. Then insert into the end of the seam. The end

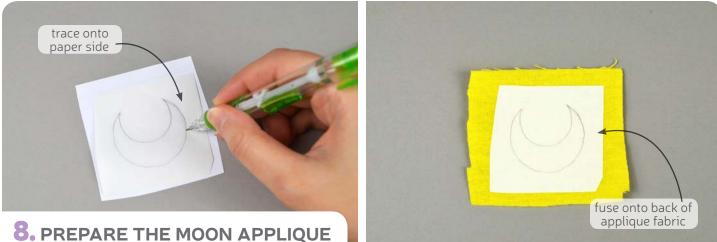
- When you're finished, stitch a knot into the end of the seam. Then insert the needle near the finished knot and out of the plush about 1-2" away.
- Pull the thread through and hold it taught while snipping the thread. The excess thread should sink back inside the plush -- all hidden!



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- O. PREPARE THE MOON APPLIQUE
- Take the rest of your fusible web and the moon template onto the smooth (paper) side.
- Fuse the bumpy (adhesive) side onto the wrong side of your applique fabric.



- Cut out the moon piece. Place it on the right side of your headband, centered between the ears, adhesive facing down. Fuse the moon in place with your iron (use a press cloth -- such as a scrap piece of cotton -- if you're using a polyester or fur fabric like minky).
- If you used heavy duty fusible web, you can keep the piece fused without sewing, or you can sew it in place a number of ways. I've used a zigzag stitch here.
- Refer back to step 1a for some other applique options.







